

# GLITZ



## Sofia Grille

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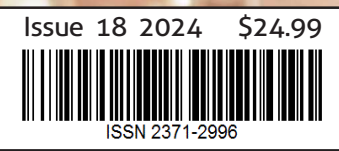
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# GLITZ



## Dane Vd Westhuizen



ISSN 2371-2996





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My name is Aaliyah Douglas, I am 14 years old and I love to dance. It allows me to express my emotions and creativity in a way that words often can't capture. Each movement feels like a release, letting me connect with music on a deeper level and find joy in the rhythm. Whether I'm alone or with others, dancing

creates a sense of freedom and exhilaration that uplifts my spirit. It's a way to celebrate life, build confidence, and forge connections with those around me, making every dance an unforgettable experience.  
 Photos Credits: Dave Ryce Photography

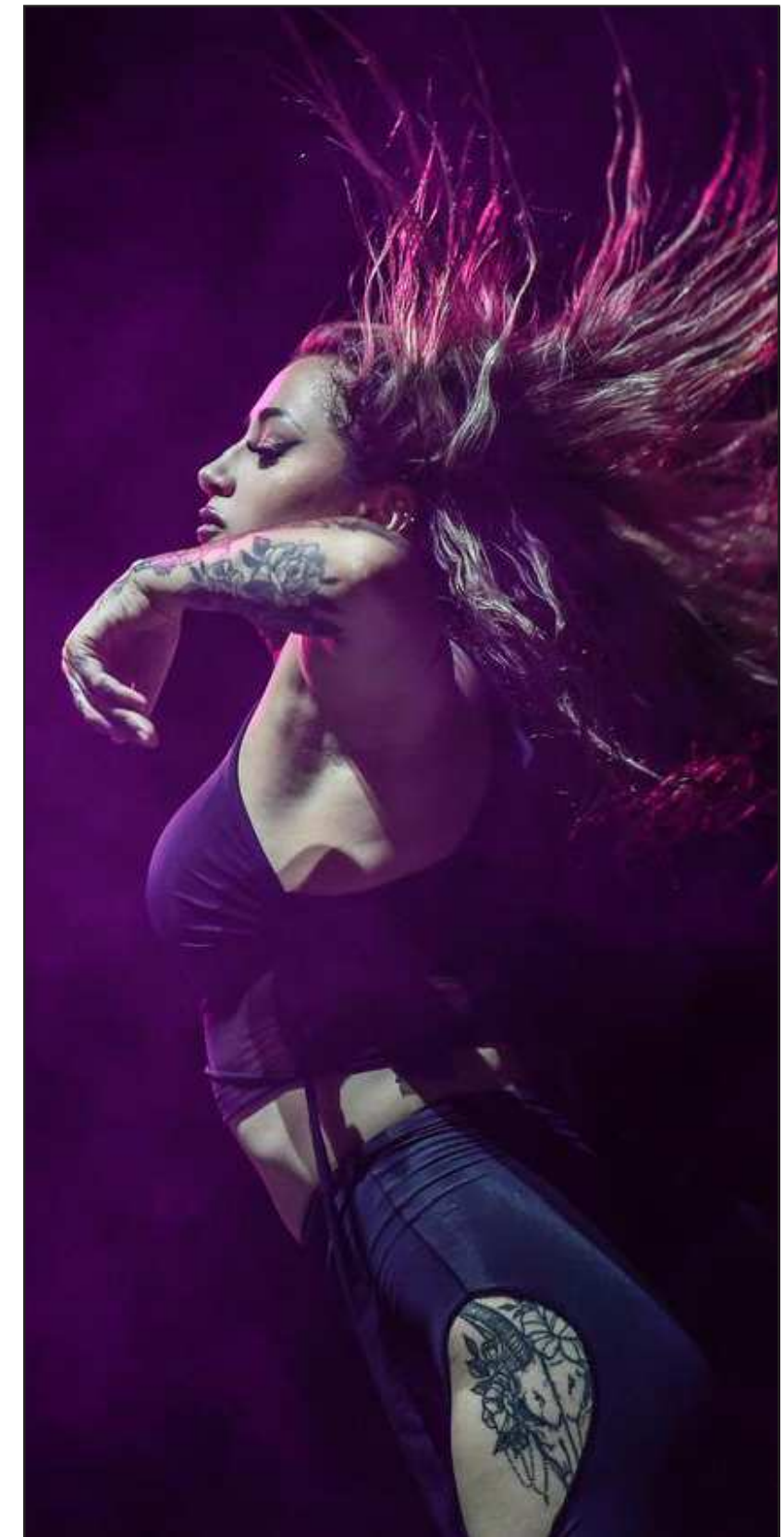
shows and sports events at the Pan American and Parapan American Games held in Chile, further establishing the visibility of urban dance in the national scene.

