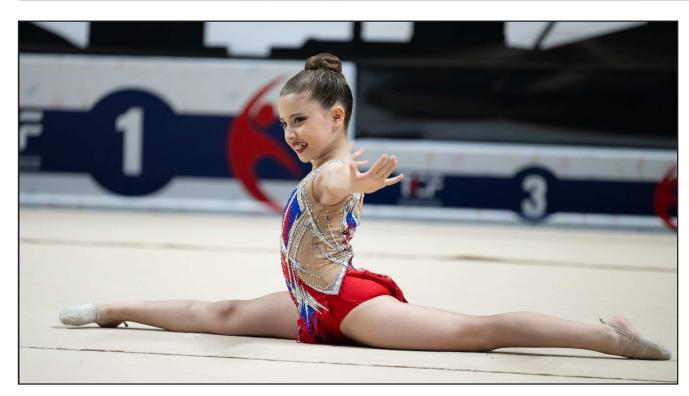








Featured Gymnasts









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Noa Whitney

















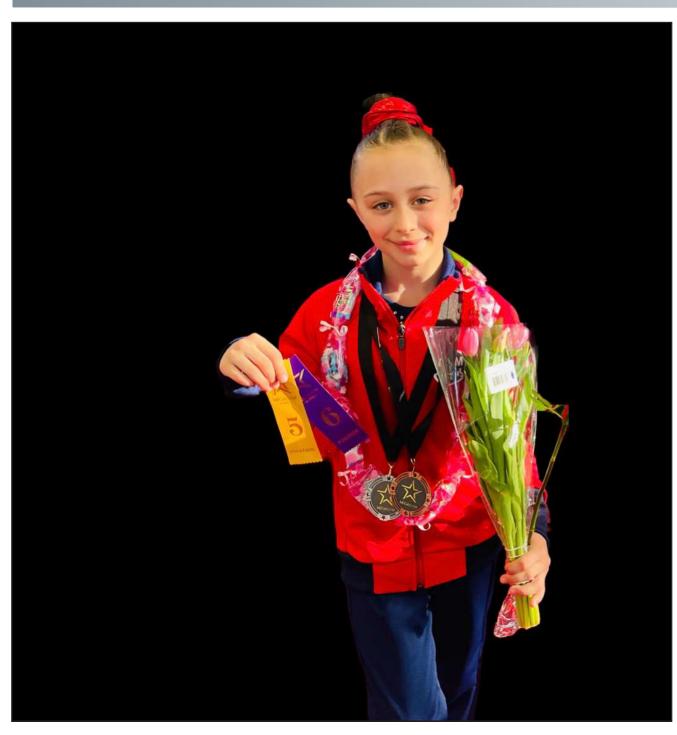




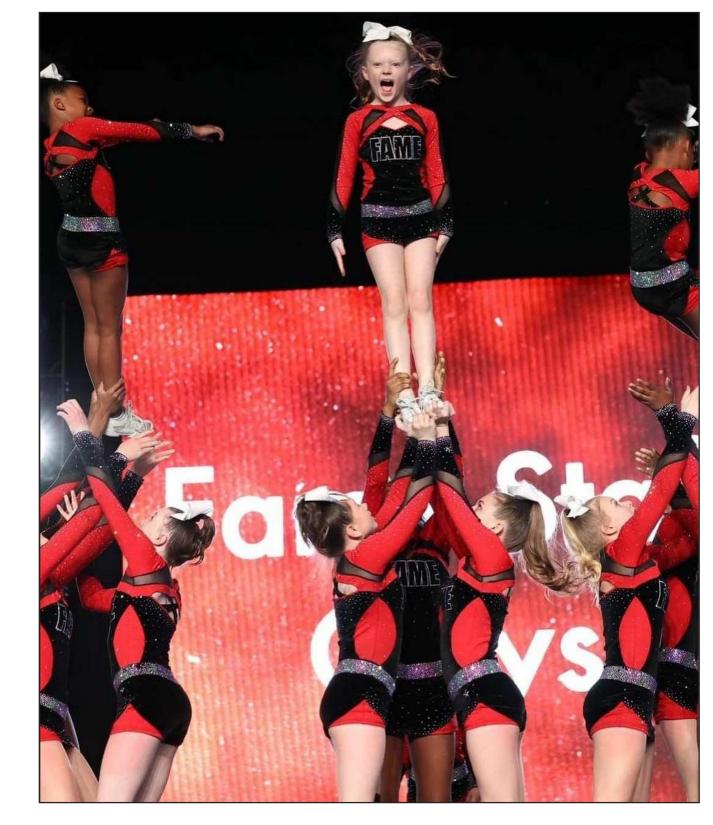




Alexia



Alexia have only one passion in the life, is Gymnastics. She does gymnastics since she has 4 years old. His dream is compete at national level. She's training for



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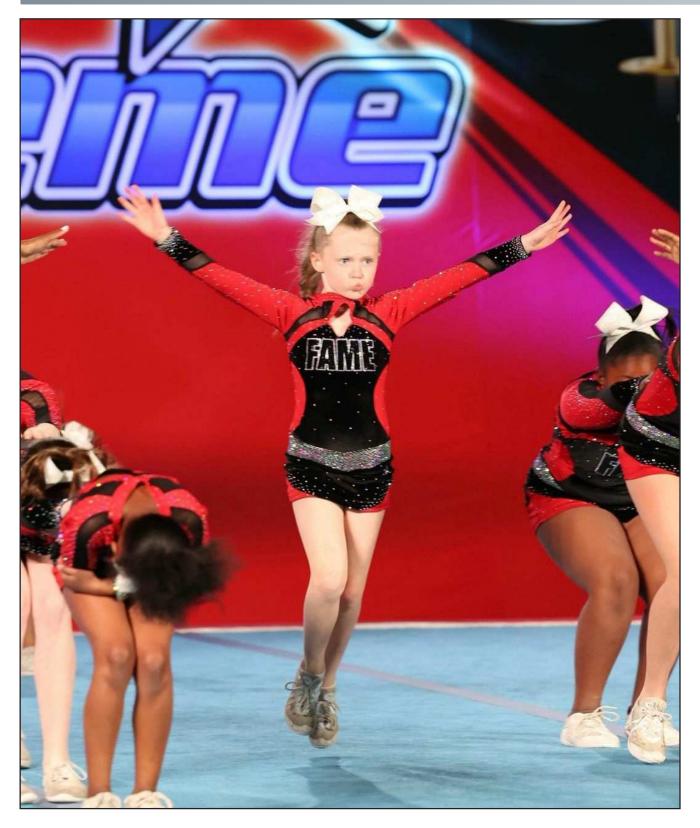








Noa Whitney





60 | UPCOMINGGYMNASTS.COM





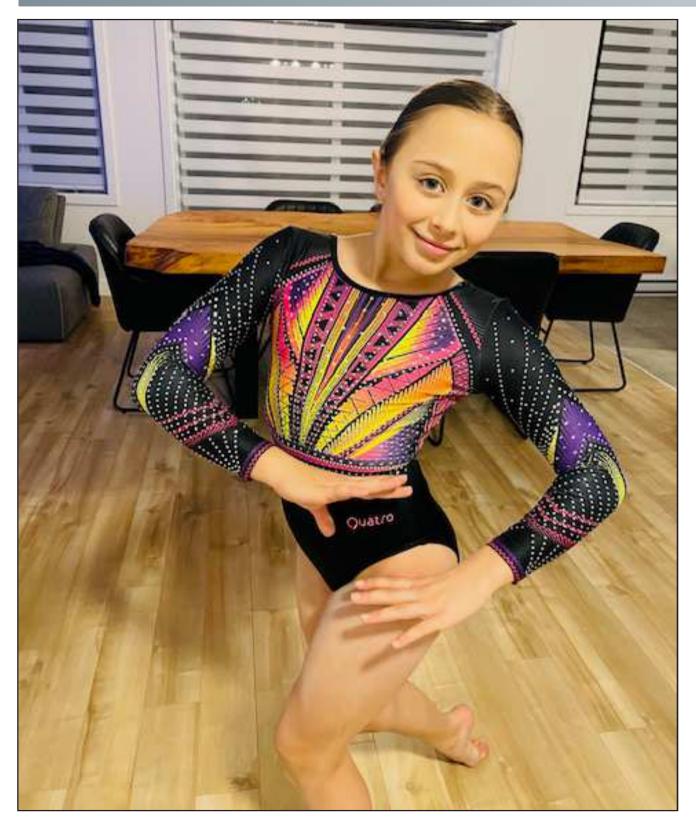








Alexia





My name is Noa Whitney. Recently I got first place in junior level 2 out of 10 teams in our division and with the highest score of the day from our gym. It was with the utmost help of my mom, coach and friends. Everyone were so happy when we came off the mat. It was just everything one could expect. I have hit zero at comp almost every time but this was so















