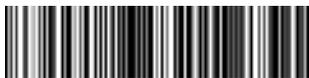


# **MARTIAL**SPORTS

**Soke Michael  
Faraday**

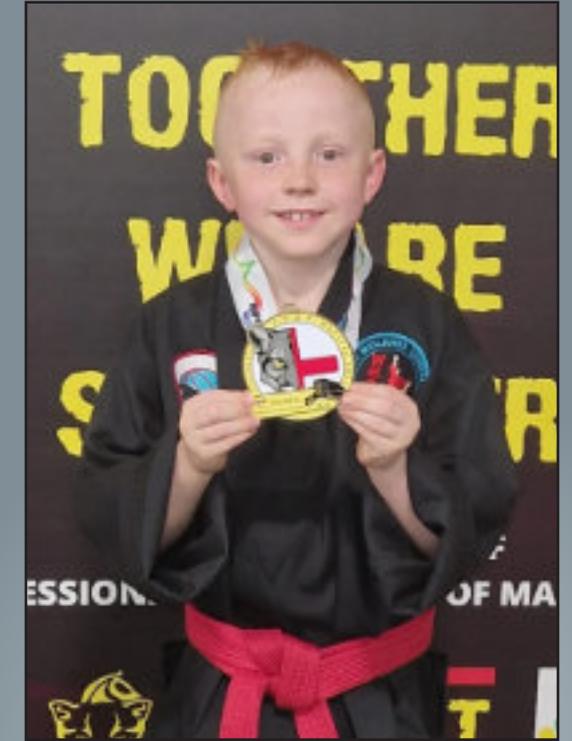
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# Featuring

# Preview



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My name is Master Janell Smith, HeadInstructor and Owner of Tukong Austin.

I teach Tukong Martial arts to students age range 5 years and Adults. I am also a Film Producer and Stunt Coordinator/Action Director with over 15

films to my credit.

I am also the Founder and creator of the streaming network called Irondragontv.

Photos Credits: Various



Janell  
Smith





My name is Joshua Brittain aged 9. I'm originally from Kent in the United Kingdom but now live in Worcestershire although I train mainly in Gloucester. I started Martial arts aged 4 with WMST (West Midland School of Taekwondo). Around 18 months ago i added Boxing and more recently i have joined Trojan Free Fighters where I am now working on BJJ, Wrestling and MMA. I'm very fortunate that I have one of the most respected Taekwondo coaches in the BTC Master

Amrit Kalcutt and at Trojan I am coached by one of the pioneers of English youth MMA Paul Sutherland who has trained many professional MMA fighters including Mike Figlak (UFC). In the short term my ambition is to keep developing my all round game. I hope to achieve my black belt in Taekwondo next year becoming one of the youngest in the clubs history and perhaps make my debut in MMA. Long term I want to be a professional fighter and make it to the UFC.