Additionally, Sofia is a member of the professional dance group LAS PLAYERS, with whom she has collaborated with prominent national and international artists. Alongside D-ZONE, feminine Hip-Hop Dance Crew, they are dedicated to empowering girls and women through dance, serving as female role models in the industry.

With over 12 years of experience as a dance instructor, Sofia is recognized as a leading educator in Chile. She has taught at international events and served as a principal instructor at dance conventions in countries like Peru, Argentina, and Mexico, contributing to the development of new talent in the region.

Looking to the future, Sofia aspires to further internationalize her career, dreaming of dancing on the world's most prestigious stages. She also aims to teach at the largest international festivals, hoping to inspire Latin American dancers to achieve their dreams and reach their goals in the world of dance.

With a career full of accomplishments and a clear vision for the future, Sofia Grille continues to challenge herself and leave an indelible mark on the world of dance.  
 Photos Credits: Ashley Abarzua







# Sofia Grille

**Sofia Grille: From Chile to the world**

Sofia Grille is a distinguished professional dancer from Chile, whose talent and dedication have led her to share the stage with renowned international artists, making her a key figure in the Chilean dance scene.

Throughout her career, Sofia has accumulated an impressive array of achievements in major media projects and events. She has worked in productions such as Crush Power Music and Telethon, collaborating with notable artists like Luis Fonsi, Brytiago, and De La Ghetto. Her versatility and professionalism have also seen her perform at Lollapalooza, sharing the stage with talents like Justin Quiles, Dalex, and Soulfia, where she has served as the lead dancer and associate choreographer for over three years.

Sofia has been a constant presence at the Viña del Mar International Song Festival, performing as a dancer in 2017, 2018, and 2019, which are pivotal events in Latin American music. Furthermore, she had the honor of opening for singer Francisca Valenzuela during the Pan American Games in Lima in 2019, an experience that highlighted her ability to shine on major stages.

In 2023, Sofia co-founded the dance company Núcleo with her sister Valentina, also a dancer. This company, which has over 50 professional dancers under its wing, focuses on the professionalization of urban dance, providing high-quality training and significant job opportunities. As part of this initiative, her dancers participated in entertainment performances during halftime



# Aaliyah Douglas















**Aaliyah  
Douglas**



**Sierra  
Stipetich**





Hi my name is Sierra Stipetich, I joined Virginia National Ballet in 2022 and have danced many principal roles including Cinderella at both the Hylton Performing Arts Center and Capital One Hall, the Sugar Plum Fairy in The Nutcracker at Capital One Hall and the Hylton Performing Arts Center, Jasmine

in Aladdin at the Hylton, "Dying Swan", solo roles in the world premiere of Rafik Hegab's "The Four Seasons" at the Hylton, and solo roles in Led Zeppelin, Bolero, and Pictures at an Exhibition. I hope to continue to inspire young dancers to dream big and be themselves!





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My name is Cadence Oldham, and I began my dance journey at 2 years old at BCV Dance Center in Maryland. I began with ballet, and in my 4 years of dance have also gained knowledge and skills in tap, jazz, and lyrical. I added hip hop to my list of dance styles this year and I have been excited to start learning new skills.

At only 6 ½ years old, I have accomplished quite a bit already. I began competitive dance when I was 4 years old, and my abilities and determination earned my first solo last season at 5 years old. I was diligent with my practice, mastering new challenging tricks during that lyrical solo. This year my solo will be in musical theater, which is an unexplored area for me, but my teachers have high confidence that I can meet and master this challenge. Additionally, I have participated in BCV's production of The Nutcracker, performing 2 different routines in multiple shows in December. This December will be my 4th season in the show.

In addition to multiple dance achievements, I began dancewear modeling and photography this year. I love being in front of the camera, and am currently active as an ambassador for several dancewear and dance related companies. In my free time, I love to read, listen to music, and discovering new places and adventures with my family and friends.

