



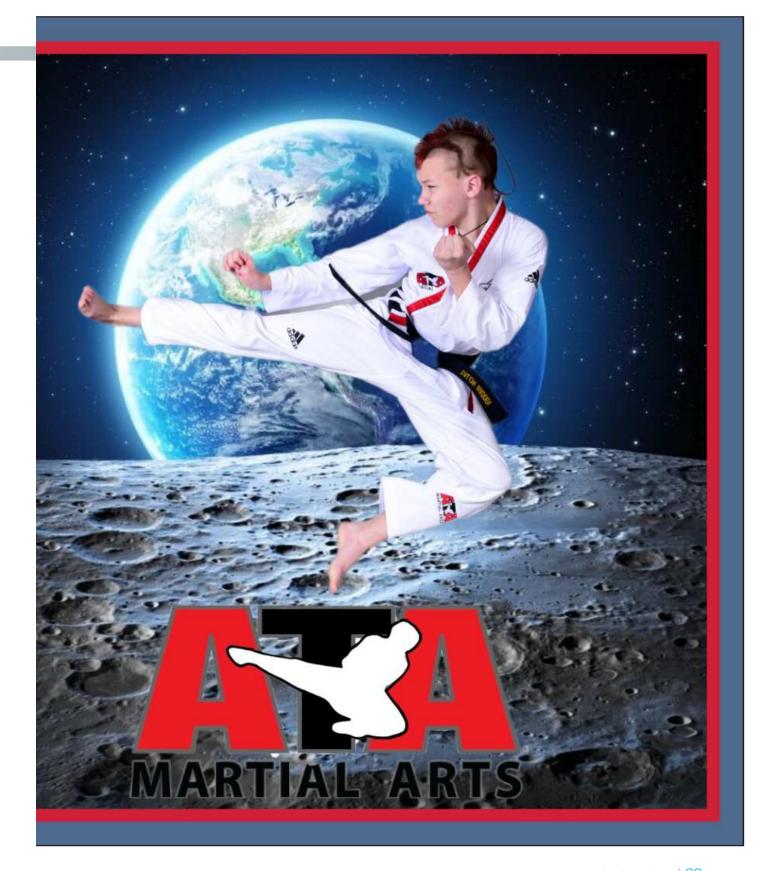


Featuring





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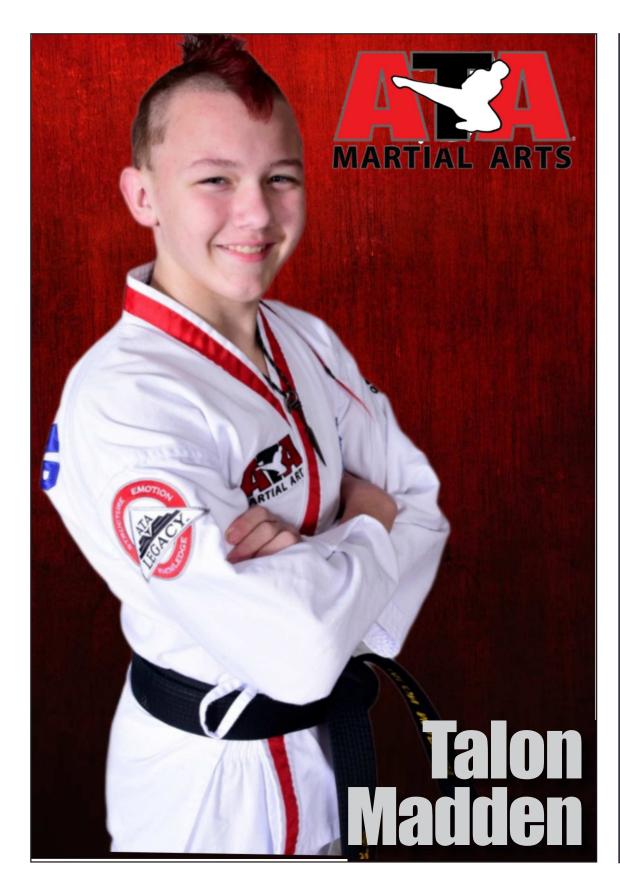












Preview

















My name is Anna Graff. I was born and raised in Russia. I immigrated to the USA over 9 years ago.

I started training Brazilian jiu-jitsu about 3 years ago. I never once regretted doing it, I have been loving every moment of it, even when I get frustrated with it (which doesn't happen very often, to tell the truth). I like everything about it.

For me it is truly an art, and like any other form of art it makes me strive for perfection and constantly work on self-improvement. For me jiu-jitsu is so much more than just physical work-out. It has influenced all aspects of my life in a very positive way.

When I think about my goals with it, my main goal right now - just to go on, just keep training, keep doing it and enjoying every moment. My absolute favorite thing now is showing up to a class. I am always happy to be there. I never have any expectations of myself before I come in to class, I am just grateful to be able to do it.

Of course, I do like to compete as well. It is quite a different experience, very challenging and interesting.

As far as my dreams, I have always dreamed about traveling, going to foreign lands and seeing other cultures. I hope that jiu-jitsu may bring that into my life. I have thought it would have been great to be able to visit schools in other countries, maybe even have jiu-jitsu taught to me in my native tongue one day.

Also I love how social jiu-jitsu is! That feeling of friendliness and support from teachers and training partners is absolutely wonderful.

I train at master Claudio França's schools. They have great teachers and very warm, welcoming and family-like



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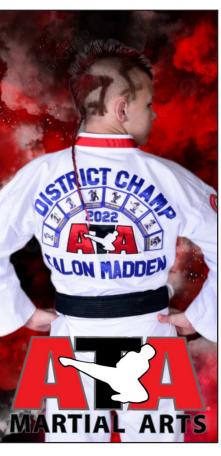


