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Tout Talent, Tout Ages, Tout Niveaux et Compétences

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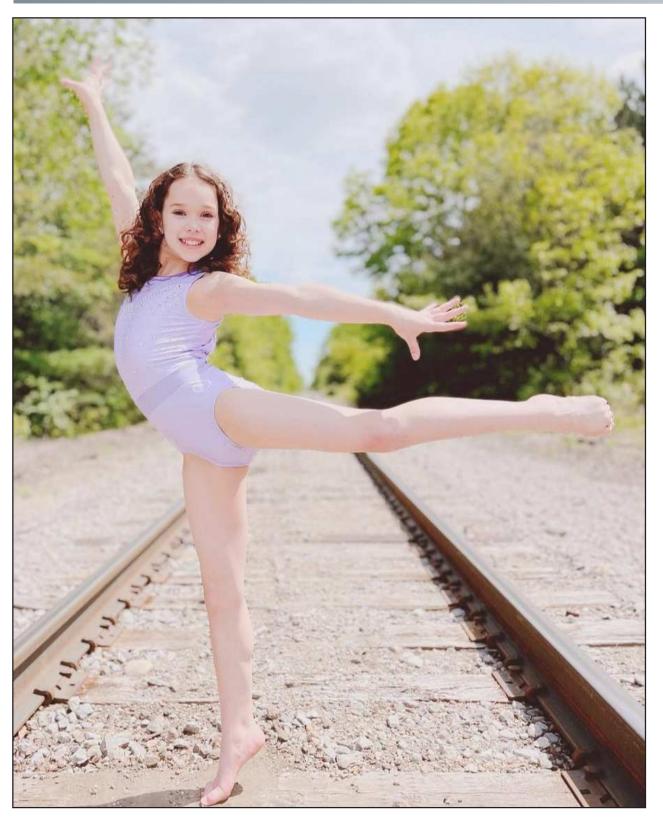


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#### Taylor Maye



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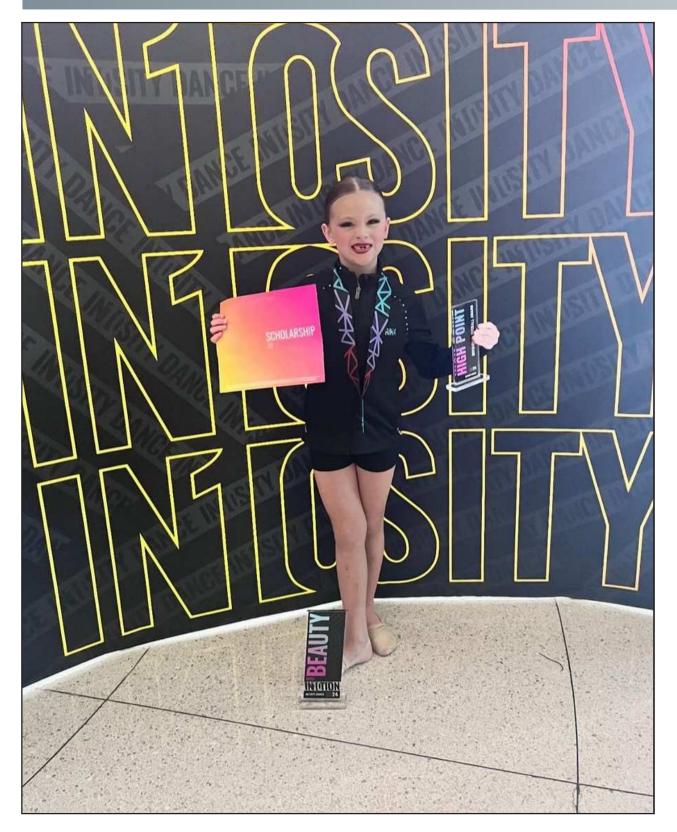


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#### Briana Hare





My name is Taylor Maye. I am 11 years old. I love always given my best to achieve my goals and gymnastics from a very early age. I have always tried to become like my favorite gymnast. I have

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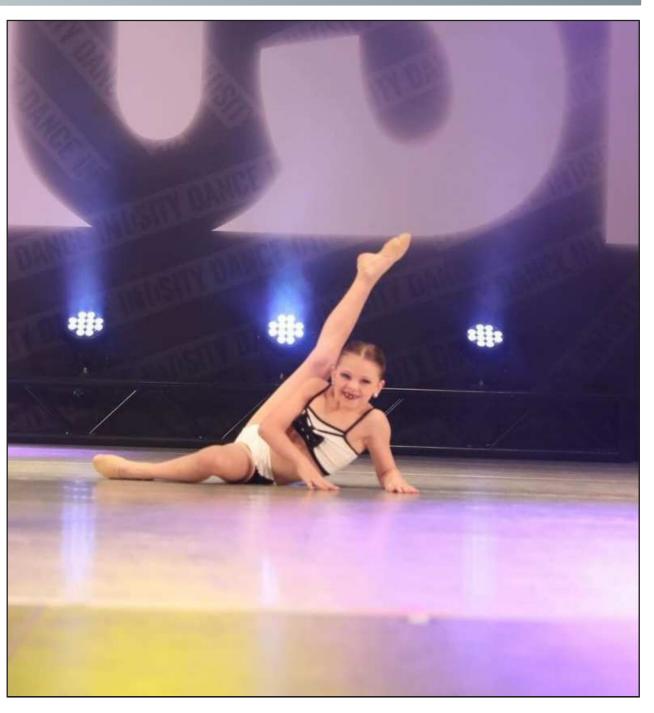




## Taylor Maye



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to perform well in so many tournaments. I also supporting me.