One of my dreams is to win the World Dance Championship one day. I have been to the competition the past 2 years in group routines with my team, and loved the experience. I also dream of owning my own studio in the future, and becoming a dance teacher that inspires and believes in young girls as much as my teachers have with me.  
 Photos Credits: PM Photography LLC and Mom















**Moana**



**Cadence  
Oldham**





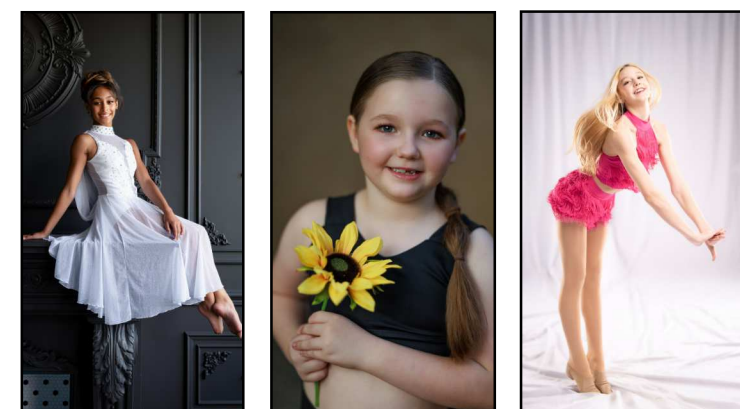


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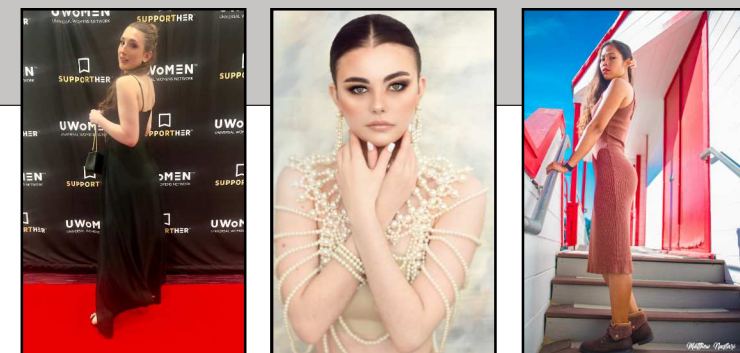
- ✓ **Aménagements soignés:** Assurez-vous que la pelouse est tondue, que les mauvaises herbes dans les parterres de fleurs sont enlevées et que la façade de la maison est propre et attrayante. Un coup de peinture frais sur la porte d'entrée peut faire des merveilles.
- ✓ **Faire des travaux d'entretien:** Profitez de la période estivale pour régler les petits problèmes d'entretien, comme les robinets qui fuient, les ampoules grillées, les portes qui grincent, etc.
- ✓ **Jouer avec la lumière naturelle:** L'été, la lumière naturelle est abondante. Ouvrir les rideaux, les stores et les volets pour laisser entrer la lumière. Assurez-vous que les fenêtres sont propres pour maximiser la luminosité à l'intérieur.
- ✓ **Créer une ambiance estivale:** Des coussins colorés sur le patio et une table dressée pour un barbecue imaginaire dans la cour peuvent aider les acheteurs potentiels à visualiser leur vie estivale dans la maison. Ajoutez des touches décoratives comme des lanternes, des plantes en pot et des meubles d'extérieur confortables afin de rendre votre extérieur plus chaleureux et accueillant.
- ✓ **Une pelouse verte:** Un beau gazon peut augmenter la valeur de votre maison, assurez-vous de bien l'arroser et le fertiliser lors des canicules.

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**Danè Vd  
Westhuizen**







# Laura Brunelle



My name is Danè vd Westhuizen I was born in the Western Cape.I'm 15 years old.My goal in life is to become a public figure who inspire others.Humbleness and love is the key to my success.I started modeling at the age of 4 with RVT Models.I absolutely love modeling and photoshoots.I really enjoy helping others.It gives me a warm feeling when I see the smile on other people faces.