# Joshua Brittain



**Joshua  
Brittain**





**Joshua  
Brittain**

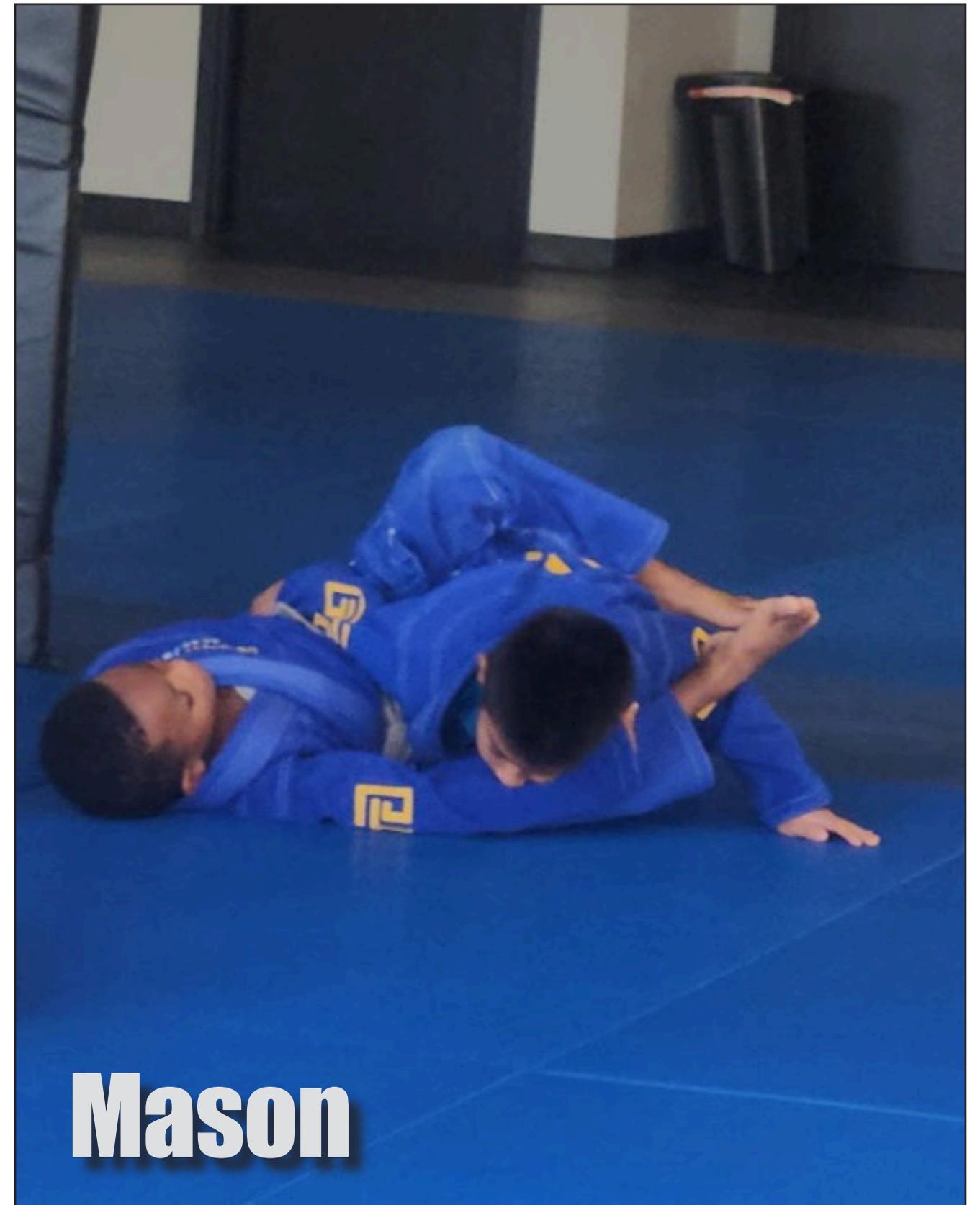


My name is Mason, and I am 7 years old. I've been a martial artist since the age of 4 years old. I have experience in, Jiu-jitsu, My goal in life is to be an Optometrist, I want to help people see how beautiful the

world is and to make a difference in this world by being the voice for those who haven't found their voice yet. I love helping others. My mom teaches me to be the best person I can be and to do the

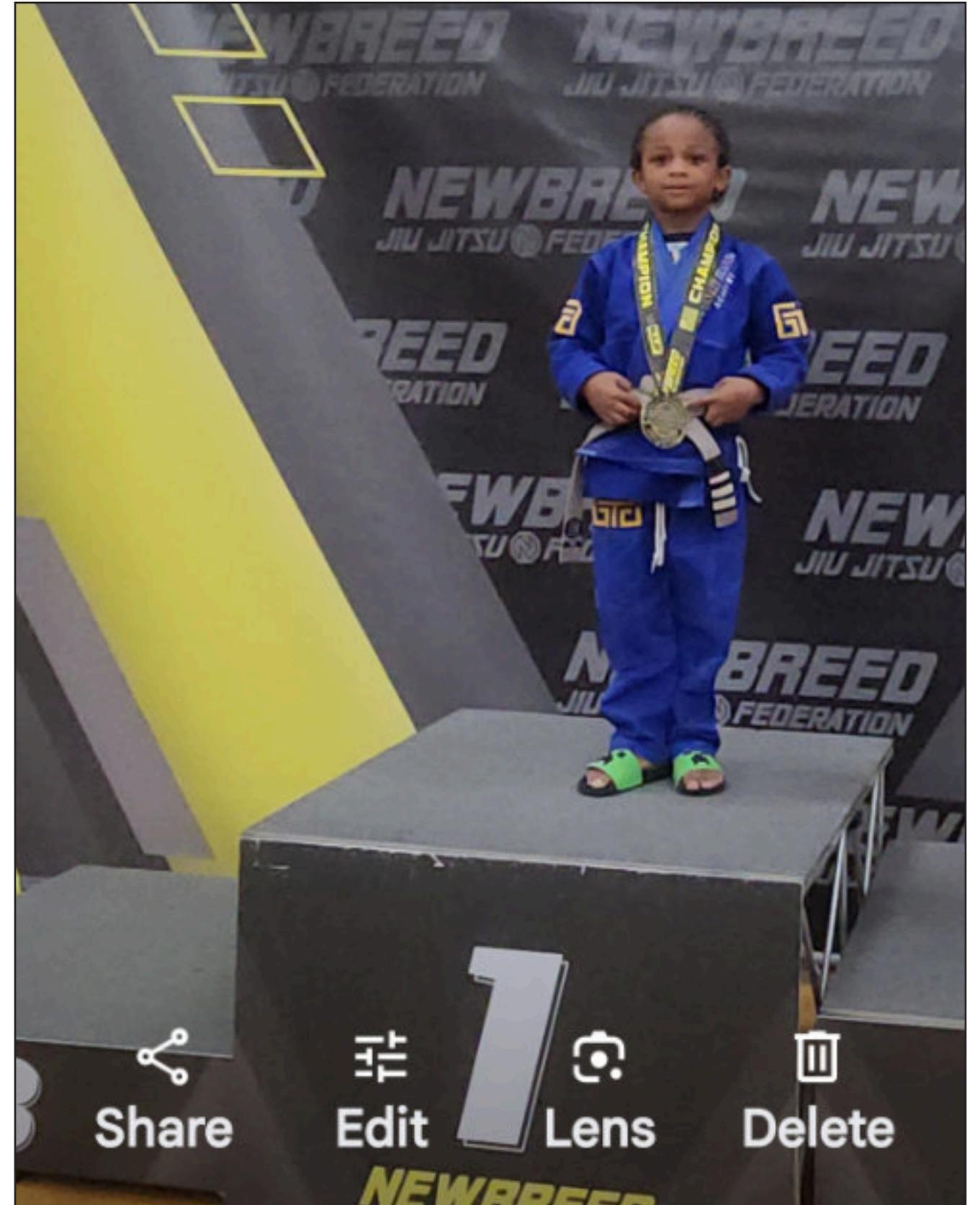
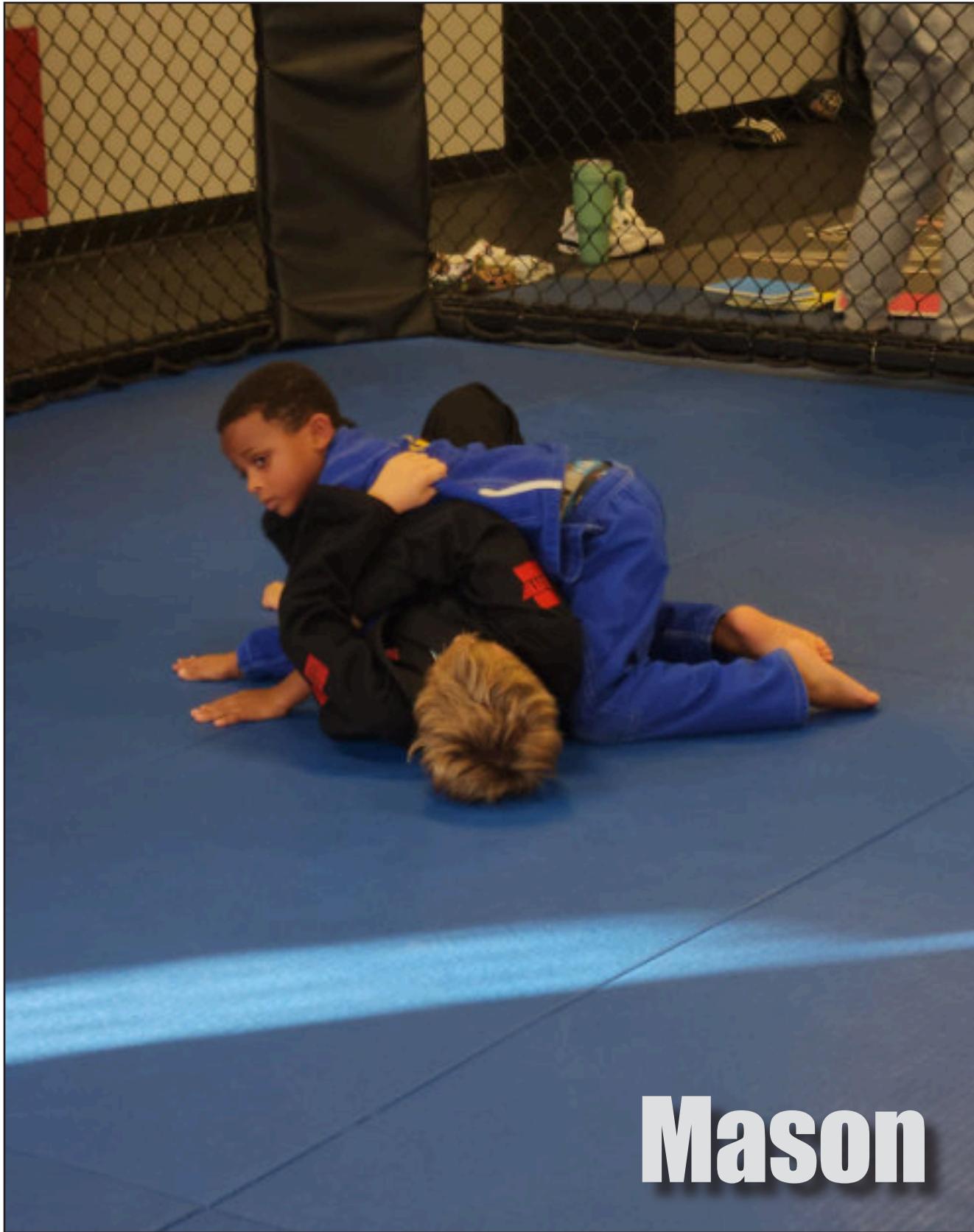
right thing. My teachers tell me I have too much energy. I just keep my head up and keep fighting for myself and others.