Noa Whitney





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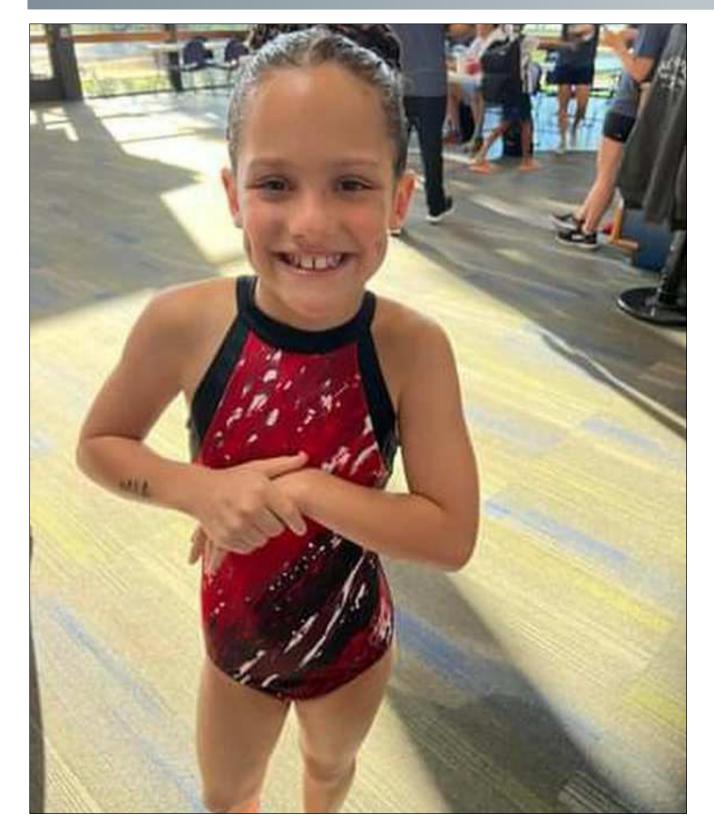


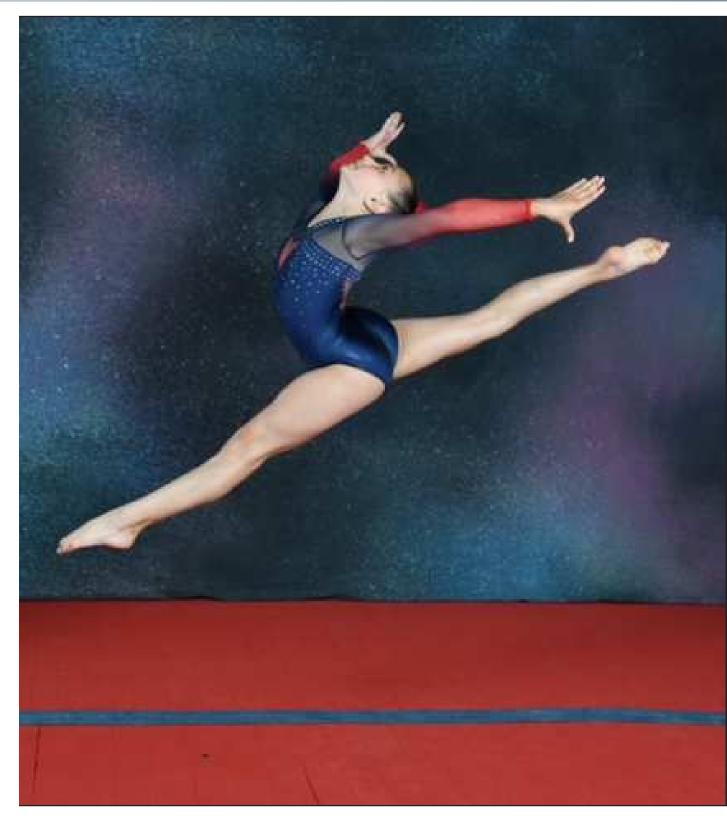






Mia Hernandez





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Alisa Cameron





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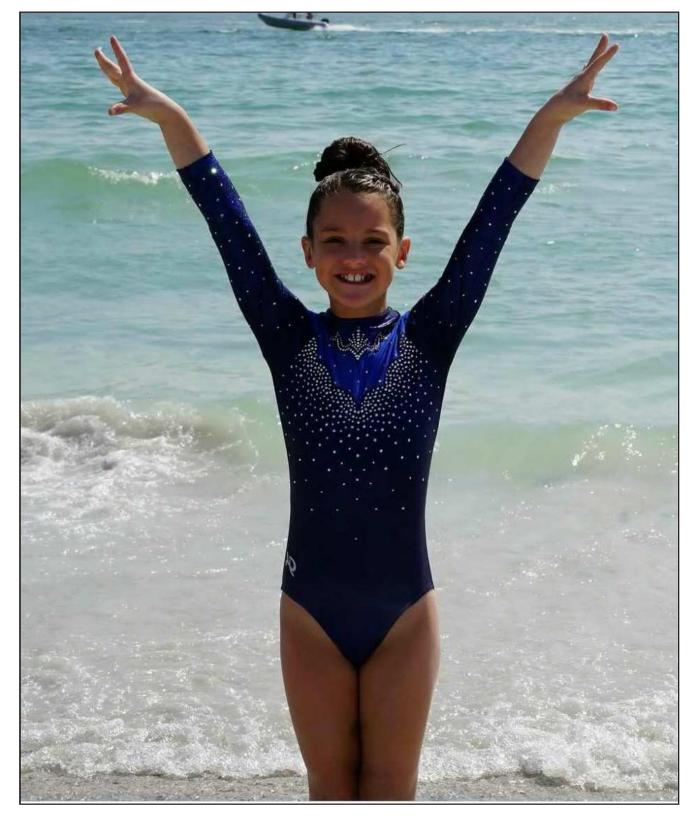








Mia Hernandez





My name is Alisa, I'm 9 years old and I'm an artistic gymnast. Gymnastics is my passion and love of my life. It teaches me to be strong and never give up. Through the ups and downs, my commitment and desire to improve only grows. I work hard and dream big.

