

# **MARTIAL**SPORTS



**Addison  
Mann**

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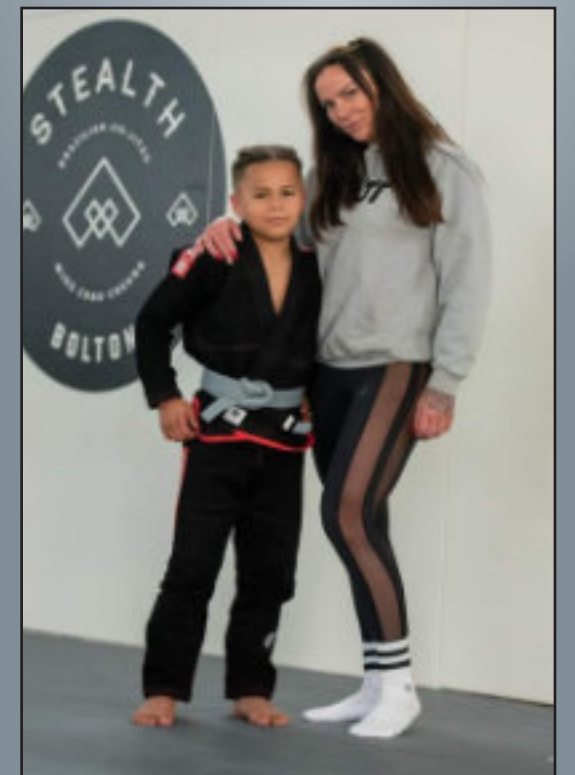
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# Featuring



