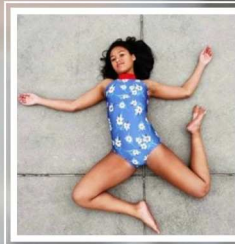


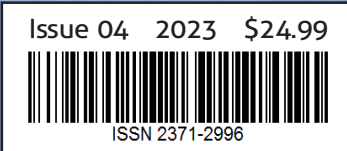
UPCOMING GYMNASTS

UPCOMING GYMNASTS



Aran

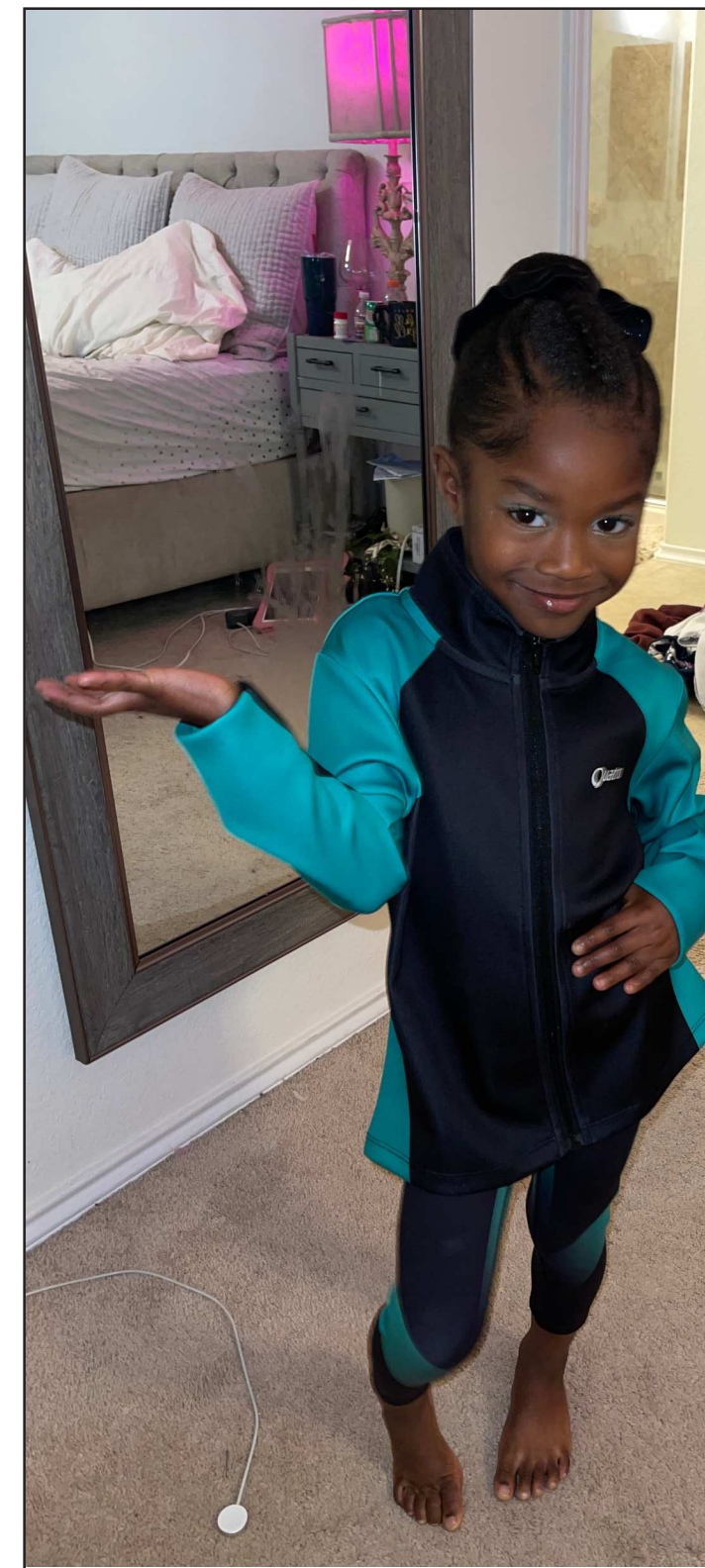
Eve Ramirez



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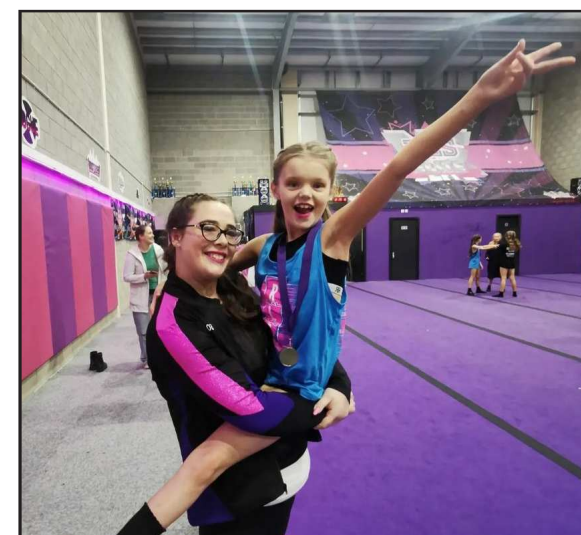
Featured Gymnasts



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Wynter Abney

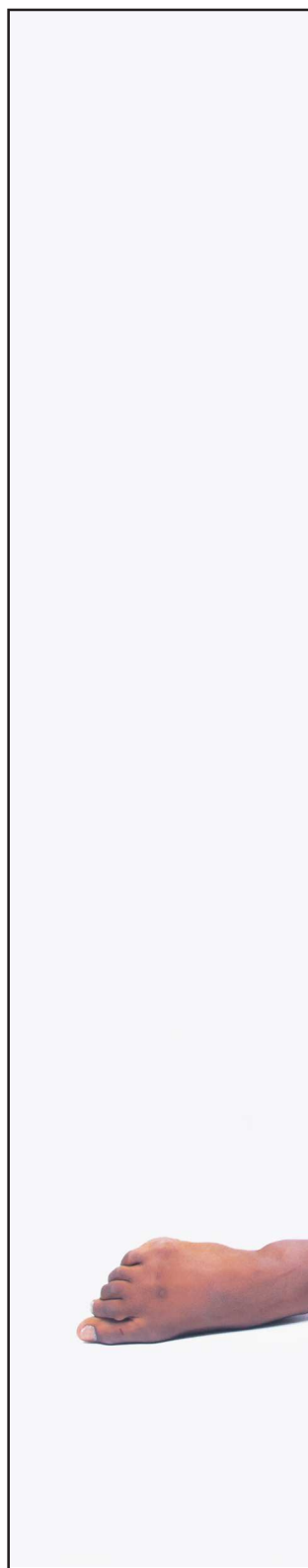


A'Nyiah Williams

My name is A'Nyiah Williams, I am 10 years old. I am from Freeport, Bahamas. At the young age of 6 I took my first steps on the mat. Currently I am training at Nassau Nastic under both coaches, Toni Johnson & Rashad Cunningham. I have been competing for the past 4 years at an international level. I've attended the Magical Classic, Presidential Classic, Gasparilla Classic, Florida Crown Invitational, Atlantis Crown Invitational & Cats Beach Blast where I medaled in every competition, including becoming an AA Champion. It is my intent to attend The University of Florida and become a collegiate gymnast. I dream of one day competing at all of the major international gymnastics competitions such as; The Olympics, Worlds Championship, American Cup & The Pan American Games (just to name a few). As a gymnast mental blocks have played a

big role for me. Mental blocks can come out of nowhere causing a problem with being able to perform previously learned skills. Mental blocks can be very frustrating and challenging to overcome. The first time I had a mental block, I had difficulty with my back tuck dismount on beam. I would stand there for the whole beam rotation, frozen, unable to do any backward skills on beam. Above all, as gymnasts we must be patient with ourselves. We are teaching our bodies new moves, tricks and skills daily and that can be a lot of pressure on both you and your body. I love & dream gymnastics. I train like a champ to push myself past my comfort zone, accomplishing a new goal every single time. I am determined. This is my passion. And I will go hard every time I step foot on that mat!