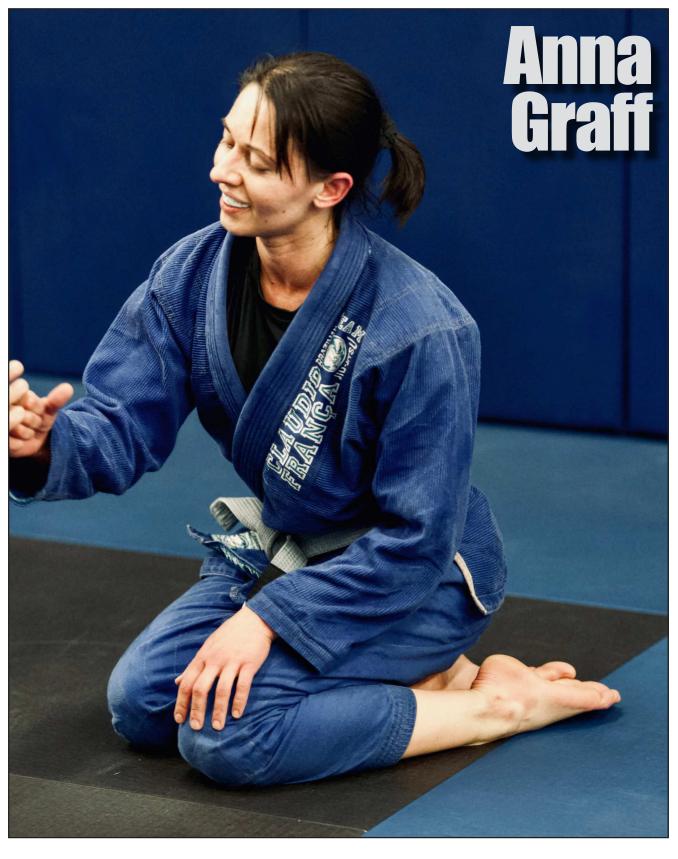












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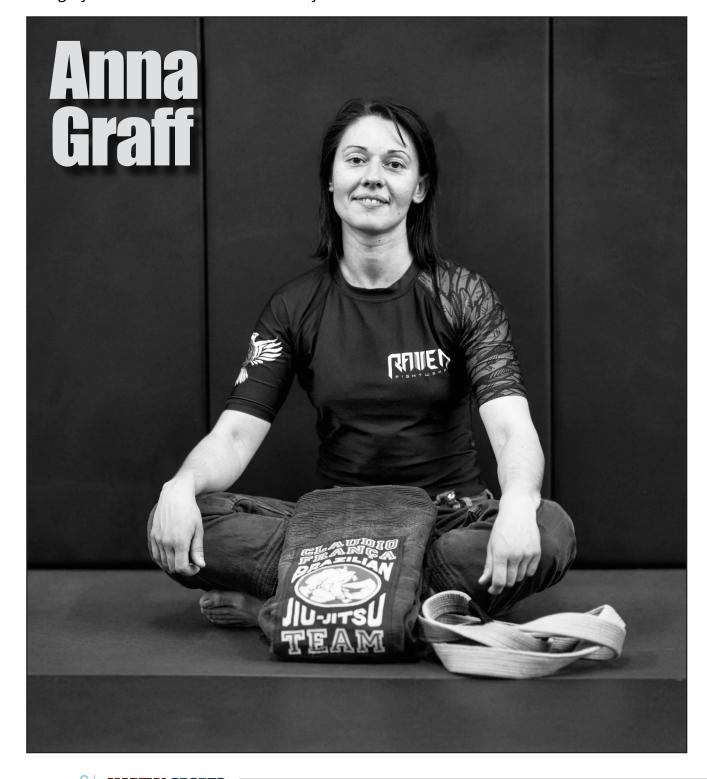


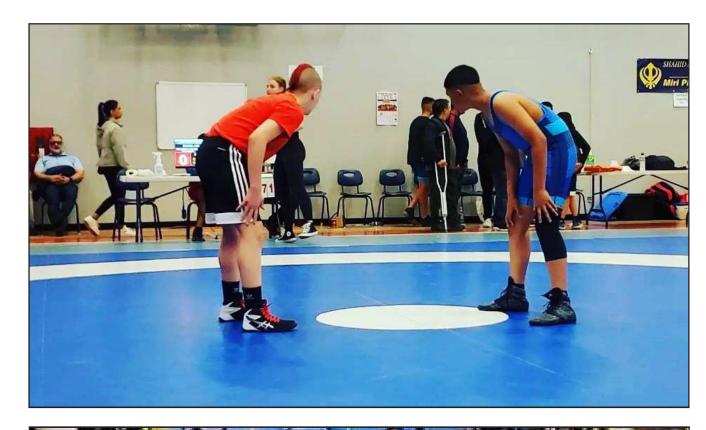


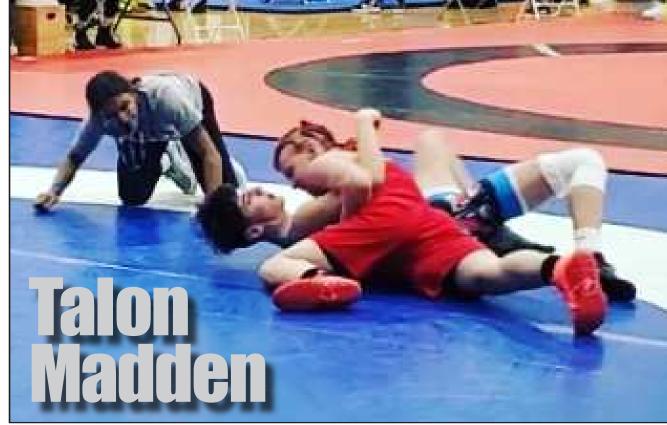


changed mine!

I would encourage everyone to at least try training jiu-jitsu, because you never know how much it can change your life for the better. It certainly has































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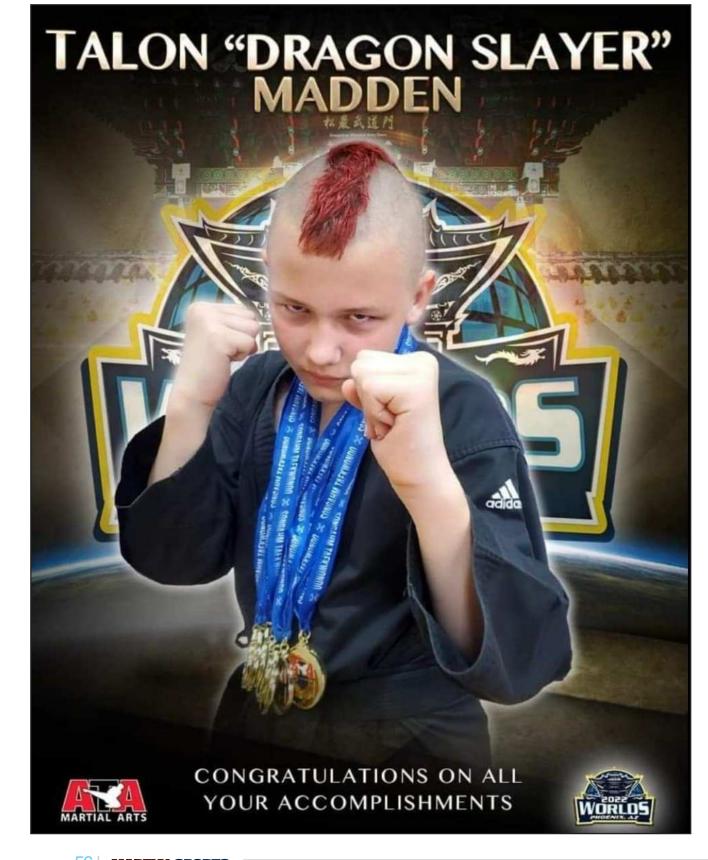