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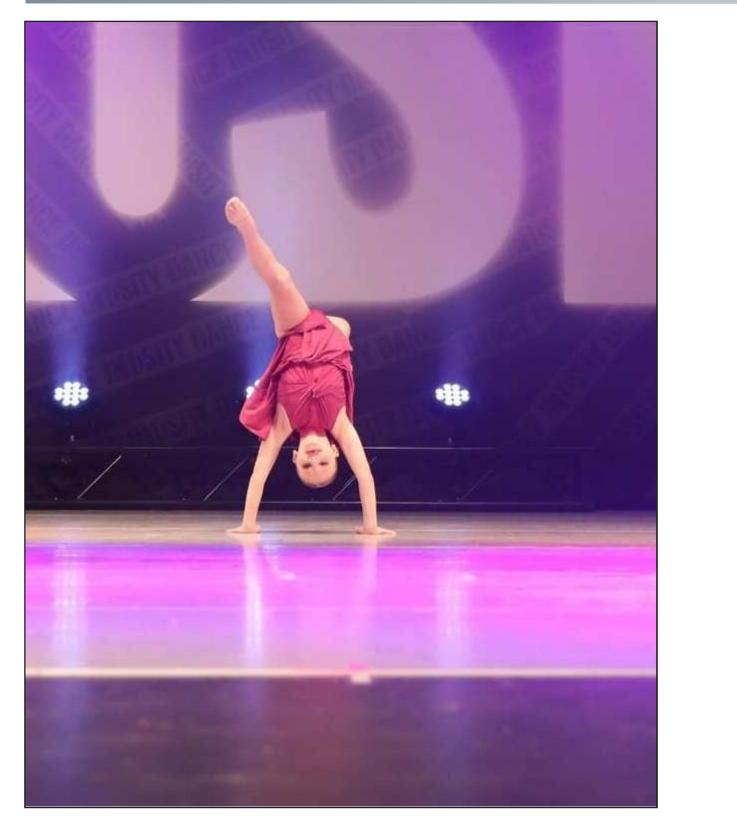


My name is Briana Hare. I take immense pleasure in sharing that last month, I participated in 7 tournaments and all of them turned out to be positive for me. Except for 2, I made it to the semis . I want to thank my secured a rank in all the tournaments. I am lucky teachers, teammates and parents for always

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#### Briana Hare



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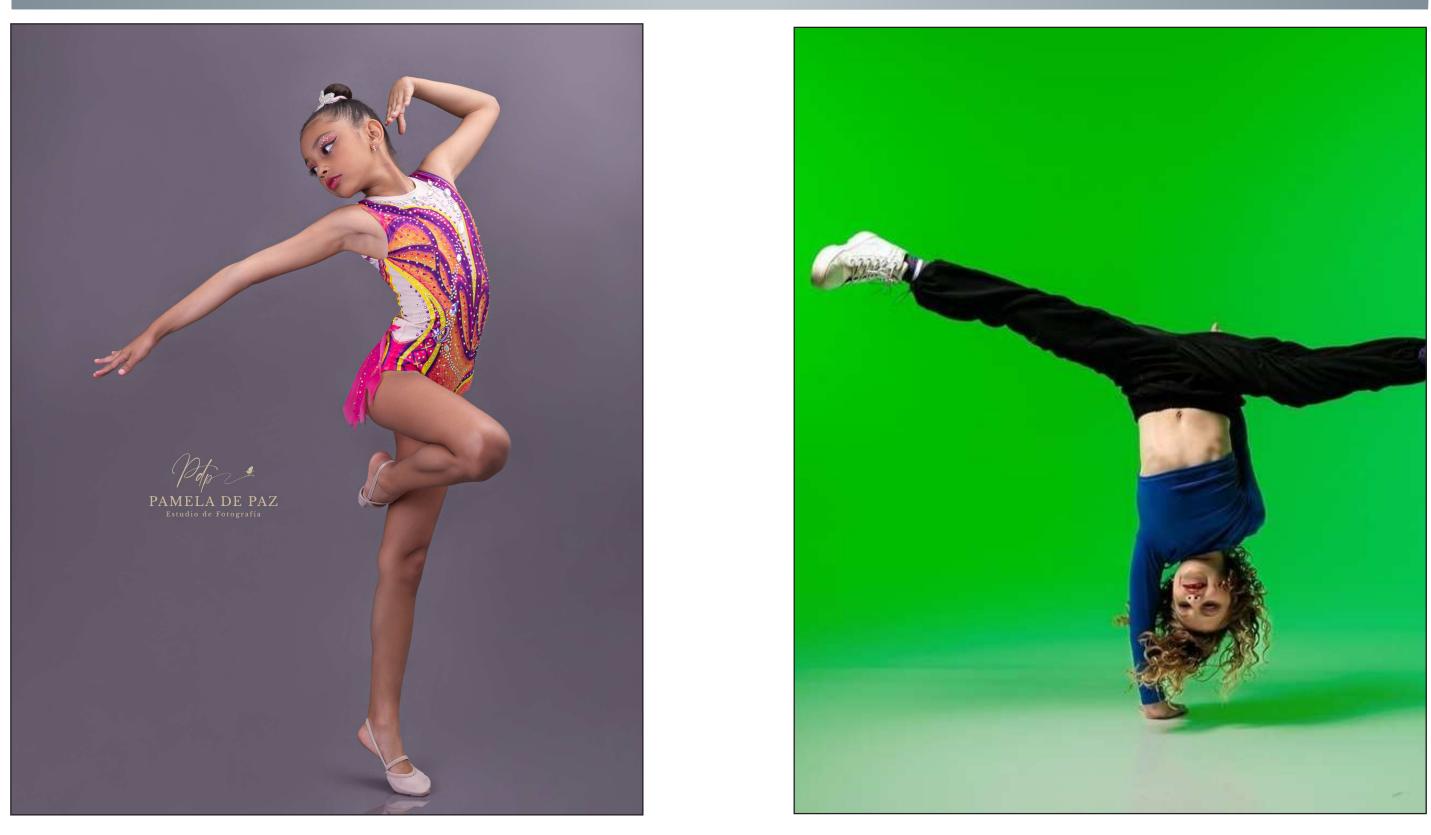