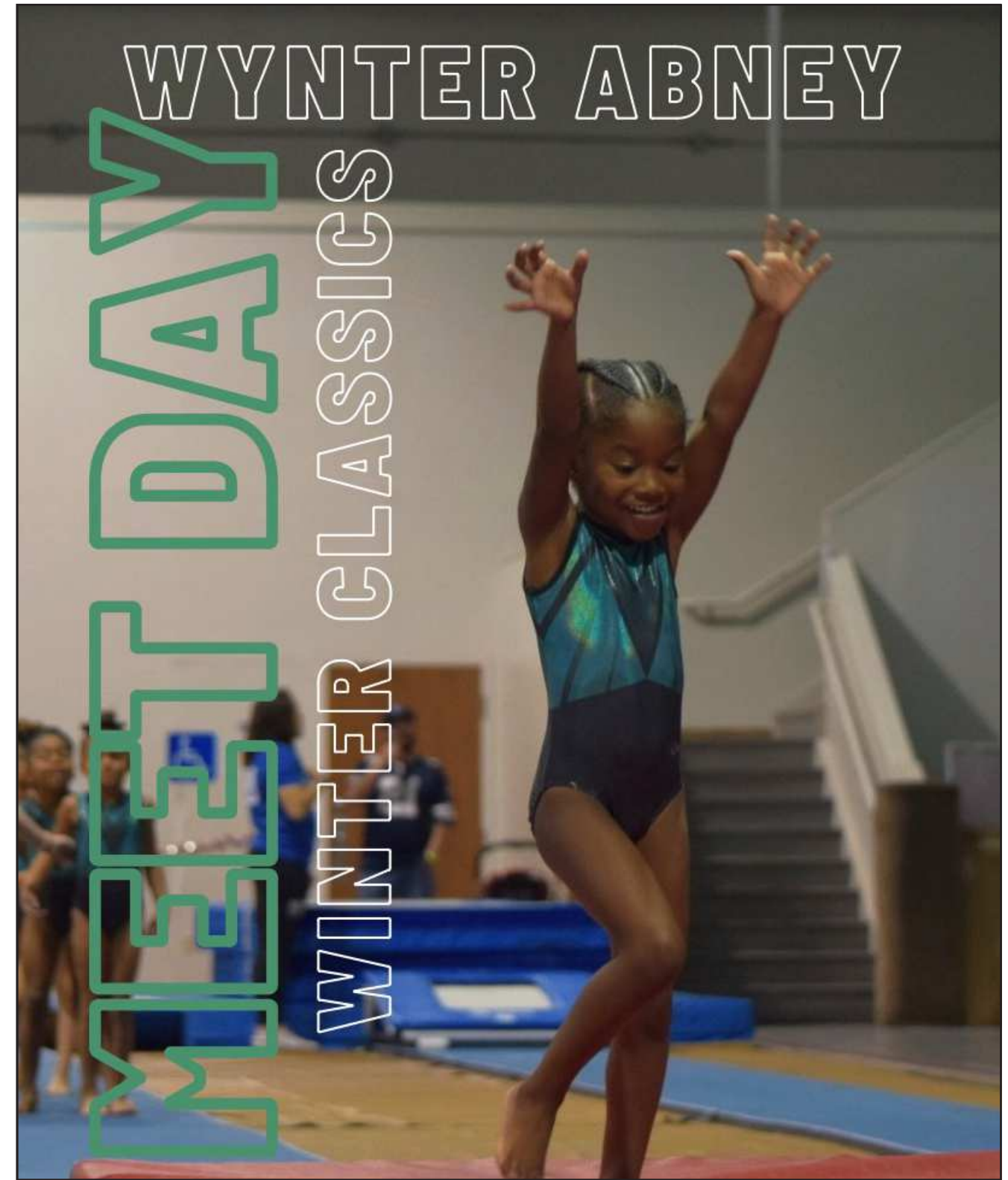
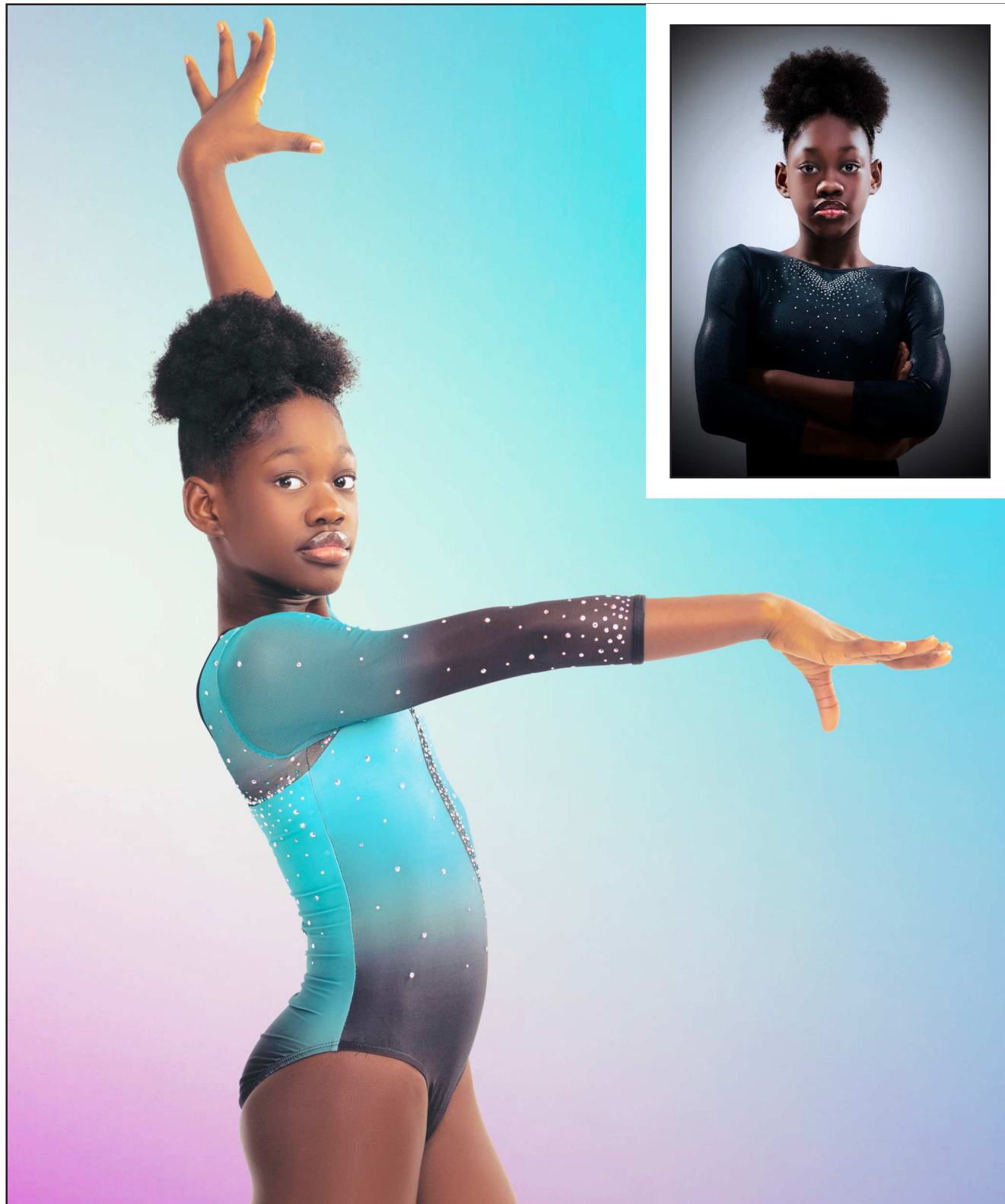
Photos Credits: T Bastian Photography



Wynter Abney



A'Nyiah Williams



Wynter Abney

My name is Wynter. I live in Texas and have been doing gymnastics since I was two years old. I am very competitive and love all kinds of sports but gymnastics is my favorite. This was my first year on a team and competing and my family is very proud of me. So far I have 9 medals and can't wait to get more. I sometimes struggle with beam routines but

I am getting better, my favorite is the bars. I want to be just like my big sister Arianna who is also a gymnast. My dream is to get a scholarship when I get older and go to college to be a doctor.