Photos Credits: My copyright









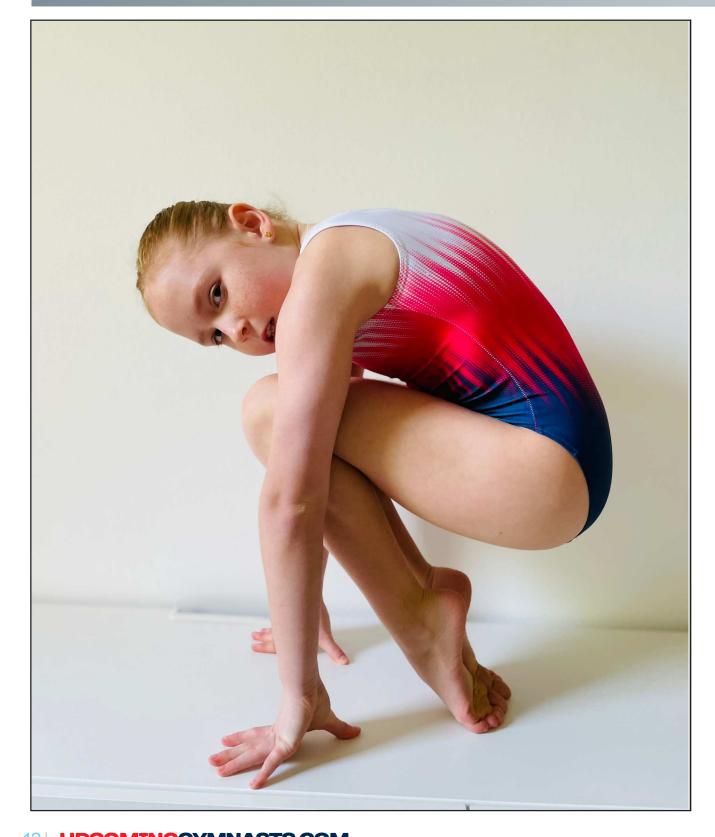








Alisa Cameron





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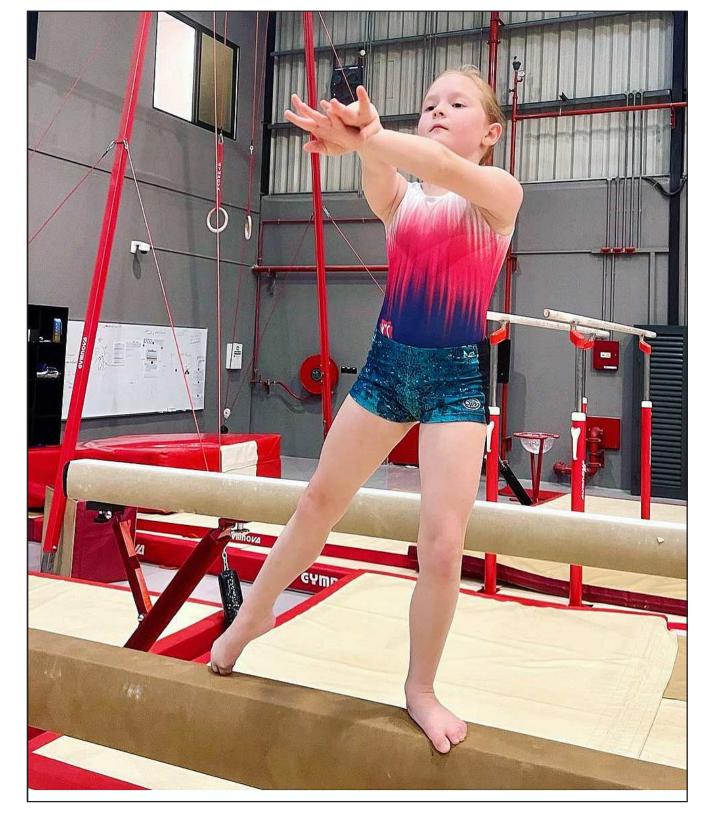




Mia Hernandez

My name is Mia Hernandez. I am nine years old and have been a competitive gymnast for five years. I am currently training Level 7 for the 2024 competitive season. I love gymnastics and enjoy really everything gymnastics. One of my challenges is that I also have Tourette's syndrome. Sometimes when I'm very stressed or nervous I have difficulty with neurological ticking from Tourette's. I have to be aware of my stress levels to remain safe. I'm grateful to my coaches for my stress levels to my coaches for my coac