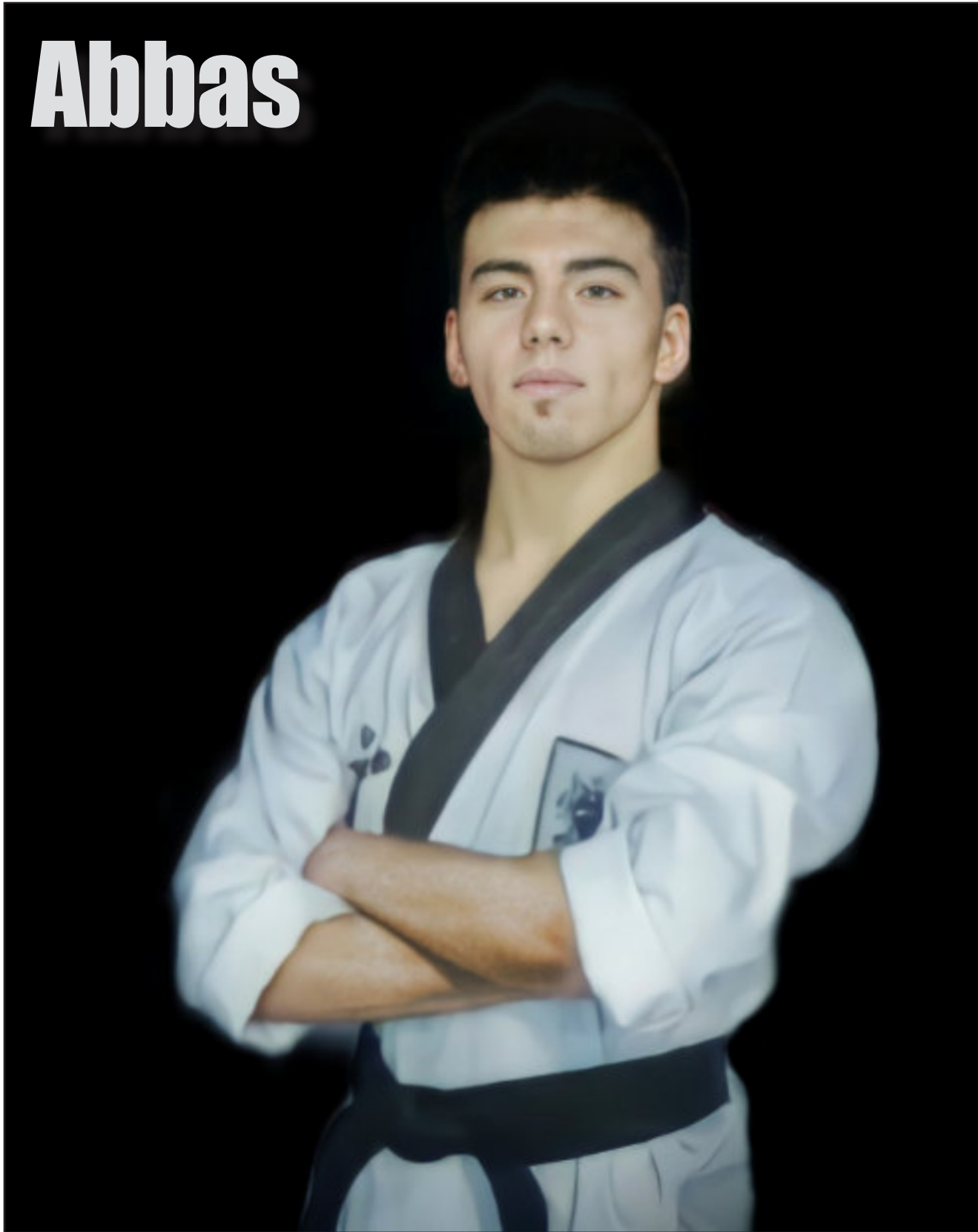
# Preview



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# Abbas







Abbas

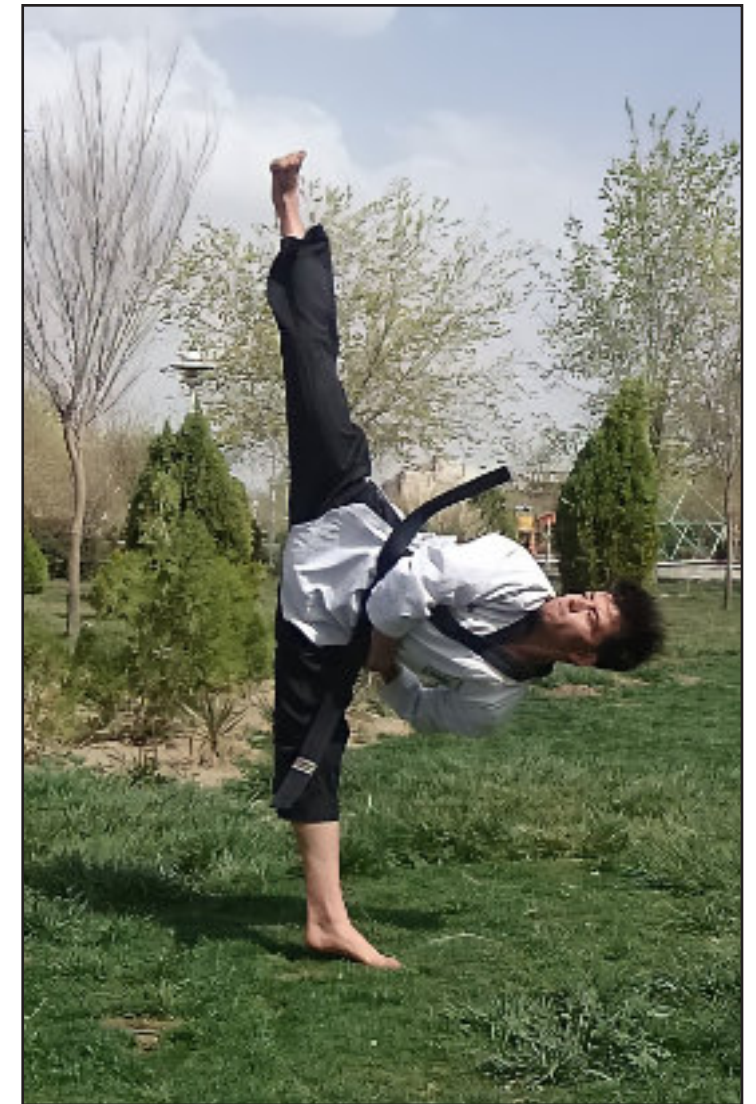
I have struggled a lot in my life under the scorching sun of summer until the terrible cold of winter. For me, the World Taekwondo Gold Medal is the most valuable pleasure in the world. I practice in a situation where many do not even dare to hear about these difficulties. In my country, there is a proverb that says that the more difficulties, the more valuable what we get.

