

*i*DANCE

MAGAZINE

Aaliyah
Douglas



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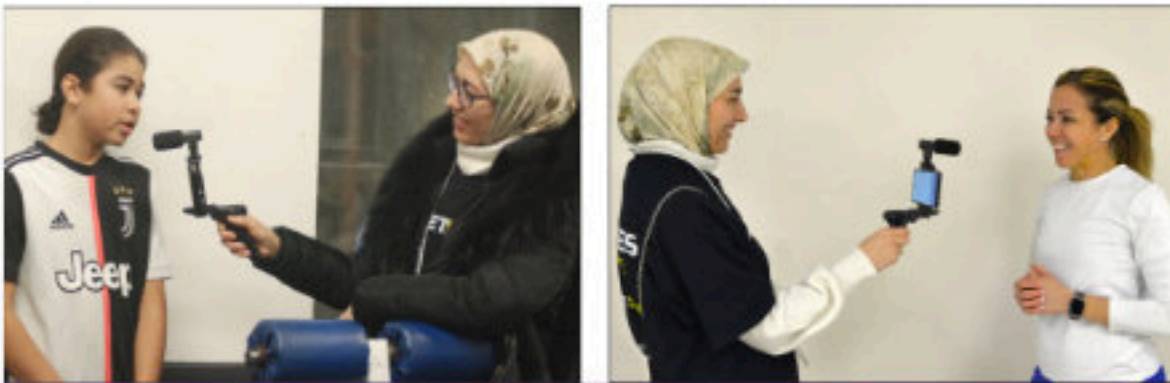
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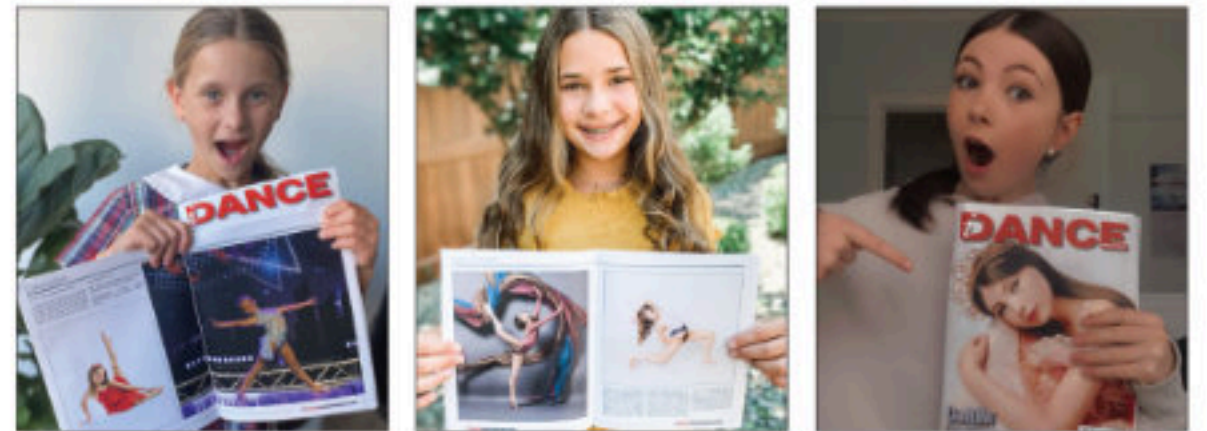
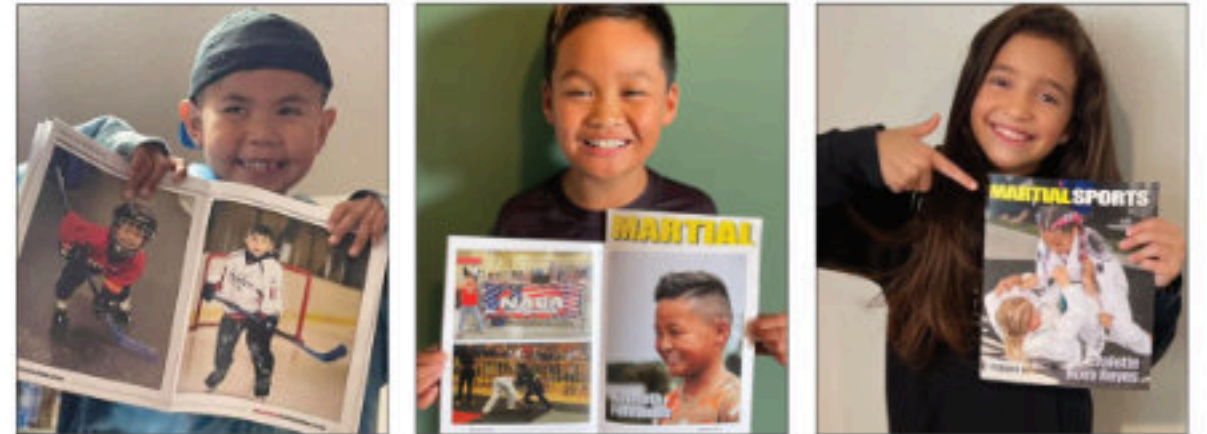
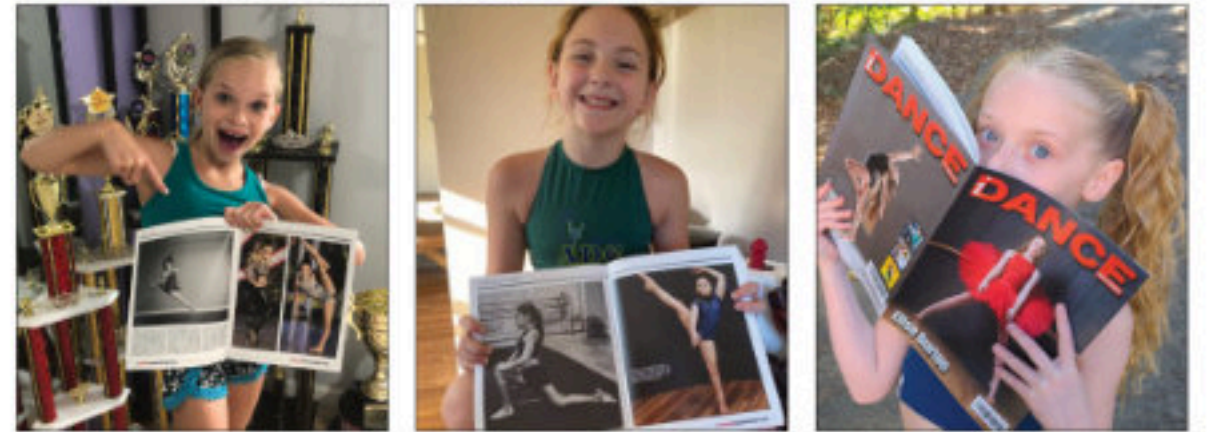
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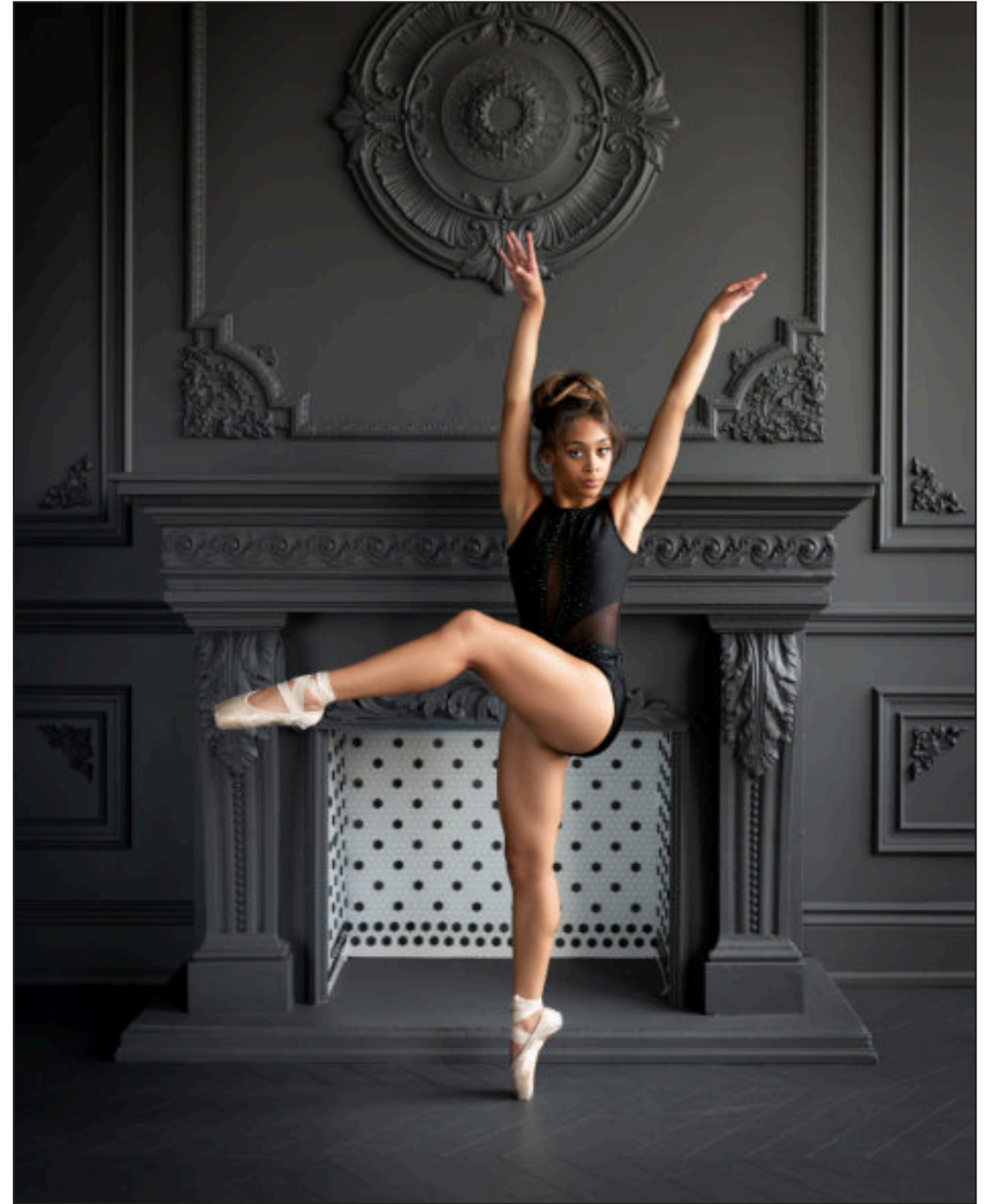


My name is Aaliyah Douglas, I am 14 years old and I love to dance. It allows me to express my emotions and creativity in a way that words often can't capture. Each movement feels like a release, letting me connect with music on a deeper level and find joy in the rhythm. Whether I'm alone or with others, dancing

creates a sense of freedom and exhilaration that uplifts my spirit. It's a way to celebrate life, build confidence, and forge connections with those around me, making every dance an unforgettable experience.