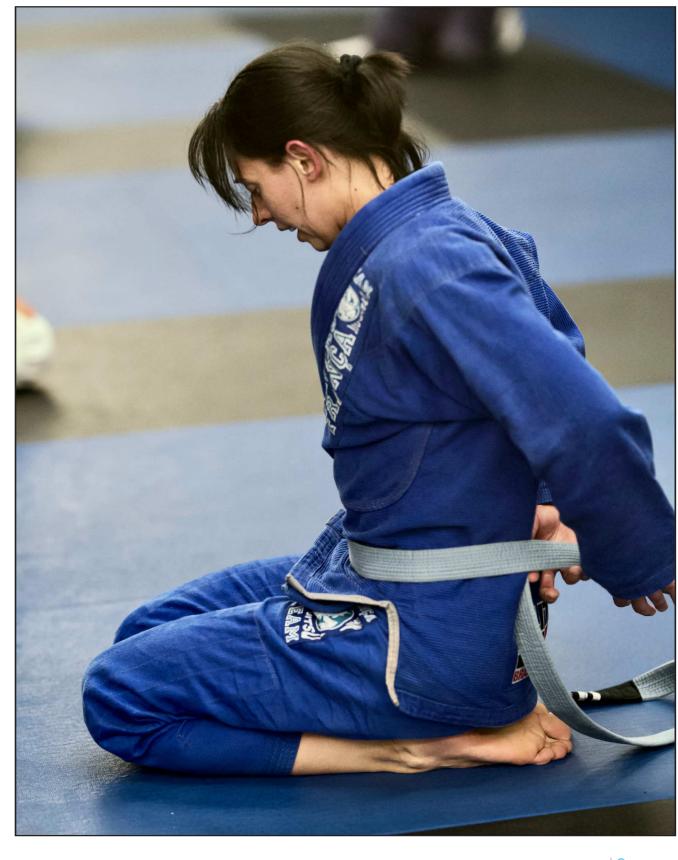












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My name is Arielle Murillo, im 10 years old from BJJ. Arizona currently living in Texas. I've been training Brazilian Jiu jitsu for 1 year at Midland BJJ and im currently white/gray belt. In my first year training I've had the opportunity to participate in several tournaments and local super fights and I've learned that hard work really pays off and if you dedicate yourself and focus on your goal, results

BJJ.

My dream is to become one of the best grapplers in the world, Jiu Jitsu is my passion and my main goal is to be able to do what I love for a living and while also inspiring others to follow their dreams.

Shoutout to my Coaches, Maddy, Mike, Leah and Brad also to my family and friends for being my will come in time.

I challenge and push myself everyday to become a better athlete. I've also learned many skills that have helped me through my journey in Jiu Jitsu and also in life. I feel so grateful and blessed to have found an amazing support team at Midland

Brad, also to my family and friends for being my biggest supporters throughout this journey!

Photos Credits: Abril Murillo



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I often compete up an age class when I can. I have some pretty tough competition in the upper age classes and I am a firm believer that sometimes win. My coach Americo Pena is from Elsalvador and he is the best wrestling coach anywhere and heart to push yourself through adversity. he's my rock. He's helped me accomplish so many goals that seemed impossible and I couldn't be Eventually your effort will pay off and you will where I am without him or my team!

To all the kids who are doubting themselves or feel like they cant make it due to roadblocks on their path to success,

i want you to know i am with you. Never give up! Find ways to keep yourself focused and keep working toward your dreams. Even if no one you get more out of a loss then you do out of a believes in you, you must believe in yourself. You can reach the highest mountain if you have the

> connect with the support you need. With the right support and drive you can do anything. The only person who gets to decide your limitations is you! Never give up on yourself. You are capable of so much more then you realize, and I believe in you!





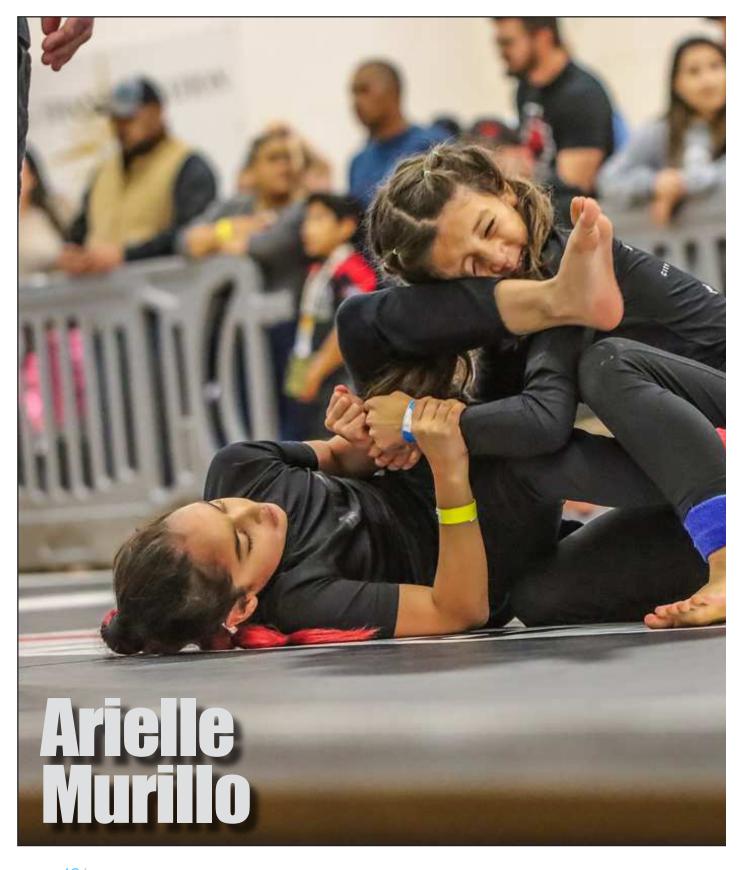
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My name is Talon Madden, I am just a 12 year old kid with the desire and drive to be a champion. I come from a smallish town in British Columbia Canada called Chilliwack.