52 UPCOMINGGYMNASTS.COM





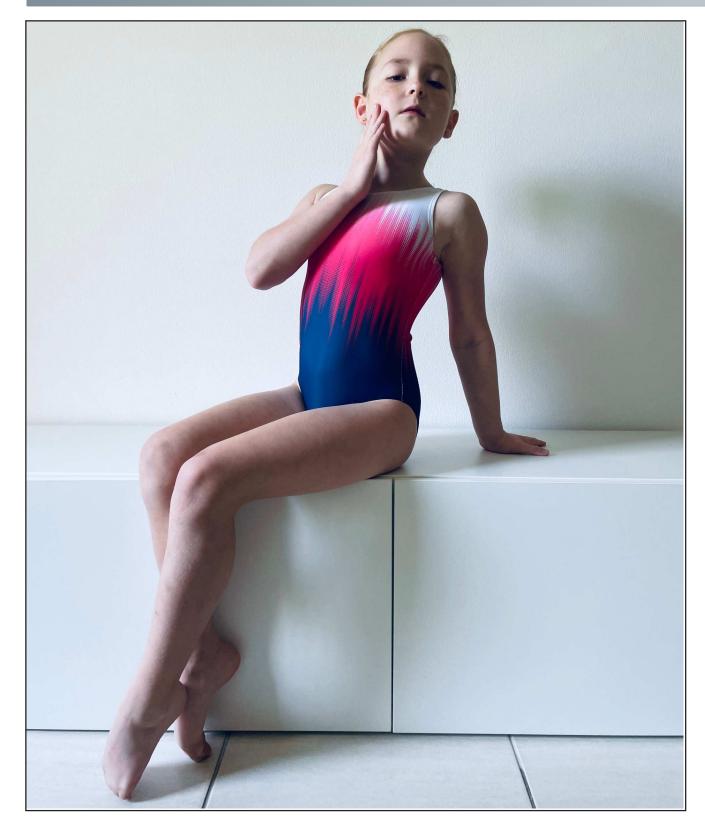


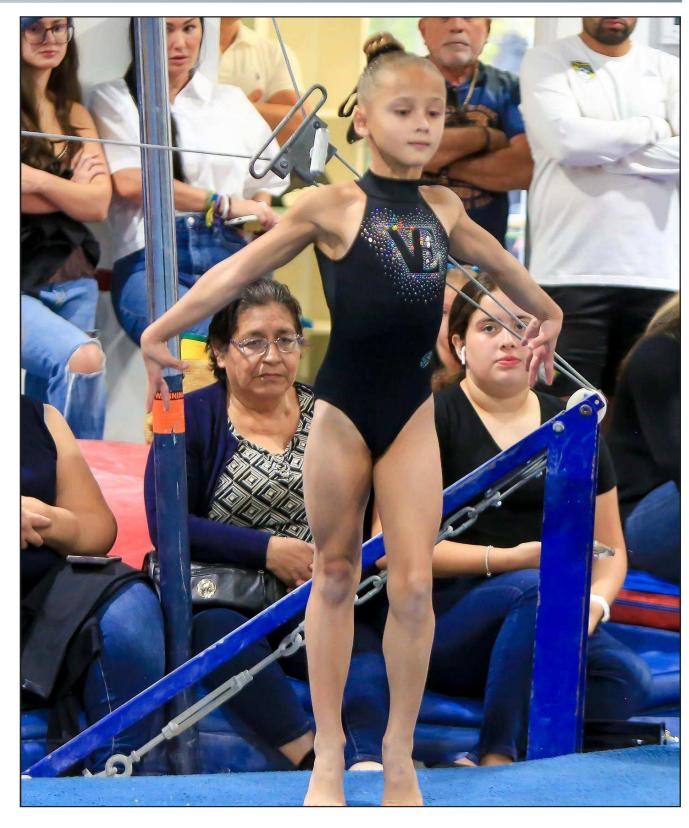






Alisa Cameron





14 | UPCOMINGGYMNASTS.COM





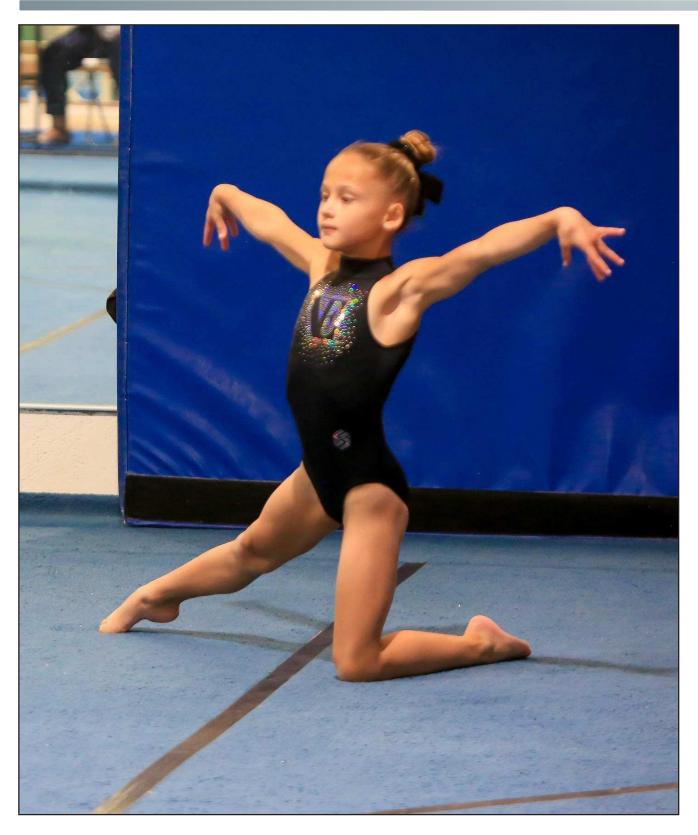


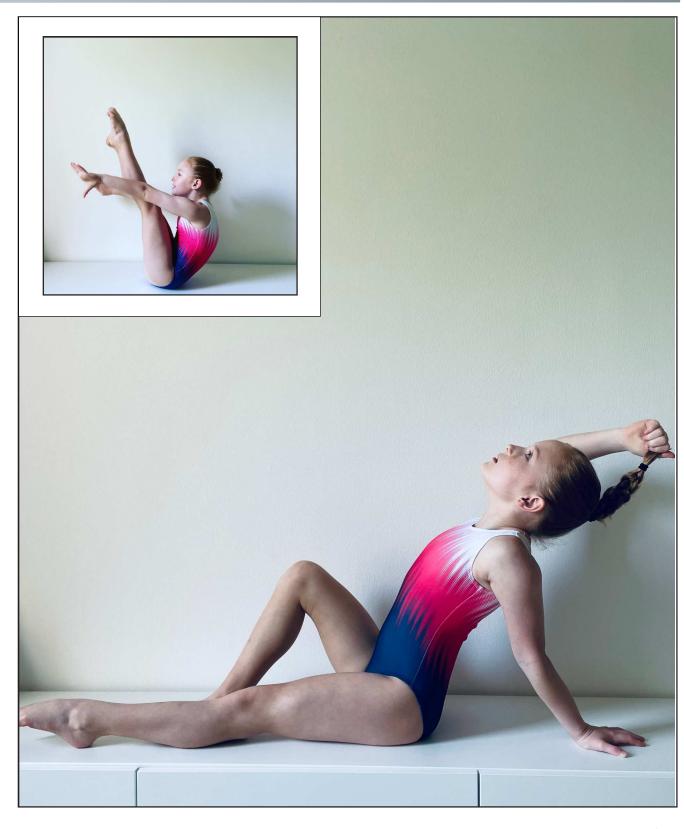






Leia Garcia Villamil





50 | **UPCOMINGGYMNASTS.COM**





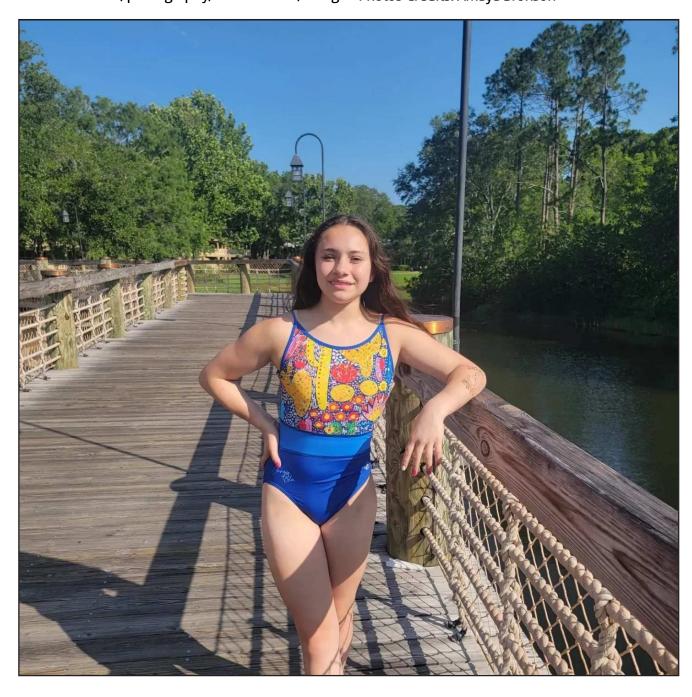


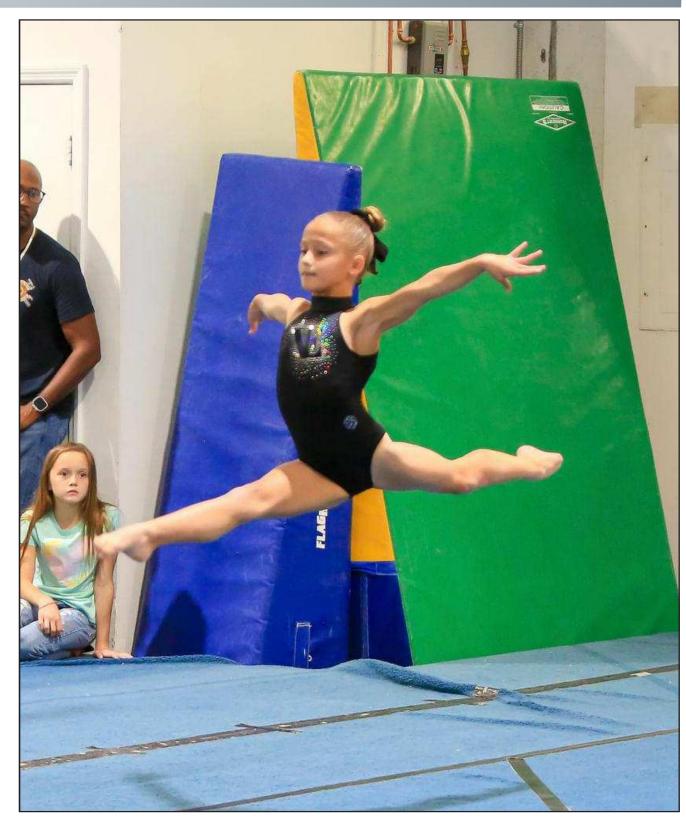




Amaya Bronson

My name is Amaya Bronson, I am a level 9 gymnast from Illinois. I have always wanted to be a gymnast that could say "I did my best". My dream is to be a collegiate gymnast. I originally wanted to be an Olympian. At age 11 my dream changed when I noticed that college was important to me. I am starting my freshman year and love to learn. I am in Student Council, photography, and KEY club, along





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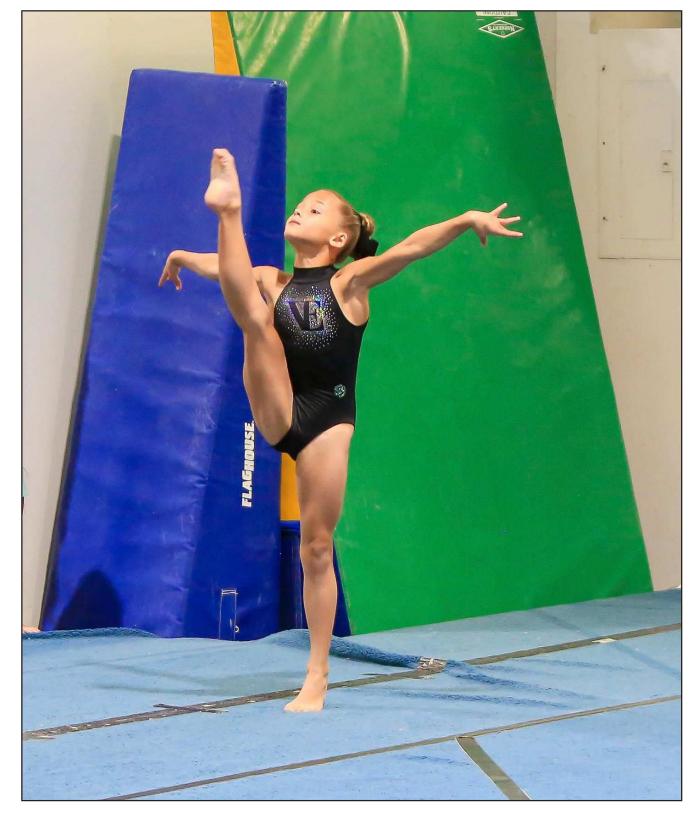