Photos Credits: Dave Ryce Photography





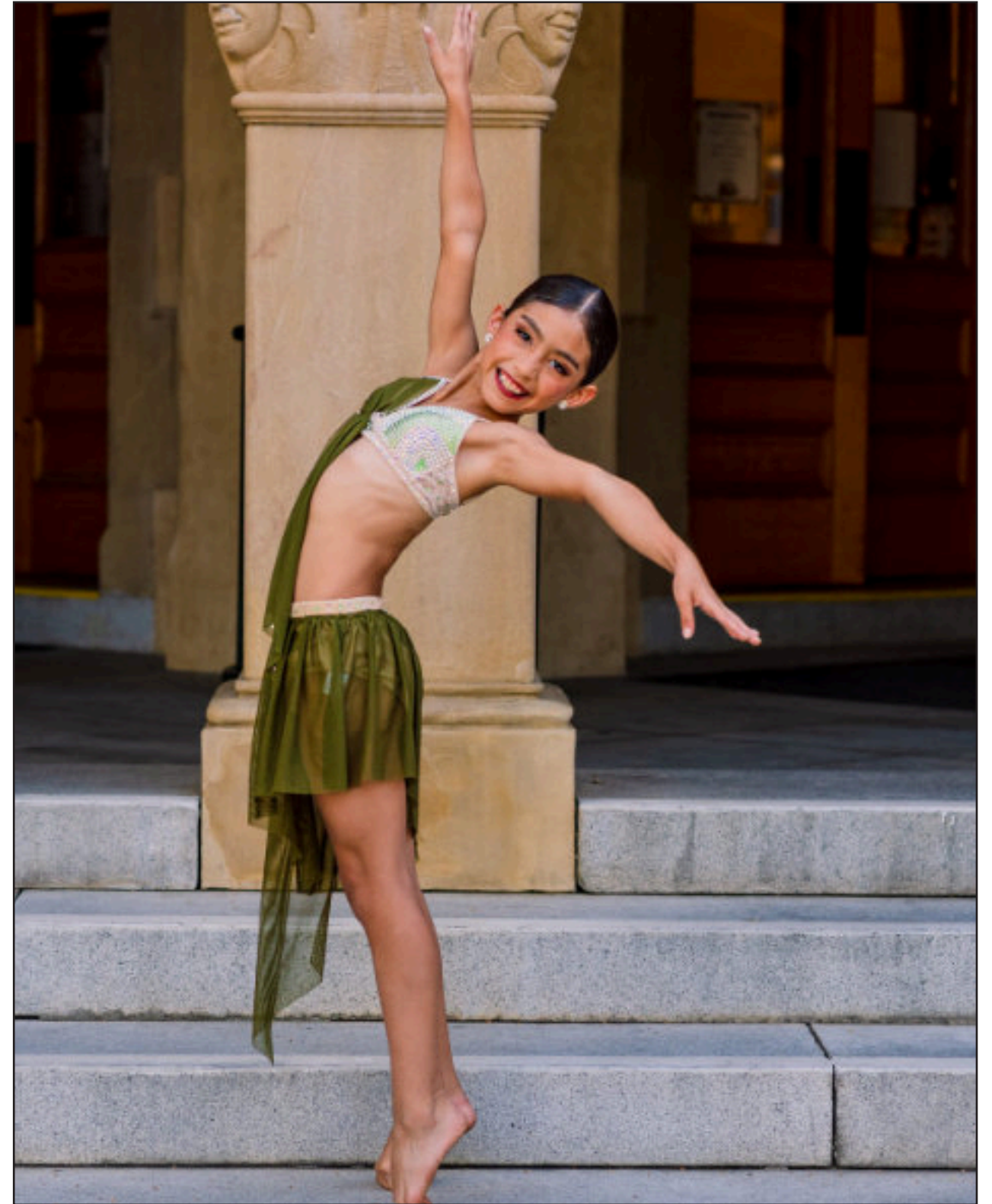


My name is Bella Vargas I am 10 years old and have been dancing since I was 18 months! Being in the dance world has taught me so much I have learned how to train hard and to never give up. I have so many goals and dreams but the main one is to one say become an instructor and own my own dance studio. I want to make

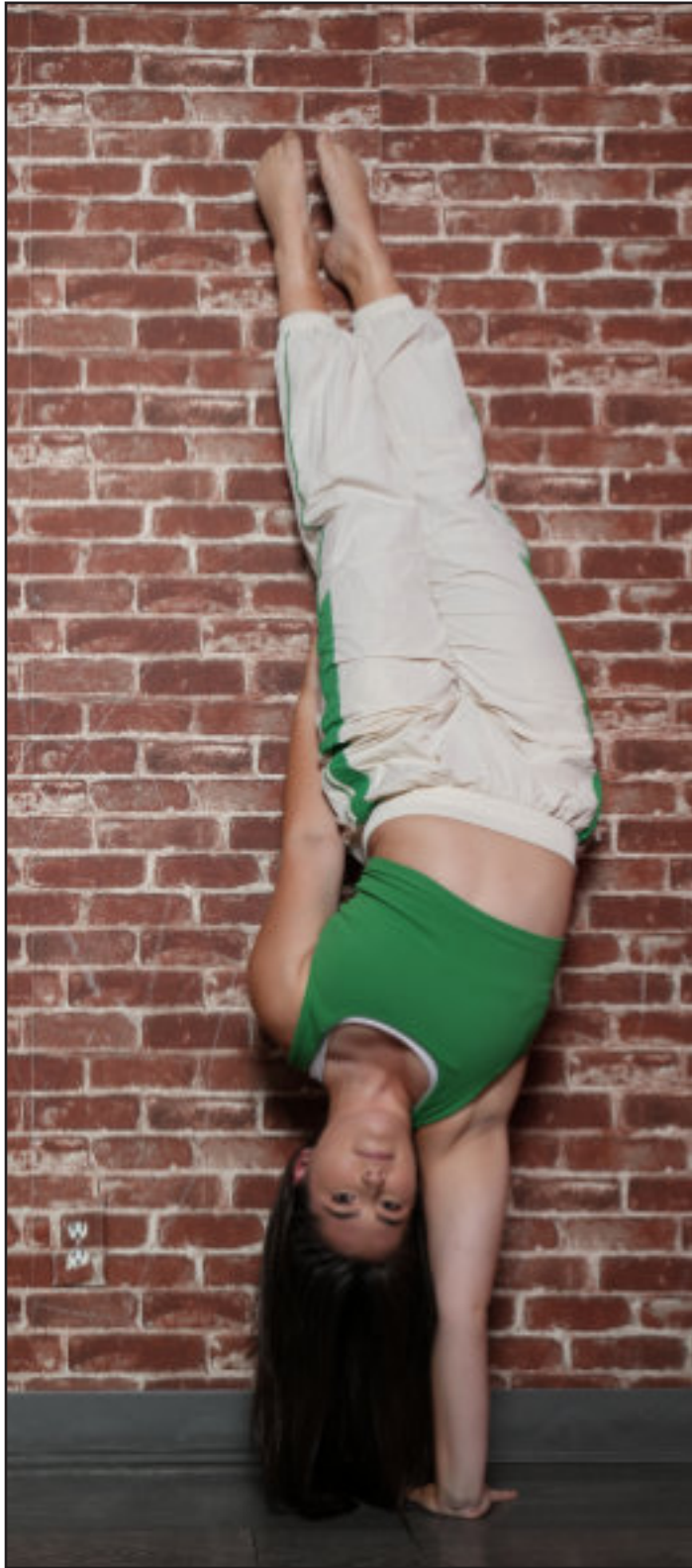
an impact on peoples lives and see them succeed. Dancing brings out the best of me and I cant see myself doing anything different in my life!