Photos Credits: Dana Glasgow



# Mason







Mason





**Reuven  
Bradley**



My name is Reuven Bradley, I am 9 years old and I was the first born of 5 in a family that is dedicated to all elements of martial arts. I believe my martial arts future was destined from birth as I got a call out from the UFC at just 3 days old having started watching the events with my family from this point and been tweeted as their youngest UK fan.

In addition to watching UFC events early on, I was

drawn to all of the usual kids programmes that promote and glamourise martial arts in various ways such as the Power Rangers, Ninja Turtles and Dragonball Z to name just a few and my family often joked that I was from the same planet as Goku and therefore possess a unique non-human set of abilities that allow me to stand out in my arts but I know that this is down to my early dedication and love of martial arts as well as



ongoing commitment week after week to getting better and better in what I do.

I started training Karate at age 3 but quickly realised that I would be more suited to the art of 8 limbs and in my opinion, the most effective stand up combat art so transferred to Muay Thai not long after and I have been training this with the Guts Over Fear Fight team since that point establishing myself as one of the top prospects in the gym and also the UK having competed in 20 Muay Thai fights since that point while training 6 days a week.

Although I have always been aware of BJJ and trained this unofficially in the prior years, it wasn't until last year that I actually began training this discipline properly with the Game Fight BJJ team as being 1 of 5 children that all compete and train, syncing diaries along with the various classes and hobbies has not always being the easiest of tasks but having wanted to train BJJ for some time, I was delighted in finally being able to train properly and have continued enjoying things ever since having competed in numerous competitions and won various medals as well as being promoted to Grey/White belt this year although my true passion and talent I believe currently is in stand up combat and so I have also recently started training MMA with the Barnsley Scrap Pack where I have the opportunity to bring everything together as my dream moving forward is to compete on the MMA scene and work my way to the very top.

Before then however my short term goal is to find the best 30KG Muay Thai fighters in the UK as I often find myself competing against

much older and bigger fighters in order to provide a competitive match up and challenge me as quite often when this isn't the case, the fights do not give me the challenge I need or thrive on. My coaches believe I am one of the best 30KG 9 year old Muay Thai fighters in the UK so after gaining a little more experience in the coming months, I plan to challenge the best the UK has to offer and win the UK Muay Thai title before setting my sights on the World Muay Thai title.

I will continue to train BJJ along with MMA as MMA

is the final destination but my current and main focus is on the beautiful art of Muay Thai as this is where I feel my impact and ability is currently best suited as well as the martial art I love more than any other.