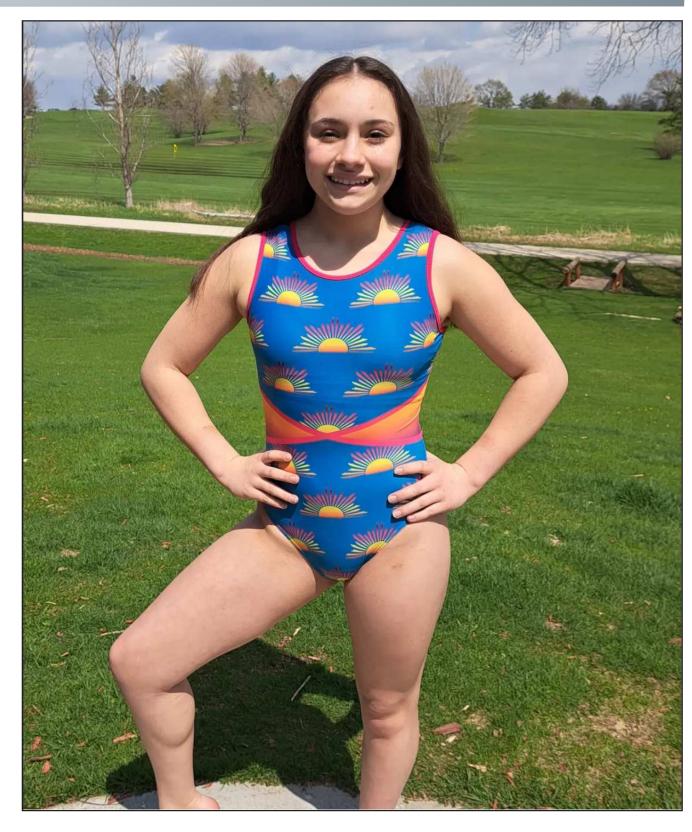






Leia Garcia Villamil





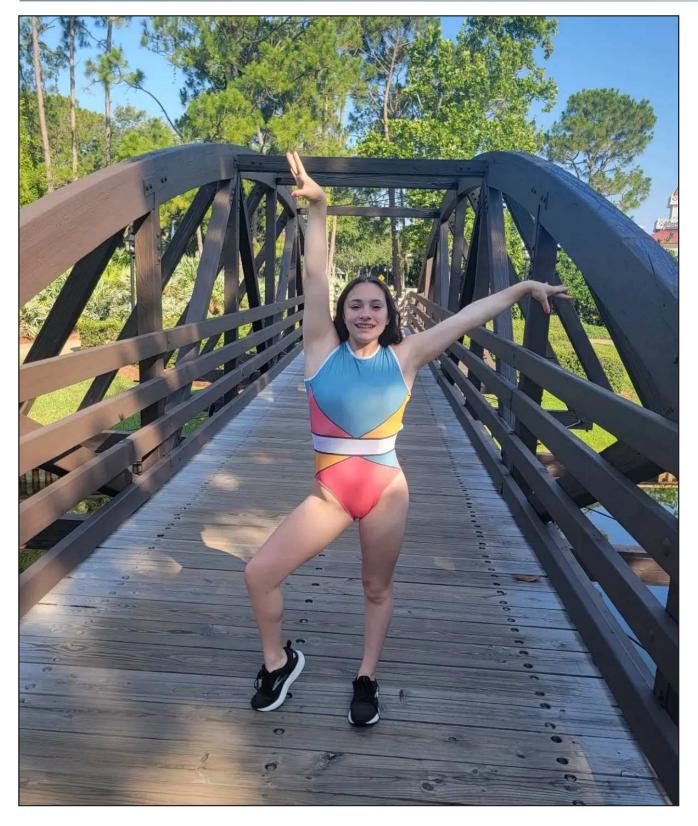
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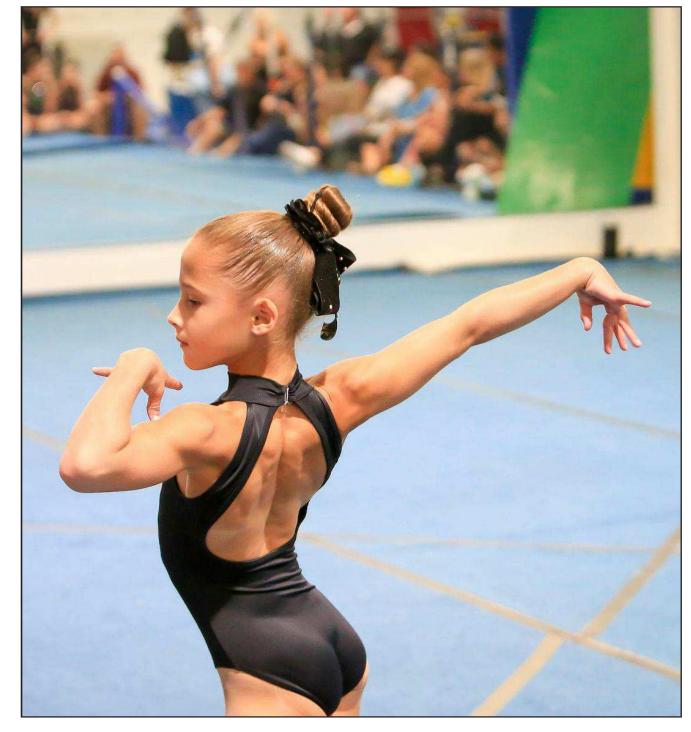






Amaya Bronson





Leia is a year round principal honor roll student in gifted classes at Doral Academy Elementary. She has doing gymnastics since she was 3 yrs old. Her goals are to win multiple gold medals for her country and then to open her own gymnastics school. She is very smart and talented, and has been a natural leader since she was very young.