So a real champion does not top an athlete in good conditions and with the possibilities.

These are people who continued with faith and effort in the worst conditions and are not afraid of losing.

So I'm fighting too...

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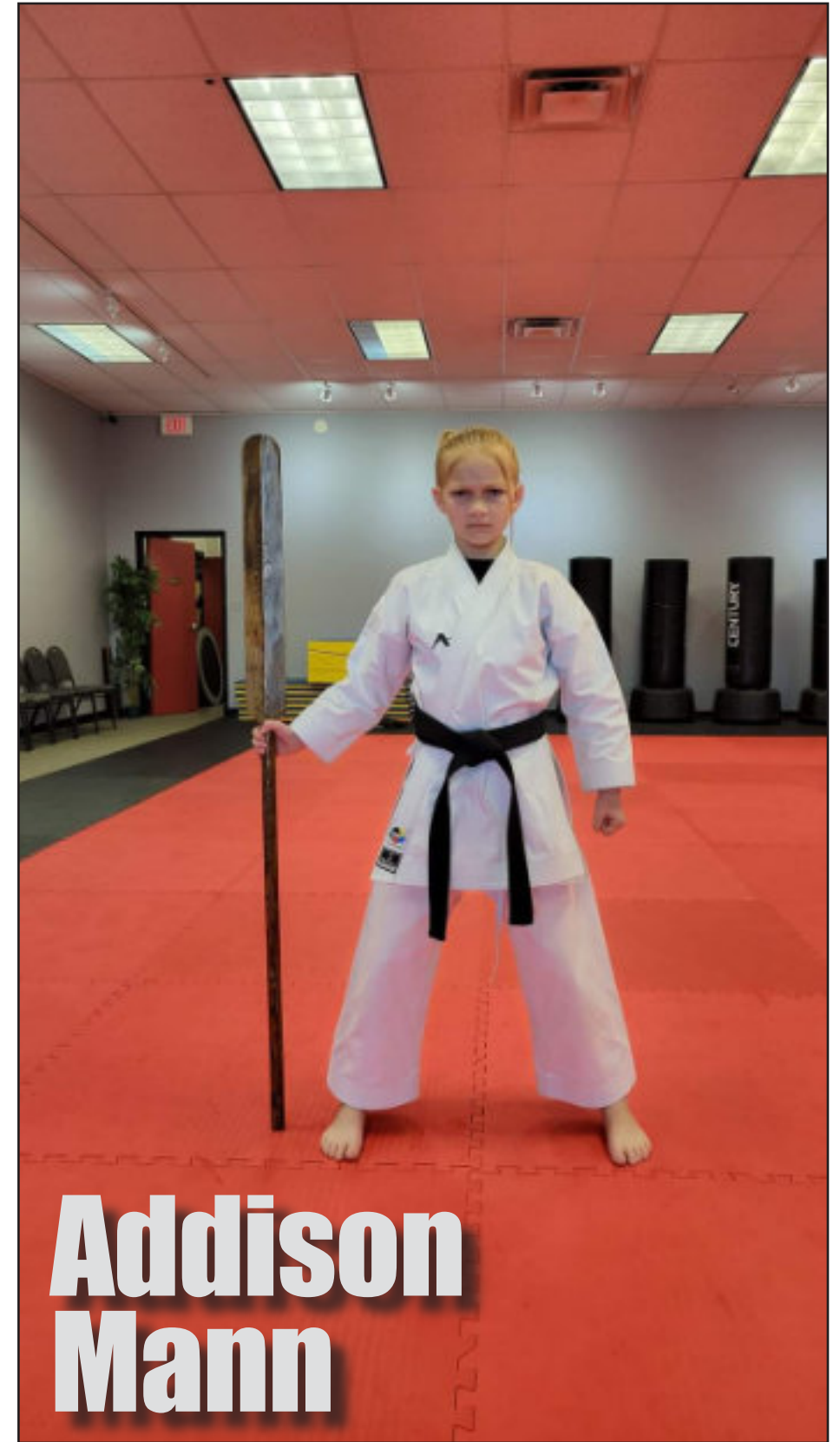