## Tamara Gavelán



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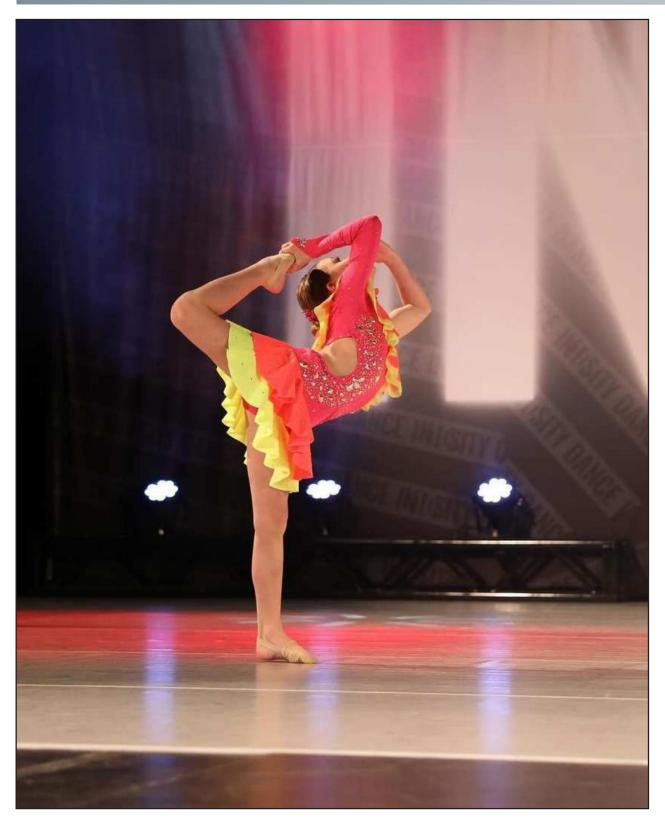


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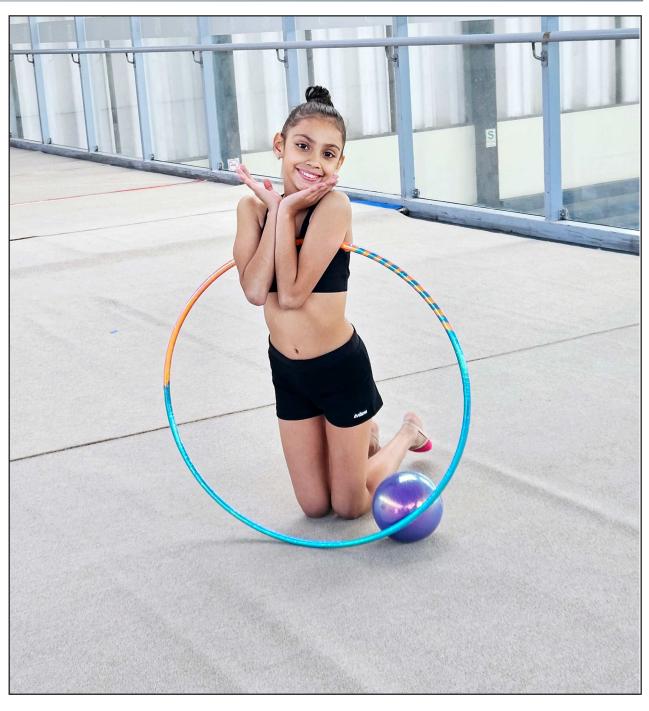


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#### Briana Hare



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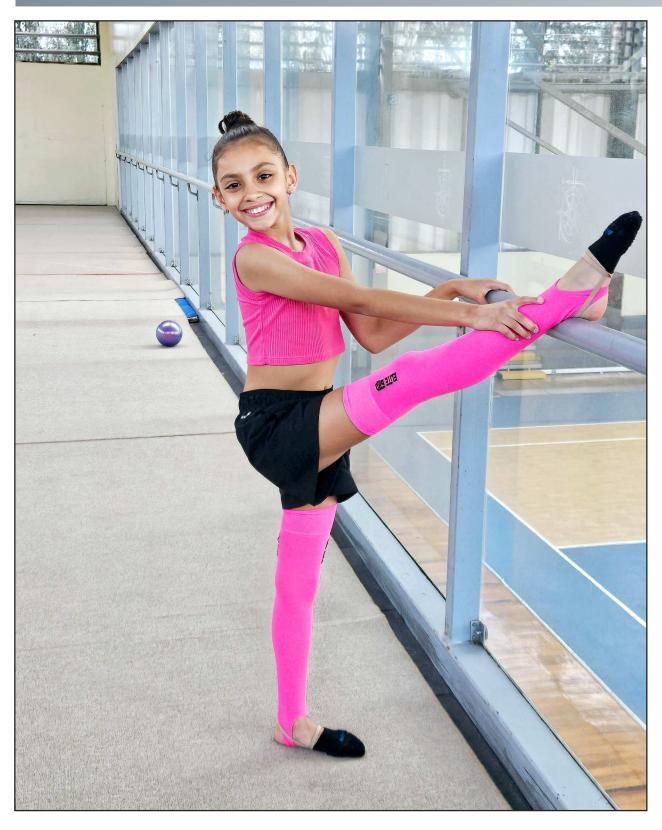


Hi! I'm Tamara Gavelán. I'm 10 years old and I'm from Peru. A few years ago I discovered a sport that is my passion, it is the rhythmic gymnastics. Thanks to my professional academy I have been falling in love with it every day. I will continue fighting for my dreams. This is just the



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## Tamara Gavelán





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## Cheyenne Long

My goal is to become a collegiate gymnast. I am a Level 9 gymnast. I graduate high school in 2029. I love gymnastics and I am so thankful for my coaches for pushing me to do my best. I am

also thankful for my grandparents that have helped me throughout my journey. I have been doing gymnastics for 7 years. I am so thankful for gymnastics.