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Brooklyn Stukel

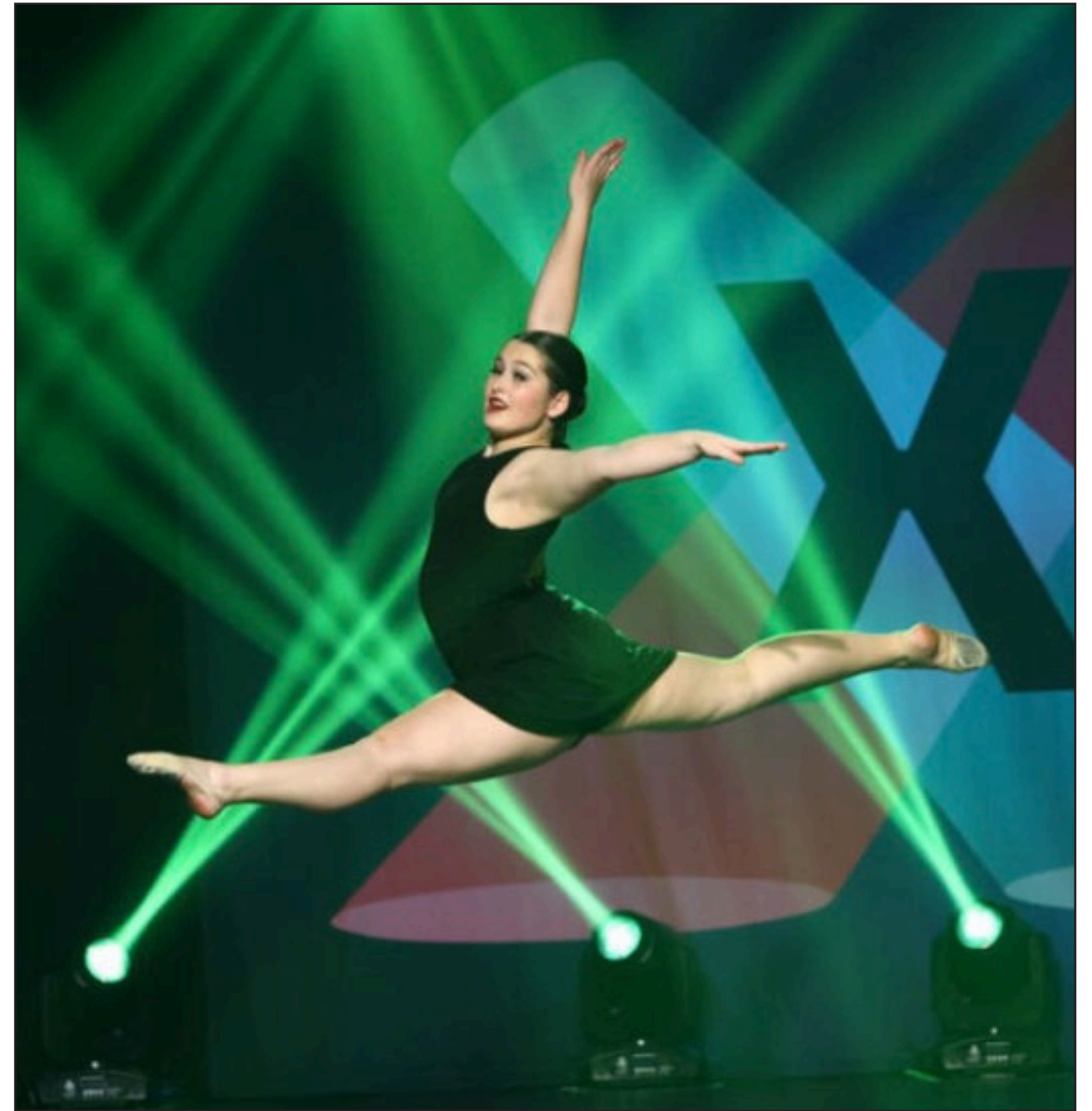


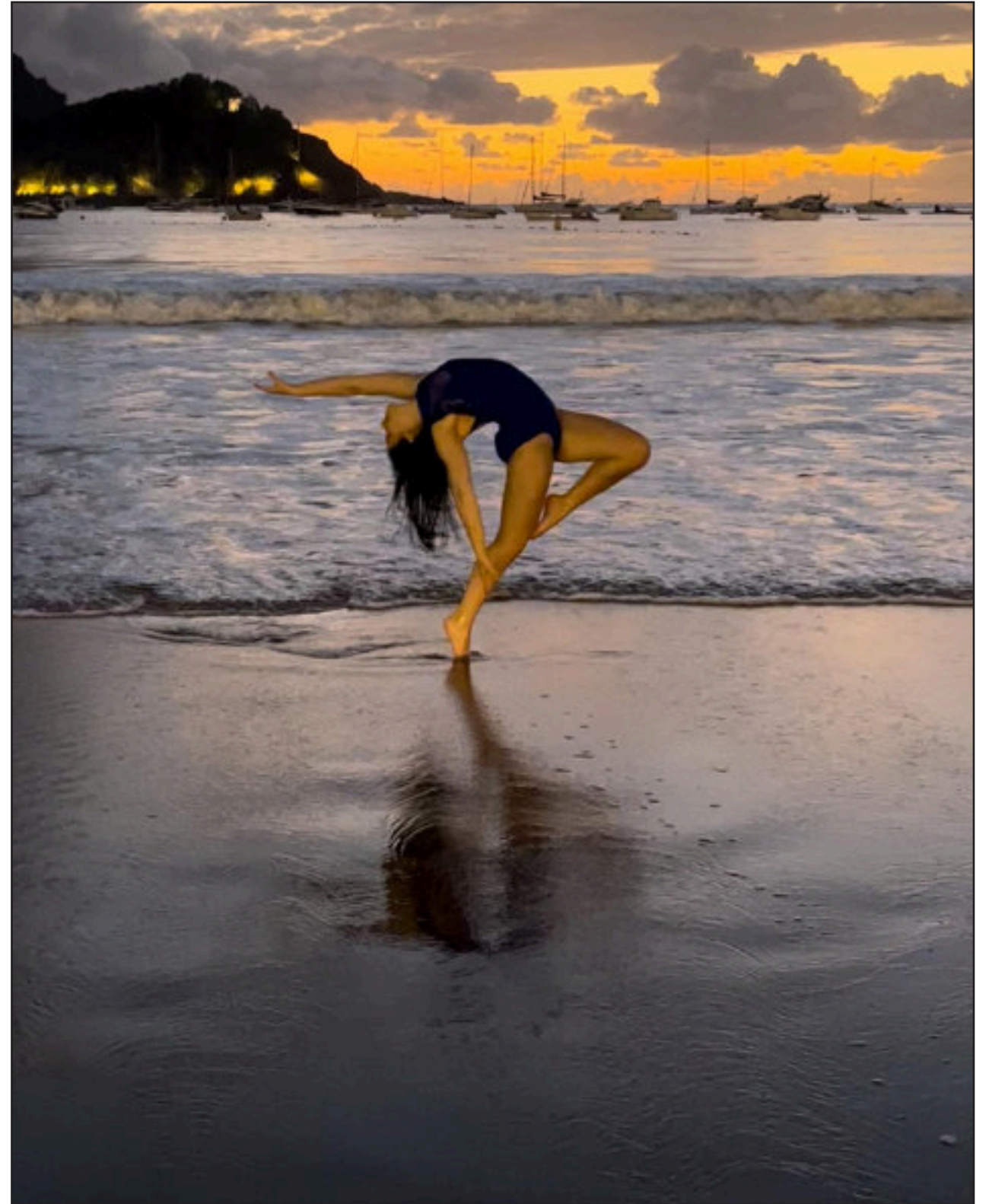
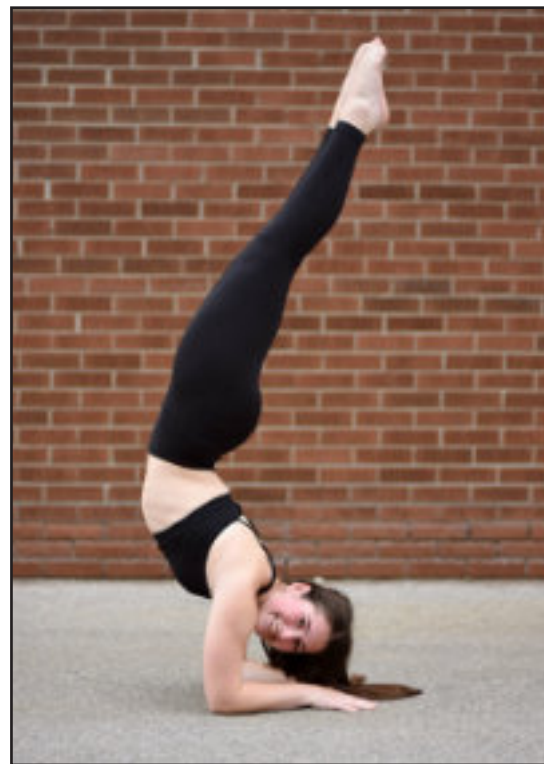
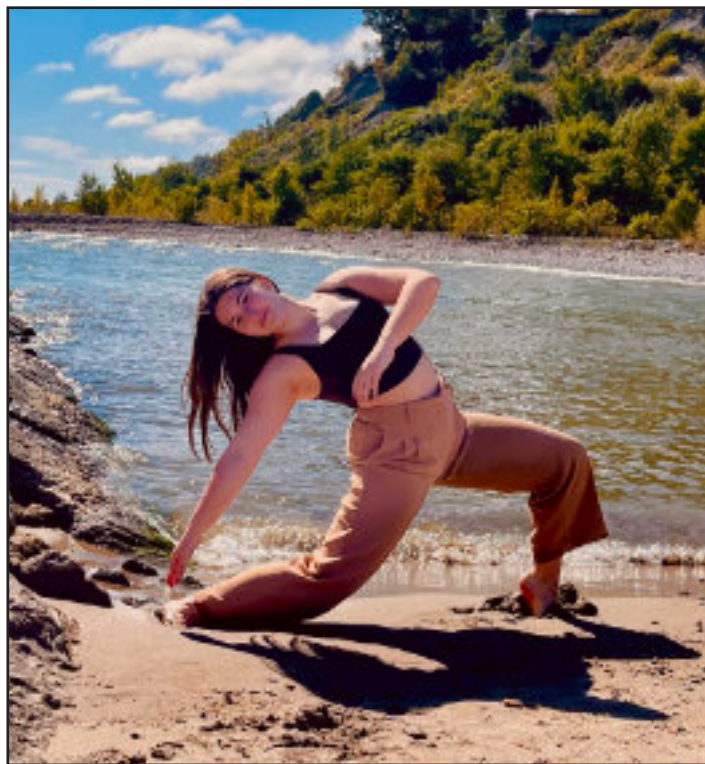
My name is Brooklyn Stukel. I am 18 years old. I have been dancing since I was just 1.5 years old. I currently dance at Across The Floor Dance Centre in Mississauga, and study Dance Performance at Centennial College in Scarborough, Ontario. I was a dance captain for the open team at my High School and I was also selected to be choreographer/captain of our musical production 9 to 5. After completion of my college two year program, I hope to embark on my professional dance career on cruise ships, Disney World, NYC, or film/television. I consider myself to be a well rounded dancer, training in various styles. I completed my ballet examinations under the Cecchetti Council of America. My interest and experience with performing and auditions started with the Greater Niagara Ballet Company productions of the Nutcracker 2017, 2018, 2019 and Peter And The Wolf 2018, 2019 playing various roles in both productions including the amazing role of Clara. I decided to it to the next level by auditioning and was selected to be a team member of World Performers Canada National Dance Team in 2020 and received a Bronze Medal for small group jazz dance. I continued as a team member in 2021 receiving a Silver for small group acro and a Gold medal for a large group jazz. I continued as a valuable team member in 2022 and I am representing Canada again in Spain 2025. I was a performer at the 2022 and 2024 Miss Universe Canada Pageant. I have travelled with the Fivestar Dance Company to Mexico as a member for the past two years 2022, 2023 and 2024. In December, 2023 I completed an intensive in New York City (Broadway Bound) through BeDiscovered and Summer 2024 I trained in Los Angeles, Disneyland, and Las Vegas/Phoenix. I have been published in Yes Fashion, Bloom, and ELLE October 2024

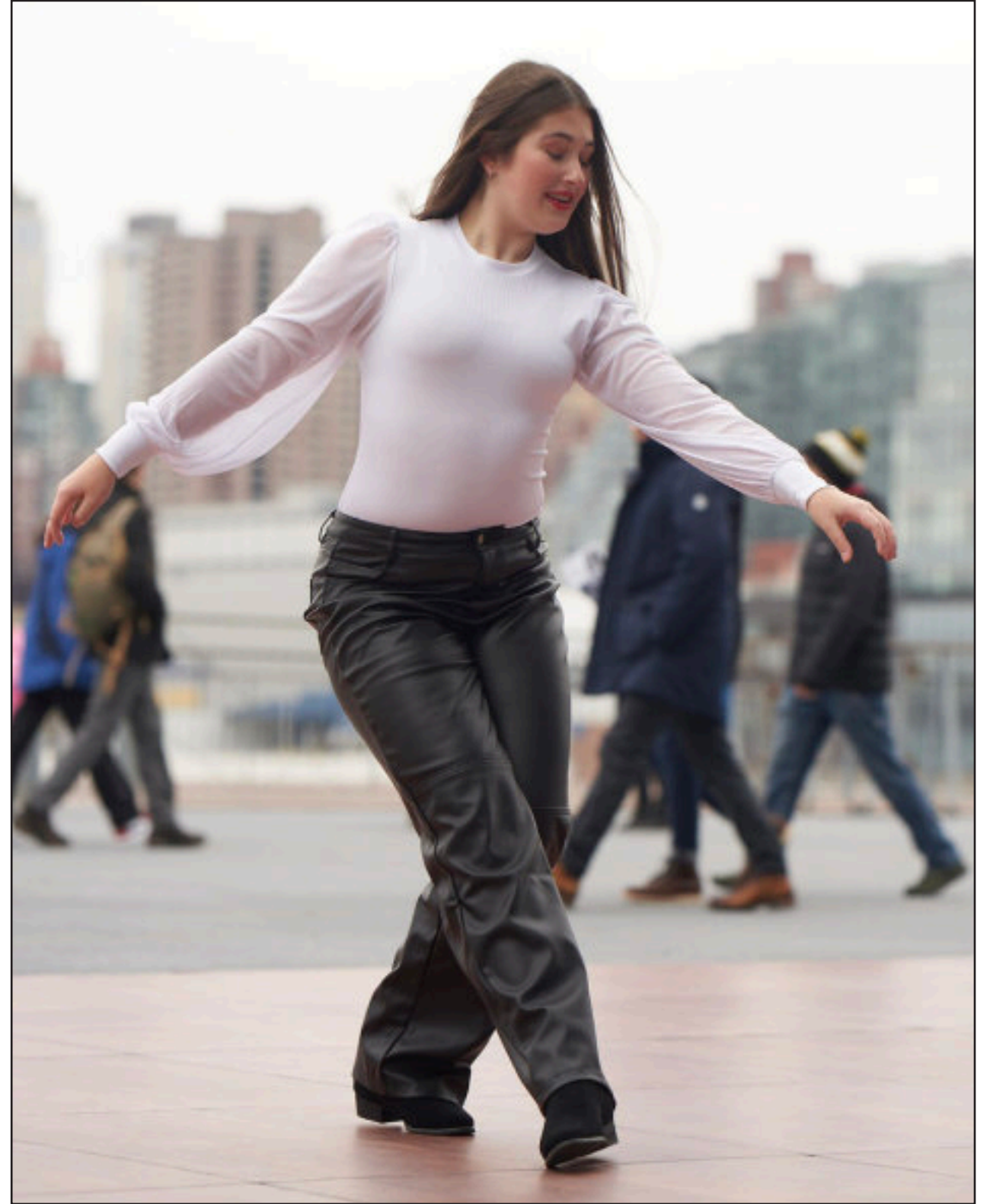
modelling Mila Hoffman's gown. I have both assisted and taught classes at the studio for years and have been a positive role model for the younger students to look up to. I am always looking to further my dance training/personal experiences by joining various conventions and classes with a range of amazing

choreographers. I can't wait to continue my journey!!