**Addison  
Mann**





Addison Mann sometimes goes by Addy, is a 11 year old martial artist. She hit the ground running the day she started martial arts at Kellison Academy with Sifu Ray Kellison. She trains daily with her Sifu and her tumbling coach Jillian Kohler. During camps she has had the pleasure of training with Olympic gold medalist Sandra Sanchez and silver medalist Damian Quintero. Addy has devoted every extra second she has to practicing and making herself better than she was the day before. She is on the leadership team and helps work with little dragons and beginners at Kellison Academy. She has been competing for 3 years both in person and virtually. She spends 6 days a week practicing and is at the dojo 5 of those days. Addison has studied the Bo staff, Broadsword, and the Oar. She studies American Kenpo, Kungfu, and Okinawa to compete in tournaments. She is studying American Kenpo, Brazilian Jujitsu, kickboxing, and tumbling in classes. Addy has created her own creative musical open hand form. She holds gold championship world titles, national titles and regional titles. She is working her way towards the junior olympics. When Addison is not doing martial arts she loves drawing, painting, dancing, singing, talking, and hanging with friends.



# Addison Mann





**Addison  
Mann**

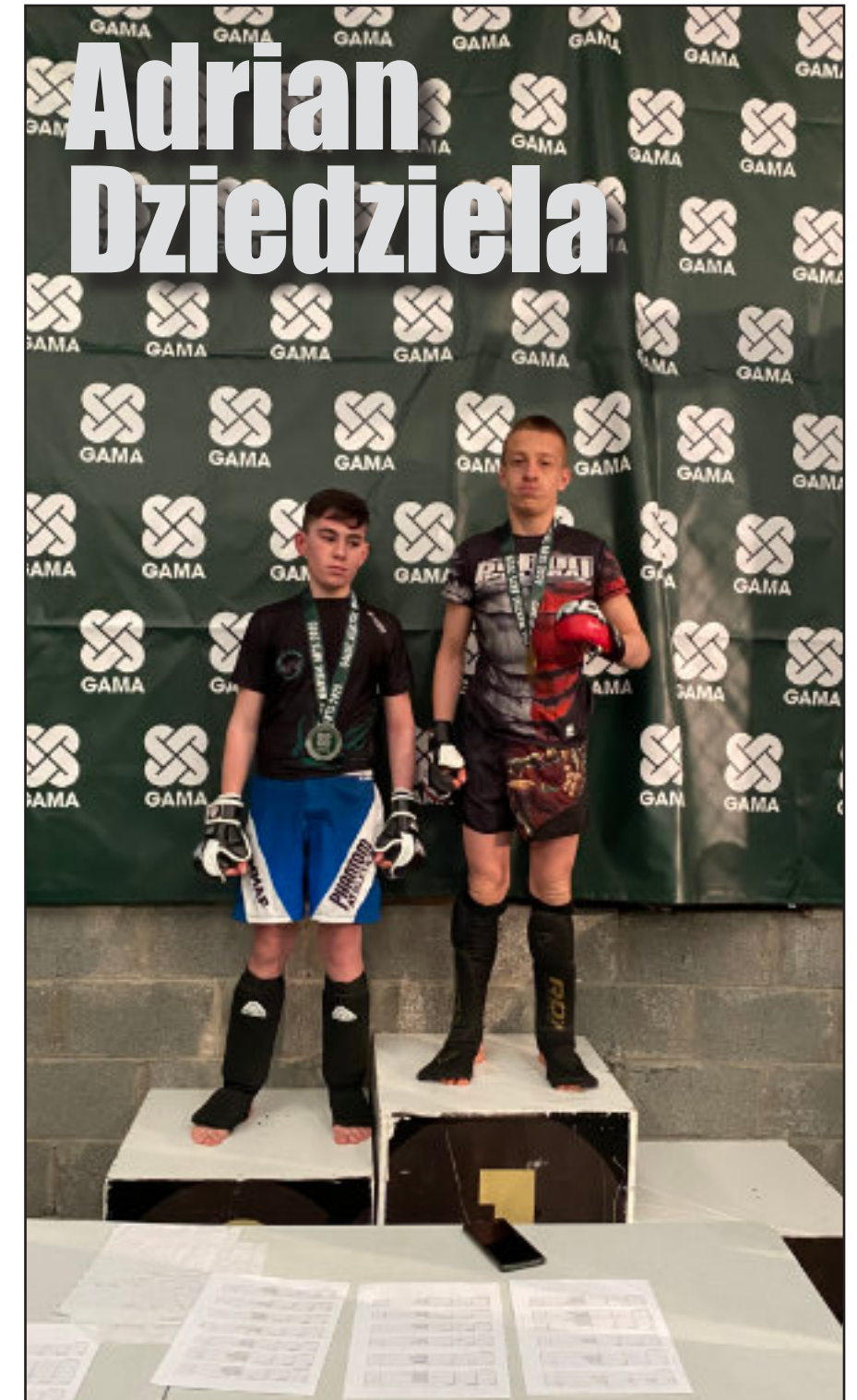




**Adrian  
Dziedziela**







# Adrian Dziedziela

My name is Adrian Dziedziela and I am a MMA fighter coming out of a Wrestling background

my goal is to win the Olympics in Wrestling and be the best MMA fighter in the history of the sport





# Blaize Tingle

My name is Blaize Tingle, I'm from Bolton, UK GB I've been wrestling for a few years but lost my passion for it so I started Ju-Jitsu 2yrs ago. I entered comps straight away after my 1st couple of lessons and won them. We then ended up in lockdown for 12months, but on my return to the gym I was quickly promoted to grey/white belt, just a few months later I was promoted to solid grey. I've won several big comps, Europeans and British and

many more. I have recently found my passion back for wrestling. Only a few weeks ago, I got silver at Tallinn, the biggest wrestling comp in Europe. I love doing weights with my mum, Jayne Tingle, because she's a professional bodybuilder. I'm also sponsored by the best Fightwear company, Tatami. My dream would be to represent GB in wrestling at the commonwealth games and make it big in the UFC.