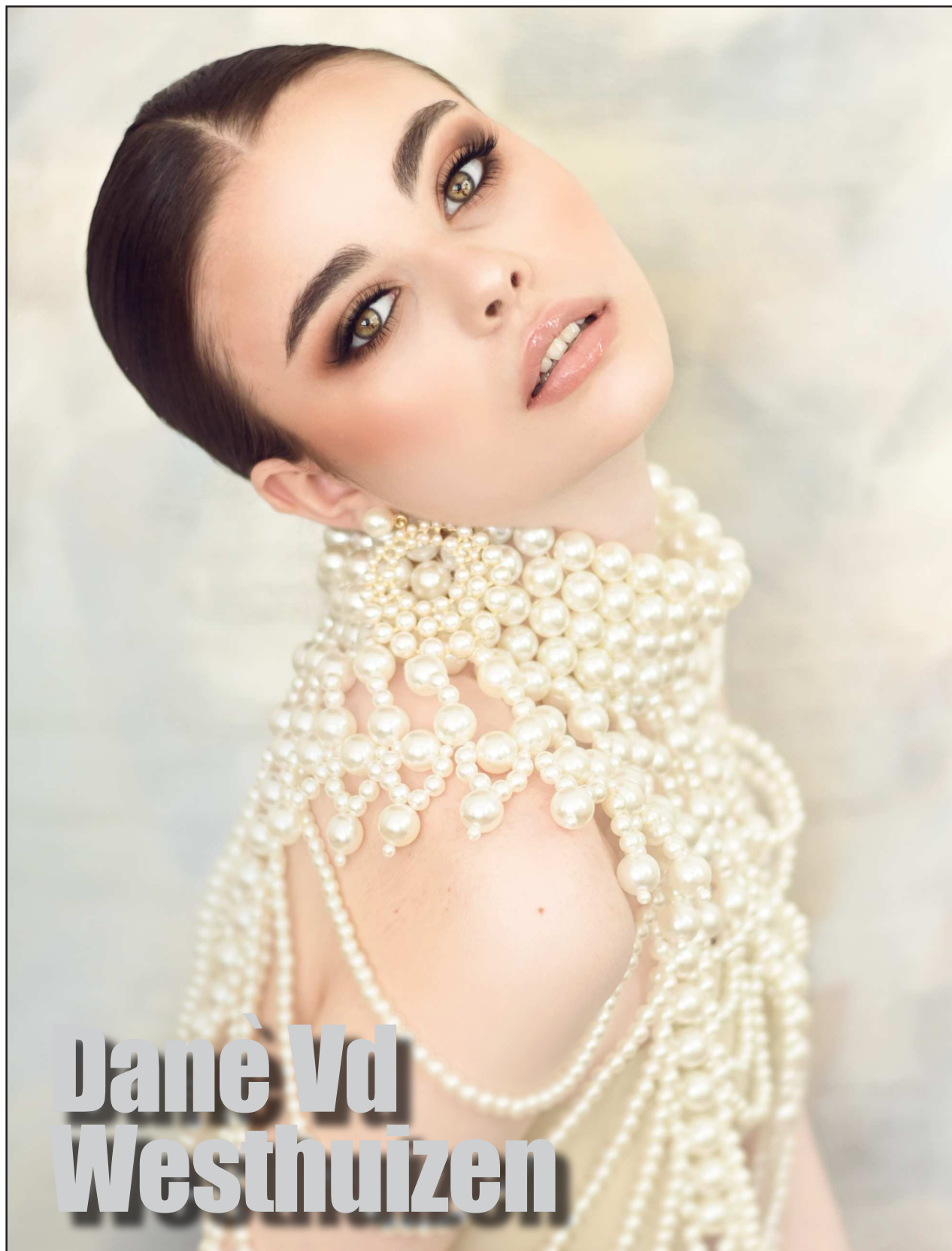
I want to be Miss South Africa when I grow up as well a Chartered Accountant.