I have been training since I was young in Taekwondo and wrestling. Both of which I have been successful and reached some great achievements. I currently hold ALL EIGHT provincial and Northwest District Titles in my age group in the ATA. I also am the 2022 silver medalist in combat at world championships. I like to inspire kids to reach for goals understand that a true champion can come from anywhere all it takes is the right opportunity. I am extremely lucky to have some amazing coaches. My Taekwondo instructor, master Michael Bennett, is in my opinion the best instructor in Canada and he has helped me become the competitor I am today.

On top of Taekwondo I also compete in wrestling. So far, I am the most successful middle school wrestler in my district. Regionally and provincially am undefeated in my age I just won my second gold medal in a row at the highly regarded Miri Piri tournament in Abbotsford. At this same tournament last year, i accounted for 12 of my team's 29-point total.



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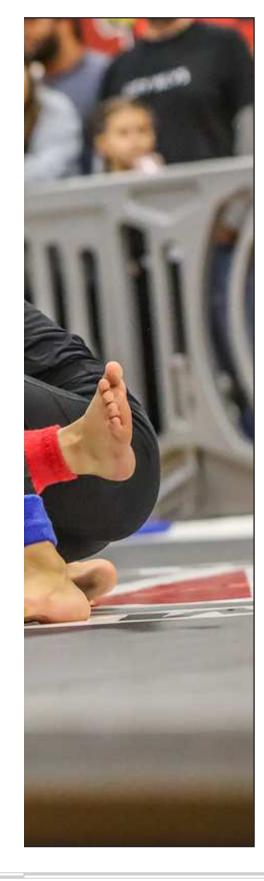














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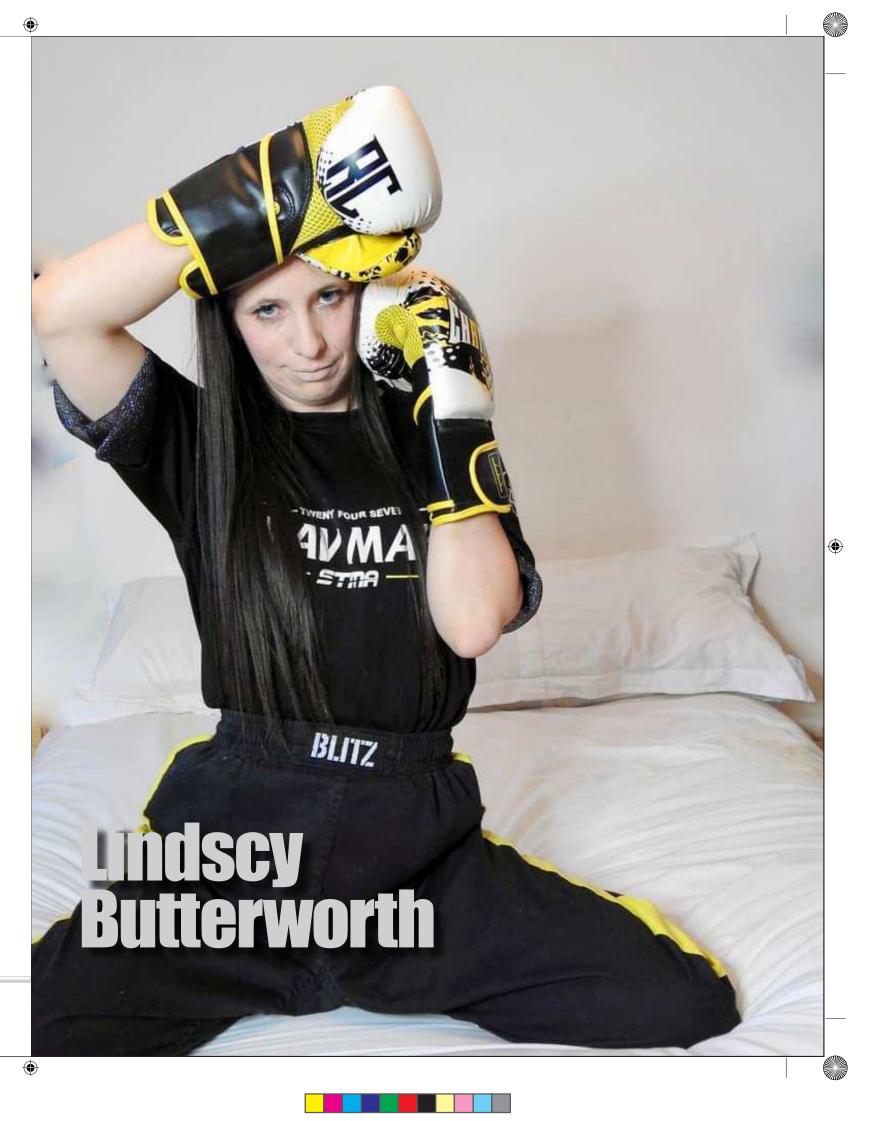