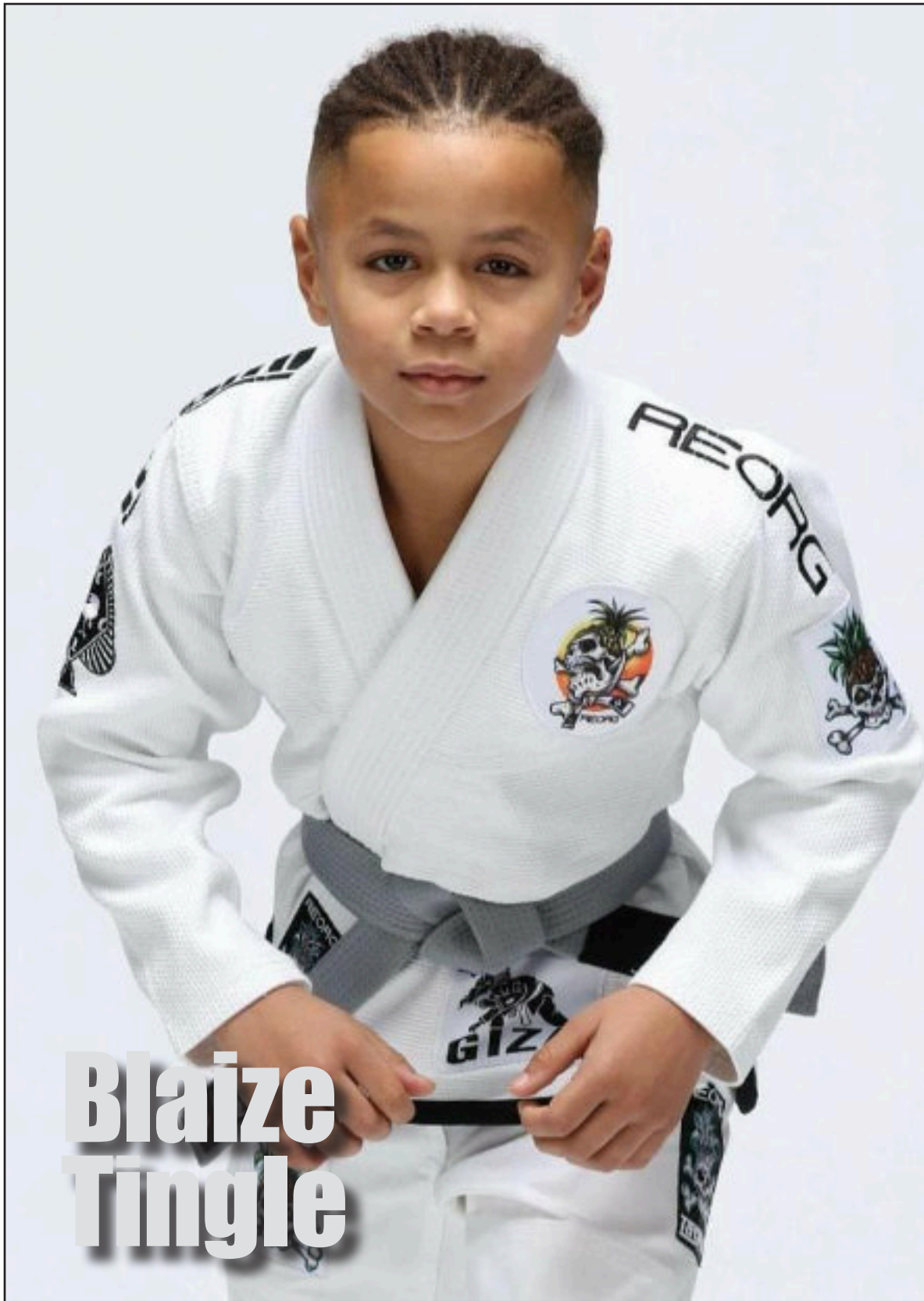




# Blaize Tingle







**Blaize  
Tingle**





# Brielle



I like to play jitsu very much, I have won many medals in this game. I am very small at the moment to think anything about too far but i want continue playing this game







**Brielle**





**Leilah  
Gita**











Hi Guys! My name is Leilah Gita. I am eight years old and I compete both cheer and jiu jitsu. I received my grey belt in January, and spent last cheer season as a tumbler and flyer. I want to show the world that little girls can do big things, while being strong, friendly, and beautiful... just like me!

People don't understand why I do both cheer and jiu jitsu. Everyone always says I should just pick one, but I do it because I love it, it helps me and I've met my bestest friends doing these sports.

I started my jiu jitsu story at Gracie Barra Columbus in August 2019. Last year, I competed at IBBJF Pan Ams Kids for the first time and walked away with silver for the Pee Wee 1-Lightweight division. With the help of my teammates, Professor Taniel, and Coach Nick at Nature Jiu Jitsu, I know that if I continue working hard I can get 1st place in my division this year. One day I want to be a black belt and coach my little brother in his jiu jitsu journey.