**Advice**

A True Queen never loses they either win or they learn  
 Photos Credits: Mana-Zita Bosch Photographer  
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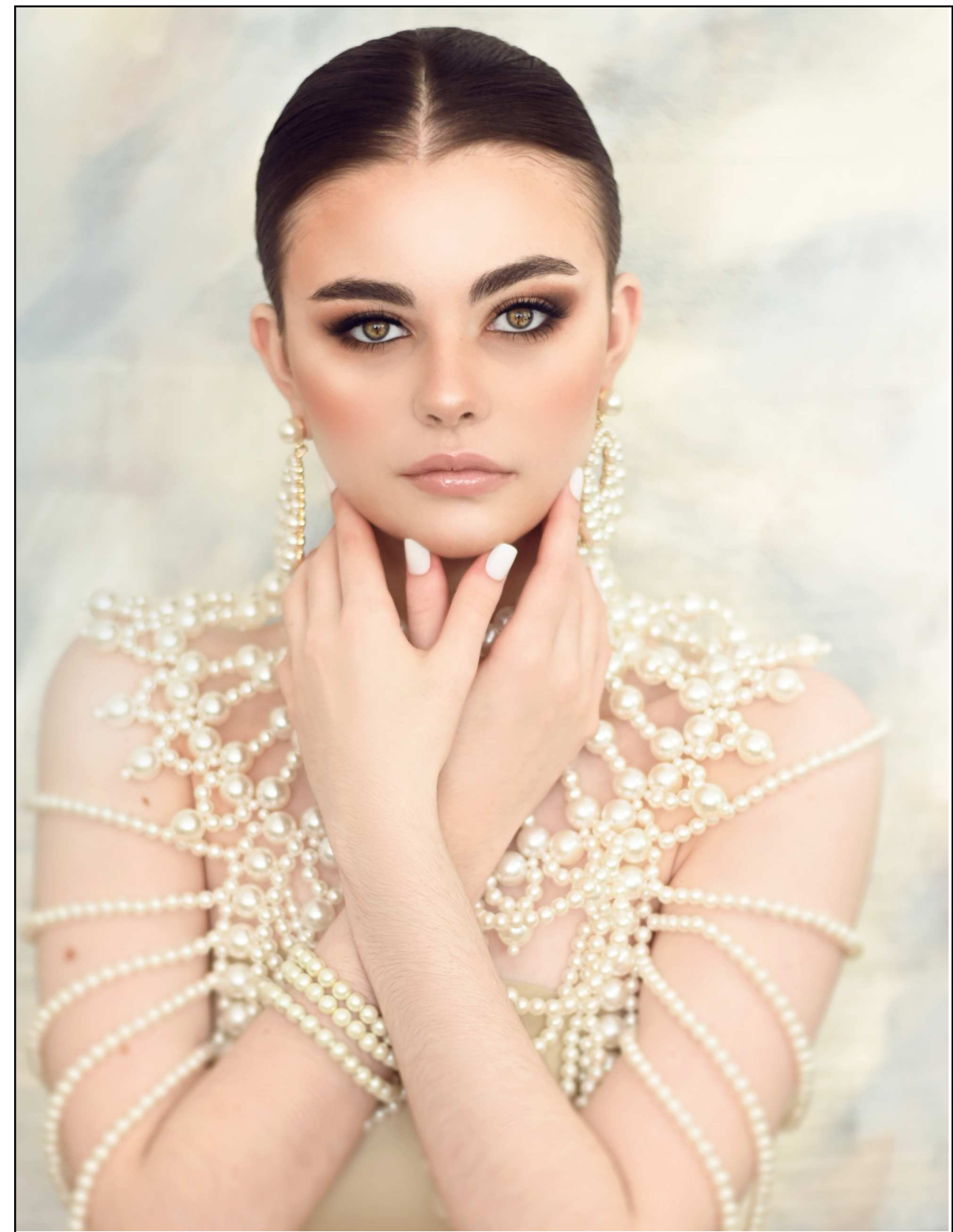
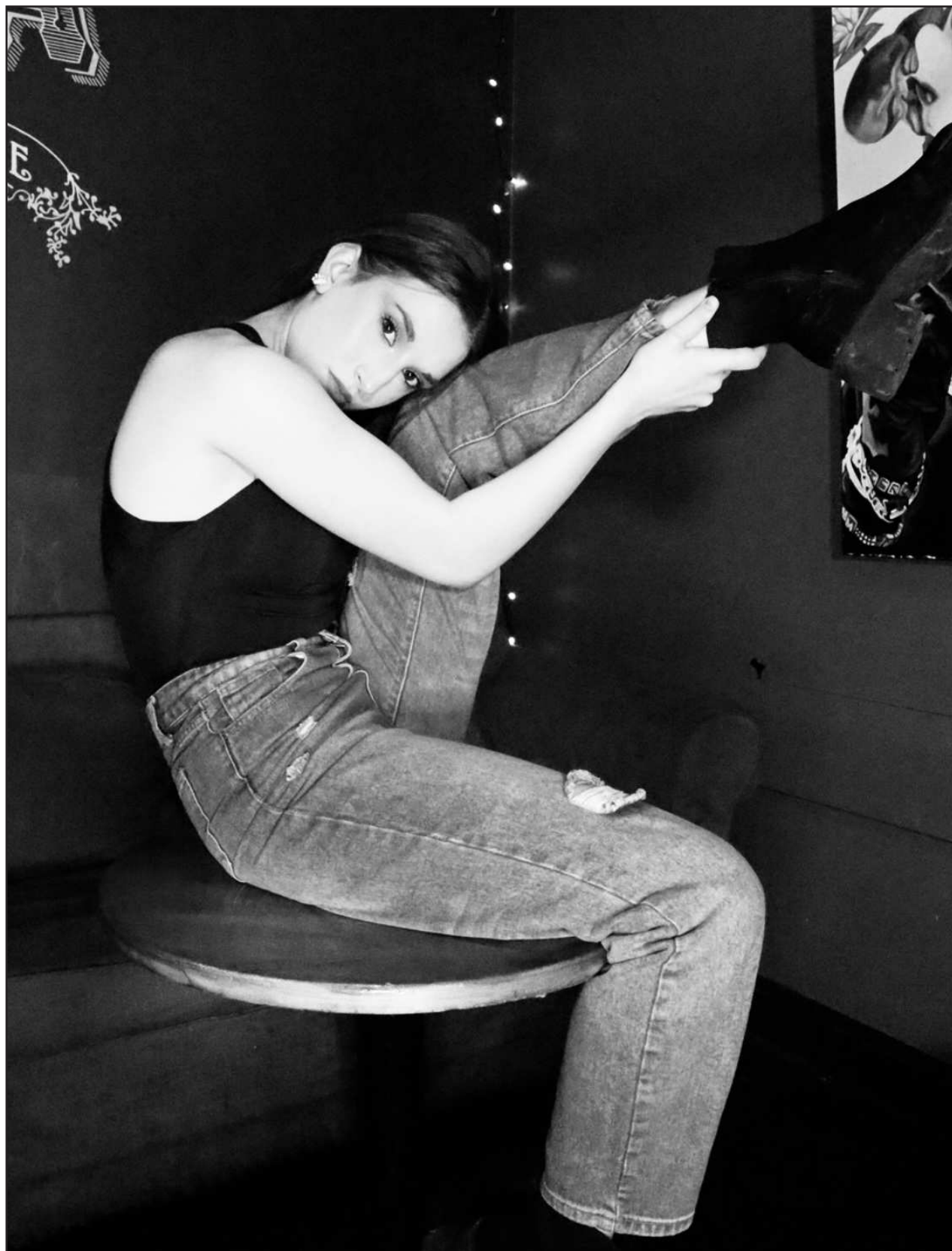
**Dane Vd  
Westhuizen**