As I turn 10 next year, I will be eligible to try out for the Great Britain Muay Thai squad and this is very much my goal for next year and long term, I would love to compete and win the World Combat Games and kick on from there with further world domination 😊

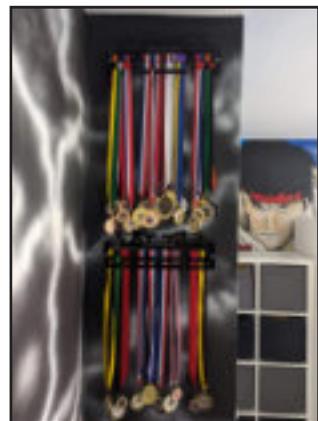


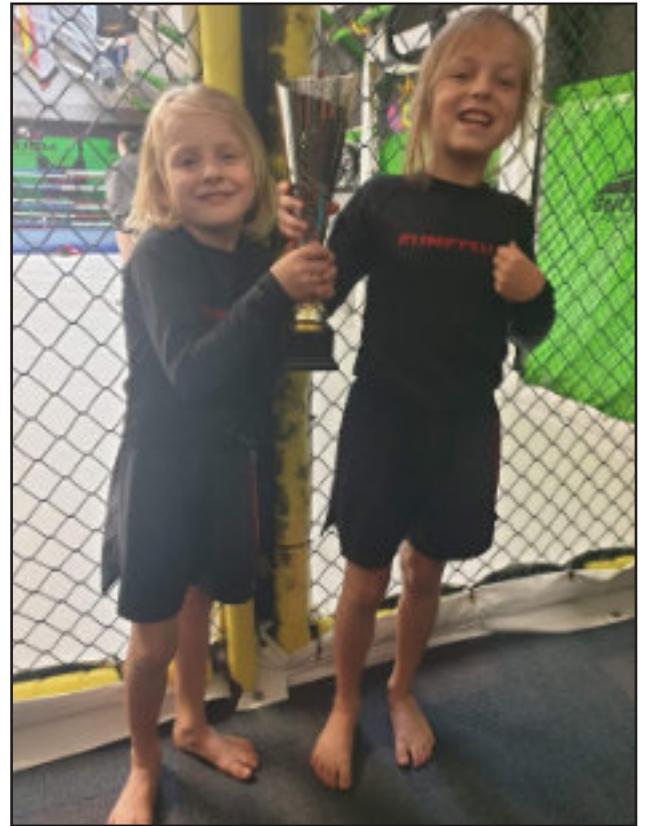
Reuven  
Bradley

I have an incredible support network with family, friends and coaches all on hand and looking out for me and I also have excellent support from a wide range of people across multiple platforms such as Facebook, Instagram and YouTube where every single one of my fights and competitions is accessible and can be watched as well as every single one of my future fights and any and all support is massively appreciated so if you want to follow my journey to the very top as well as seeing where and how it all began, please

subscribe to Ninjas R Go and join our community, we promise it will be an exciting ride as martial arts is the most entertaining sport on the planet and I would encourage anyone of any age to get involved and take advantage of the vast benefits it brings to all people's lives but until then, I hope you can enjoy my journey as much as I do and see all the good that training martial arts brings especially to the very young #OSS

Photos Credits: Yes





My name is Reynnahn Bradley, I am 6 years old and I have been doing martial arts for as long as I have been alive and it is very likely I was even shrimping and bridging in the womb as I am passionate about all aspects and committed to becoming the very best martial artist I can be.

I started my early martial arts training at home and with 3 other brothers and a sister, I never struggled to find sparring partners and given my whole family trains across multiple martial arts, there is no lack of competition either as my older brother has competed over 20 times in Muay Thai and is seen as a serious contender to the UK title at age 9 😊

I began learning Brazilian Jiu-Jitsu at age 4 training with Gracie Barra before duel training with the Game fight BJJ team over 1 year ago in order to increase my training in the art to 4 days a week and since that point, I have achieved my grey belt under both teams and become the highest ranking student in both teams. I have competed in multiple BJJ competitions winning numerous medals and awards during this time in both Gi and no Gi.

I also started training Muay Thai 3 times a week at age 5 with the Guts Over Fear fight team and I have already had 11 Muay Thai fights and 1 kickboxing fight also winning numerous medals in the process. Most recently and in addition to BJJ and Muay Thai, I have begun training for MMA with the Barnsley Scrap Pack as this has always been a goal and a future goal to compete in this art and my training is going incredible well having got much experience in BJJ and stand up, my natural ability to put everything together makes me a hot prospect at such an early age and I am ready to



**Reynnahn  
Bradley**

take the world by storm across every martial art I compete in.

I have a dedicated YouTube channel at Ninjas R Go where every fight/match and competition I have ever competed in is accessible and watchable so that you are able to follow my journey from such a young age hopefully all the way to being a future world champion and I dream that when I am competing on the big stage that I see much of this early content used to set the background as to how dedicated I have been to my arts as I visualise watching me star in my own UFC countdown show or One championship show as the dream is big and I have every confidence in my ability to go to the top as not only do I believe I possess the skills and physical attributes to be a success, I also believe I possess possibly the more important elements such as the mentality, heart and

dedication and I don't skip practice ever as I train 6 days a week and often multiple times and different martial arts across those days.

You can also follow my journey at my Facebook page, Ninjas R Go as well as Instagram and TikTok where I have a very supportive community that help encourage me and my family as we aim to compete across the whole of the UK and beyond in any and all martial arts competitions and disciplines.

Although this sounds a lot for someone of my age, when you love what you do and love martial arts the way that I do, none of this is a chore and the only downside is that I need my education too otherwise I would train morning to night as this is what I feel I am naturally drawn to and born to do. I was even named after a great fighter, Renan



Barao, the former UFC Bantamweight champion.

My short term goal is to win the British Open in BJJ next year 2024 and then move on to also claim the European and World Championships thereafter. I plan to continue competing in Muay

Thai throughout and gaining more and more experience as I also expect to challenge and win a UK Muay Thai title and when I turn 10, I want to try out for the Great Britain Muay Thai team and represent my country doing what I love.