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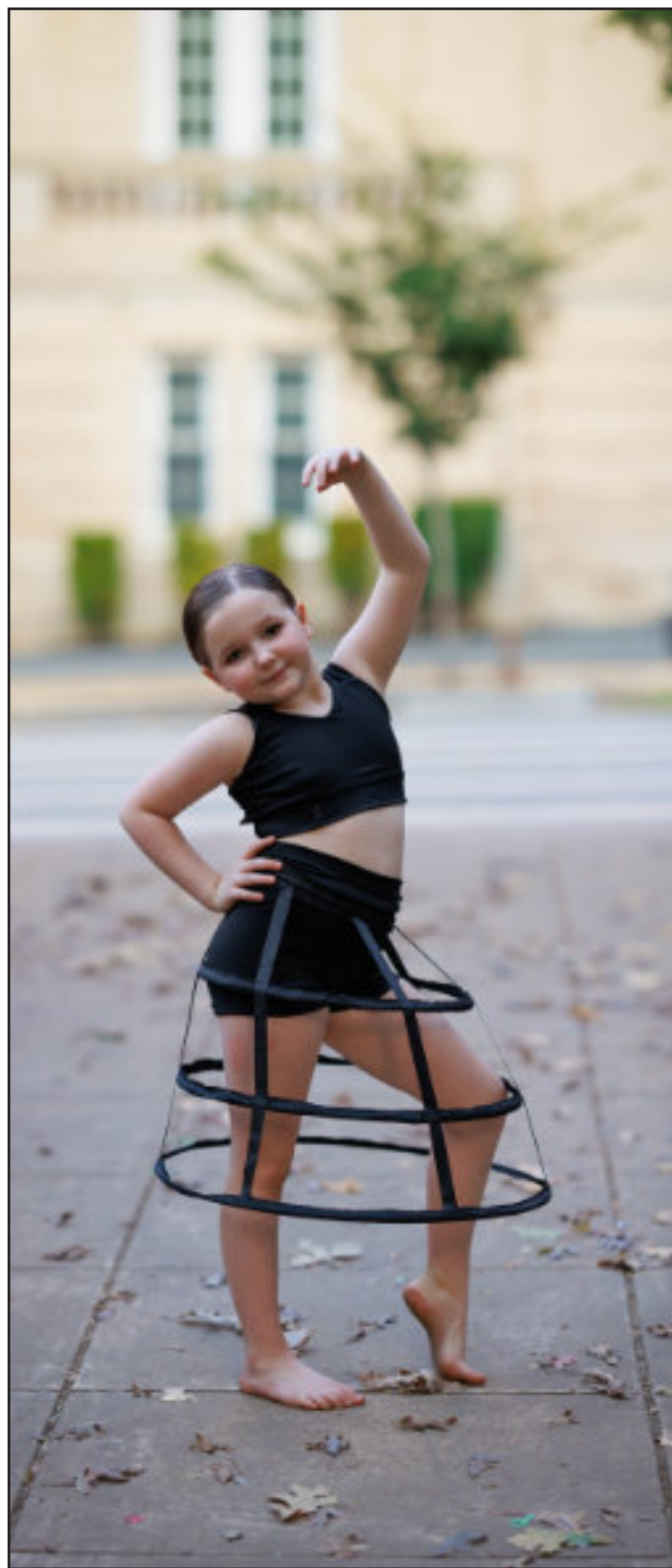
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Cadence Oldham



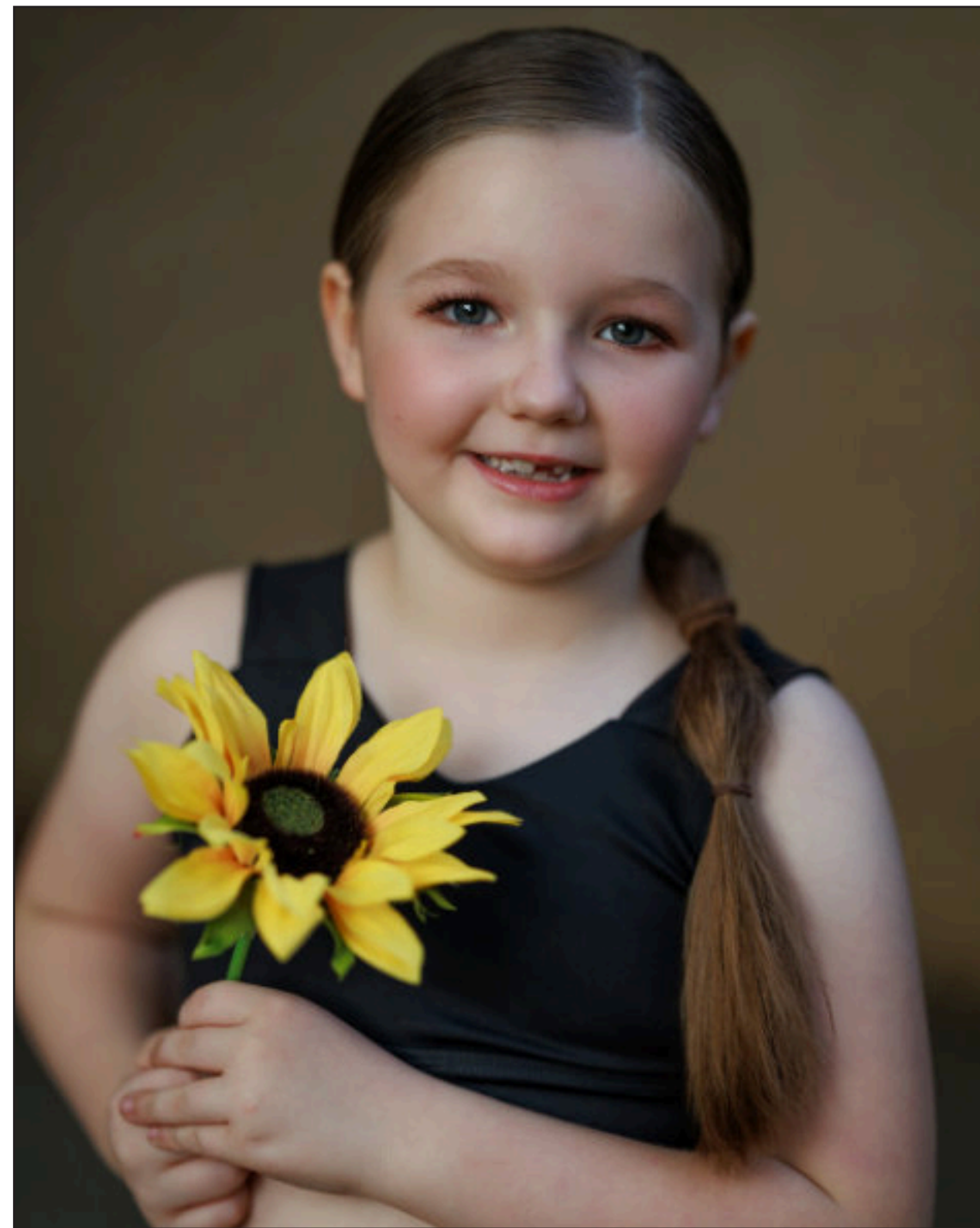
My name is Cadence Oldham, and I began my dance journey at 2 years old at BCV Dance Center in Maryland. I began with ballet, and in my 4 years of dance have also gained knowledge and skills in tap, jazz, and lyrical. I added hip hop to my list of dance styles this year and I have been excited to start learning new skills.

At only 6 ½ years old, I have accomplished quite a bit already. I began competitive dance when I was 4 years old, and my abilities and determination earned my first solo last season at 5 years old. I was diligent with my practice, mastering new challenging tricks during that lyrical solo. This year my solo will be in musical theater, which is an unexplored area for me, but my teachers have high confidence that I can meet and master this challenge. Additionally, I have participated in BCV's production of The Nutcracker, performing 2 different routines in multiple shows in December. This December will be my 4th season in the show.

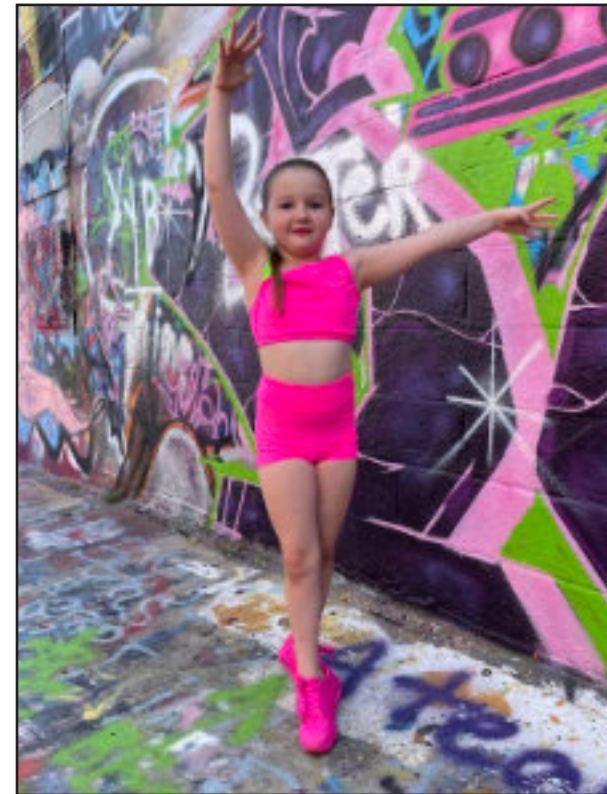
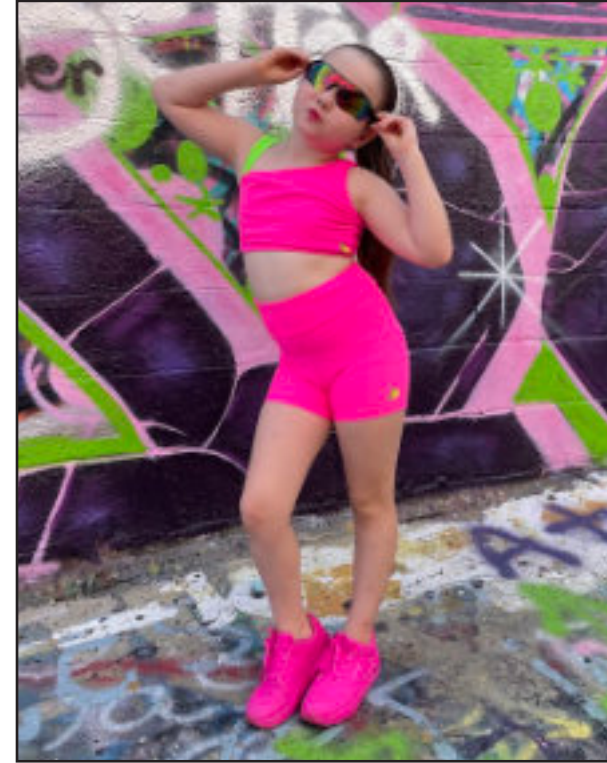
In addition to multiple dance achievements, I began dancewear modeling and photography this year. I love being in front of the camera, and am currently active as an ambassador for several dancewear and dance related companies. In my free time, I love to read, listen to music, and discovering new places and adventures with my family and friends.