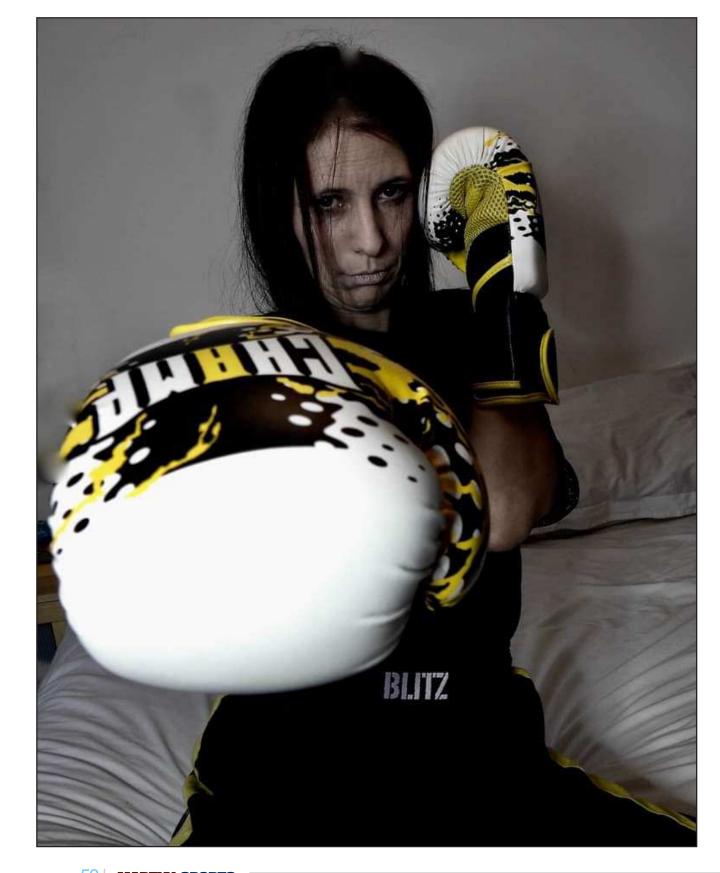












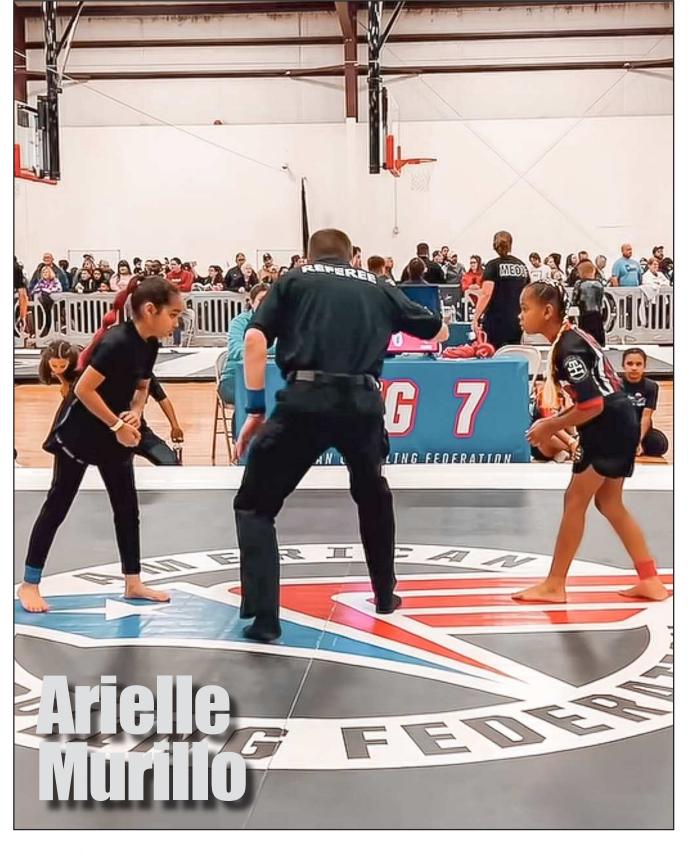














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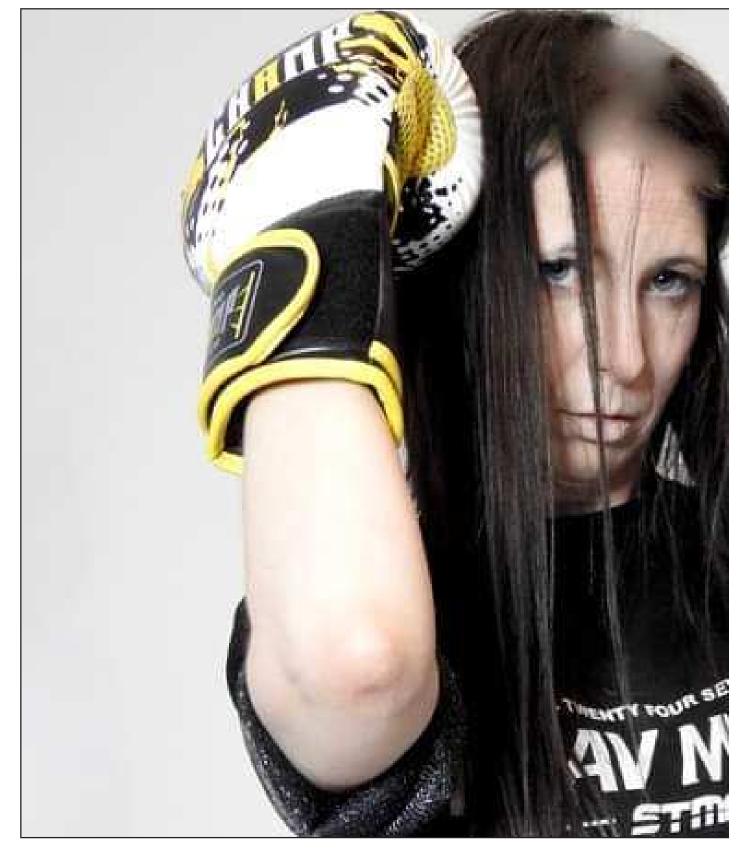
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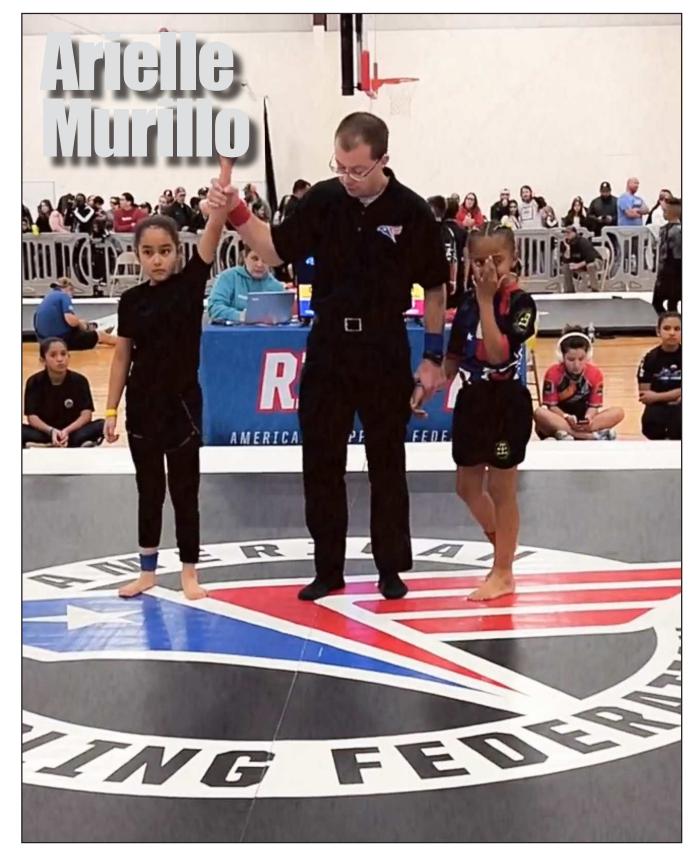