**Laura  
Brunelle**







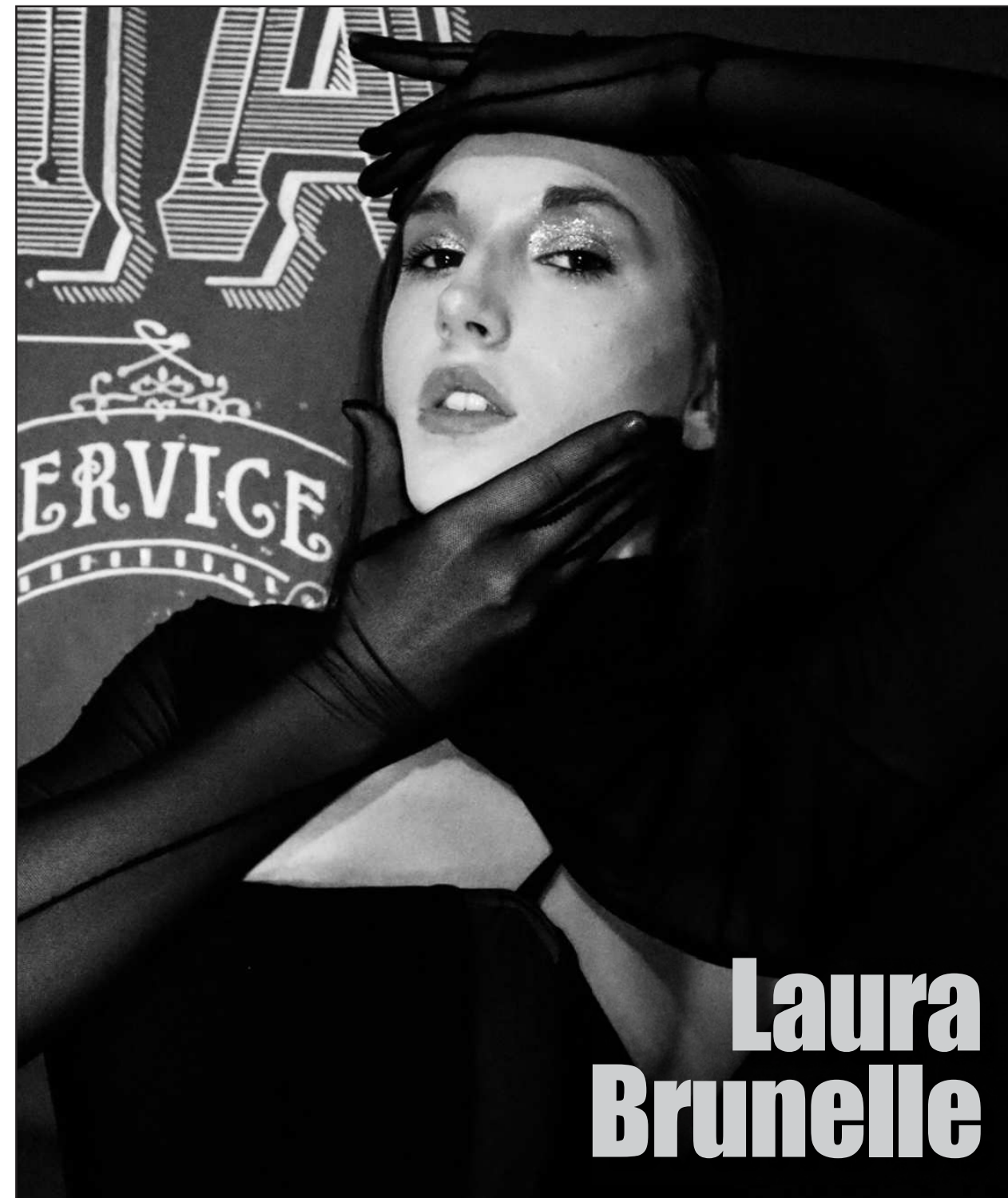




**Daniella  
Lampen**

the change in the dance world and hope to inspire others while pursuing whatever opportunities lay ahead for me as an artist.  
Photos Credits: Isenberg Entertainment,