I also plan to compete in MMA as soon as I have gained enough experience as my long term goal is to compete at the highest of levels in what I believe is the ultimate of all combat sports so I can put together every single element of martial arts that I have trained in since my time on earth began. There will no doubt be many challenges on the road to glory as there always is and nothing worth having comes easy and I don't thrive on what is easy rather on what is hard and I am incredibly resilient and have an amazing support group around me from my family, to my coaches and all those I train with who help me become better each and every day as well as all those I get the pleasure of competing against. I value every set back, every success and every experience as this is what is shaping me as a human and as a

martial artist and I am ready as I was from day 1 to walk the tough and narrow path that leads to self-development and evolution as well as world champion status so watch this space and please follow my journey to the top and to becoming the very best version of myself I can be and for anyone still considering doing martial arts at whatever age or stage you are in life, my advice is do it as you will never regret the huge volume of benefits that martial arts brings to peoples lives as well as the knock on effect it will have on all other areas of life so I hope to see you in the ring or on the mats very soon but until then, I hope you can enjoy my journey and I hope it helps inspires you to take action #OSS

Photos Credits: Yes



# Reynnahn Bradley





# Rocco Smith



I started BJJ in 2022 with my Dad, when I was 12 and since starting I fell in love with the sport. My name is Rocco Smith and I have competed 5 times so far and that is my first year! My second competition was at the British Open which I won my first fight but unfortunately lost my second to the 3x British Champ. I intend to get the Gold. I have only just begun my Brazilian Ju Jitsu journey but my dream is to win a British title and then move onto the Europeans, then the Worlds! Every time I train or compete, however well I do I am forever learning, growing and improving. In BJJ they say you either win or you learn so what I do now can only help me as progress in my future.

I love all the team at JayButler Ju Jitsu and what a team they are! Thanks to my Dad for supporting me, my Step Mum, Emma, for washing my GI's and a massive thanks to my Coaches Jay Butler (Head Coach) & Coach Eammon

Watch this space!!

Photos Credits: Rocco Smith, Jay Butler, Team Jay Buglee, Lee Smith (Dad)





# Rocco Smith



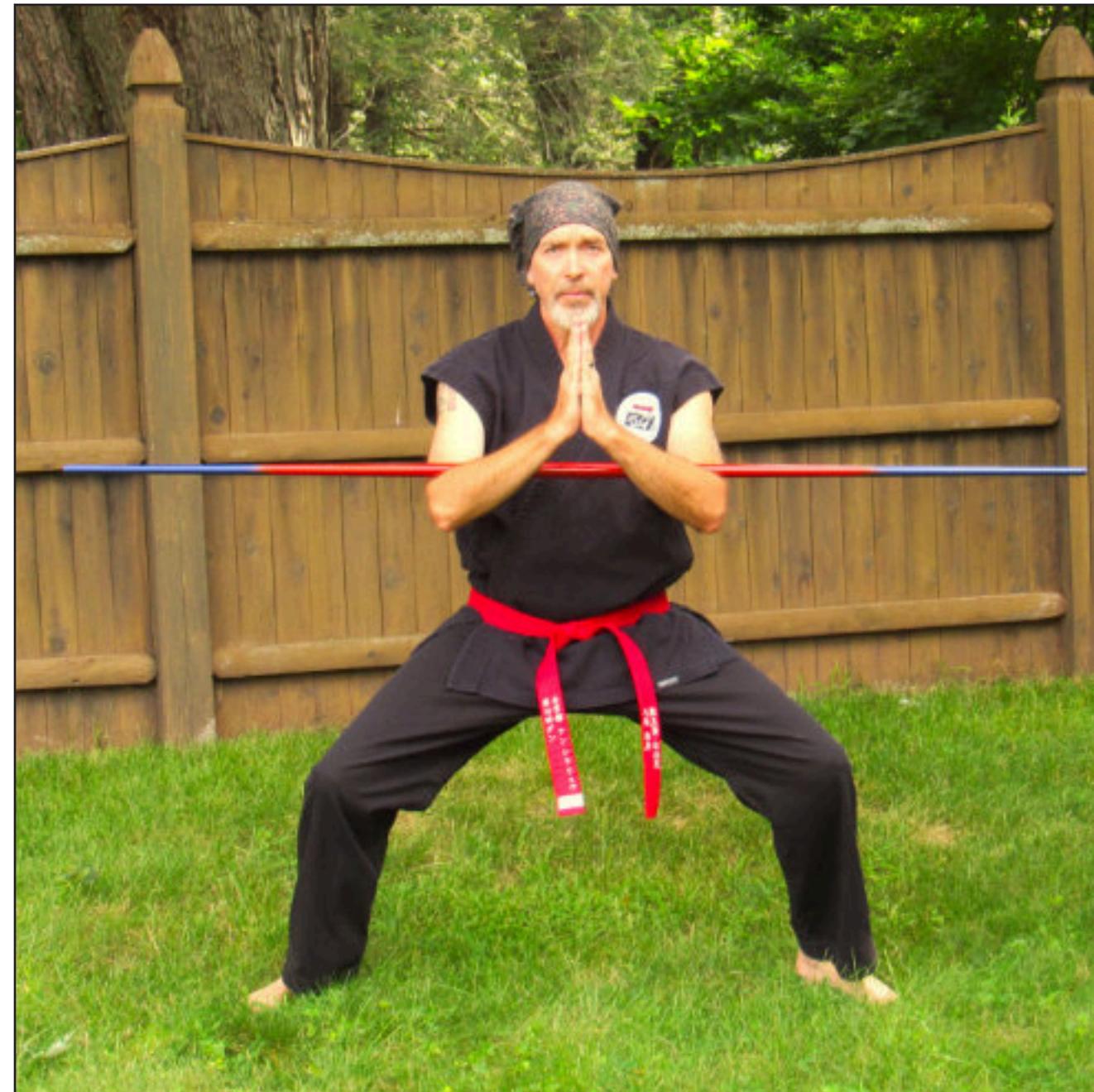


A lifetime of living in the Martial Sciences Leads to ultimate goal for Soke Faraday hitting a professional tournament career of 1,027 wins & only 2 losses.

In the Martial Arts there are those who train hard & then there are those who will only train specific for competition, & then there are the individuals who stand out from the crowd as pioneers in the industry of what is Martial Science who follow the code of Bushido or the Way of the Warrior. It is these masters who pave the way for the generations to come leaving behind a legacy of not just wins in competition, but a complete path to follow in philosophy of the mind, body, & spirit.