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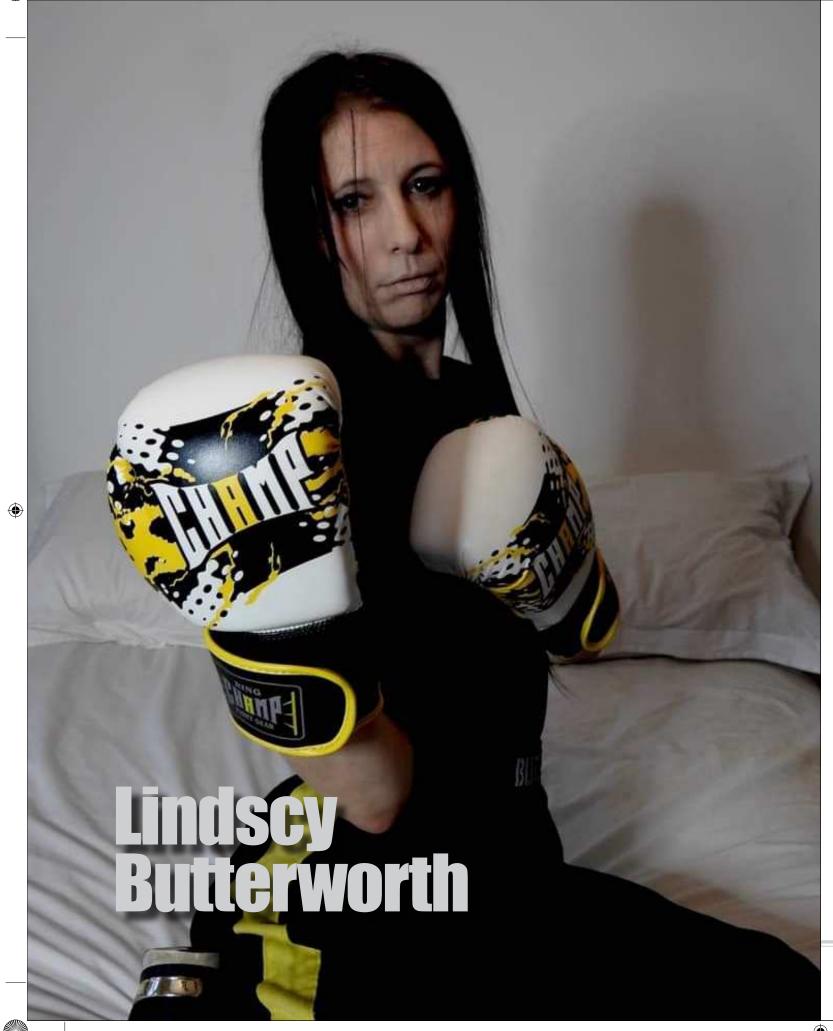