I attended my first cheer camp when I was three years old, but I didn't fall in love with it until I found competition cheer two years ago. My cheer goals include learning my tucks and being National Champs with my All American Cheer family next season. After high school, I want to move to Canada for college and cheer for the Great White Sharks. Don't worry, my mom already checked and they have jiu jitsu gyms in Canada. So, I can still train both!

I don't always win and that's okay. It's part of learning and growing. When things get hard, I take a deep breath, get back up, and don't give up. One day I'll reach all of my goals, until then you can find me on the mats just having fun and learning new jiu jitsu techniques and cheer skills!





# Manuela Ferreira

Sport **f/33**



Meu objetivo é ir em busca de novas conquistas, sair da minha zona de conforto para está evoluindo como atleta. foco, disciplina e humildade

fazem parte da minha trajetória. Trabalhar a minha ansiedade e um dos meus maiores desafios como atleta.





Manuela  
Ferreira





**Maylene  
Jenee**





# Maylene Jenee



Hi my name is Maylene Jenee, I'm 4 years old from Roseville,ca. I enjoy practicing jiu-jitsu. When I get older my dream is to be a jiu-jitsu professor so I can help teach kids how to protect themselves!



# Mike Olmsted





My name is Mike Olmsted. I am from Florida. I want to be a professional jitsu player. I am very proud of my country and want to represent it in the future.



**Mike  
Olmsted**





**Rayra  
Julia**





Hi, my name is Rayra Julia, I'm a jiu-jitsu athlete, my dream is to get to black belt.



**Rayra  
Julia**





# Sakinah Hussain

My name is Sakinah Hussain, I am 15 years old. I started Brazilian Jiu Jitsu at age 6 and am now a solid yellow belt. I've also trained in Judo and I'm currently training in Muay Thai and MMA. Altogether I train 14 hours a week.

I used to be the quietest and most timid out of my 4 siblings. Learning the arts, training at such an amazing gym, and having the coolest (and very talented) coach (Wayne Arandjelović) has led me to grow in maturity and confidence.

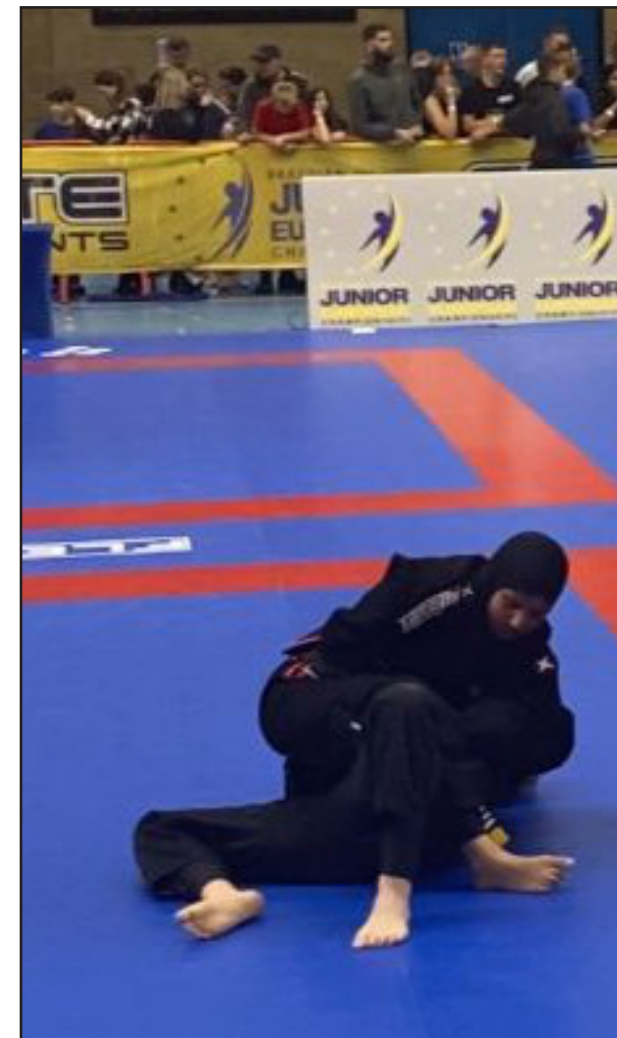
Over the years I have achieved many medals in BJJ, I have been a National Champion, a European Champion, and a Silver World medalist. I also competed in the Pan Am World Championships in California in 2020.