One of my dreams is to win the World Dance Championship one day. I have been to the competition the past 2 years in group routines with my team, and loved the experience. I also dream of owning my own studio in the future, and becoming a dance teacher that inspires and believes in young girls as much as my teachers have with me.

Photos Credits: PM Photography LLC and Mom



Cadence Oldham



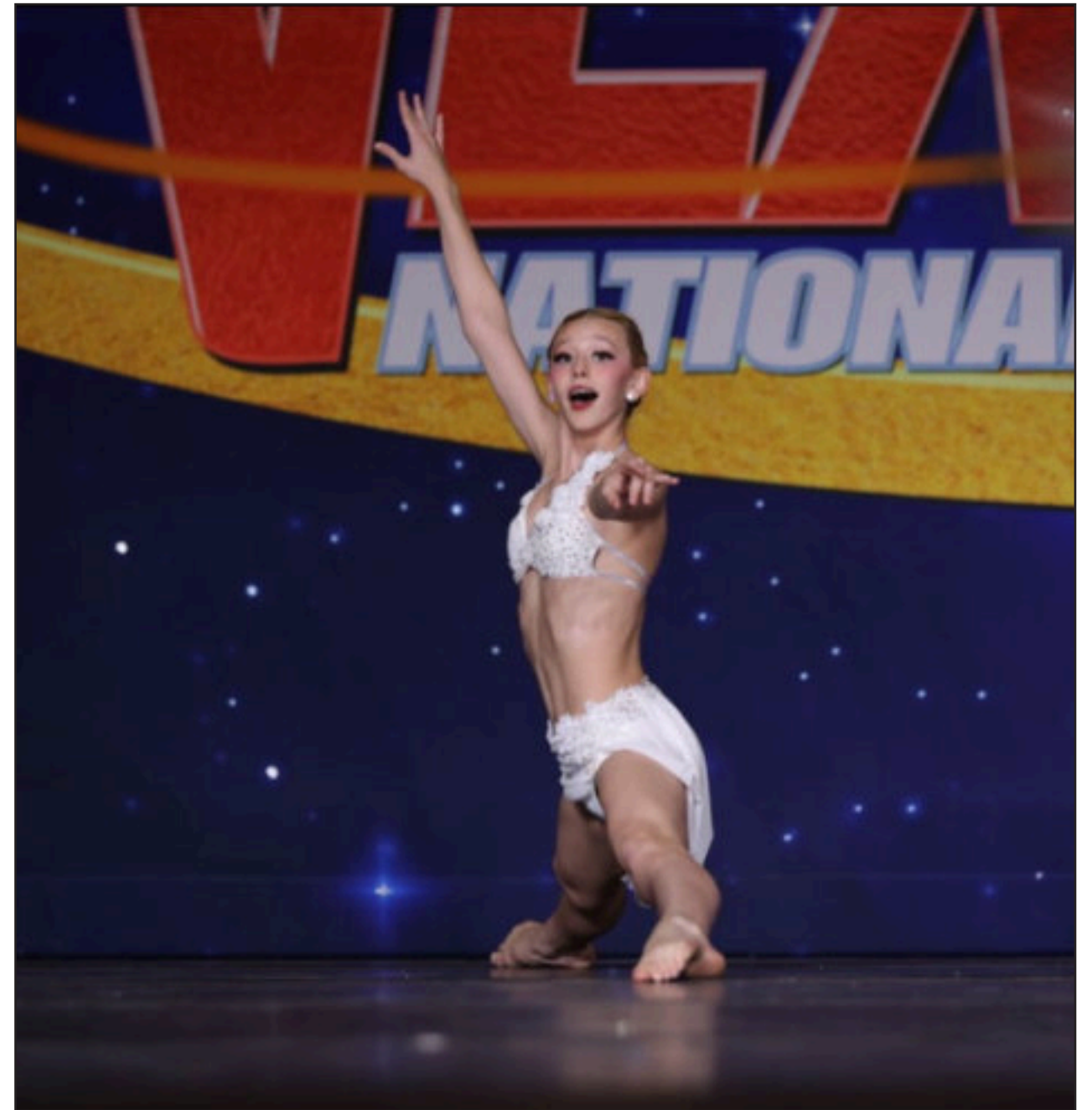
Daniella Lampen

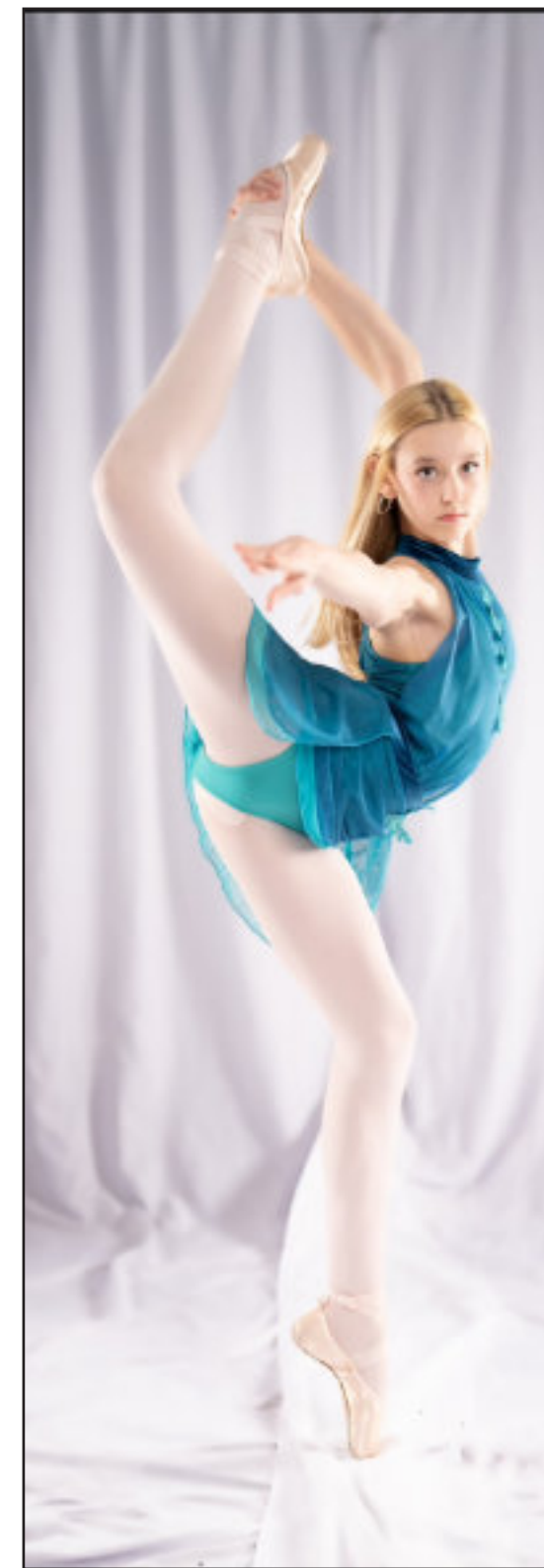
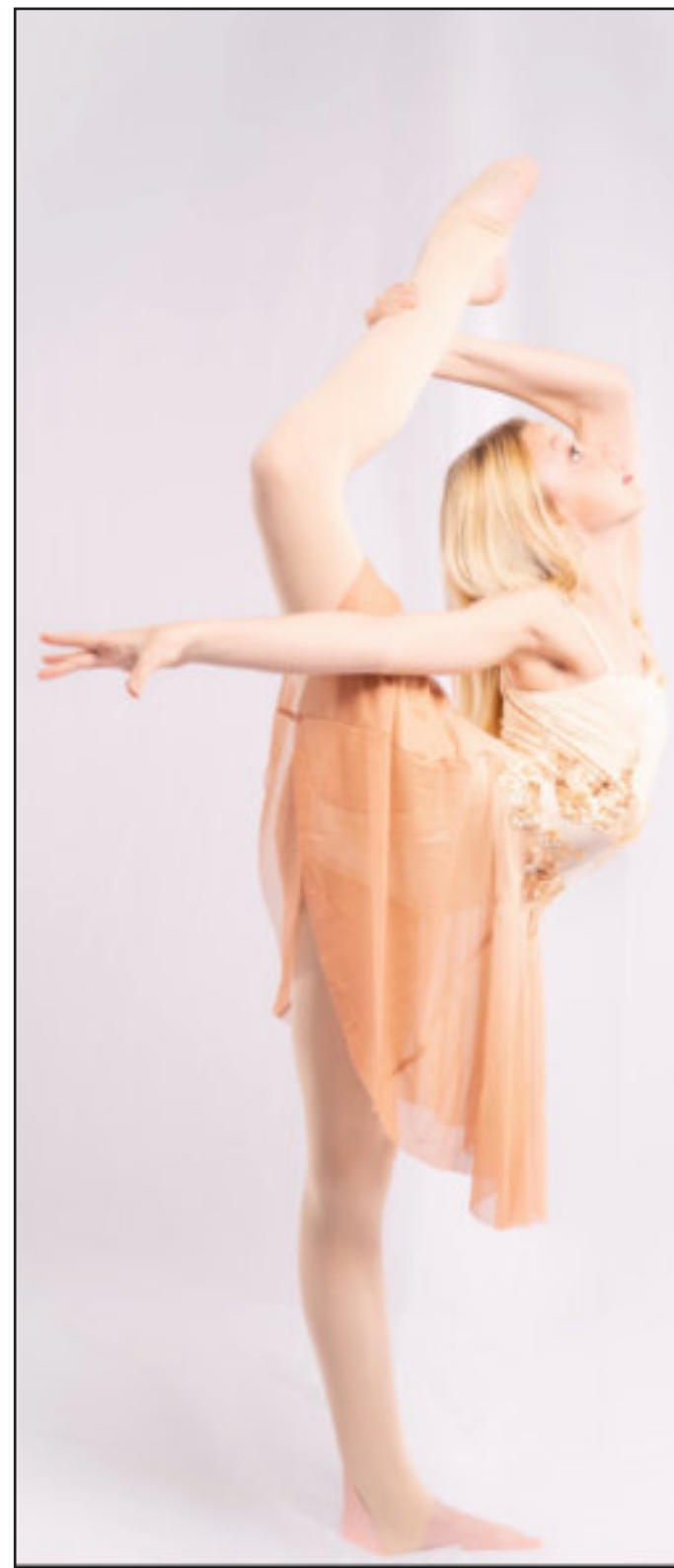