18 UPCOMINGGYMNASTS.COM

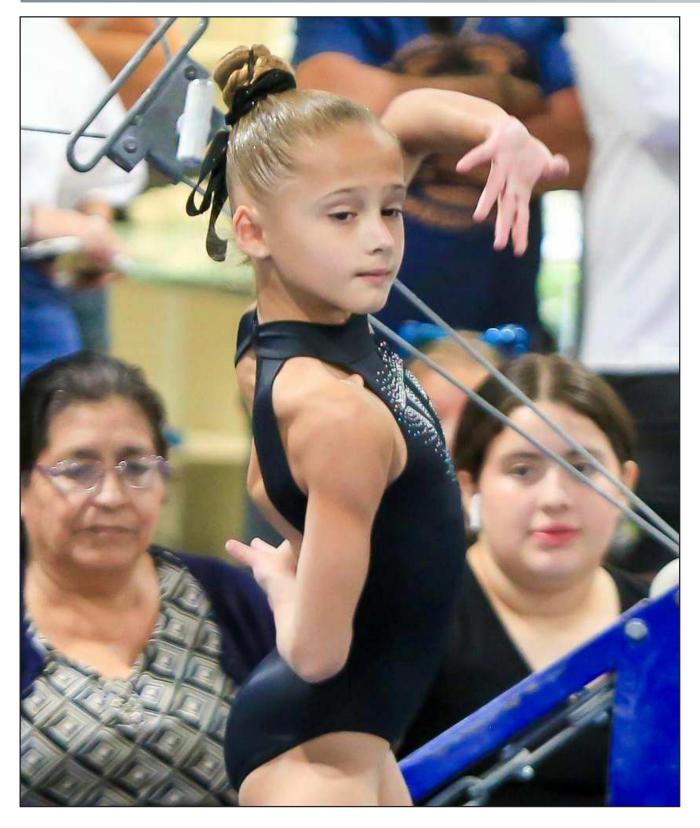








Leia Garcia Villamil





46 | **UPCOMINGGYMNASTS.COM**



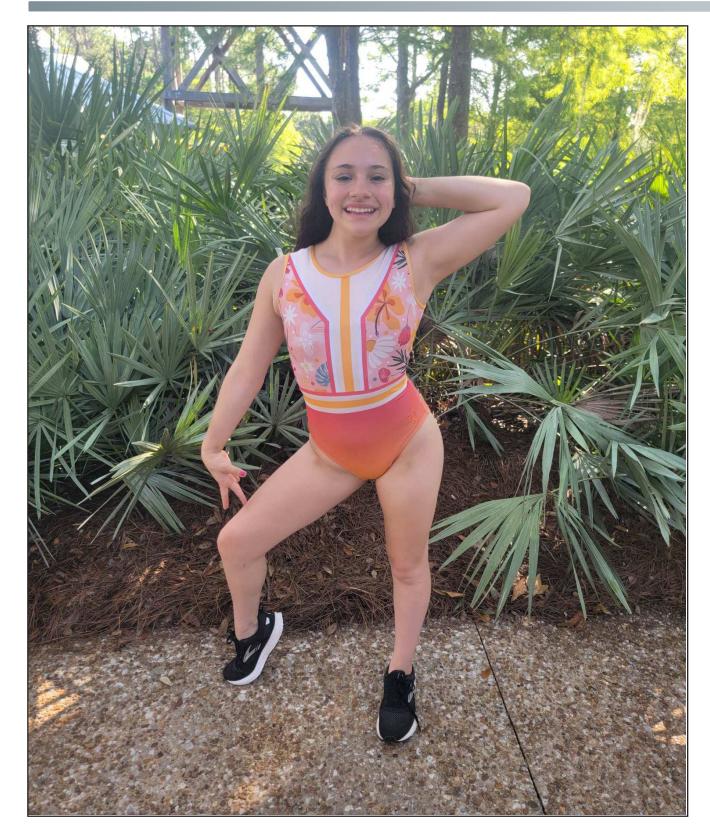




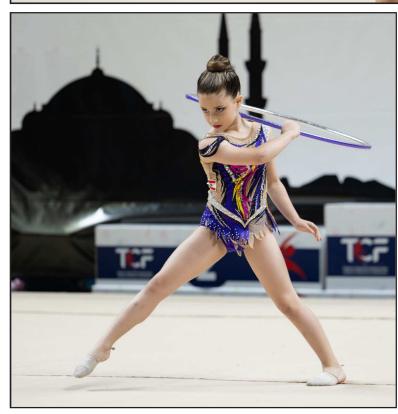


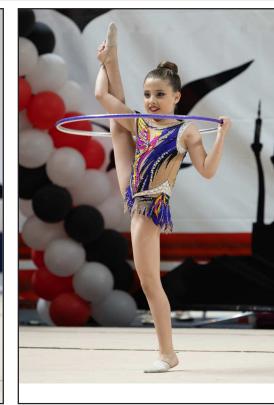


Amaya Bronson









20 | UPCOMINGGYMNASTS.COM







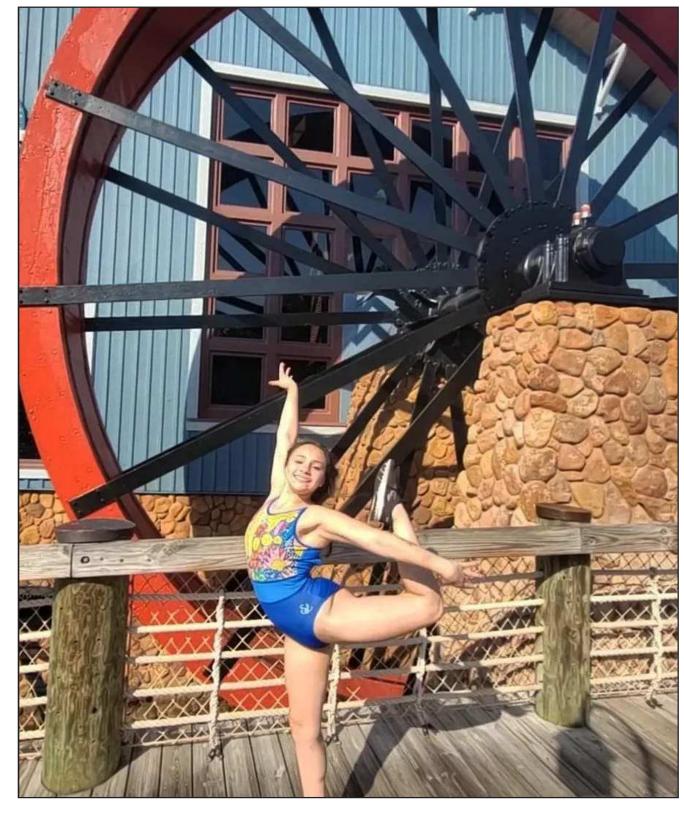


Krystelle Afteem









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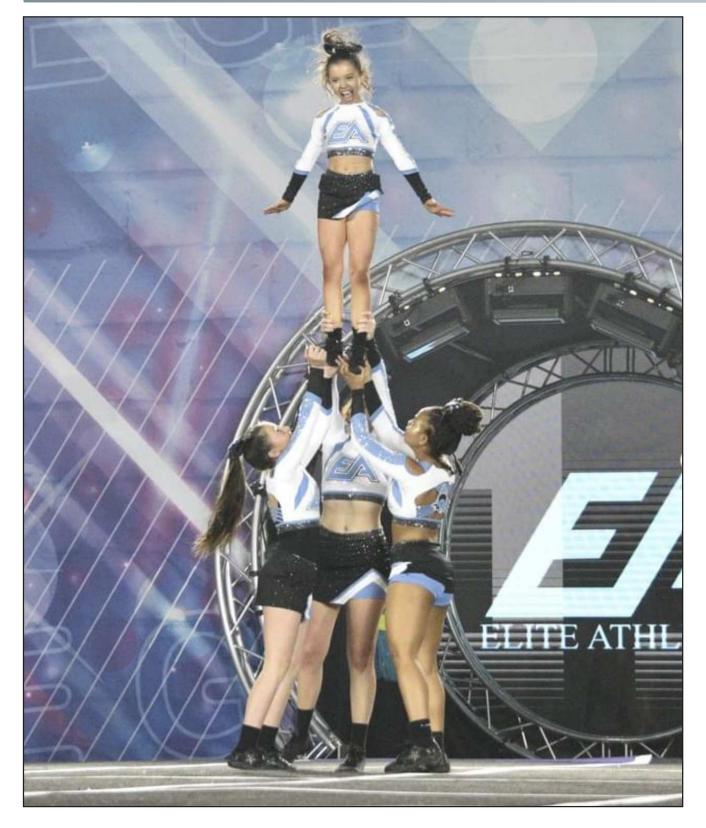








Blair Paul







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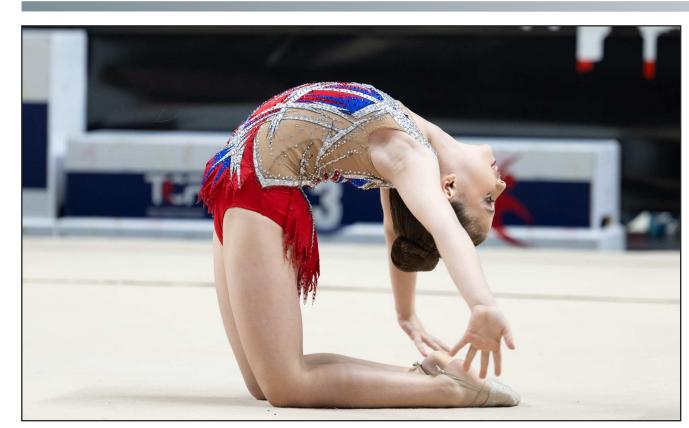




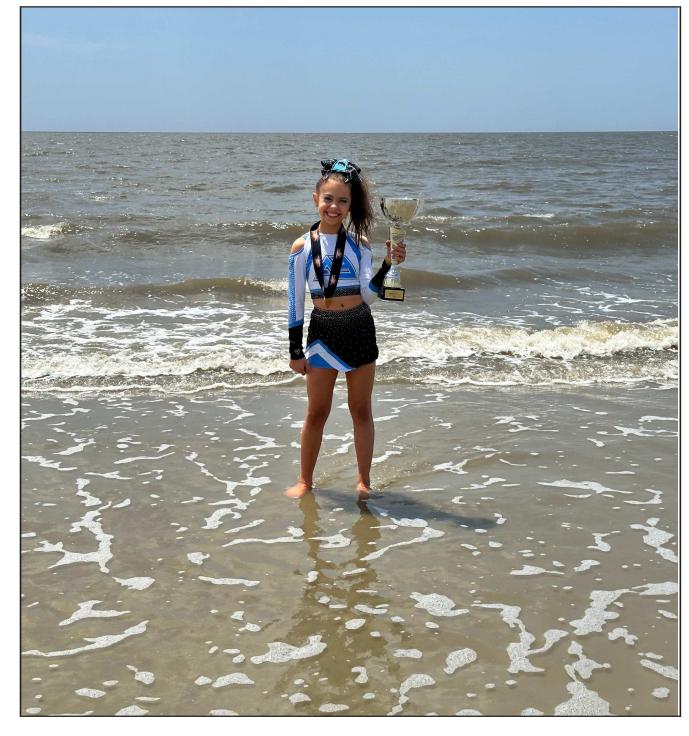




Krystelle Afteem







My name is Blair Paul, I am 10 years old and I'm on my 4th year of Allstar Cheer. I compete on level 1, 2 and 3 teams. Cheering has always been my dream. I love being in the gym learning new skills to better