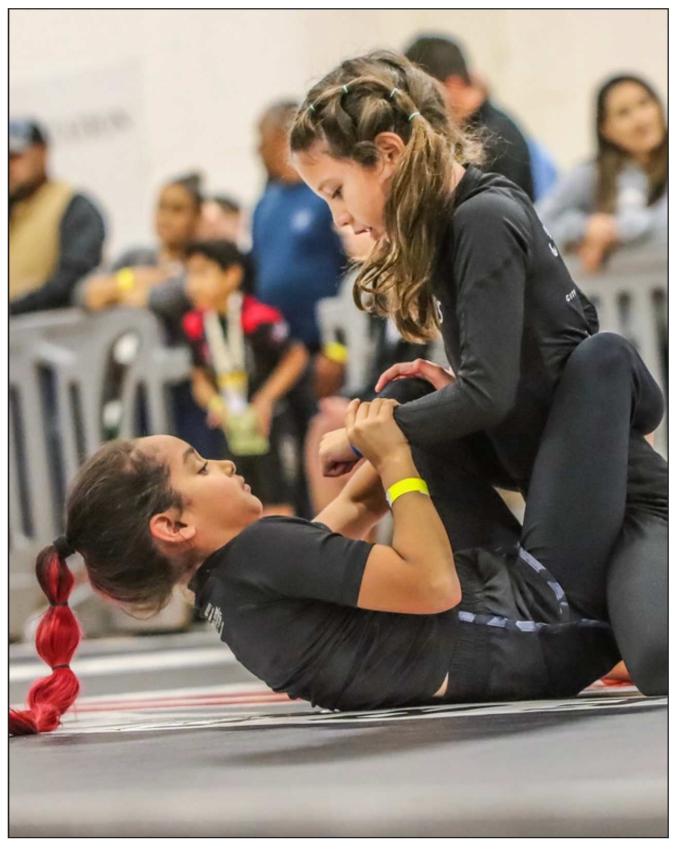










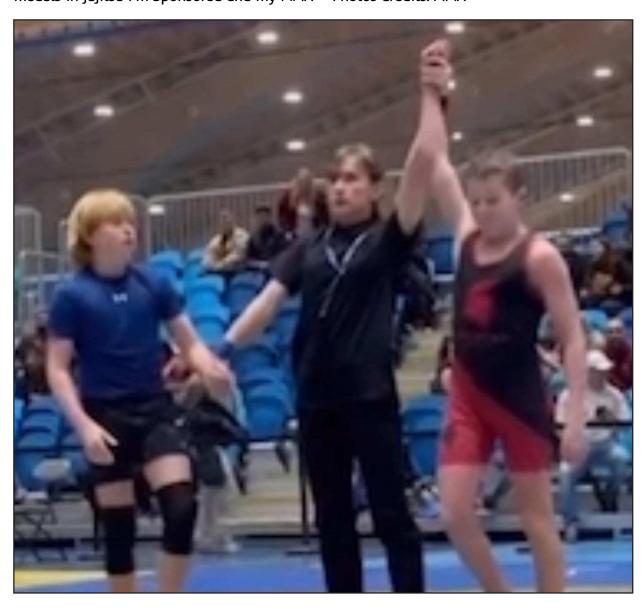




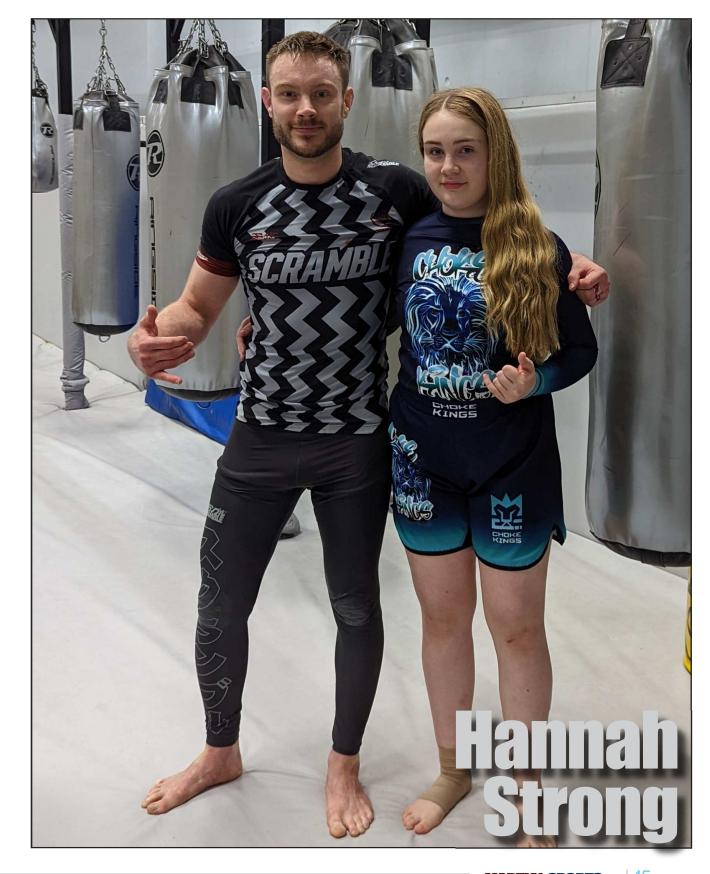


One of my dreams is to be in the UFC and win three UFC belts. My goal is the win the bc provincial wrestling tournament in two weeks. My achievements.are winning over 40 gold medals in jujitsu I'm Sponsored and my MMA record 86 wins and 5 losses and my challenges are getting hurt and going up against older and heavier guys.

Photos Credits: MMA



Caleb Trudeau



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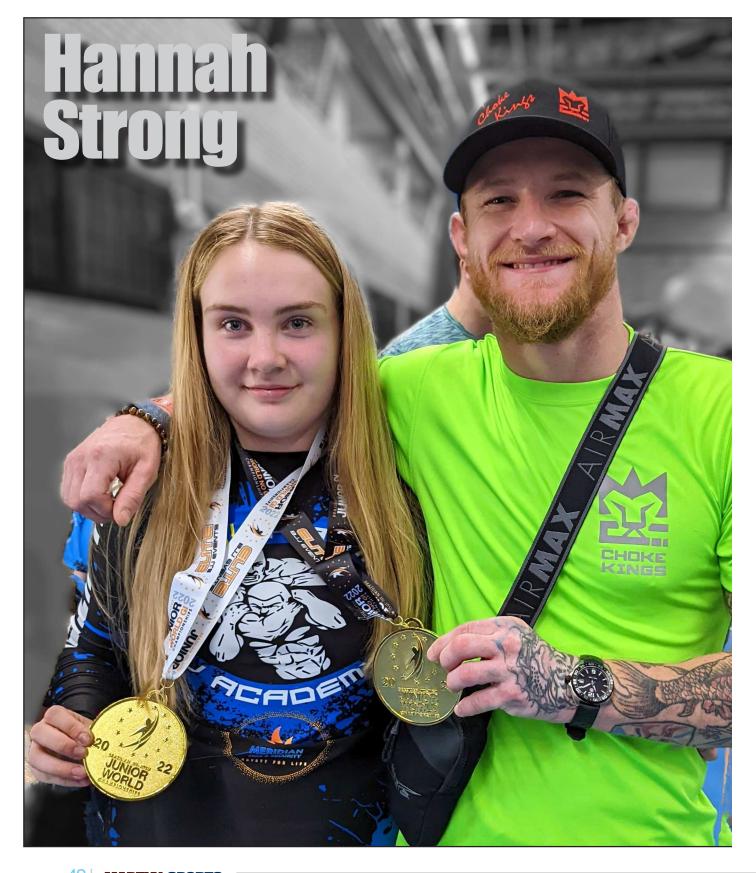