Photos Credits: My mother

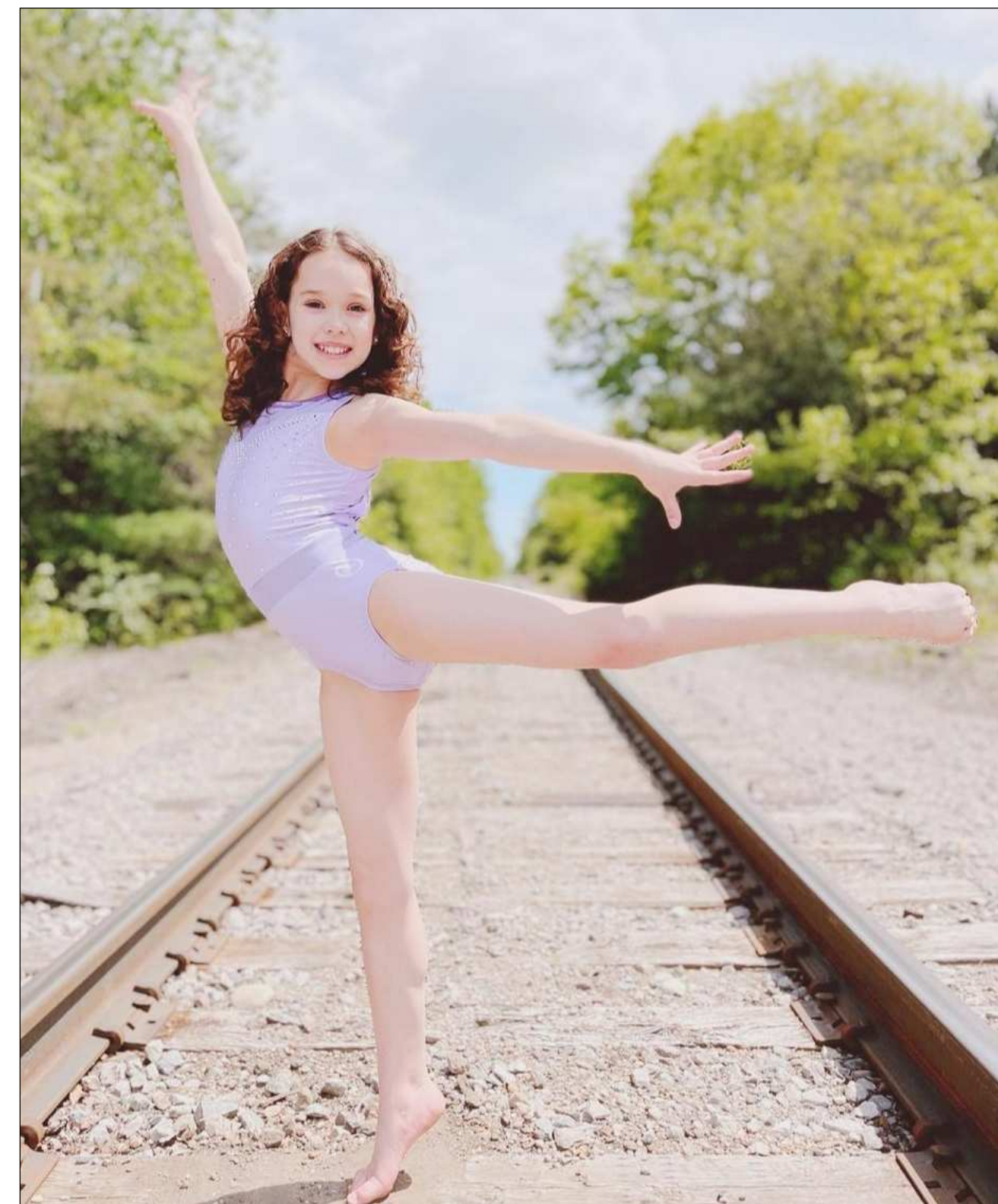


Aaliyah bell



My name is Aaliyah Bell I will be 13 years old on may 23rd.I joined spirit gymnastics in 2021,my dream is to become as good of a gymnast as Simone Biles and Trinity Thomas.My goal is to compete in the Olympics one day. My biggest challenge is dominating the uneven bars even though I practice, practice , practice I can't seem to get a high score but I will not let that stop me this challenge actually motivates me to practice harder. Two of my achievements are coming in 4th place at the state championship and being a national all around champion last year