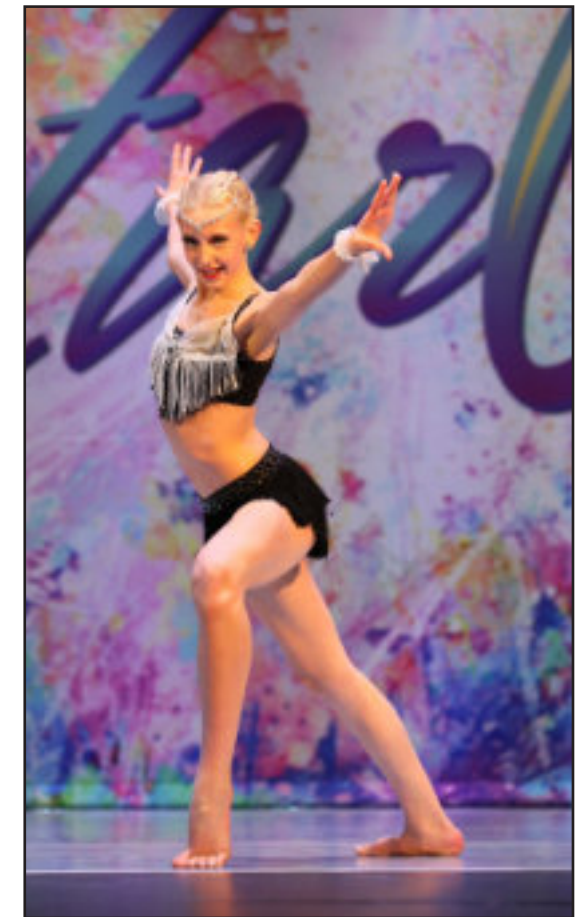
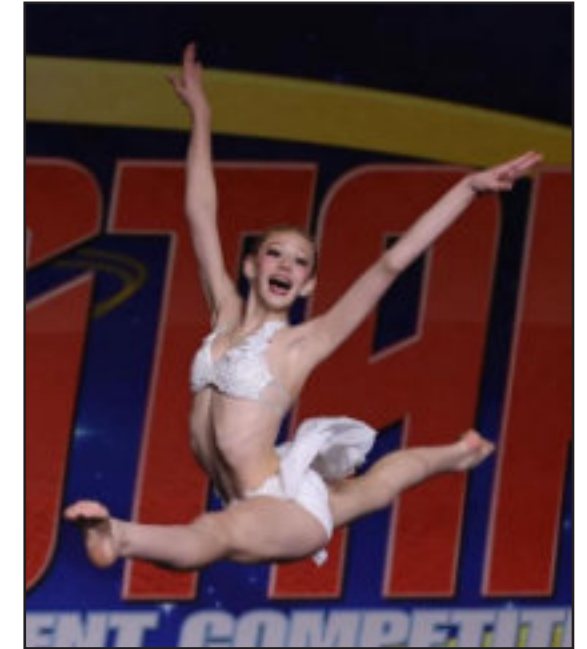
My name is Daniella Lampen, and I have been dancing competitively for 10 years since I was 3. My biggest goals are to become a model, and dance for a division 1 college dance team. My main achievements in the past few years have been attending the Dance Awards, being the cover model for Conservatory of Dance, and

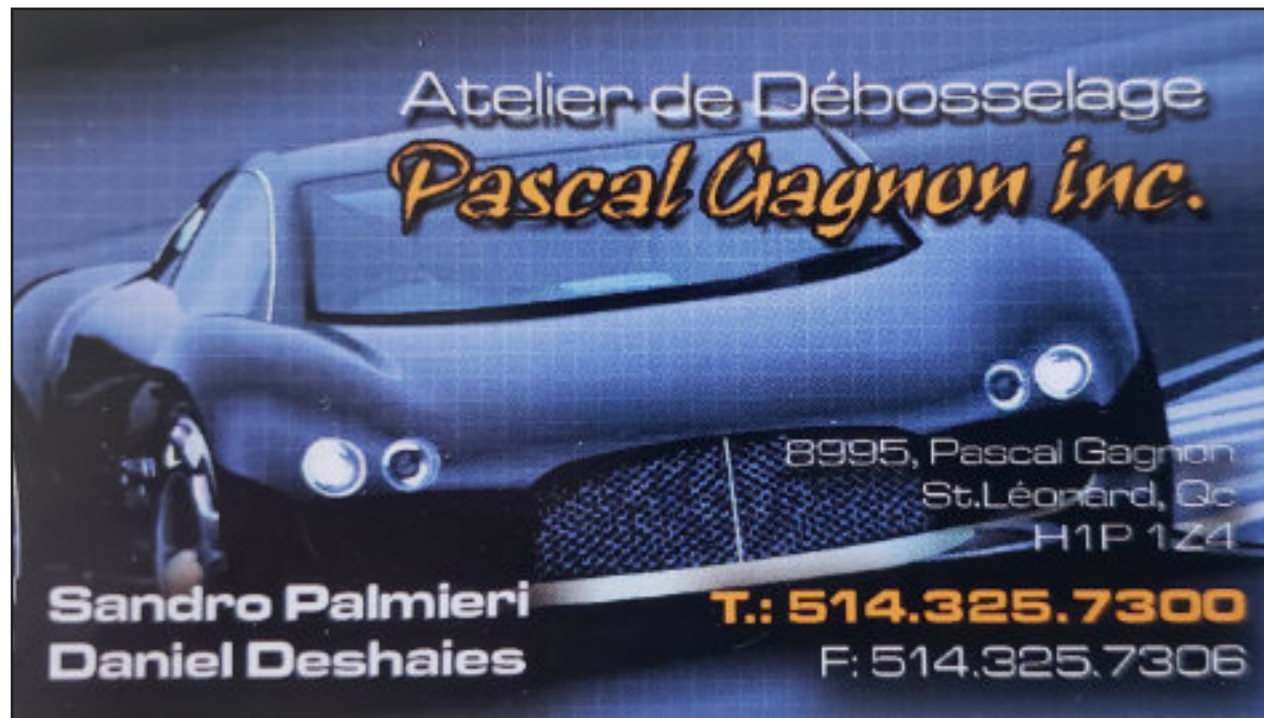
being an ambassador for Dance Advisor Photography. One challenge that I have had to face is not exactly having proper training. My city is very small and resources are very limited, however I have pushed through.

Photos Credits: Broadbent Photography









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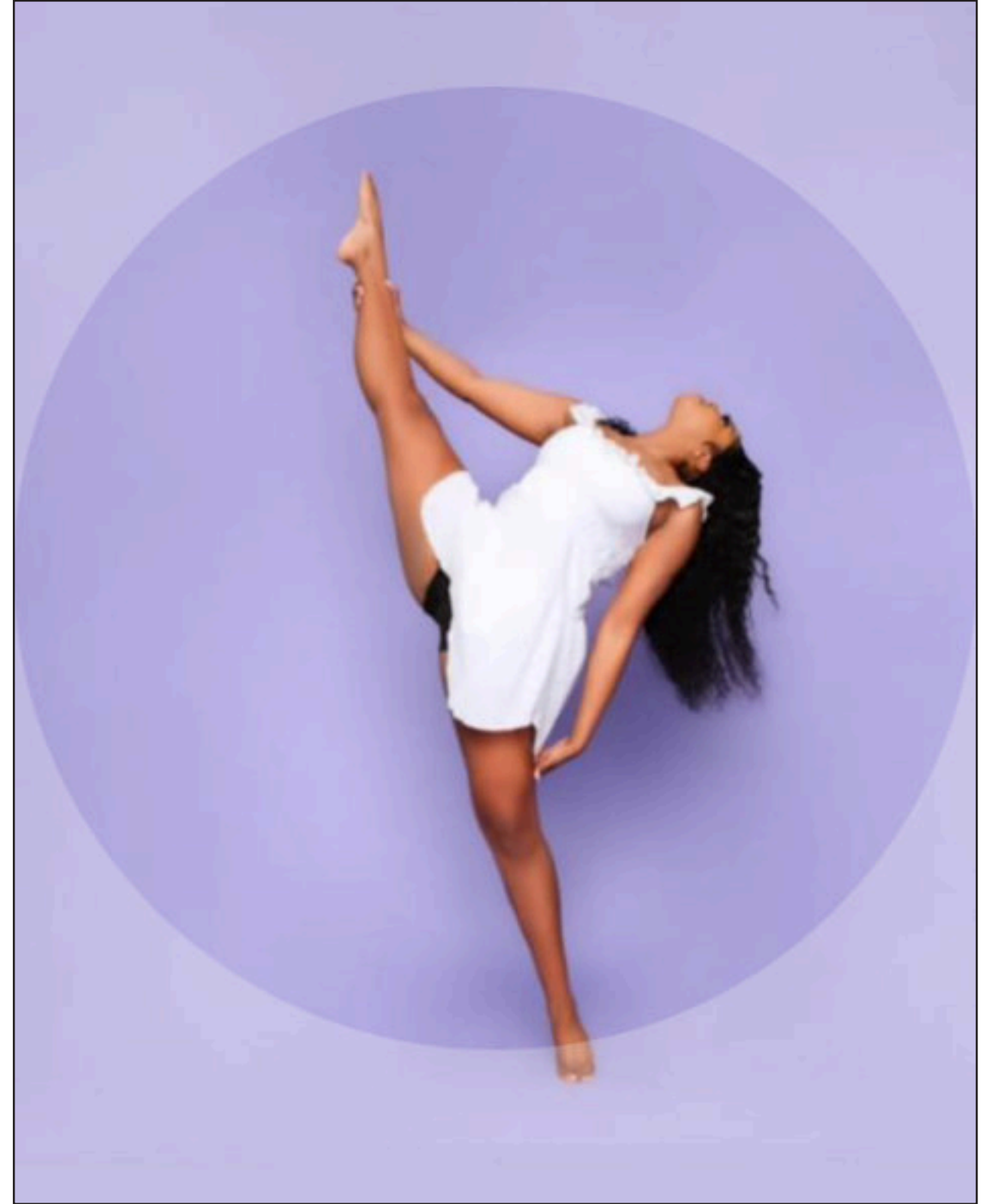
My Name is Gabbi and I Dance from the Heart!

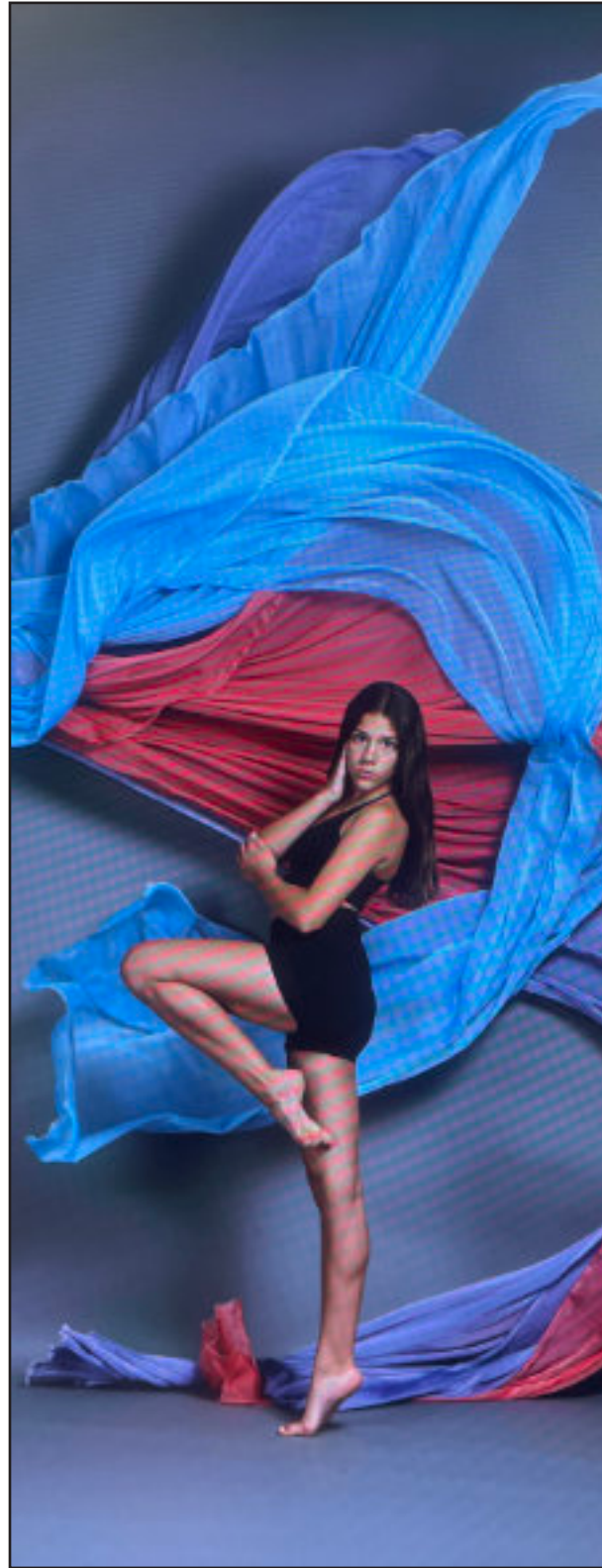
I have been dancing since I was 2 years old and now at the age of 16; I know that dance is more than learning choreography it's my expression

of emotions. Dance is clearly my Voice ♥ My desire is to continue to pursue dance in the college sector.