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- **Faire des travaux d'entretien** : Profitez de la période estivale pour régler les petits problèmes d'entretien, comme les robinets qui fuient, les ampoules grillées, les portes qui grincent, etc.
- Joueravec la lumière naturelle : L'été, la lumière naturelle est abondante. Ouvrir les rideaux, les stores et les volets pour laisser entrer la lumière. Assurez-vous que les fenêtres sont propres pour maximiser la luminosité à l'intérieur.
- Créerune ambiance estivale : Des coussins colorés sur le patio et une table dressée pour un barbecue imaginaire dans la cour peuvent aider les acheteurs potentiels à visualiser leur vie estivale dans la maison. Ajoutez des touches décoratives comme des lanternes, des plantes en pot et des meubles d'extérieur confortables afin de rendre votre extérieur plus chaleureux et accueillant.
- Une pelouseverte: Un beau gazon peut augmenter la valeur de votre maison, assurez-vous de bien l'arroser et le fertiliser lors des canicules.

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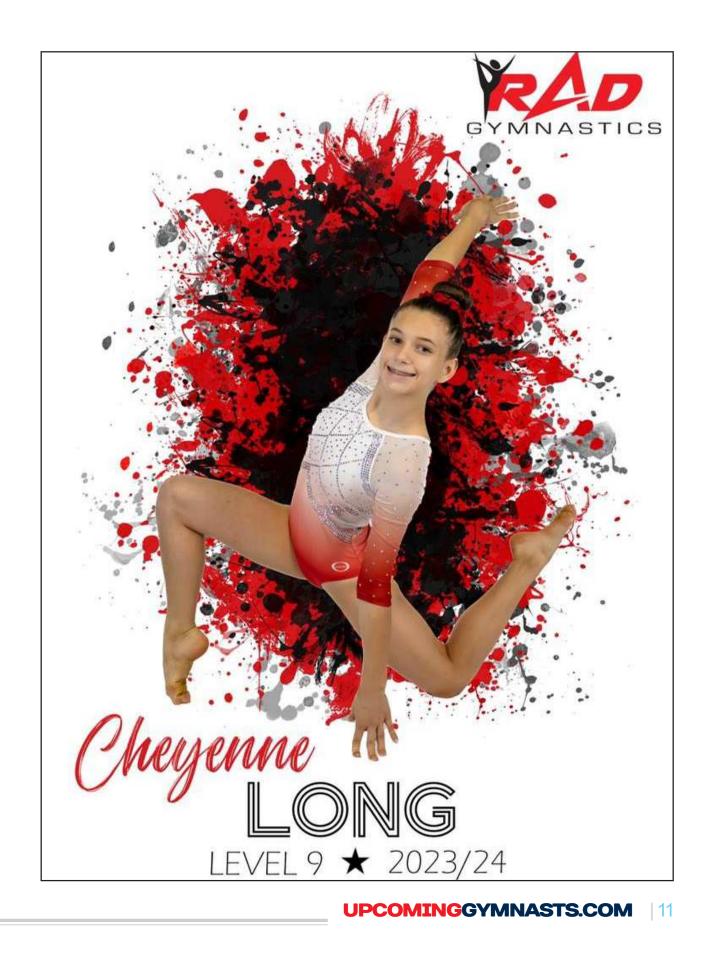




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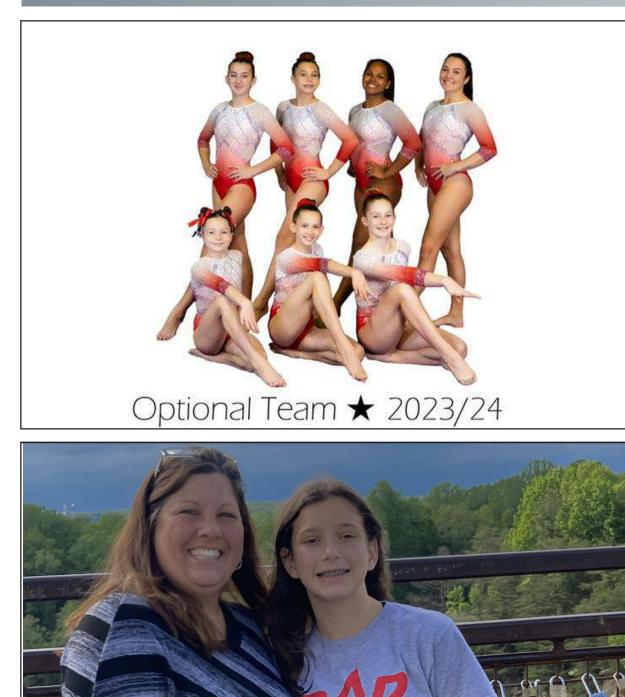






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## Cheyenne Long



NASTICS

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## Rose Johnson





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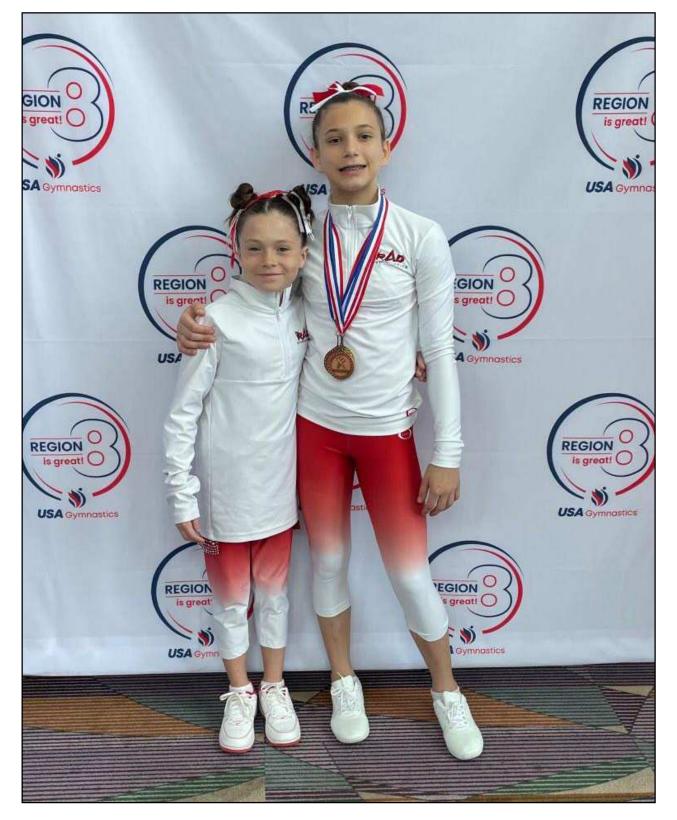
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## Cheyenne Long