Chemistry Dance Competition, Shooting Stars Dance Competition, Kick It Up Dance Competition



**Laura  
Brunelle**







body is essential for your craft, but as you lose yourself to an illness such as an eating disorder, there is no way to authentically pursue your art. It not only took away my ability to dance, but my ability to walk. This was heartbreaking to someone who had once dedicated her entire life to the art of dance. When my only means of transportation was a wheelchair as I was too weak, I knew I had to change. Therefore, with the immense help and support from my eating disorder team, family, and friends, I was able to slowly take back my life, and, while it was initially advised against, I took back dance as well.

Today, after a long road to recovery, I beat the odds and am now the strongest dancer I have ever been. I pursued my training in Orillia at Titanium Arts Lab which offered me a new, positive start. This is where I found new supportive friends, and supportive teachers, made new connections, and flourished as an artist. Today, I am slowly breaking out into the industry having mentorship from Isenberg Entertainment, appearing in the opening show cast of the Universal Women's Network's 2024 Women of Inspiration Awards as well as the Savage Patch Kidds' music video "Rooms In This House," and being an ambassador for Chemistry Dance Competition.

As I returned to dance I was determined to contribute to changing the industry and its outdated, unrealistic body standards for dancers. I hope to pursue my craft professionally while sharing my story to create eating disorder awareness, especially in an industry that has a history of normalizing these behaviours. I want to be a part of



My name is Daniella Lampen, and I have been dancing competitively for 10 years since I was 3. My biggest goals are to become a model, and dance for a division 1 college dance team. My main achievements in the past few years have been attending the Dance Awards, being the cover model for Conservatory of Dance, and

being an ambassador for Dance Advisor Photography. One challenge that I have had to face is not exactly having proper training. My city is very small and resources are very limited, however I have pushed through. Photos Credits: Broadbent Photography







became strictly virtual and worst of all, I was confined to my thoughts and social media. Quarantine called for a new era of trending diets and workout plans, which is dangerous for young, impressionable dancers growing up in an industry that has a history of strict body ideals and aesthetics. Unfortunately, being a 14-year-old impressionable young girl with only social media as a connection to the outside world, I fell victim to these harmful trends... and my training came altogether to a screeching halt.

In April of 2021, I was suddenly admitted to the Eating Disorder Program at Soldiers' Memorial Hospital in Orillia, ON where I was diagnosed with anorexia nervosa. After over a year of denial and damaging my body for the euphoric feeling of control and pressure to change the way I look, reality hit and I was given a week to live before my heart would ultimately fail me.

Though it was hard to escape the mental prison that is an eating disorder, I knew I had to recover, not only for my life but for the dreams of a younger Laura. It was in those 4 walls of my hospital room where I had the epiphany that while I found comfort in the "control" my eating disorder gave me, it was actually taking control of me. As a dancer, having control over your own