Photos Credits: Elaine Petit Photography







Dance has inspired in so many ways, dance is my passion I put my hard work into everything and maybe one day my dream is to work at a

dance convention and teach.

Photos Credits: Hollywood dance shoot



Laura Brunelle

Hi! My name is Laura Brunelle. I am an upcoming artist based in Toronto, Ontario, Canada aspiring to make it in the industry. I started dancing in my hometown at the age of 3, however, growing up in a small town meant I had limited training and opportunities. This did not stop me from working hard to achieve my dreams. While I was taught the vital fundamentals of dance in my hometown, I trained independently to realize my personal goals. Furthermore, I had the privilege of growing up with a talented older sister whom I have always looked up to. With the same goals, she had been my greatest inspiration, paving the way for me to become the artist I am today.

I started competitive dance at the age of 8, and my love for performance grew strong. All my training paid off through my successes at several competitions across North America, where I earned recognition from top industry performers. My passion for dance grew with me through the years, and from that point on, I knew I wanted to be a professional dancer.

In 2020, like every other, the dance community was hit by the global pandemic. Performances

and competitions were canceled, my dance classes and schooling became strictly virtual and worst of all, I was confined to my thoughts and social media. Quarantine called for a new era of trending diets and workout plans, which is dangerous for young, impressionable dancers growing up in an industry that has a history of strict body ideals and aesthetics. Unfortunately, being a 14-year-old impressionable young girl with only social media as a connection to the outside world, I fell victim to these harmful trends... and my training came altogether to a screeching halt.

In April of 2021, I was suddenly admitted to the Eating Disorder Program at Soldiers' Memorial Hospital in Orillia, ON where I was diagnosed with anorexia nervosa. After over a year of denial and damaging my body for the euphoric feeling of control and pressure to change the way I look, reality hit and I was given a week to live before my heart would ultimately fail me.

Though it was hard to escape the mental prison that is an eating disorder, I knew I had to recover, not only for my life but for the dreams of a younger Laura. It was in those 4 walls of my



hospital room where I had the epiphany that while I found comfort in the "control" my eating disorder gave me, it was actually taking control of me. As a dancer, having control over your own body is essential for your craft, but as you lose yourself to an illness such as an eating disorder, there is no way to authentically pursue your art. It not only took away my ability to dance, but my ability to walk. This was heartbreaking to someone who had once dedicated her entire life to the art of dance. When my only means of transportation was a wheelchair as I was too weak, I knew I had to change.

Therefore, with the immense help and support from my eating disorder team, family, and

friends, I was able to slowly take back my life, and, while it was initially advised against, I took back dance as well.

Today, after a long road to recovery, I beat the odds and am now the strongest dancer I have ever been. I pursued my training in Orillia at Titanium Arts Lab which offered me a new, positive start. This is where I found new supportive friends, and supportive teachers, made new connections, and flourished as an artist. Today, I am slowly breaking out into the industry having mentorship from Isenberg Entertainment, appearing in the opening show cast of the Universal Women's Network's 2024 Women of Inspiration Awards as well as the





Savage Patch Kidds' music video "Rooms In This House," and being an ambassador for Chemistry Dance Competition.

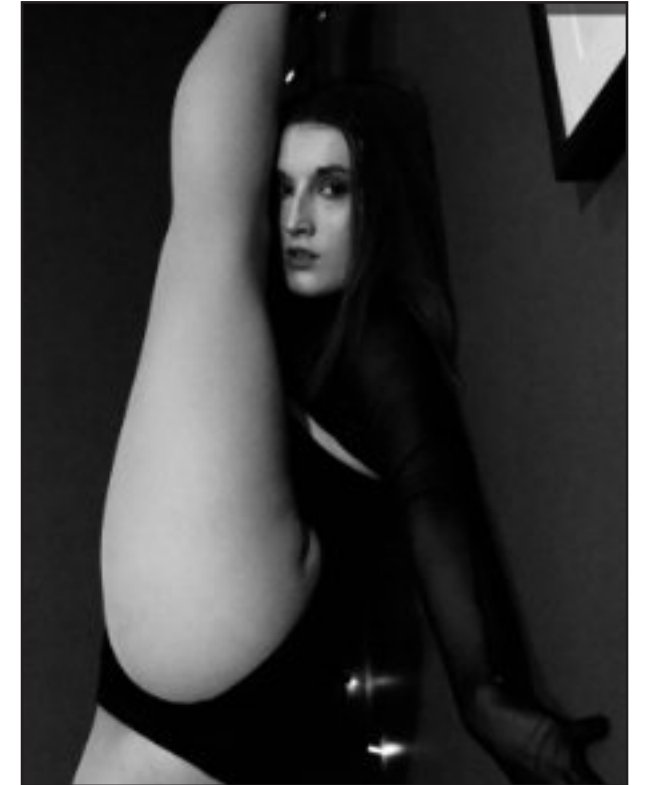
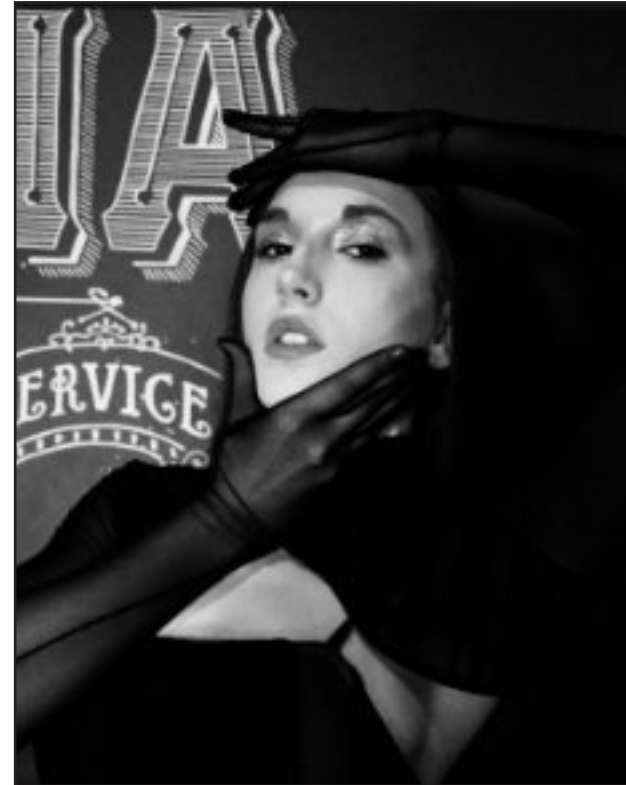
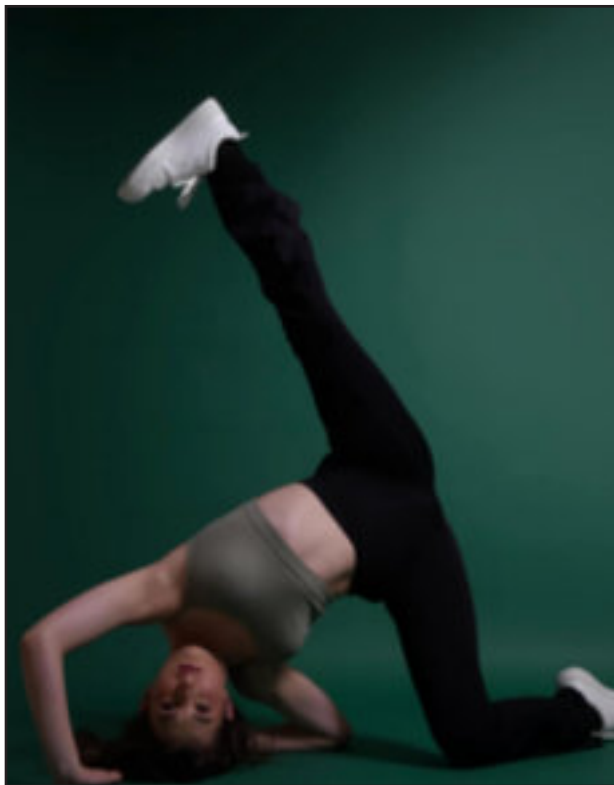
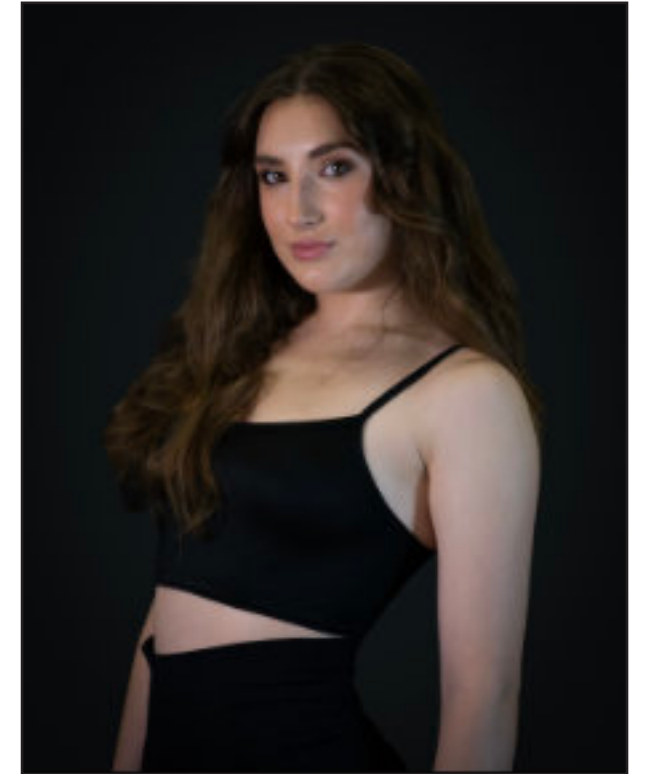
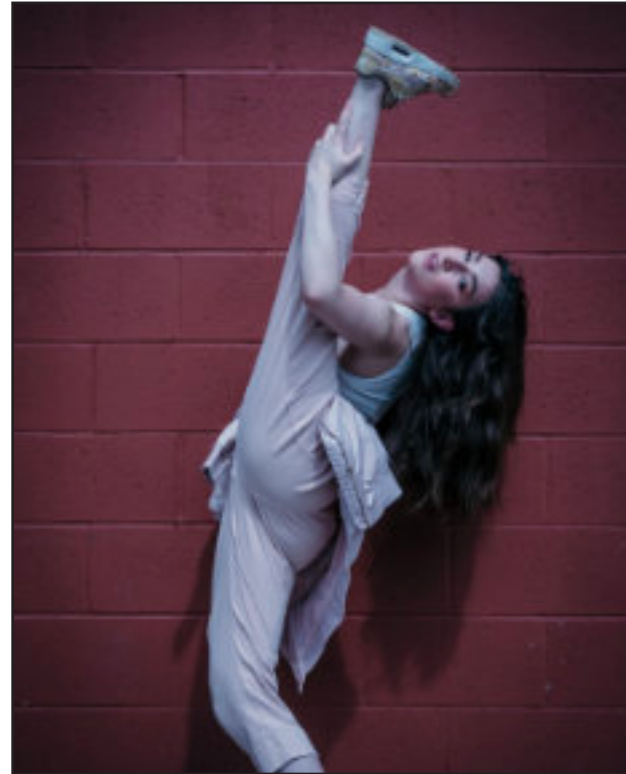
As I returned to dance I was determined to contribute to changing the industry and its outdated, unrealistic body standards for dancers. I hope to pursue my craft professionally while sharing my story to create eating disorder awareness, especially in an

industry that has a history of normalizing these behaviours. I want to be a part of the change in the dance world and hope to inspire others while pursuing whatever opportunities lay ahead for me as an artist.