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#### Rose Johnson





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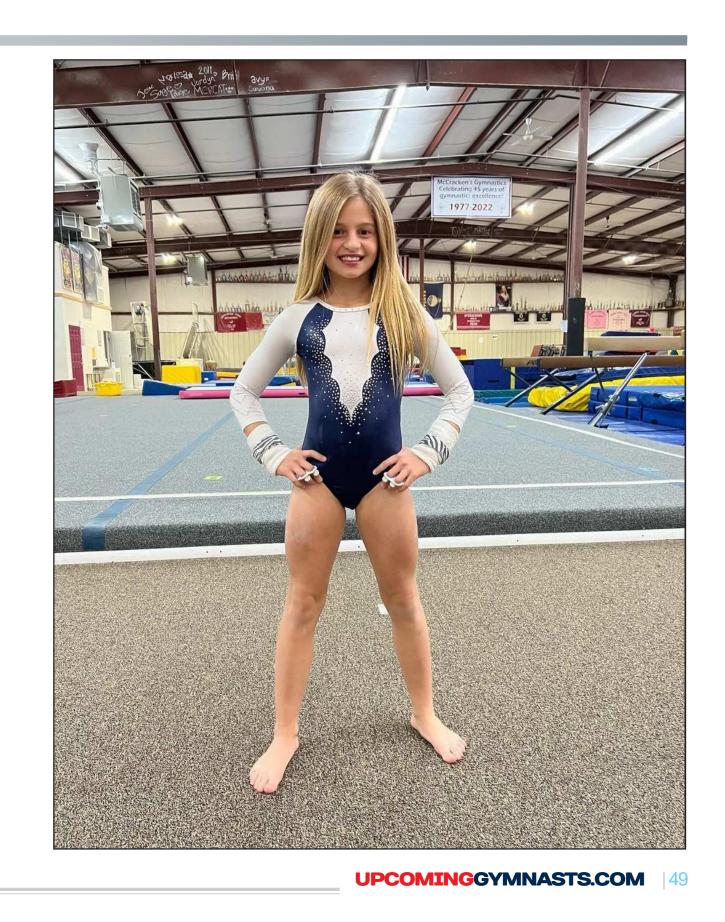




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#### Rose Johnson



My name is Rose Johnson. I have achieved level 8 in Arizona regionals . In the final, I competed with the best of the best. There were serious amazing gymnasts in the ring and that was my toughest meet so far. I hated waking up early in the morning, still I managed to wake up to train

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myself for the tournament and it paid off. i didn't pay attention to my fears and geared up for the win and converted that into a win. I am proud of my endeavors so far and excited for the upcoming events.



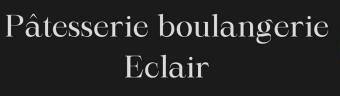


#### SOYEZ LES BIENVENUS

#### 3355 RUE JEAN TALON EST MONTREAL, H2A1W6

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OUVERT 7/7 JOUR DE 10H-22H



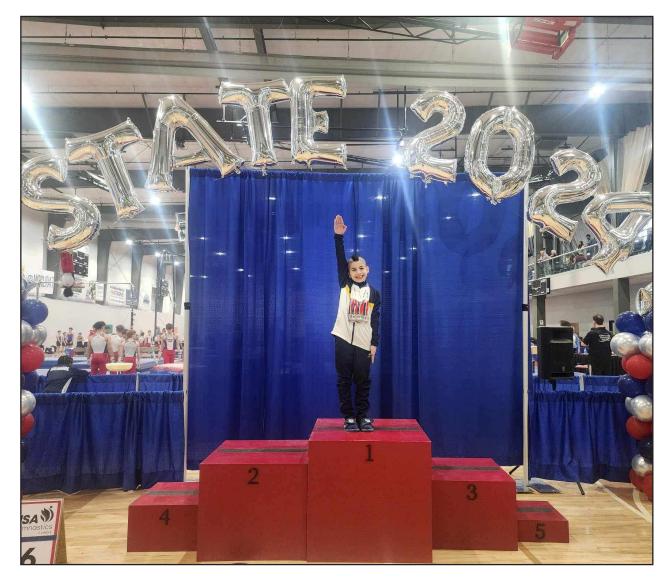


#### Dylan Shekhter

Dylan Shekhter, age 8 loves the sport of gymnastics and hopes for one day to go to a D1 school with Olympic goals in mind. Practicing every day with his coach that he very much admires at Lakeshore Academy of Gymnastics is what he looks forward to every day after school. He is a part of a wonderful program with a great team of boys that challenge him to be his best. This past year Dylan has had a significant growth in learning new skills and body awareness that have helped improve his overall body strength and agility. Dylan has recently leveled up and while learning new skills is exciting, he does struggle with his greatest fear

of heights. His coach is wonderful and helps him concur his fear by learning body control and mind over matter motivation. Dylan was very excited to close this season out on a high note taking 1st place all around at the Illinois State Meet as well as 1st place with his team. Dylan also represented the Illinois State Team at Regionals finishing in 6th place all around and 1st place with his team. Dylan looks forward to learning his new routines, gaining strength and chasing that Olympic dream!