42 UPCOMINGGYMNASTS.COM



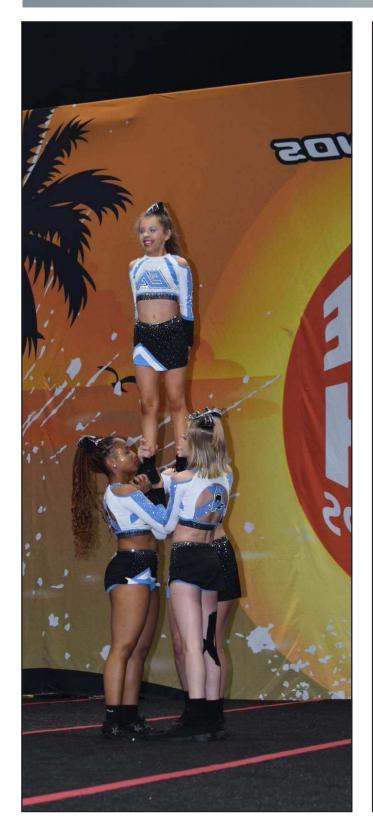








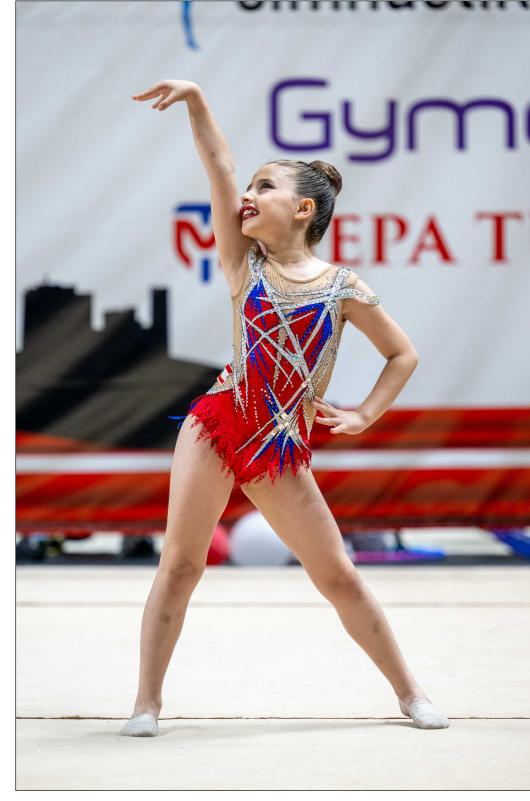
Blair Paul





Hi my name is Krystelle Afteem, I started doing r h y t h m i c gymnastics at the age of 5. Now, I am 8 years old. My goal is to be recognized as an elite athlete and make it to the Olympics. My dream is to become a world famous Olympic champion. This sport is my passion, that is why I enjoy my hard training every day, I train for 2 to 3 hours to improve my skills. I have many medals as achievements and I am always driven am always driven to achieve more that is why I watch every video of mine from every competition to learn from my mistakes and train to improve my moves and make them perfect. My mom and dad are my biggest supporters. As a young gymnast, remember that patience and persistence are your wings to success, so: "Stay focused, stay passionate and let your determination carry you through every twist and turn".

Photos Credits: My Mom Tamará Afteem



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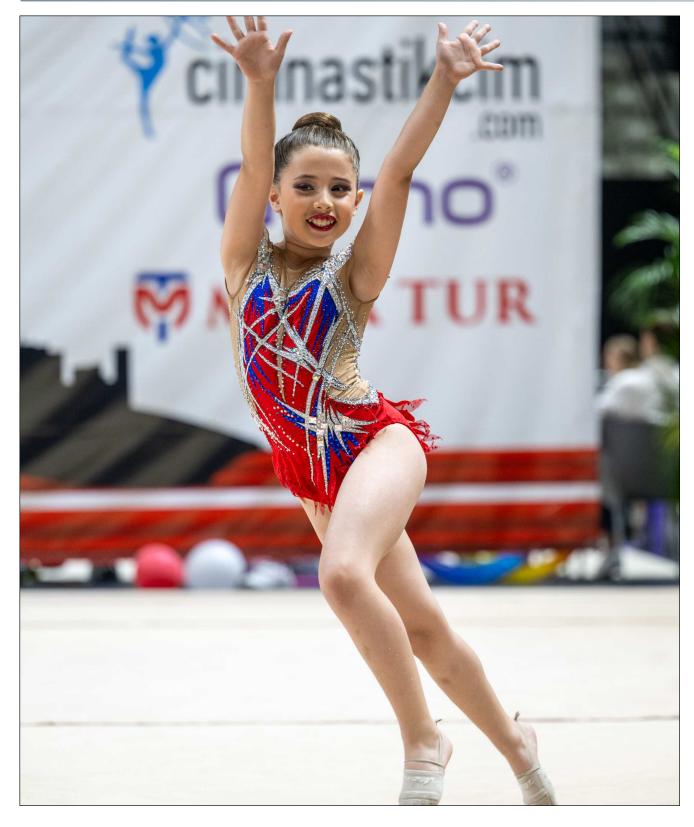