Soke Michael P. Faraday is just one of these masters who is recognized both Nationally & Internationally by other leaders of the craft from around the World. He has been involved in Martial Science since the young age of 10 & is currently 53 years of age. He has not only proven his style of which he created of Taikyokuken Ken Sho-Ryu but has shared his knowledge teaching seminars globally. Such places of his own home country of The United States of America, then abroad Internationally in Sydney Australia, Ireland, Mexico, the Hawaiian Islands, & London.

Soke is a senior member to the Chinese Goju family where he studied many years with Ron the Black Dragon Van Clief. With Shidoshi Van Clief Soke Faraday earned his 6th, 7th, & 8th Dan's & also with the Black Dragon Aiki-Jutsu Family with Shidoshi



# Soke Michael P Faraday

Glenn Perry where Soke earned his 8th & 10th Dans. Soke Faraday is a member of the World Headmasters Sokeship Council where he was declared by the leading council members after extensive tasks his 10th Dan & his discipline of

Taikyokuken Ken Sho-Ryu was fully accredited by this council.

Former member of the United States Martial Arts Team; Team America led by Grandmaster & head

coach Bruce Smith & assistant head coach Grandmaster T. Rondo Van Clief Soke never lost a World Game while on this team from which he was recruited after a victory at the Reggie Lewis Track & Field Center in Boston for the Boston State Championships in 1999 & retired from this team in 2005.

Besides living the Martial Science life Soke is a husband to beloved wife Tammy Jean {Barnes} Faraday for whom he has been with since 1992 & they were married in 1995, & A father to his son Mason D. Faraday for whom he is very proud of in all of his accomplishments too.

He is an accomplished author with over 35 different titles available on both Amazon & Barnes & Noble of which three of them have won awards both from Amazon publishing company & in the Martial Science World. These three titles are: As I Wake the 2nd Edition, Into the Mouth of Madness, & The Art of Kenpo; & A look into the discipline of Taikyokuken Ken Sho-Ryu.

Soke is also a veteran Letter Carrier of the United States Postal Service where he has serviced his old community where he grew up in the town of Webster Massachusetts since 1990 until present. He is looking forward to retirement within the next few years if all works out, & he also has a long history of musical talent being a drummer.

Soke also has an association with Grandmaster Zendo Gezici & the Tulbu World Turkish Mixed Martial Arts where he has an 8th Dan Hanshi as well, & with Grandmaster Wojciech Dolny of Wroclaw Poland in the discipline of Kwon Ki-Do where Soke Faraday received his 1st Dan Shodan in Kwon Ki - Do. In the art of Kenpo Soke Faraday has earned his Sandan 3rd Dan in American Kenpo with Godan Charles Tarr, & Nidan 2nd Dan in Ken Sho-Ryu with Shodia Alan D' Alessandro who was a disciple of the late Professor Nicolas Cerio & currently of Grandmaster 10th Dan Don Rodríguez.

Just to name a few, but Soke Faraday has





also studied these other fine disciplines as well in Shotokan for nine years with Shihan Wayne Mello, Goju Karate with Sensei Carl Paglione, The Fred Vallari System with Sensei John Giaquinto, & also Pi Lum Kung – Fu with Sifu Ruben Rodriguez.

Currently Soke is striving to achieve his goal of winning a total of 1000 tournaments before he loses three. His theory is three strikes & you are out or in his philosophy he is done with competitions. To the current date of August 24th, 2023; he has indeed accomplished 998 victories across 51 different countries across six continent's & 23 different states in America. He has two losses in his professional tournament career being in Warwick Rhode Island in 1997 in the United States & Romania in 2020.

2023 so far it has been a great year for Soke powering through with more victories in the Ronin World Championships in Tychy Poland taking 1st in Weapons & Musical Kata, 2nd in Self-Defense, & 3rd in Traditional Kata, Free Kata, Tameshiwari, & Tameshigiri.

Then in the state of Maryland for the World Championships from the Battle of the Warriors he took 1st place in creative breaking, 1st place in Traditional Weapons, 1st in Free Forms, 1st in Tameshiwari {Breaking Ice.}, 2nd in Open forms, 3rd in Self-defense, & one 4th place honorable mention in regular breaking.

On March 27th, 2023, Soke received an invitation to be cast in the TV show Warrior Island, regrettably he had no time available in personal his schedule between family & work to make this happen including funds to get there.

Then once more in the Battle of the Dragons World Championships also in Maryland with a total of 12 more victories. In this competition there were 461 competitors involved & Soke placed as follows: Kenpo 1st place, Musical Kata 1st place, Musical Kata weapon 1st place, Open Kata 2nd place, Self-Defense with weapon 2nd place, Hard Kata 2nd place, Kung-Fu Form 3rd place, Self-Defense Regular 3rd place, Kung-Fu weapon 3rd place, Traditional weapon 3rd place, Special Demo 3rd place, Breaking wood 3rd place, & Special Breaking Honorable mention.



On April 21st of this year Soke was nominated by Grandmaster Rick St. Clair & Grandmaster Cynthia Rothrock to be inducted into the 1st Annual Golden Gate Hall of Honors in San Francisco California for Lifetime Dedication in Martial Arts as a Grandmaster.

This induction will take place on September the 16th of 2023 in San Francisco.

On May 29th upon entering the IV Open World Championships in Wroclaw Poland Soke also placed in the following categories too. In the Blackbelts Grandmasters division Hard Forms 3rd place, Soft Forms 2nd place, Weapons 1st place, Free Kata 2nd place, Self-Defense 2nd place, & Wood breaking he took 3rd place.

On June 21st also received great news from Grandmaster Stanislaw Majchrzak from Poland where he entered the Budo Bushi World Championships & took 1st place in Weapons, 1st place in weapons self-defense, & 1st place in breaking where Soke did a demo with boards on fire.