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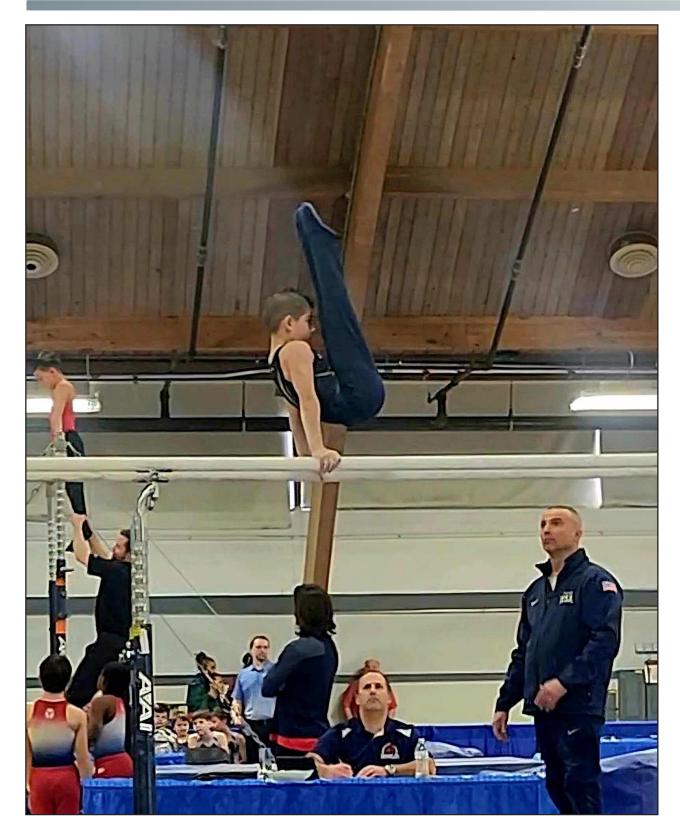
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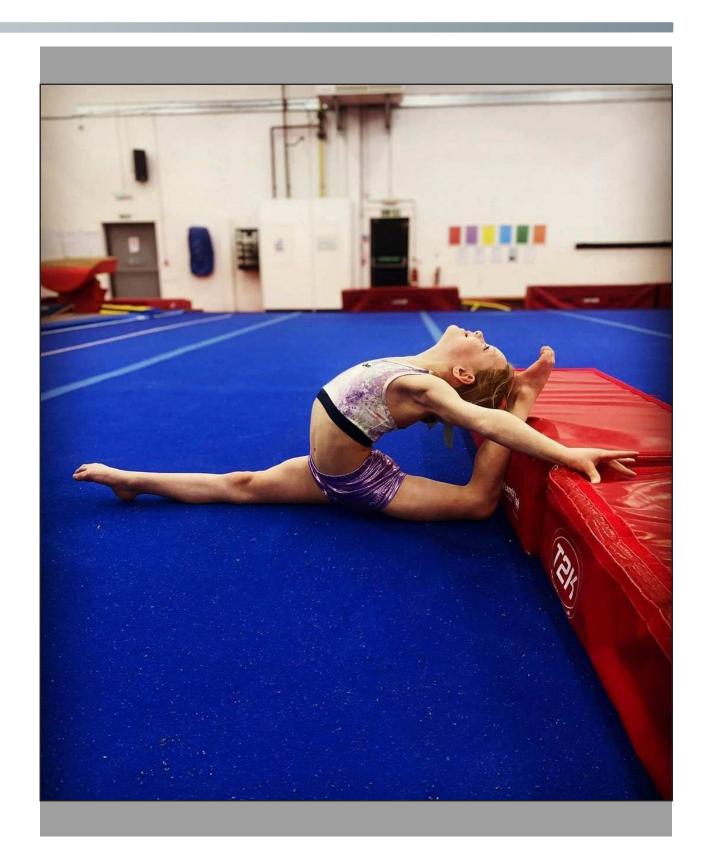
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## Dylan Shekhter





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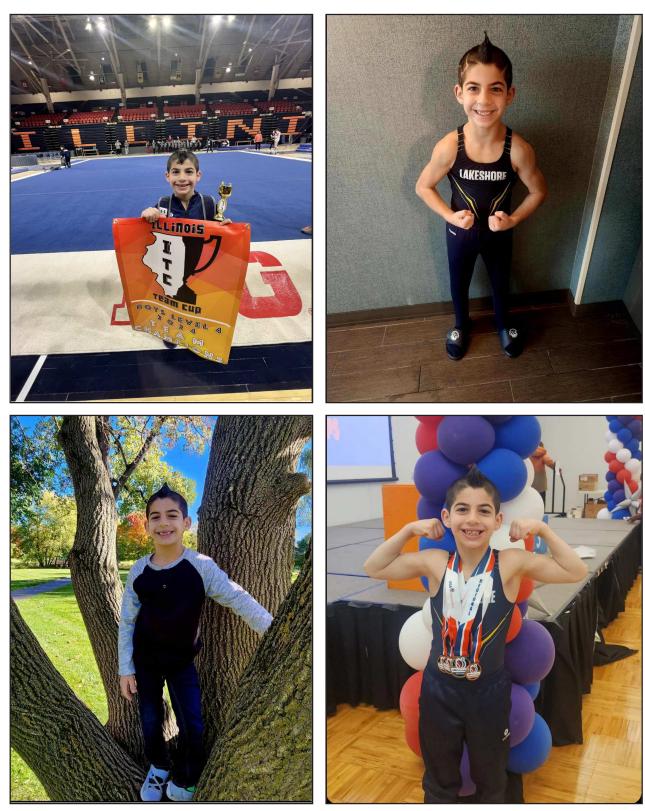