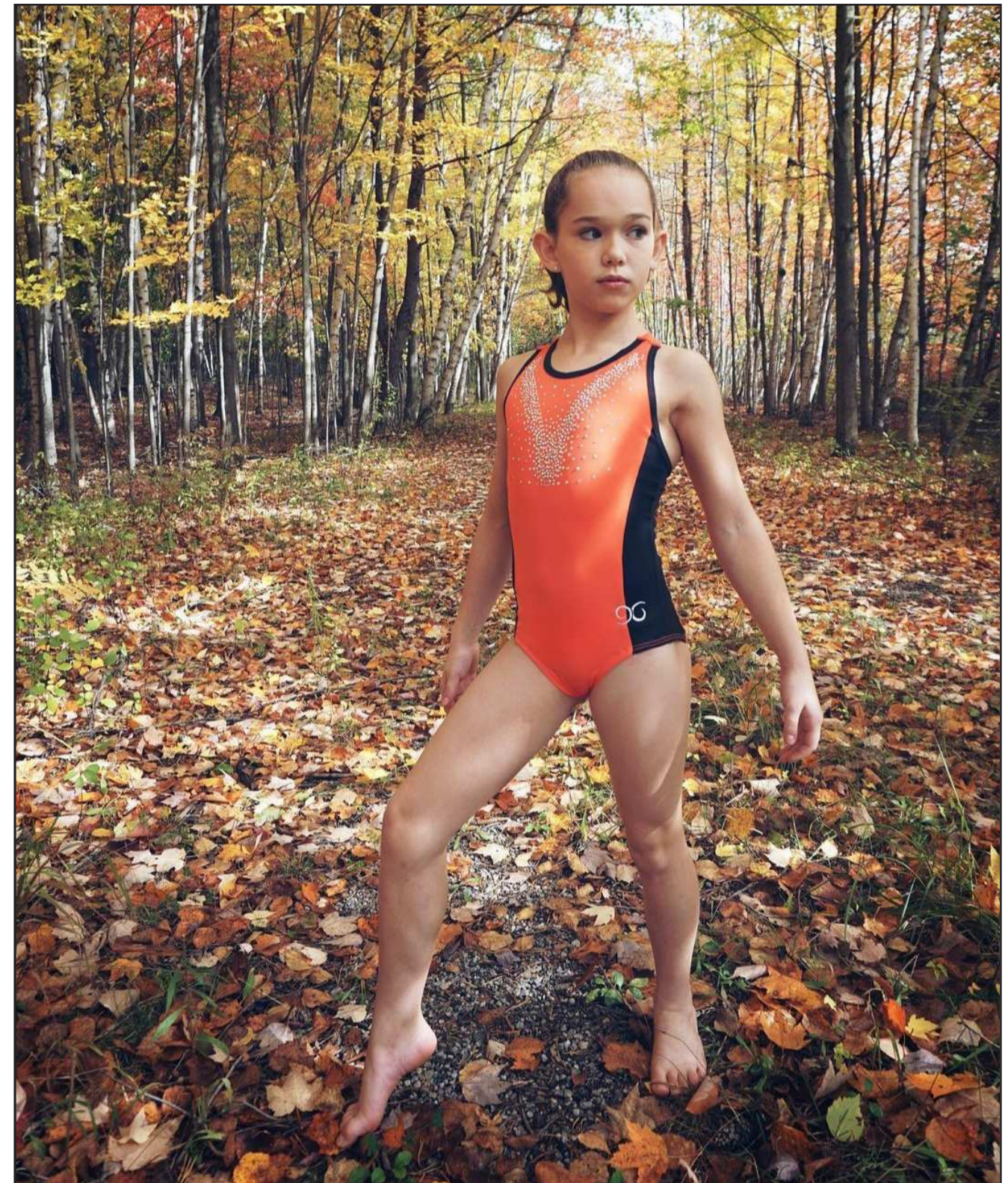
Photos Credits: Yomayra pena



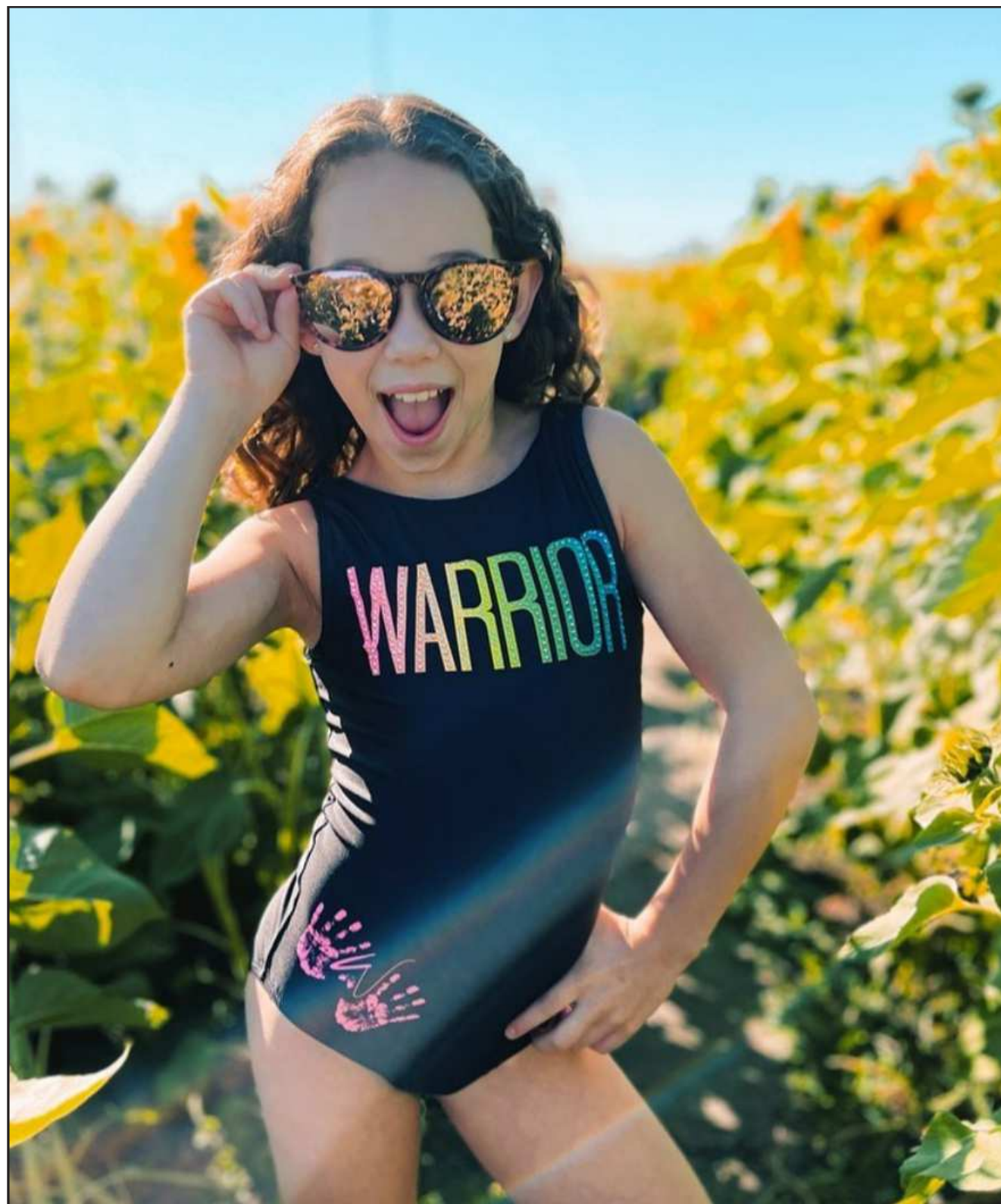
Taylor Maye



Aaliyah bell



Taylor Maye



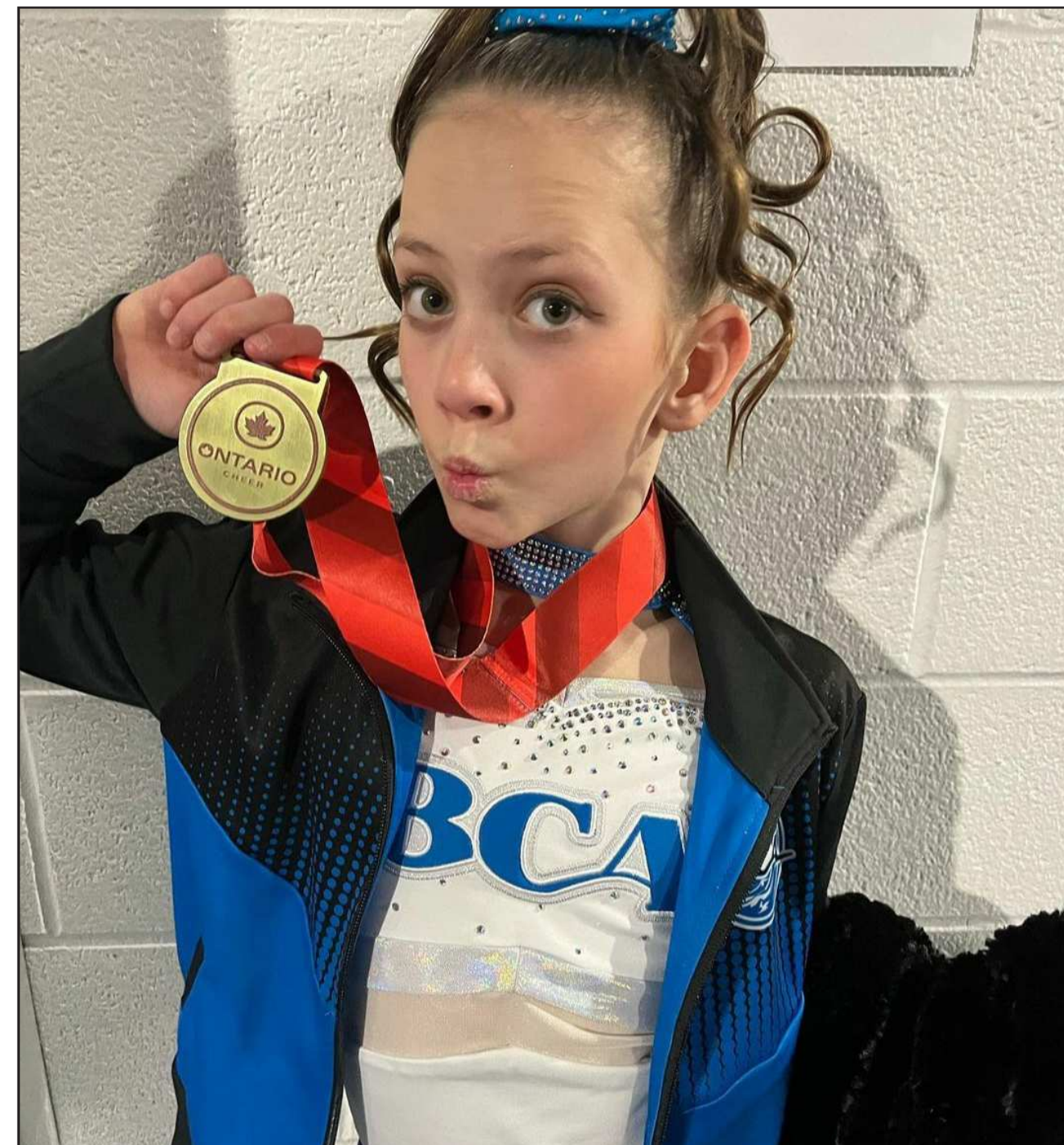
Amirah Monet



Taylor Maye



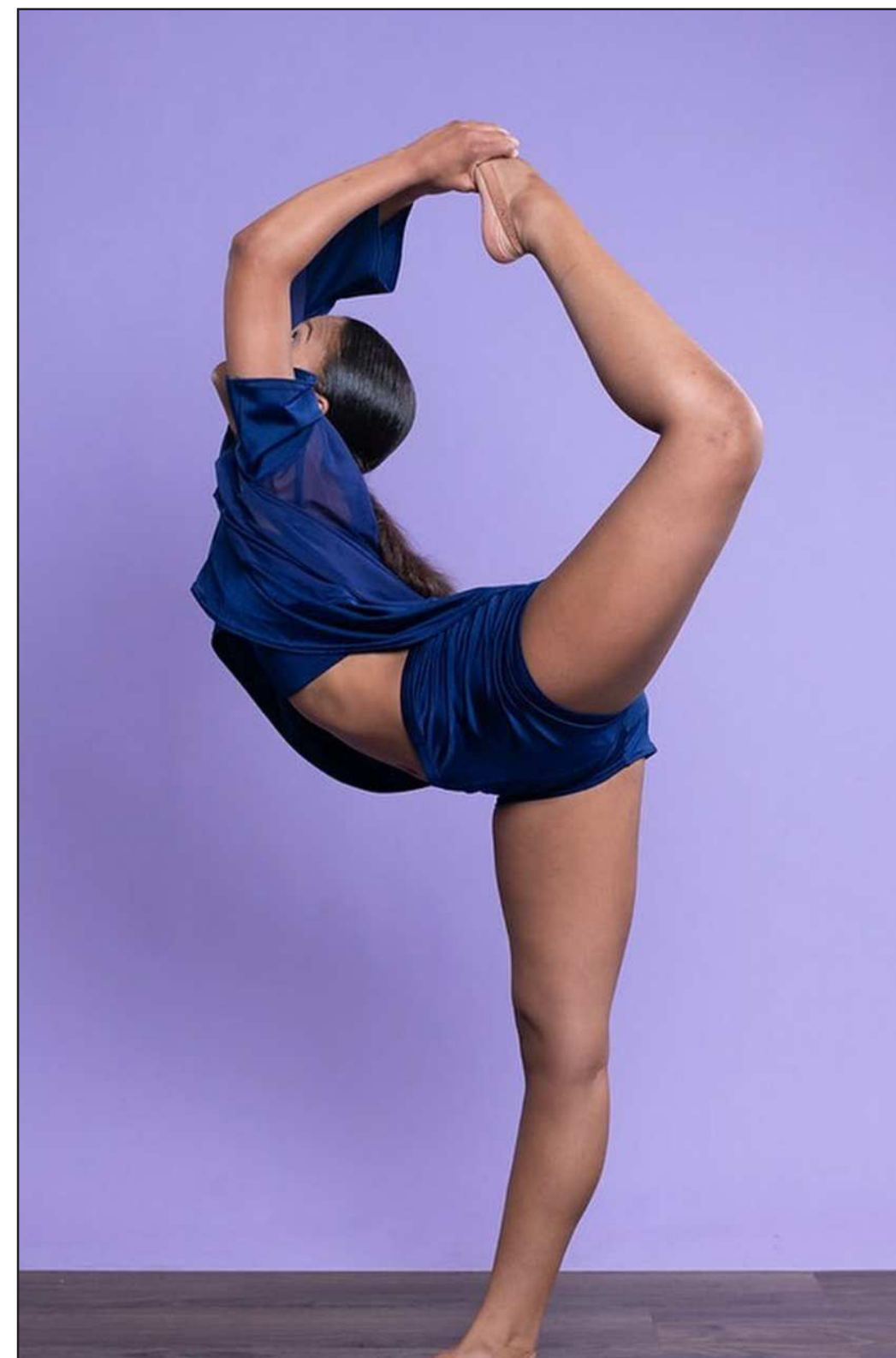
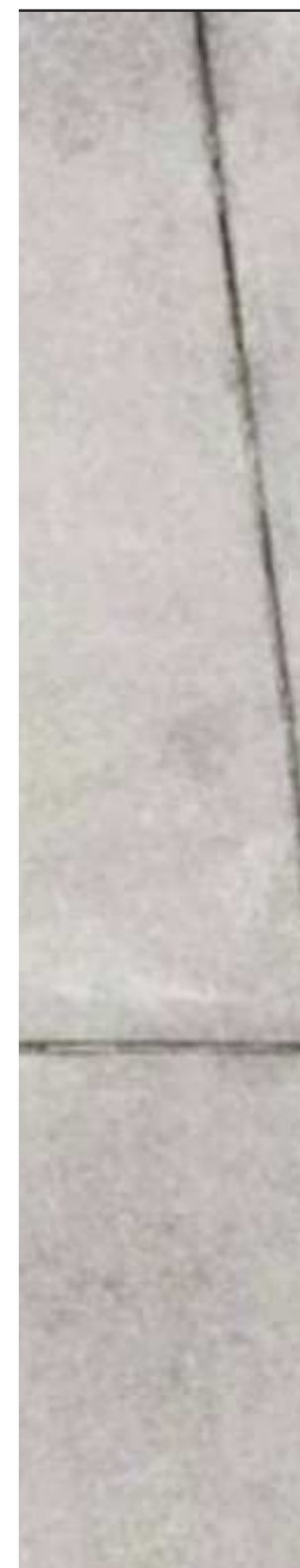
My name is Taylor Maye. I am 11 years old. I love gymnastics from a very early age. I have always tried to become like my favorite gymnast. I have always given my best to achieve my goals and fulfill my dream.