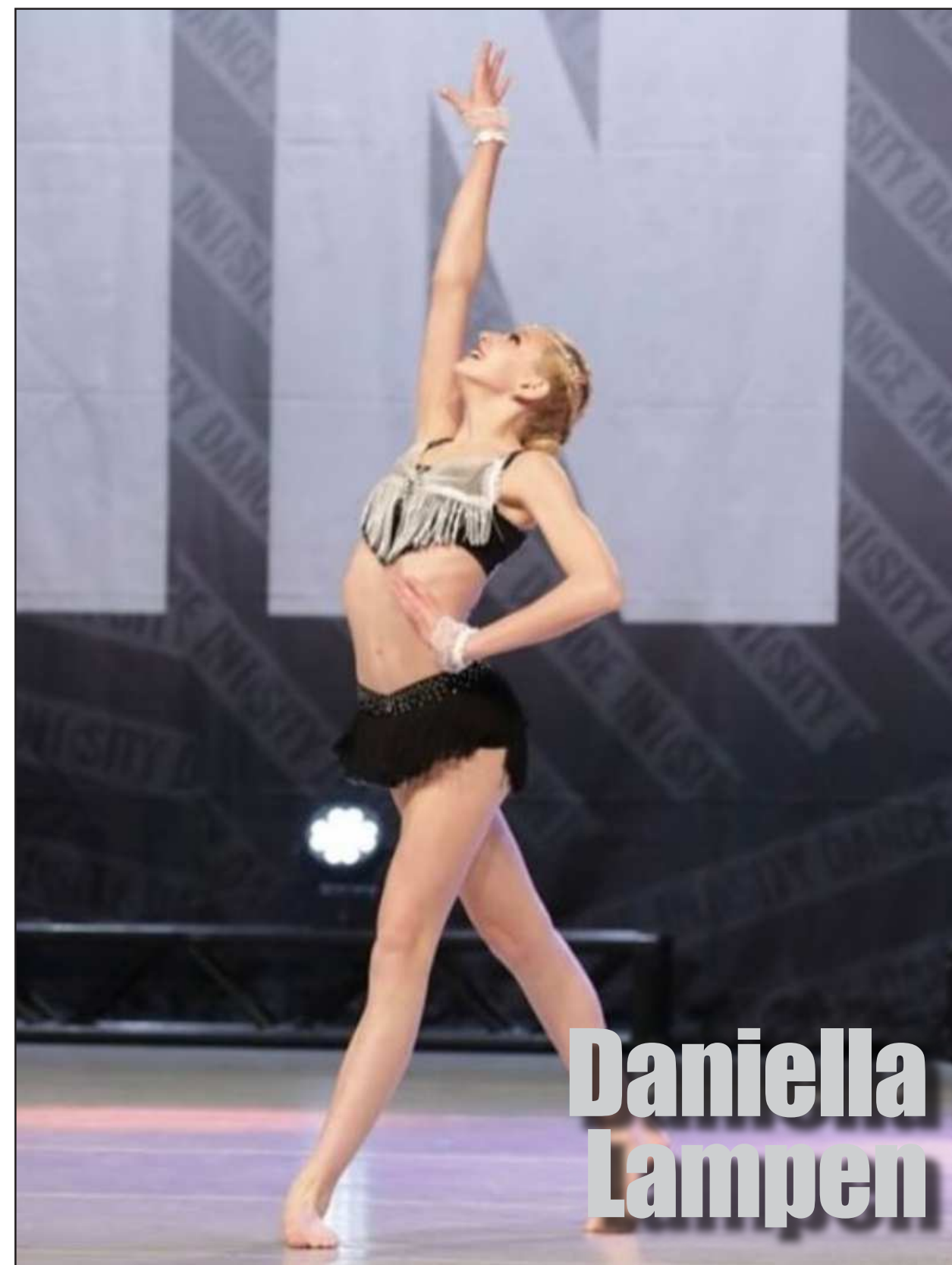




Hi! My name is Laura Brunelle. I am an upcoming artist based in Toronto, Ontario, Canada aspiring to make it in the industry. I started dancing in my hometown at the age of 3, however, growing up in a small town meant I had limited training and opportunities. This did not stop me from working hard to achieve my dreams. While I was taught the vital fundamentals of dance in my hometown, I trained independently to realize my personal goals. Furthermore, I had the privilege of growing up with a talented older sister whom I have always looked up to. With the same goals, she had been my greatest inspiration, paving the way for me to become the artist I am today.

I started competitive dance at the age of 8, and my love for performance grew strong. All my training paid off through my successes at several competitions across North America, where I earned recognition from top industry performers. My passion for dance grew with me through the years, and from that point on, I knew I wanted to be a professional dancer.

In 2020, like every other, the dance community was hit by the global pandemic. Performances and competitions were canceled, my dance classes and schooling



**Daniella Lampen**







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My name is Kelin Celi

I was born in Ibagué-Tolima Colombia, I arrived to the USA in the summer of 2017, I currently live in Miami, I work as a professional model and cosmetology

My dreams are to become a free, fulfilled and happy woman both spiritually and emotionally. Help and always be there for my family and the people I love.

My goal is to be able to fulfill my dreams and be a full, complete and happy woman.

My challenges are to prove to myself that I can be better every day.

My jobs have been many like many of the immigrants when they arrived here, from washing dishes and different cleaning jobs, to becoming a cosmetologist and professional model,

My achievements, more than economic, have been more heartfelt, such as being able to help my family in my country, taking them to see the sea, being able to provide them with better stability and filling them with joy and respect for me.

Every step I have taken in this country has been an achievement and personal growth; from improving in each job to obtaining my cosmetology license and becoming a citizen, as well as being able to model on catwalks like Runway 7 at New York Fashion Week (NYFW) to being on screens for singers and latin telenovelas for Telemundo.

Each of these steps has been with a lot of commitment, effort and dedication and thanks to that I am currently able to bring my family here with me.

Photos Credits: Gustavo Reategui







**Kelin  
Celi**







**Kelin  
Celi**