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## Megan Hyson







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## Dylan Shekhter





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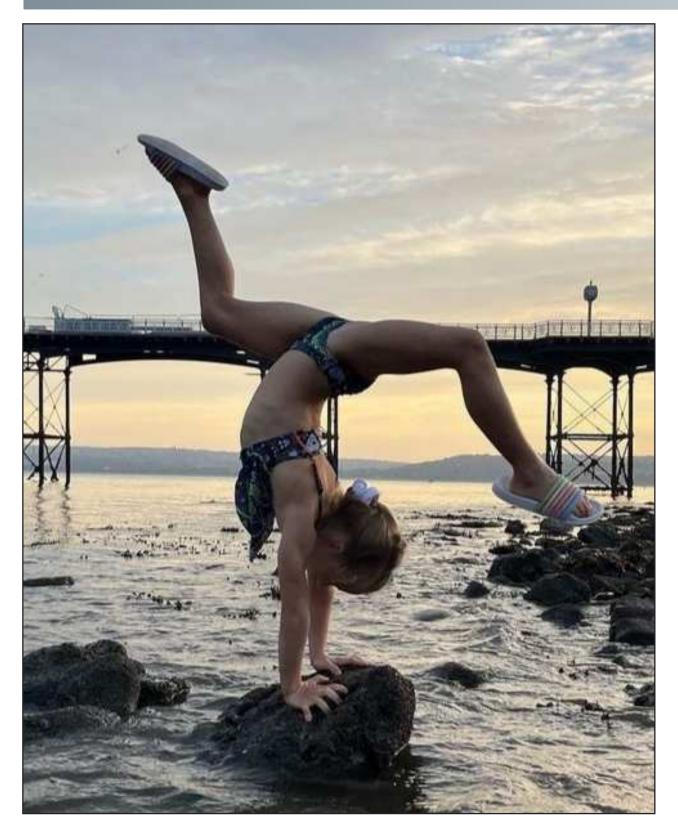


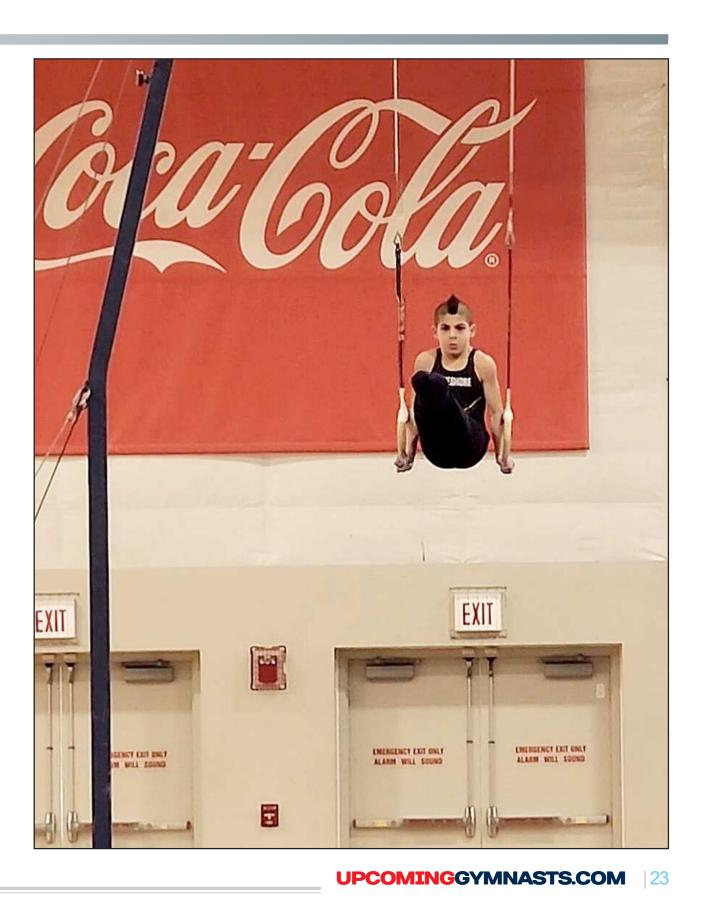




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## Megan Hyson





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## Dylan Shekhter





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My name is Megan Hyson. I like to play with the bars and beams. Whether they fall on me Or not, hardly matters. i am preparing hard for my tournament which is due next month. I hope to perform well there. In the last tournament in Elerida L bad received a gold model. My coach Florida, I had received a gold medal. My coach deserves a special mention for that. I'll never

working ability and flexibility for long time.





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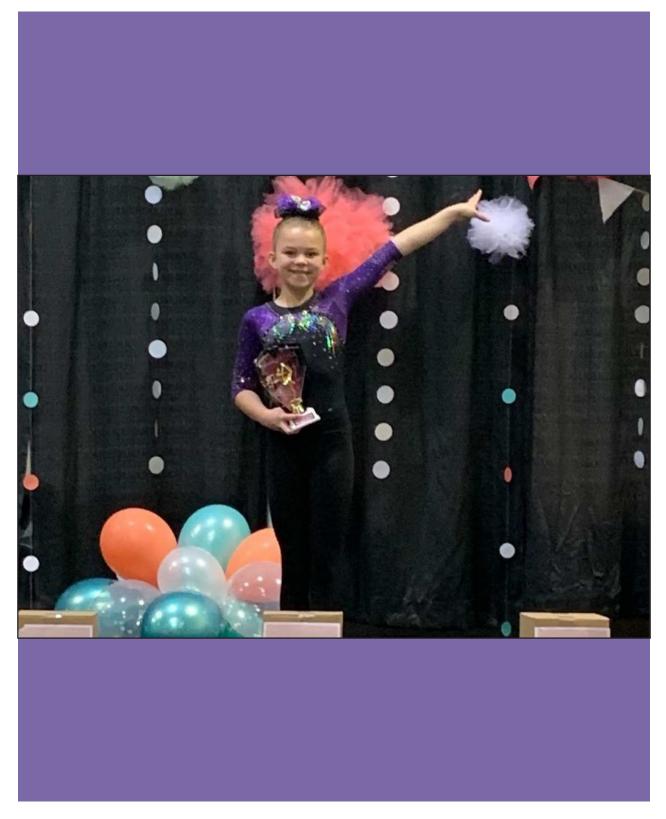
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#### Leah Weston



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My name is Jessica Elizabeth. I am a level 5 gymnast right now. I started with level 3 . A quick year to achieve all this.