My name is Amirah Monet. I am 14 years old. I live in the Ontario province of Canada. I started playing gymnastics from the age of 6 . The journey of the last 8 years has been very challenging, rewarding and at the same time happening. My higher dream is to represent my country and i know this is not going to be easy but i am aware of the opportunities and therefore I'll work the hardest to live my dream.



Amirah Monet



Marlee Grace



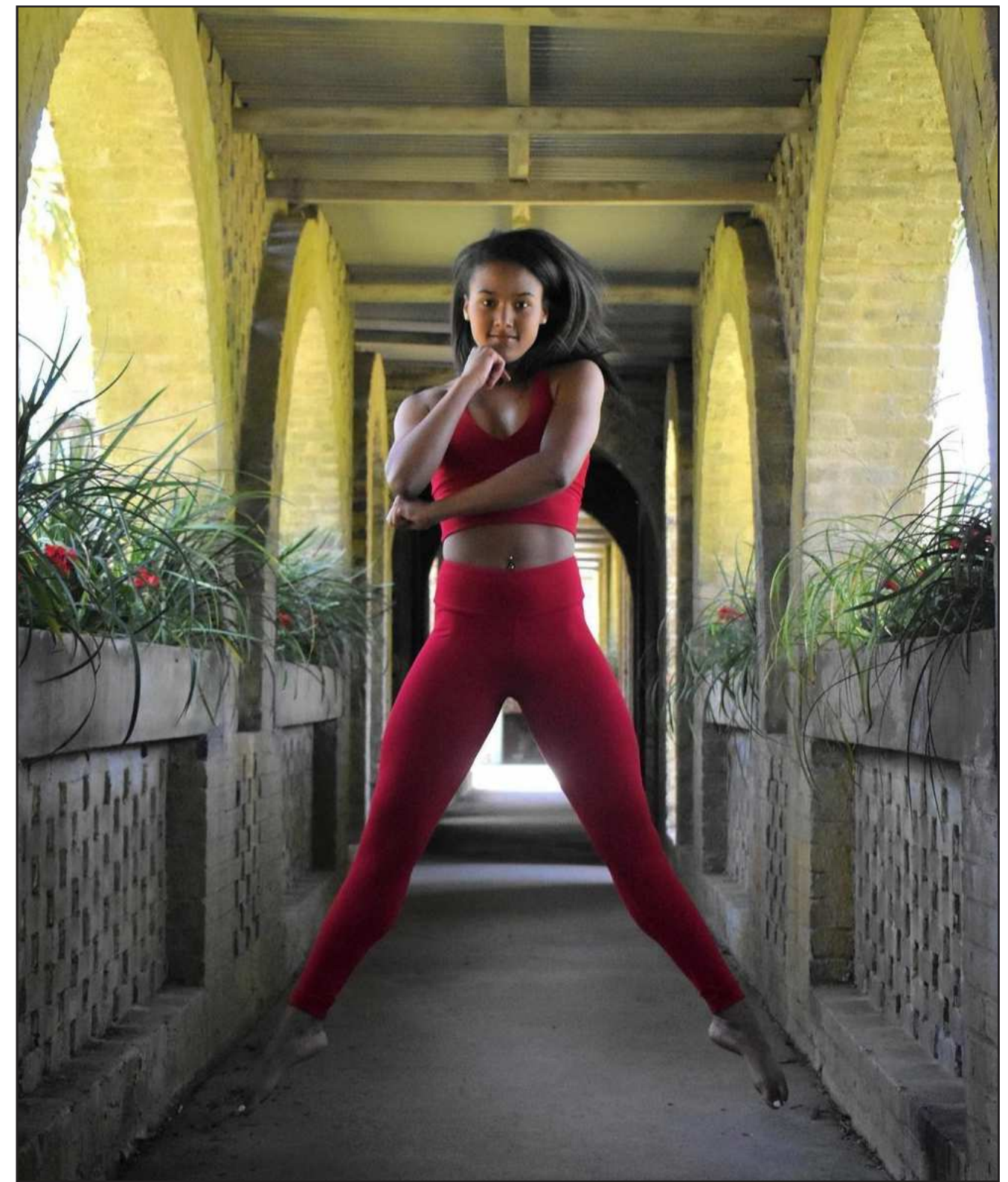
Amirah Monet



Marlee Grace



Aran



Marlee Grace



My name is Aran

I am 8 years old, and I'm from Spain. I have been doing gymnastics since I was 5 years old.

I love training and improving myself day by day.

I train 15 hours a week to be able to perfect all the elements.

I love barre, although in competitions I get very nervous.

In 2022 it was my first competition in Olot, where I finished third in balance beam and fourth in vault.

In May of that same year I was in Vitoria Gasteiz, in

the Basque Country, where I was 1st overall, second on floor, second on bar and second on parallel bars. It was a great experience.

In June I was classified for the Catalan championship, where I did a good performance, finishing in sixth position. In July I was in the Spanish championship in Pamplona where things did not go the way I wanted. But this helped me to improve myself day by day.

This year I am a level 2 gymnast. This has meant learning new elements with much more difficulty. I hope it will be a good year, where I can improve myself.

I really enjoy gymnastics, it's my life.