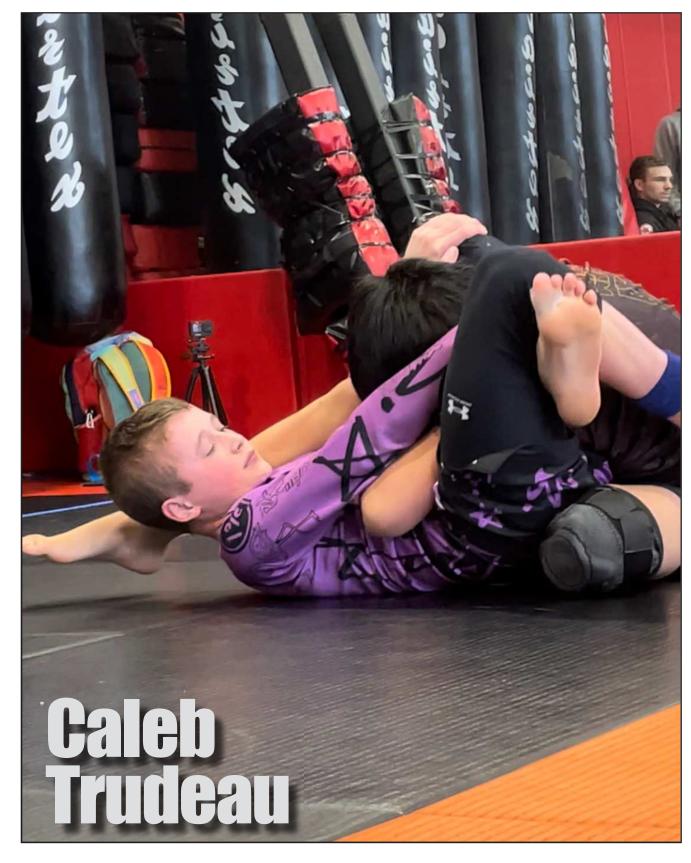












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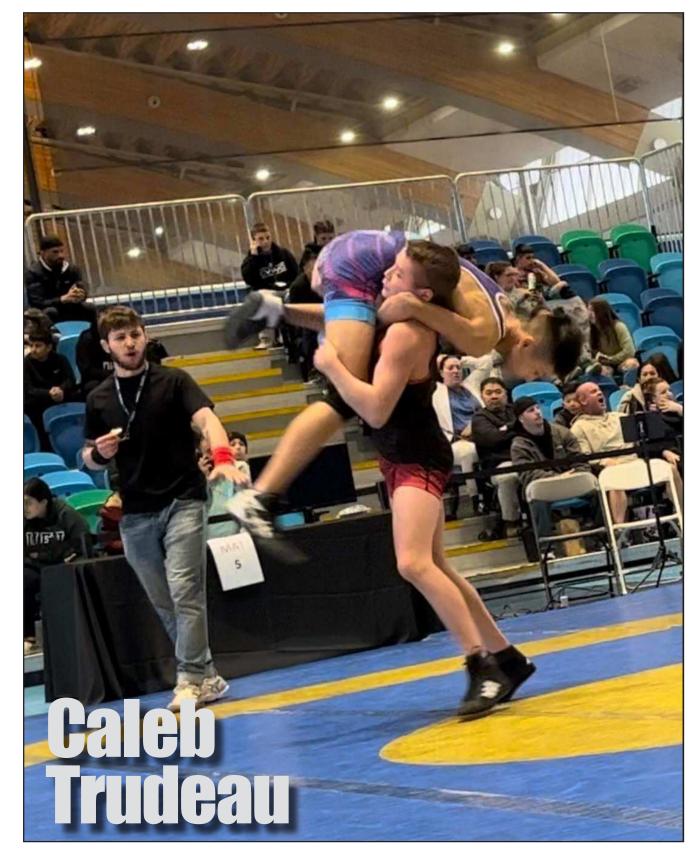






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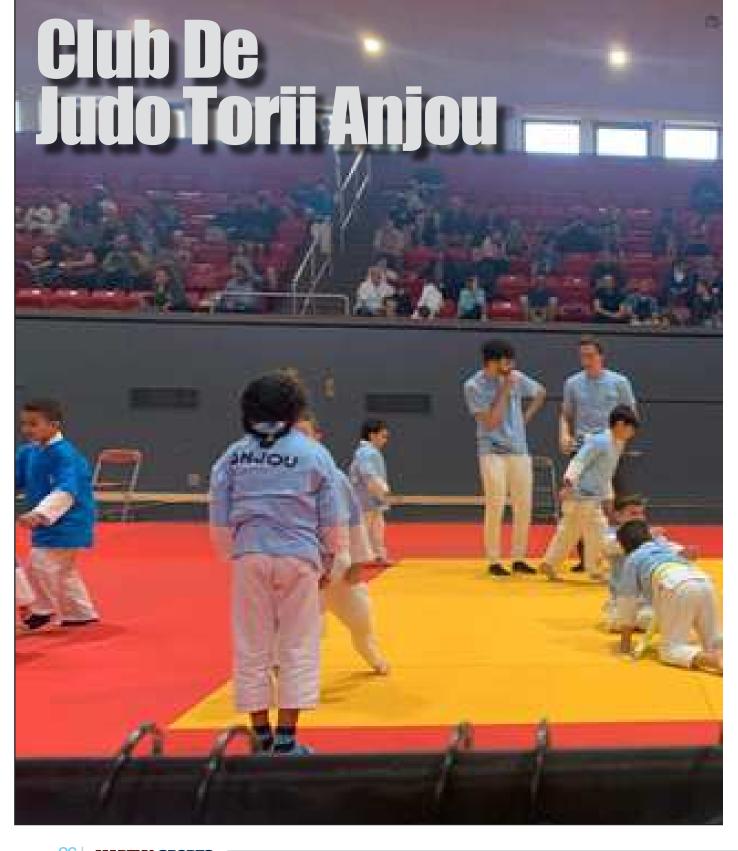


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Currently a Grey/Black belt. So far 8 x National Champion. 4x European Champion. 1 x International Champion & 2 x World Champion. Trained by P.T Tom Burroughs of AFChester UK Jiu -jitsu & Grappling Chokekings! Andy Aspinall of Aspinalls BJJ. Even though I enter competitions, and strive to be the best I can be, my aim for BJJ is to become a Black Belt and also to coach others. I also work hard and I'm aiming for a future as a Dr also work hard and I'm aiming for a future as a Dr or Pharmacist. Nothing gets In my way! Huge thanks to genuine friends and coaches who have supported me Since starting BJJ a few yrs back.

Photos Credits: Huge thanks to the best P.T ever Thomas Burroughs @jitsutom @choke_kings @afchesteruk



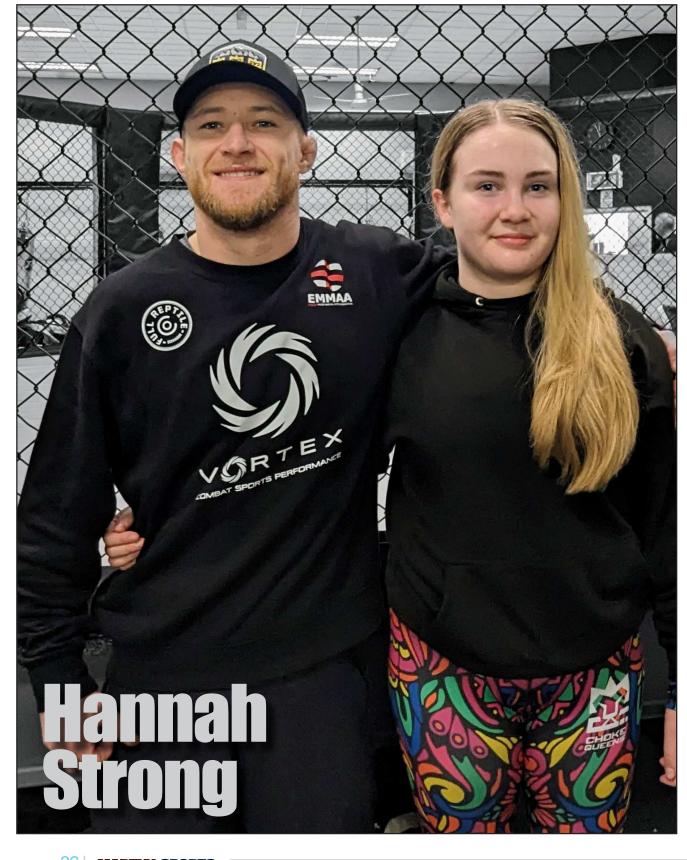
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