I started my journey in 2022. It's almost been two years now. Glad to be a part such a supportive eco system . I started gymnasium back in school. It was fascinating to see my

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seniors being able to stretch so well.

The challenges I face is mostly the coherence between my school and training. I try to maintain the balance as much as possible.

## Jessica Elizabeth





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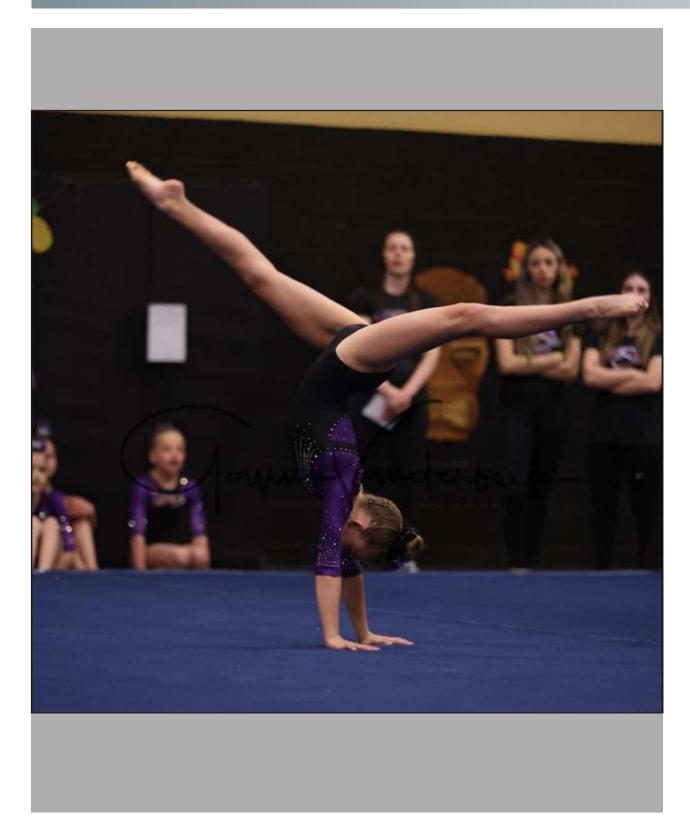
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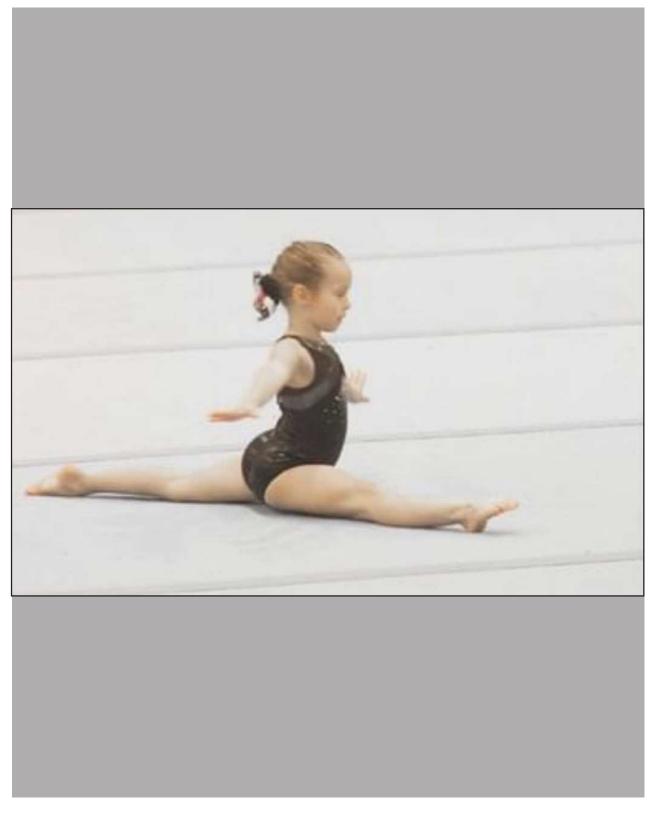


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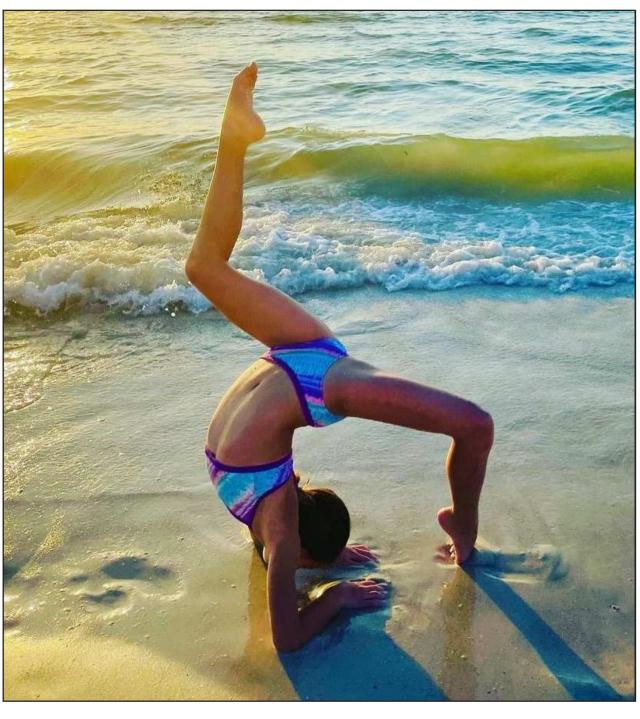
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My name is Leah Weston. I am 11 years old. I participated in the Lauren state championship last year and it was a great experience for me. I was the level 4 champion there. I also frequently visit beaches. It's one of my favorite

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## Leah Weston





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