Aran



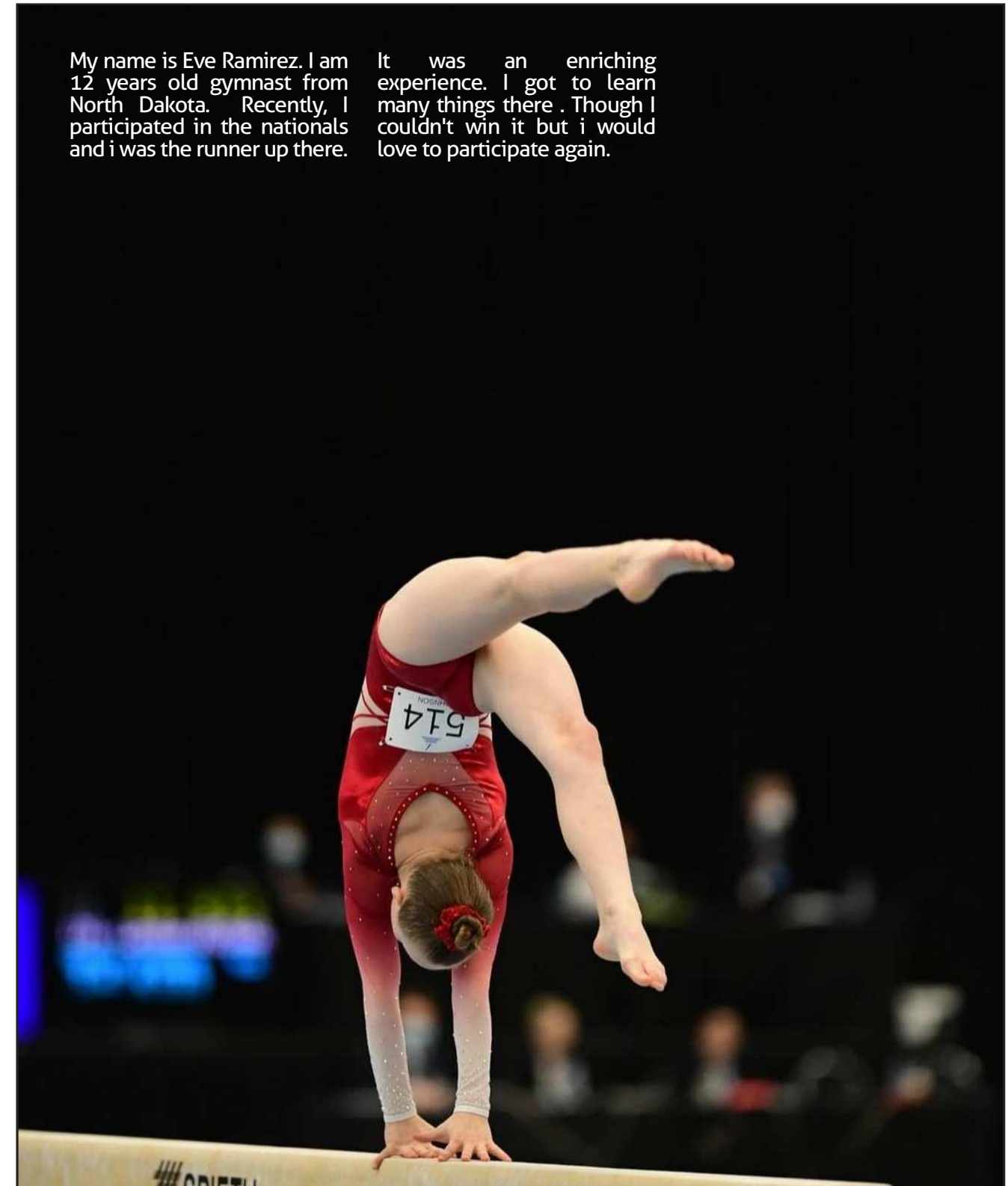
Katya Starovoit



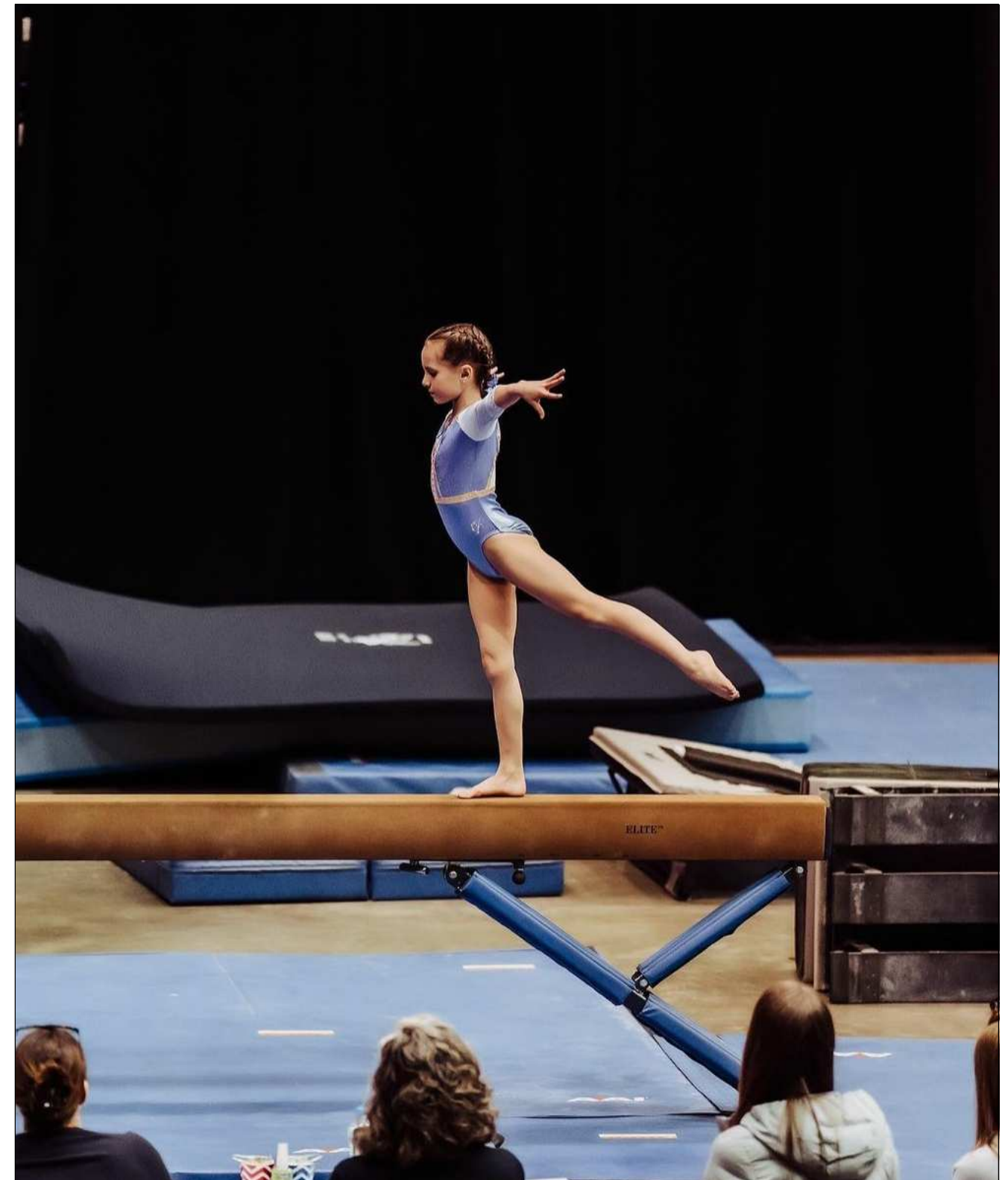
Eve Ramirez



Katya Starovoit

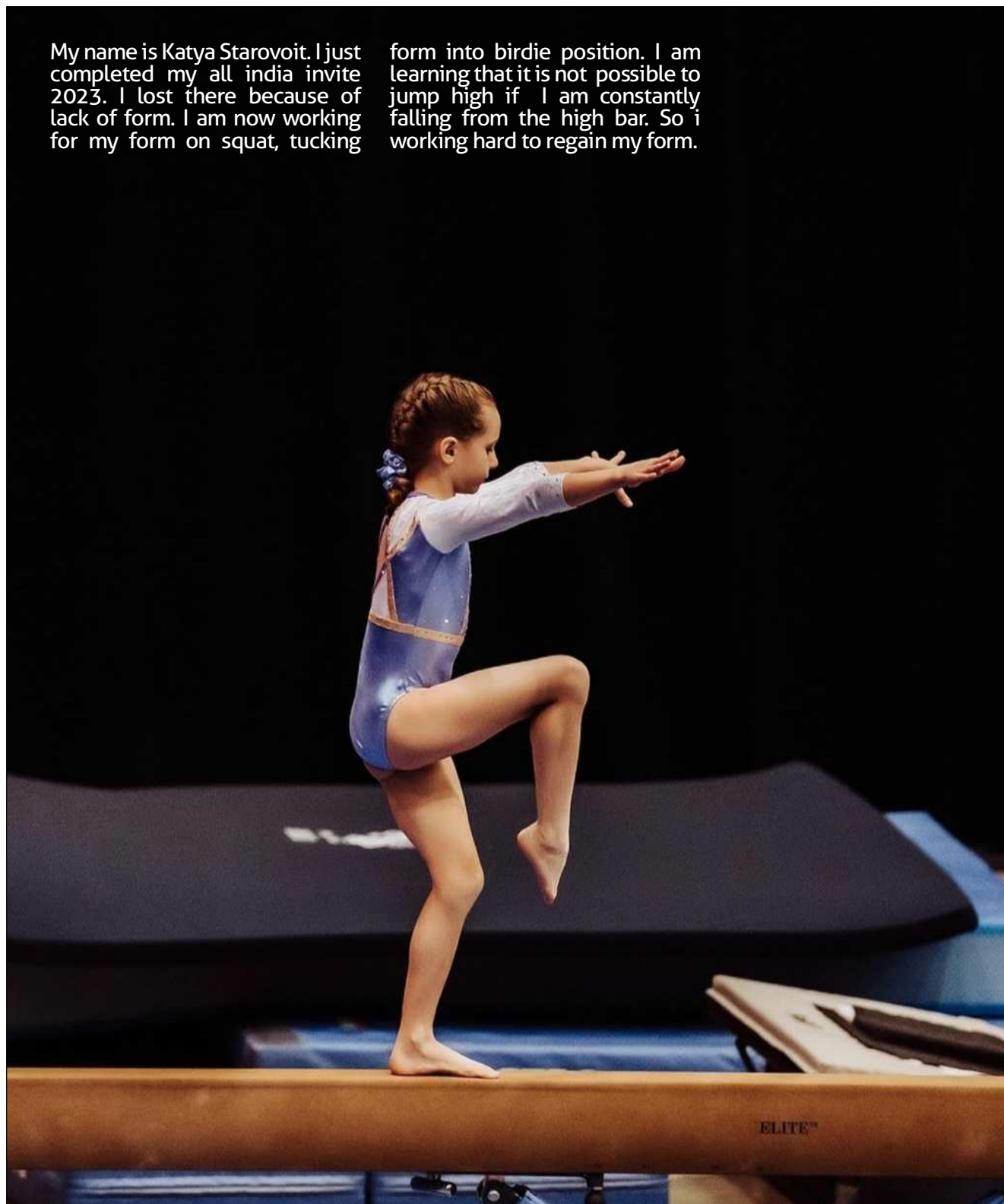


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Katya Starovoit

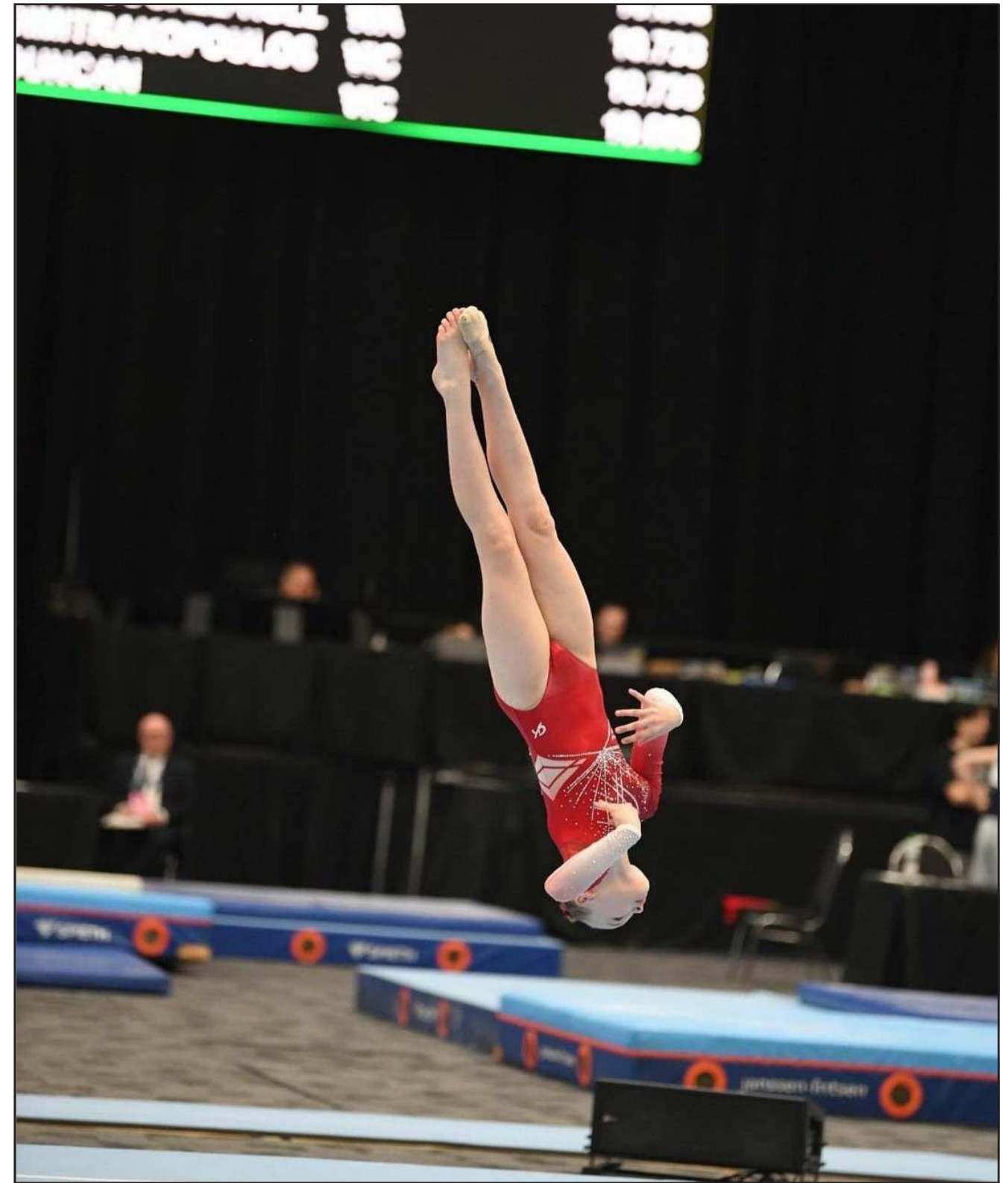
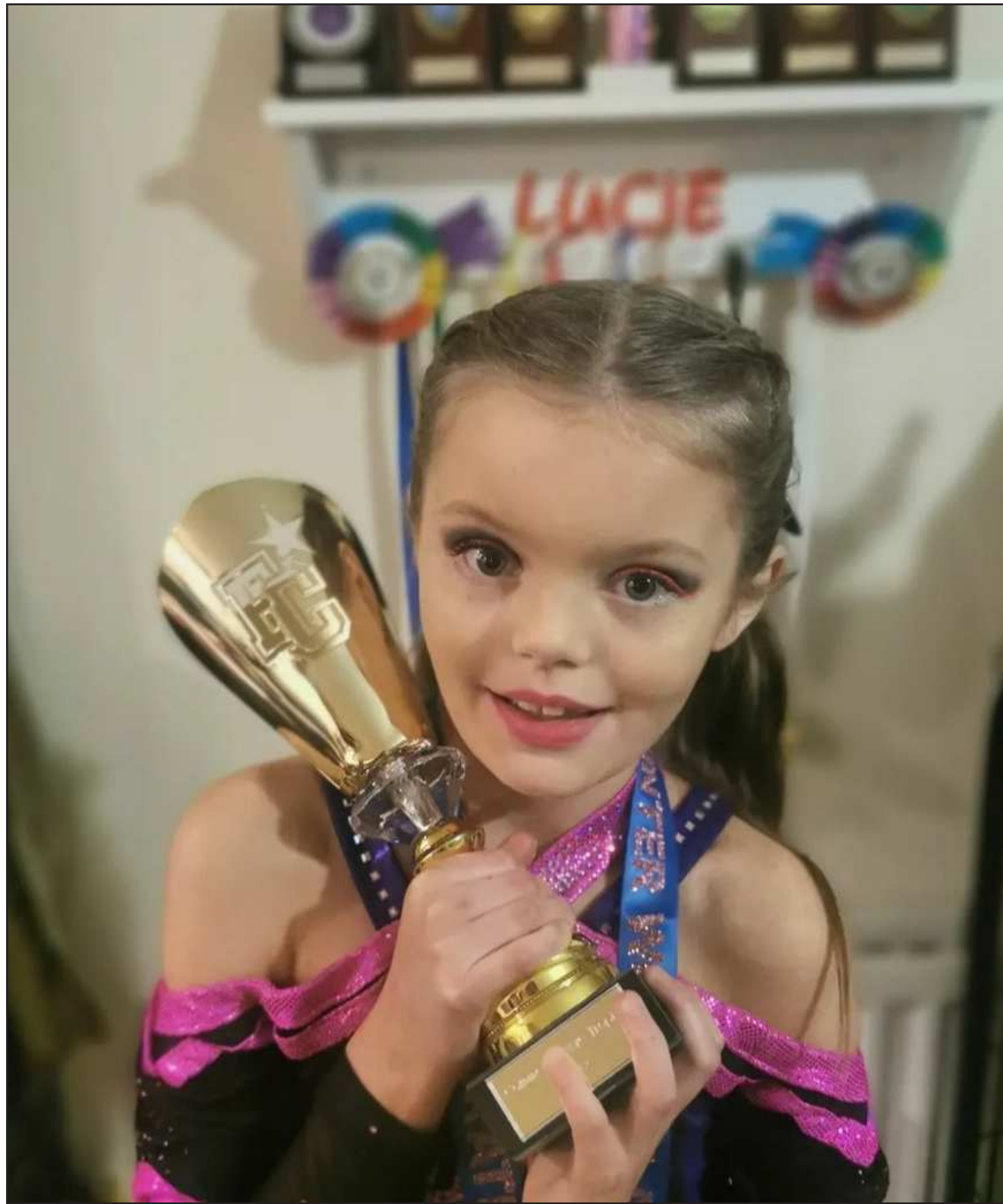
My name is Katya Starovoit. I just completed my all india invite 2023. I lost there because of lack of form. I am now working for my form on squat, tucking form into birdie position. I am learning that it is not possible to jump high if I am constantly falling from the high bar. So i working hard to regain my form.