With hard work and dedication, and after a gruelling 3 hour trial at headquarters, I have earned a place in the National Youth Welsh MMA Squad and I'll be heading to compete at the IMMAF World Mixed Martial Arts Championships in Abu Dhabi later this summer.

I am very proud to become the first female Muslim MMA fighter to represent Wales! I hope to inspire many other young Muslim girls to join and follow their dreams.

In the future I wish to have my own female only gym and organise female only competitions in order to open up opportunities for everyone.











I am a multiple time English British European and world champion in kickboxing BJJ and Sambo. My dream is to be the greatest fighter who ever lived. I train 15 times a week and I am still only 7 years of age



# Sambo







Kathy Echanis



Zane  
Smith

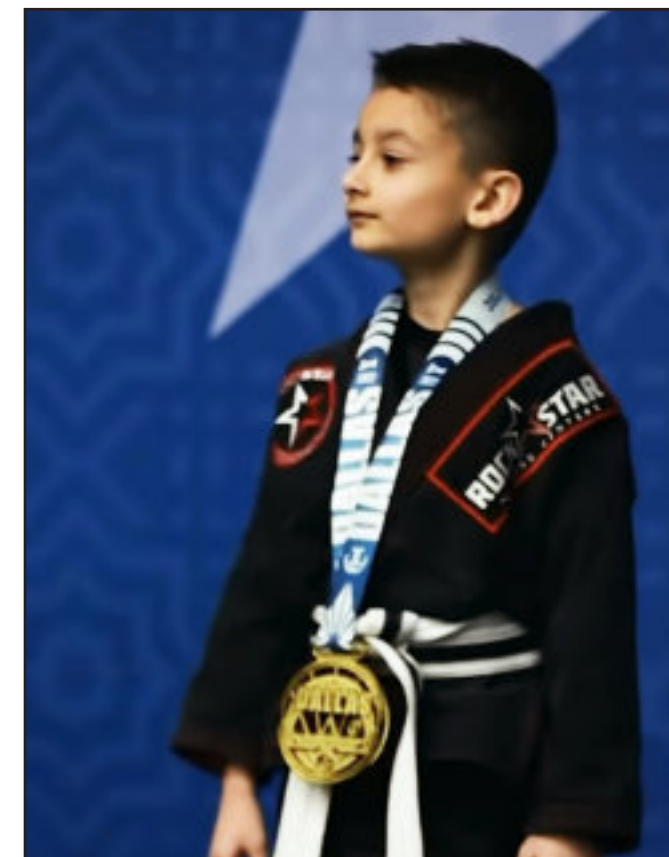




Zane started Taekwondo at the age of 3. After 2 years of commitment, he wanted to challenge himself with something out of his comfort zone. At 5, he chose Brazillian Jiu-Jitsu at Rockstar Martial Arts, and it has changed the trajectory of his life. In the year and a half of Jiu-Jitsu, the medals he has won are not the reason he keeps training. It's the incredible coaches, supportive training partners, and learned life skills. This is not just a sport, it's character building and creating a family filled with gyms from different parts of the

world! At such a young age having the determination and dedication to continue at something that bruises the ego everyday, is not possible for most adults to do! And it's not an easy feat that should be overlooked. With the support of Rockstar Martial Arts, Zane's goal is to be a Black Belt along side his coaches that positively impact his journey everyday.

Photographers Credits: Kathy Tran Echains --- @ktechains



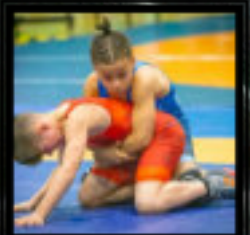






# MARTIALSPORTS

Zane  
Smith



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