He was also featured in our Martial Sports Magazine issue # 1 & 2 earlier this year too. Soke just released his 36th book on Amazon entitled Living the Martial Way insights into the discipline of Taiyokuken Ken Sho-Ryu.

Soke also recognized this year by Grandmaster Mohi Jaw from Germany receiving the Dragon Award for the spreading the spirit of Martial Science across the World as well as being named as an International Martial Arts Expert too. Then on March 29th 2023 Soke was inducted into the Bushido International Martial Arts Hall of Fame of Masters by GM Wojciech Dolny of Wroclaw Poland 2023. This came with a certificate, medal, & a beautiful book of everyone inducted.

You may find Soke on pages 95 - 100. A great collection of current bio's & information of great masters from around the World. This is a Hugh honor Soke said thank you so much. In this honor there were only fourteen Great Masters inducted in all. No that is something to be valued.

Soke's quest to reach his all-time goal has been a lifetime of dedication to the beliefs of his sport as



well as to his training. Going back just before the Covid Epidemic, Soke Faradays developed a mission for which he wished to prove that old guys rule being in his fifties.

So, with this philosophy he set out on an all-assault campaign of training to enter ever type of division across all boards to achieve victories in proving this theory. He competed in:

Bladed, Wooden, flexible, traditional, creative, extreme, & musical in both the weapons as well as the kata empty handed divisions. He entered Japanese, Kung-Fu, Kenpo, Tae Kwon Do, Hawaiian, & Korean divisions. He then entered fighting, breaking in creative, wooded, Ice, & use of fire. Then self-defense demos with his QuickSilver the Silver Dragon students. Soke performed all of these tasks across the 18+, all the way through each age division up to his own in



the 50+ & through all of these different age groups & division brackets he was undefeated.

Going into his last overall tournaments in completing his goal, Soke decided to honor two special Sensei in their events to conclude his quest, in high hopes of achieving his personal goals. One in the United States in Maryland with Sensei Mireille Polanco & her Spirit of the Samurai which concludes on Sept. 1st, 2023 & one last event in Poland for the Best of the Best Internationally with Grandmaster Wojciech Dolny.

In the Spirit of the Samurai Soke's placements where:

Kung-Fu: 1st place Gold.

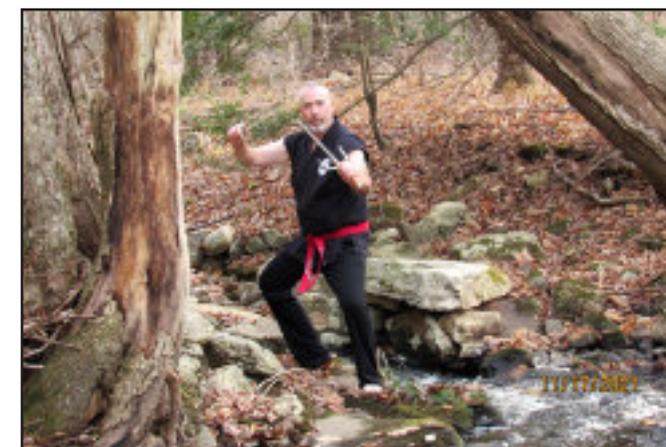
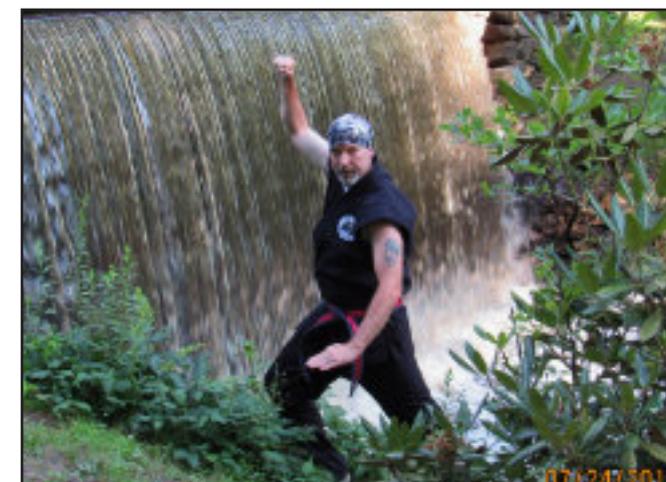
Open Kata: 1st place. Gold.

Traditional Kata: 2nd place. Silver.

Musical Kata Empty-hand: 1st place. Gold.

Musical Kata Weapon {Chinese Broad Sword}: 1st place. Gold.

Weapon {Escrima sticks}: 1st place. Gold.



Weapon Kung-Fu {Chinese Short Sword}: 2nd place. Silver.

Kenpo: 1st place. Gold.

Tae Kwon Do: 1st place. Gold.

Self-Defense Empty hand: 2nd place. Silver.

Self-Defense Knife: 1st place. Gold.

Self-Defense Team: 1st place. Gold.

Soft Kata: 1st place. Gold.

Breaking wood with fire: 1st place. Gold.

Demo of two-man Staff Self-Defense: 1st place. Gold.

Breaking wood & having wooden dowels broken across stomach: 1st place. Gold.

Hard Kata: 1st place. Gold.

Open Kata Master's: 2nd place Silver.

Training Challenge: 1st place. Gold.

Team Demo Self-Defense: 1st place. Gold.

Kama Demo: 1st place. Gold.

Bo-Staff Demo: 1st place. Gold.

Sia Demo: 1st place. Gold.

Butterfly Demo: 1st place. Gold.

Nunchaku Demo: 1st place. Gold.

Cane Demo: 1st place. Gold.

Ecstatic to announce that after this event Soke's has broken his goal of reaching 1,000 wins & now currently stands @ 1,024 wins with only 2 losses.

On Sept. 30th Soke received word from Grandmaster Wojciech Dolny from Wroclaw Poland that he was being inducted into the King of Self-Defense, Gala of Masters, Master Belt, International Seminar for Kwon-Ki-Do Self-Defense Hall of Fame. The induction is scheduled for December 10th, 2023 & is actually for the 2024 season.