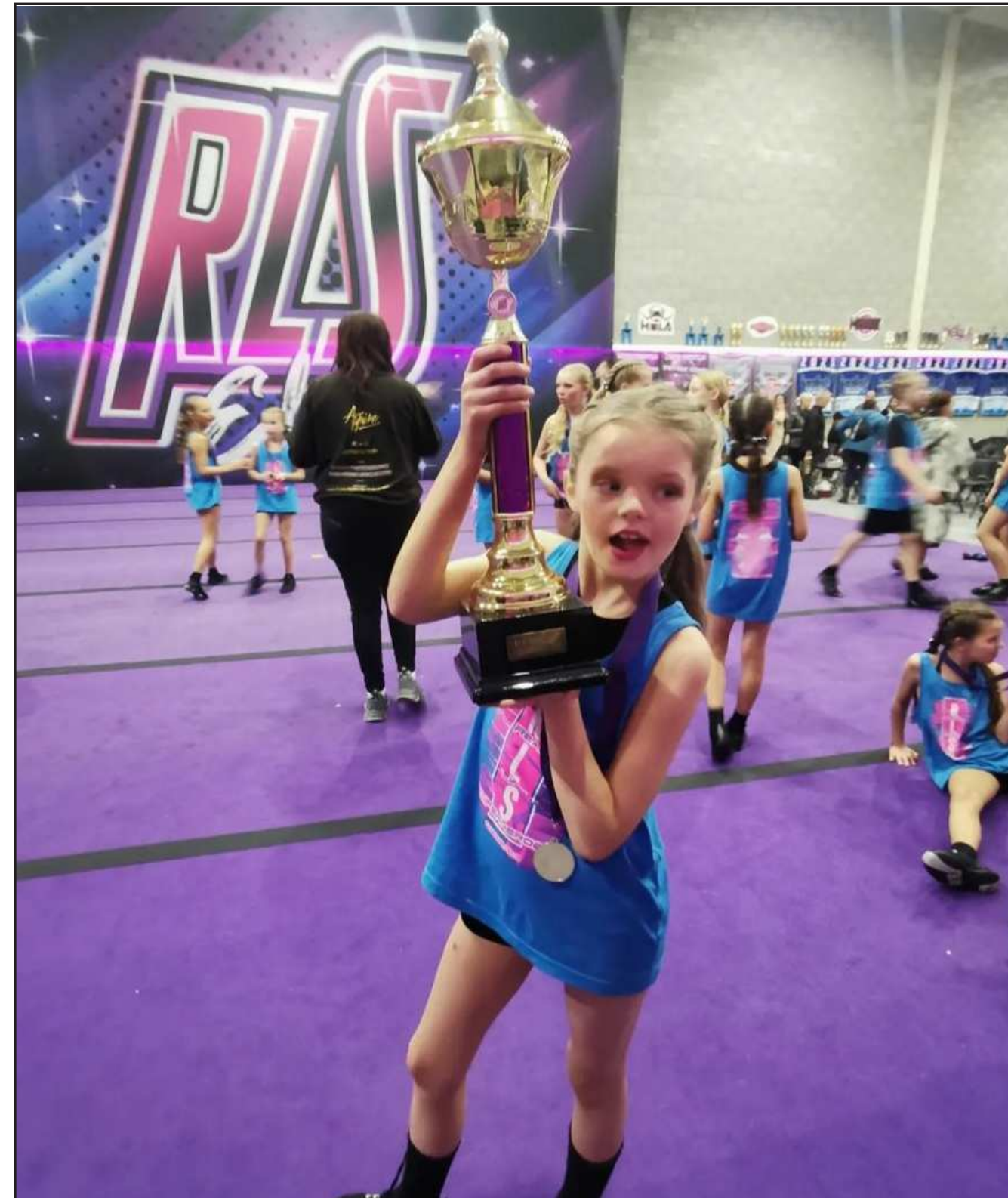
Eve Ramirez



Jordyn



Isabelle Wheeler



Jordyn



Meet Isabelle Wheeler. 5yr old gymnast from the Gold Coast Australia. Isabelle is a challenged gymnast training the mainstream circuit with dreams to represent Australia at the Olympics and the Commonwealth Games.

Isabelle was born with half a hand which has hardly grown in size. While she does struggle with the bars, she never let's it stop her. She had to take 2 months off over holidays to have a full hand reconstruction, which removed some bone and created 2 digits. This has stunted the growth she had and lower her hand function. Most skills she has to learn 1 handed.

She trains at home everyday and at her club Southport Gymnastics Club. She also practices her flexibility EVERYWHERE.

This year her goals are to get her Kip, perfect her handstand and press handstand, get her back walkover and wolf turn on the floor. She also hopes to model for some leotard companies and be an ambassador for some Disability services.

Her Idols are Australian Gold medallist, Georgia Godwin, and her gym team mate Anika. She loves to watch these gymnasts and hopes to be as strong as them.

She hopes to show the world that disabled gymnasts can and will perform at world class events. And help kids like her stand proud with thier differences.

Photos Credits: Southport gymnastics club and Jasmin wheeler

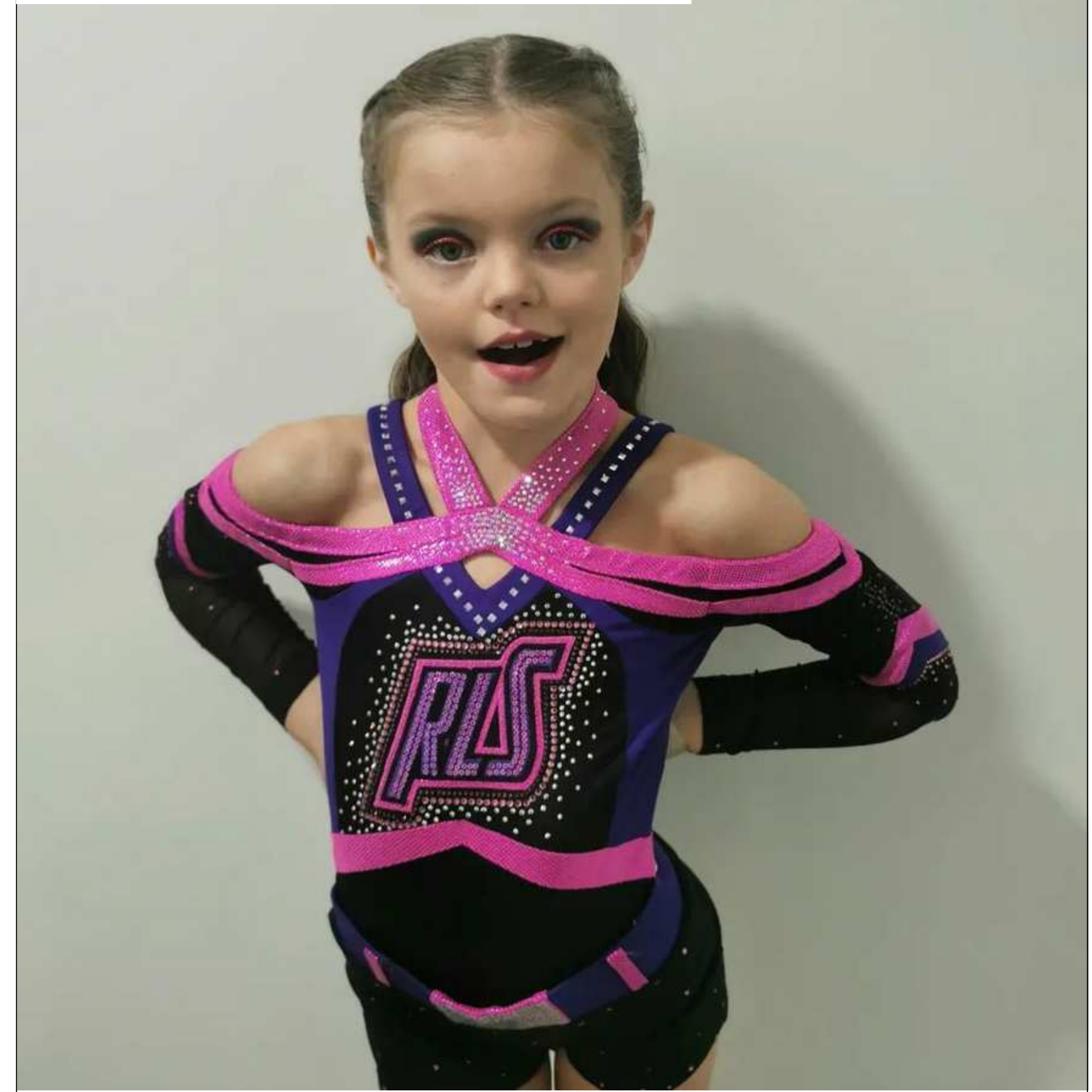


Isabelle Wheeler



My name is Jordyn. My biggest dream is to represent my country. I always work in that direction. I know this takes a lot of perseverance and dedication. Few days

back, I was very excited for my FC winter wonderland but unfortunately I lost. I know this is nnot ideal but it's good to loose as you get to know your weaknesses.



Jordyn



Isabelle Wheeler