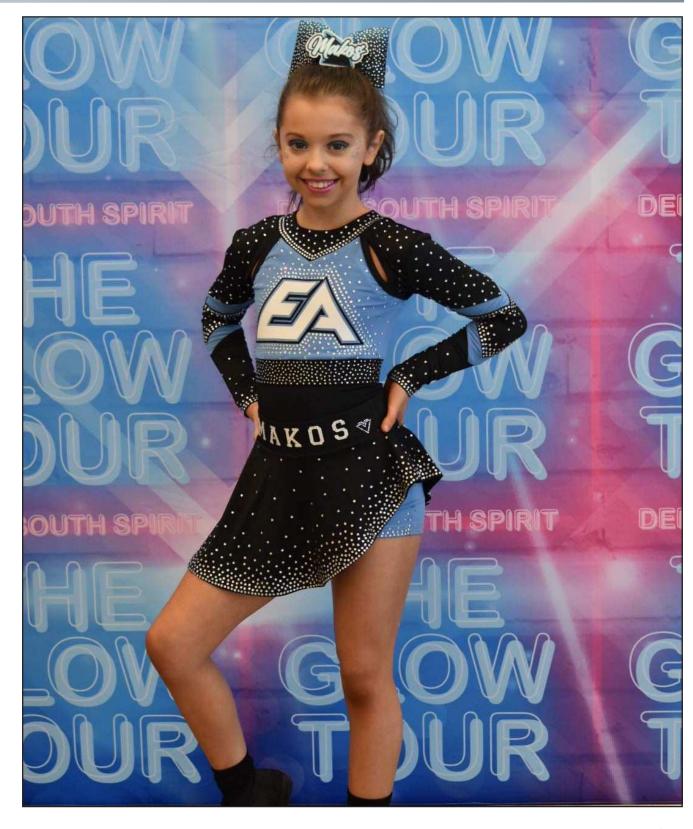






Krystelle Afteem





40 | **UPCOMINGGYMNASTS.COM**





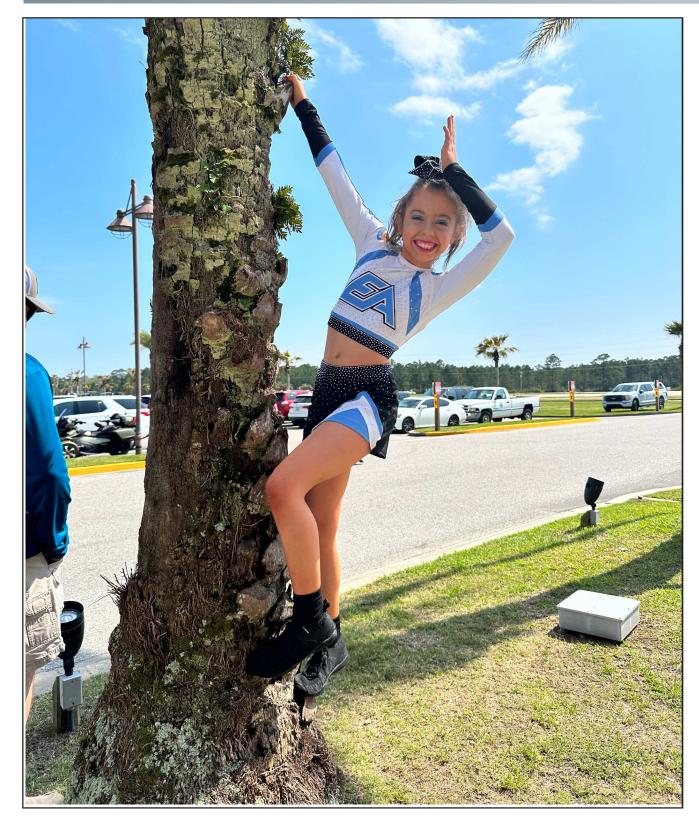




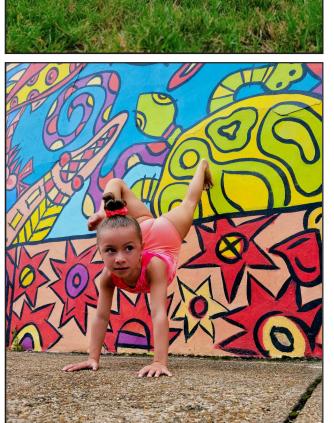




Blair Paul











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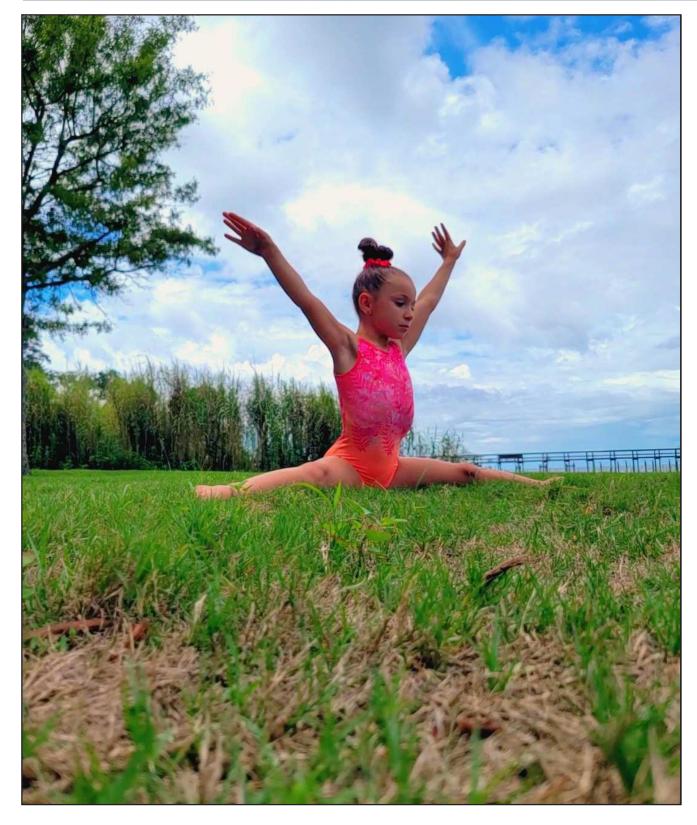


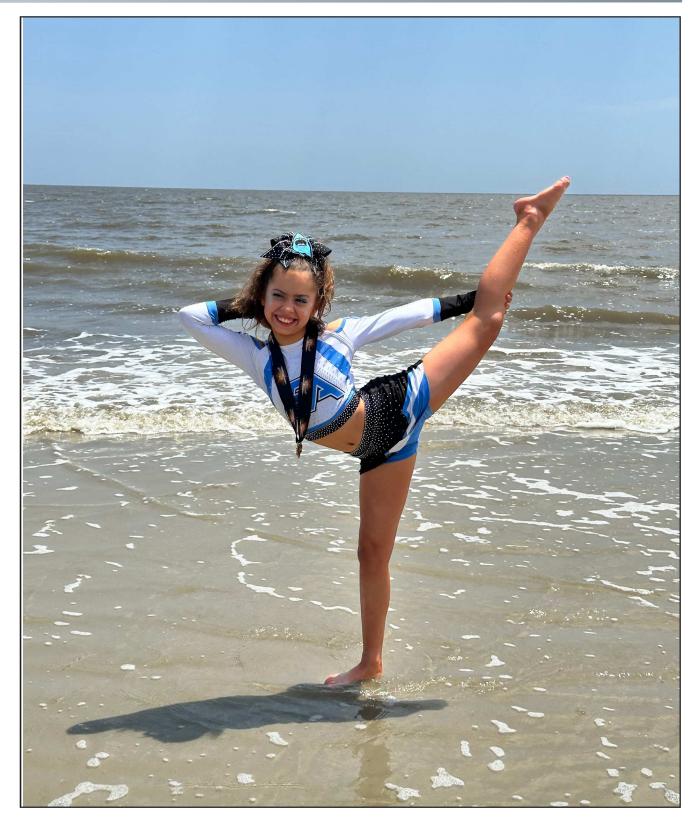






Kenley Duplechain





38 | UPCOMINGGYMNASTS.COM











Florence Gaston







28 UPCOMINGGYMNASTS.COM











Kenley Duplechain











My name is Florence, even though I may only be 7 I have huge ambitions to become place and win at worlds within

I currently train 13 hours a week with the Milton Keynes development tumbling squad 4 days a week. I live, breath and dream tumbling!

My journey started when I was 5 due to the COVID 19 pandemic I was a little later joining a gymnastics squad. I started at SSAC in Stevenage for one hour a week within the recreational Acrobatics squad. I was very quickly asked to join the development squad where I joined a trio and excelled through he badge system. I also joined their tiny tumbler squad, which gave me a passion and drive within this area. Even though I was able to cartwheel at two years old I did not know I had a talent for tumbling until I completed my first in house competition where I placed second against 7 and 8 year olds, I was 5! Soon after my club increased my hours and within a few months I was able to increased my hours and within a few months I was able to round off flic.

Whilst away I was approached by a Coventry cheer club whilst shopping in the city. They explained I had a natural talent! Within 8 months I was able to feee walk over and complete 5 flics on a air track! I was living my life up side down and loving every second of my tumble journey! My hours increased and I moved tumble squads. I was the youngest on the squad by 2 years!

My first big competition at Hertfordshire county saw me place third in my Acro trio and first in my club tumble competition, however the club tumbling was not challenging enough.

I first set foot in Milton Keynes at 6 on a cold January morning. I completed by club 4 runs and placed Gold. Whilst waiting to podium I was happily tumbling around on the mats. My mum was approached by 4 different clubs who expressed an interest and advised I needed to train at an elite club. Myself and my mum had no idea I was actually pretty good at this! Together we spoke and talked about my dreams and ambitions. I watched inspiring gymnast such as Megan Keeley and knew this was my dream and I needed to approach a new club to peruse it.

Over the next few weeks my mum spoke to Milton Keynes where I was invited to trail. Within hours I was asked to join their development squad and to train 13 hours a week across 4 days. It was a tough decision, living 27 miles away from the venue, meant not seeing my friends and family as much and leaving school early. It also meant saying goodbye to the squad and team that had supported my





36 UPCOMINGGYMNASTS.COM















Florence Gaston

journey and given me the passion and drive to follow my dreams!

With a sad goodbye I said farewell to SSAC and embarked a journey at Milton Keynes and what a Milton Keynes and what a journey it has been! Within weeks I was able to tuck back, pike back and straight back. Within three months I travelled to Telford and placed third with my team at Lilleshall, a venue I had appending training. once dreamed of training at. I am coached by two international túmble champions who inspire and drive me to be the best I can be! Even though I cannot compete at a high level due to my age, i take on all the challenges my coaches set me to be the best I can be!

Once I am 9 i want to be selected for the GB development squad for my team. My dream is ti compete at the British championships and one day go to Worlds. I work alongside the best team who are supportive and know how to channel my ADHD! I wish to inspire others who have super powers like ADHD to powers like ADHD to follow your dreams!

I may only be 7 at the moment but watch this space! British championships and worlds I am coming for you and I will be unstoppable!

Photos Credits: Tamsyn Gaston



My name is Kenley Duplechain. Gymnastics is my passion. I look forward to practice each week. I forward to practice each week. I practice for 3 hours, twice a week. Some components of practice contain: yoga, conditioning, and dance. I enjoy growing as a gymnast. I think my would be on uneven bars and also overcoming fears in my head that may stop me from trying a new skill. They say big things come in small packages and I'M DYNAMITE!!!

goal would be to get to the Olympics. I think I have achieved alot of skills in my gymnastics journey so far as I am very

working out! My ultimate dream/ greatest challenge as a gymnast would be on uneven bars and

















Kenley Duplechain





















Florence Gaston