In the Best of the Best Soke has also entered the Weapons division using Nunchaku's, Self-Defense using a knife, & the Breaking division using wood & Fire.

Now after this his final competition Soke can proudly say his final career professional record stands at 1,027 total wins with 2 losses. For he took a silver in the Fire breaking, a silver in the weapons kata, & a bronze in the Self-defense.

This final performance surely was an incredible display of all of his skill paired to his desire of determination in that of showcasing between two completely different tournaments in a single month; eight different



weapons across four different disciplines. Congrats on that.

On September the 8th Soke was next informed by Grandmaster Hassan Muay from Rome Italy that he had been personally selected by him to be included in his new book coming out later this year on Amazon. This book is going to be called Who is the Golden Dragon Champion.

On September the 20th 2023 Soke was informed by Grandmaster Bernard Hohle of Stadthagen Germany that he was chosen to be placed into the Hall of Champion's for all his outstanding achievements this is in recognition of his many victories in European World tournaments.

He stated that he was extremely honored for this is his very 1st time being inducted into a Hall of Fame in Germany which now make him a 9-time International Hall of Famer.

Here are just a few of Soke's trademark lessons of philosophy into the Importance of Kata & his very own success for you to consider.

The importance of Kata

By:

Soke Michael P. Faraday

"Before you can learn what kata truly is you first must know what the differences are between a Pinion & a Kata. A Pinion is what is simply a state of the mind. Pinions are developed in our styles of discipline to help teach beginners how to move in a pattern with proper footwork &



stances in the accordance to using the blocks & strike that they are currently learning in the development of all their foundations to the discipline of which they study.

These patterns are simple in design & consist of the use of Lateral movements which are to help maintain all of your focus in the persistence of accomplishing the task at hand of learning multiple directions involved in basic self-defense. Think of this as learning how to crawl before you walk.

When you next move forward in your studies of discipline you learn Kata, it is a whole new perspective of your art. This is when you learn how to walk so to speak. A kata is a formal exercise.

It is derived from specific detailed techniques within your study of discipline. In this learning you will learn Bilateral movements. Bilateral movement is one of the easiest ways to help calm down your nervous system. The rhythmic endurance in pattern of movement helps to activate & balance activity in both sides of the brain which, in turn, can also help to reduce anxiety, emotional dysregulation & improve focus & concentration. As you may know, we have two hemispheres of the brain.

There are the left & right hemispheres. For example, if you are left hand dominant it is your right side of the Brain that is working to aid you, but if you're right-handed it is the exact opposite where the left side of the Brain is aiding you. As Martial Artists we strive to make both sides work in a harmony of balance to keep the whole body of our system relaxed & tuned to awareness.

This is why the practice of your Kata



# Soke Michael P Faraday

every day is so vitally important in your training. It teaches you to in simple words learn how to relax as you participate in full force of using specific techniques in various directions in a self-defensive action.

Learning how to breathe is so important. If you do not learn how to control this, you will be at a loss of breath where you can no longer remain fully focused to defend yourself. A clear mind is a strong mind in the essence of Kata.

Now in conclusion please be aware that there are several ways to practice your Kata as well. 1st You should close your eyes in a meditative state to visualize yourself doing your Kata of choice seeing all the moves precisely & clearly.

2nd You next perform this Kata in slow motion to learn precision & flow of each technique you are using to fully learn its potential.

3rd Now comes the time to run through your Kata in full force learning how to control each breath in a flowing from one technique to the next technique flawlessly & also in showing control of these techniques.

4th The final step now that you think you know your Kata you should perform a Bunki. A Bunki literally is the meaning of how to analyze or disassembly, this is a term used in Japanese Martial Arts which is referring to the process of analyzing your Kata's & extracting all of the techniques that you are using in a fighting concept from all of the movements of a 'form' Kata.

You do this by setting up all your attackers for each of your movements or sequences within



the Kata you decide to analyze. As they attack you begin your movements in the Kata. In doing this you fully see what you are doing to your aggressor & how it actually affects them in the art of self-defense.

As you go through each sequence with all of your attackers you begin to realize the true potential of all the techniques you have learned in this Kata as well as how it affects the outcome of each attack sequence.

Also please keep in mind that each kata you perform is different. So, in your kata's some parts are slow as others are fast with quick strikes & then all of your breathing will change throughout your movements in different places appropriate to all of your structure within the movements. Power, speed, & strength come in time with your training. As you next begin to progress forward so will your techniques in relation to the mind, body, & spirit.

I have always said we study Martial Science of which we are the Martial Artists the beauty is in the eye of the beholder. I teach the Bone structure, Muscle tissue, the major organs, & the vital points. In conjunction to all of these I also transcribe what each strike does to each of these placements within the Human anatomy. This is the Science behind Martial Science."

Here is a quote from Soke Faraday to conclude this interview: "A life well-traveled is a life we lived. Keep your loved ones & dearests' friends close & secure your beliefs as you make all of your dreams a reality."

To find out more about this Grandmaster you can find much information as well as live demonstrations about Soke Michael P. Faraday on Utube, Facebook, Amazon, & Barnes & Noble. In fact, when researching Amazon look for his book A Warriors Blood.

Photos Credits: Mason D. Faraday & Derek Pajka





**Taya Jones**



My name is Taya and I'm 10 years old. I started training in jiu-jitsu and taekwondo 2 and a half years ago. I also started grappling in the last year. I train 6/7 days a week. I'm currently a grey belt in jiu-jitsu and blue belt in taekwondo. Some of my proudest achievements to date are world titles in taekwondo green belt patterns and sparring,

junior world and British open titles in jiu-jitsu. Being awarded my grey and white jiu-jitsu belt on the podium will be something I won't ever forget. In the future, I hope to be a Gracie Barra ambassador and compete internationally. Also, I would love to be able to train with the taekwondo England squad one day.



# MARTIALSPORTS

## Janell Smith



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