Photos Credits: Isenberg Entertainment, Chemistry Dance Competition, Shooting Stars Dance Competition, Kick It Up Dance Competition



Laura Brunelle



Kelly Descamps

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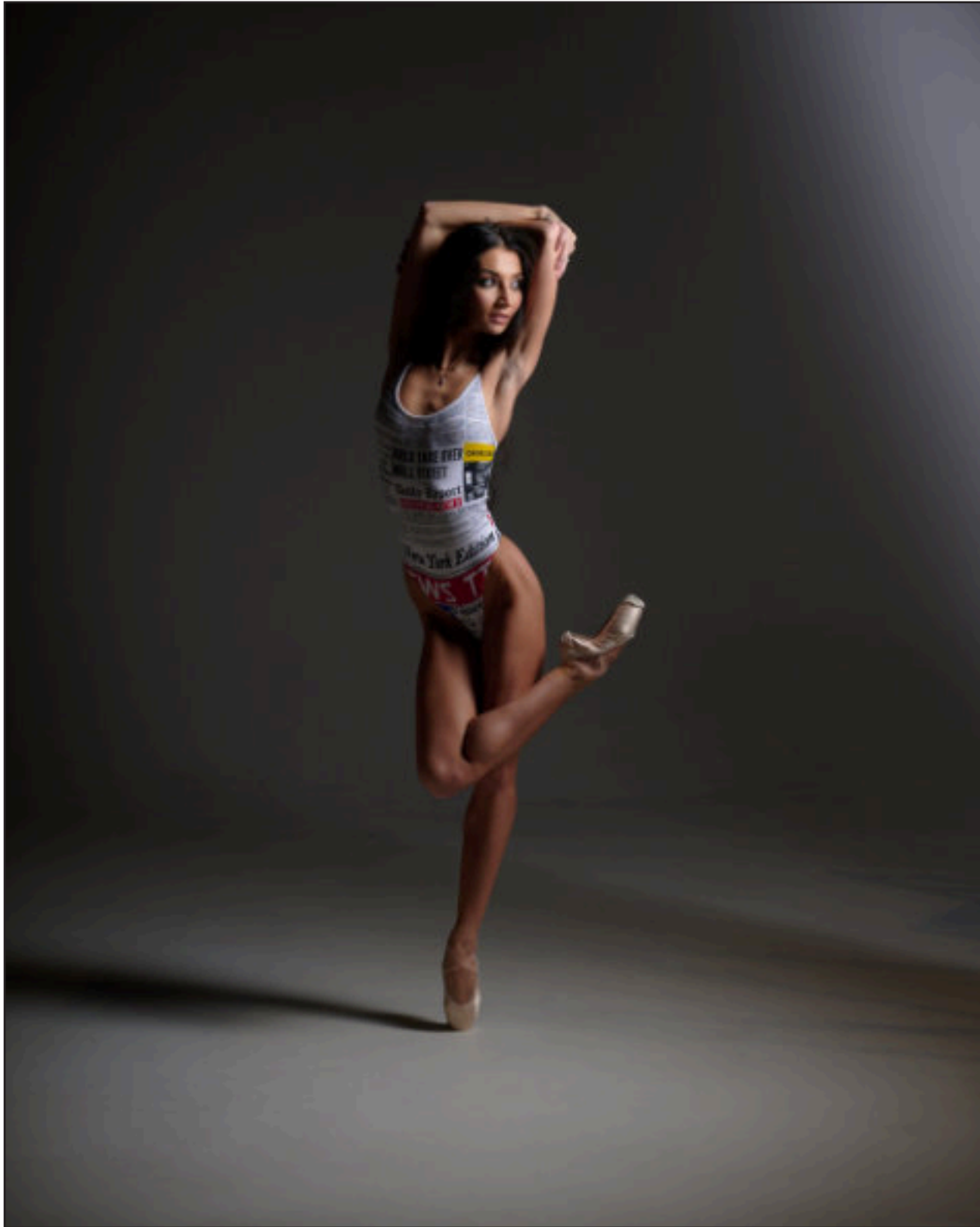
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Sierra Stipetich



Hi my name is Sierra Stipetich, I joined Virginia National Ballet in 2022 and have danced many principal roles including Cinderella at both the Hylton Performing Arts Center and Capital One Hall, the Sugar Plum Fairy in The Nutcracker at Capital One Hall and the Hylton Performing Arts

Center, Jasmine in Aladdin at the Hylton, "Dying Swan", solo roles in the world premiere of Rafik Hegab's "The Four Seasons" at the Hylton, and solo roles in Led Zeppelin, Bolero, and Pictures at an Exhibition. I hope to continue to inspire young dancers to dream big and be themselves!









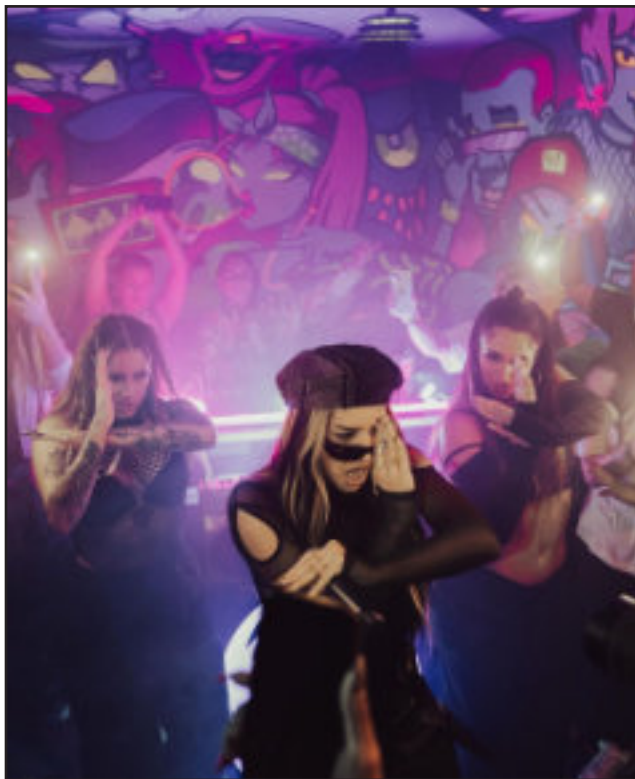
Sofia Grille: From Chile to the world

Sofia Grille is a distinguished professional dancer from Chile, whose talent and dedication have led her to share the stage with renowned international artists, making her a key figure in the Chilean dance scene.

Throughout her career, Sofia has accumulated an impressive array of achievements in major media projects and events. She has worked in productions such as Crush Power Music and Telethon, collaborating with notable artists like Luis Fonsi, Brytiago, and De La Ghetto. Her versatility and professionalism have also seen

her perform at Lollapalooza, sharing the stage with talents like Justin Quiles, Dalex, and Soulfia, where she has served as the lead dancer and associate choreographer for over three years.

Sofia has been a constant presence at the Viña del Mar International Song Festival, performing as a dancer in 2017, 2018, and 2019, which are pivotal events in Latin American music. Furthermore, she had the honor of opening for singer Francisca Valenzuela during the Pan American Games in Lima in 2019, an experience that highlighted her ability to shine on major stages.



Sofia Grille

In 2023, Sofia co-founded the dance company Núcleo with her sister Valentina, also a dancer. This company, which has over 50 professional dancers under its wing, focuses on the professionalization of urban dance, providing high-quality training and significant job opportunities. As part of this initiative, her dancers participated in entertainment performances during halftime shows and sports events at the Pan American and Parapan American Games held in Chile, further establishing the visibility of urban dance in the national scene.

Additionally, Sofia is a member of the professional dance group LAS PLAYERS, with whom she has collaborated with prominent national and international artists. Alongside D-ZONE, feminine Hip-Hop Dance Crew, they are dedicated to empowering girls and women through dance, serving as female role models in the industry.

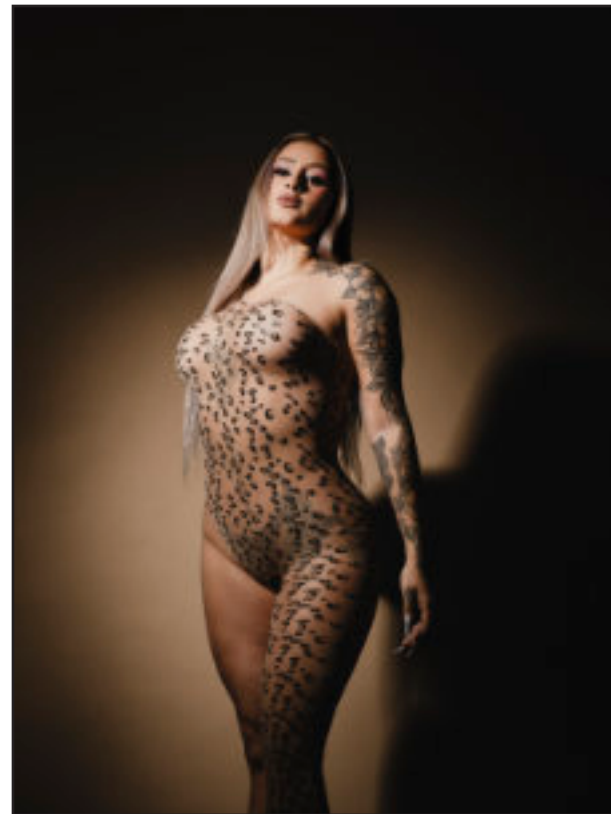
With over 12 years of experience as a dance instructor, Sofia is recognized as a leading educator in Chile. She has taught at international events and served as a principal instructor at dance conventions in countries like Peru, Argentina, and Mexico, contributing to the development of new talent in the region.

Looking to the future, Sofia aspires to further internationalize her career, dreaming of dancing on the world's most prestigious stages. She also aims to teach at the largest international festivals, hoping to inspire Latin American dancers to achieve their dreams and reach their goals in the world of dance.

With a career full of accomplishments and a clear vision for the future, Sofia Grille continues to challenge herself and leave an indelible mark on the world of dance.

Photos Credits: Ashley Abarzua





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