

Featuring Preview





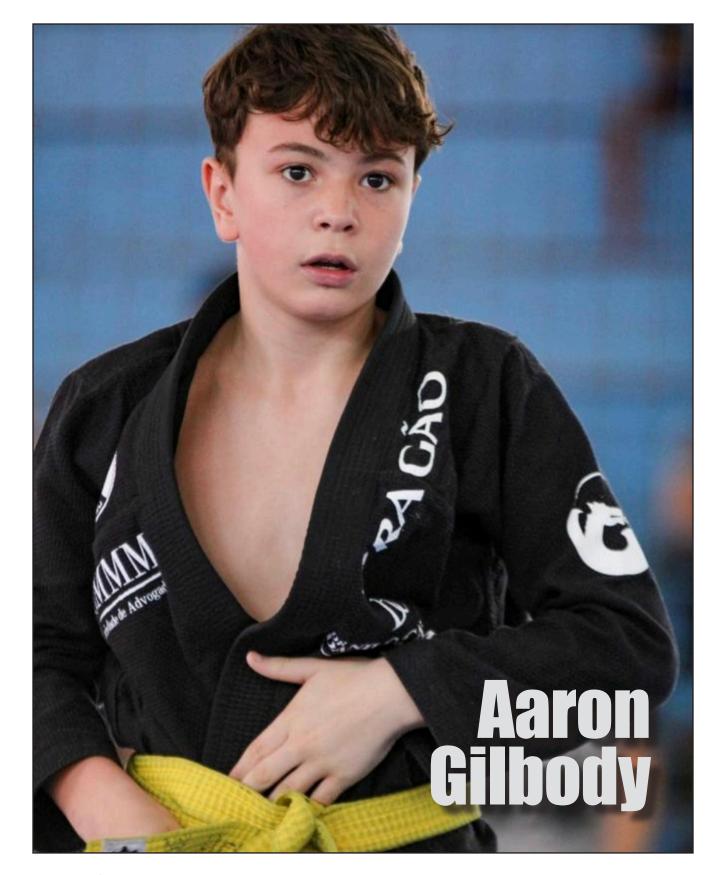
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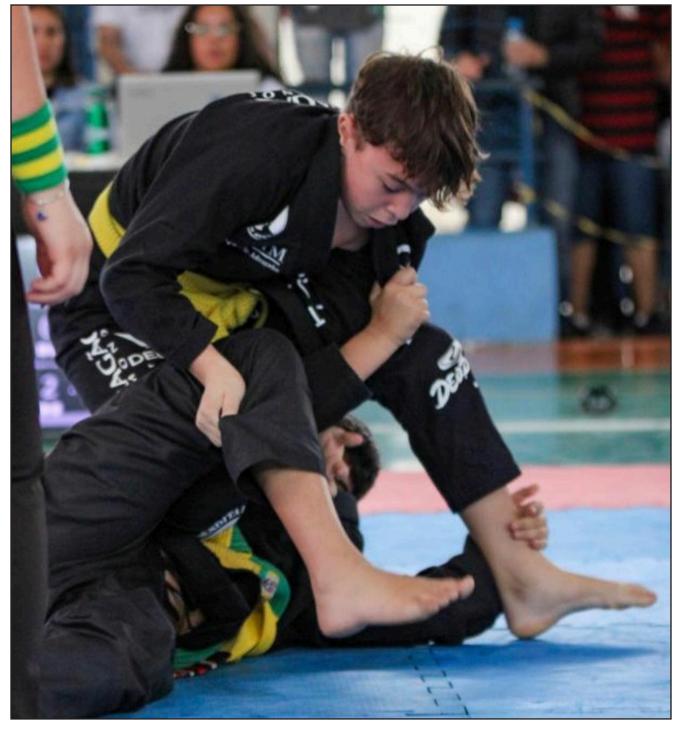












My name is Aaron Gilbody. I got inspired by my father and started Brazilian Jiu jitsu. I am lucky in this sense because I inherited so many things from

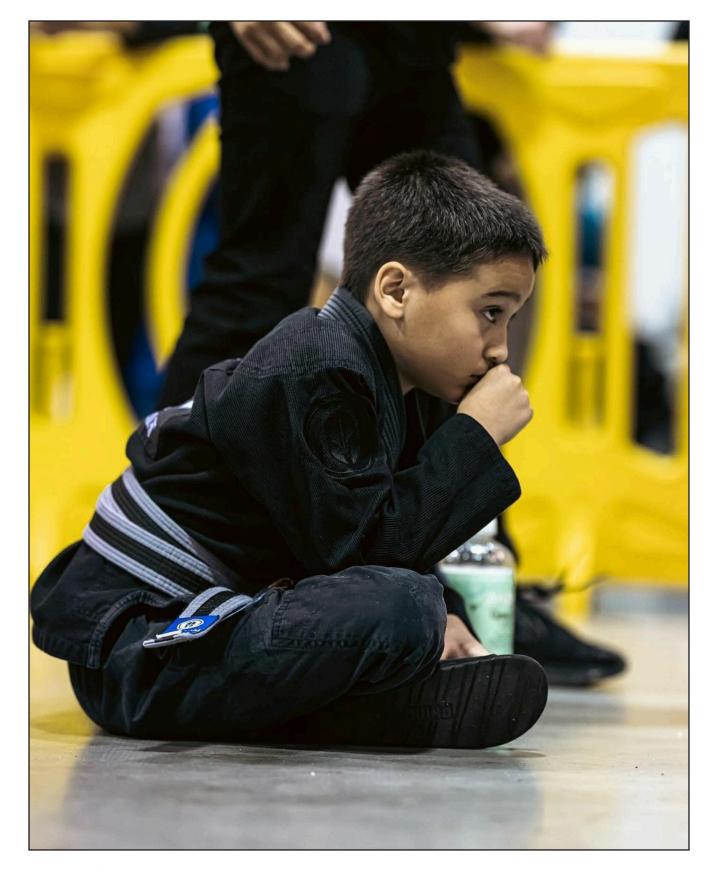
extra effort to teach me. At the same time, my coach is also helping me a lot. I can't win matches without him. I always which I try to do. want to work hard. My dream is my dad and he always puts that to represent my nation and







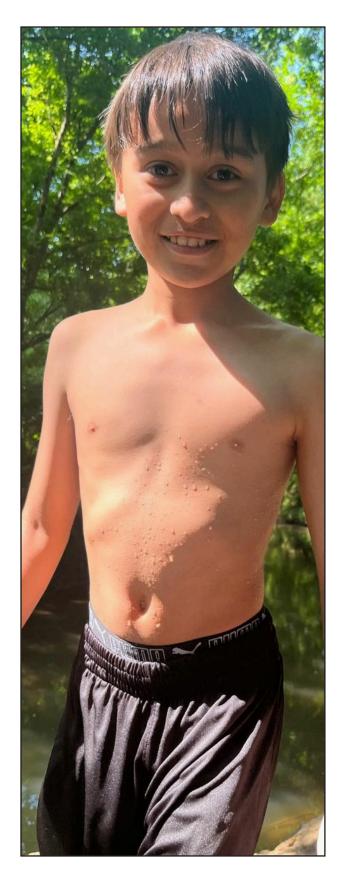






My name is Alexander Webb . I am 12 years old. Hailing from the city of Texas, I started Brazilian Jiu jitsu at the age of 7 . Is is around 5 years now that i

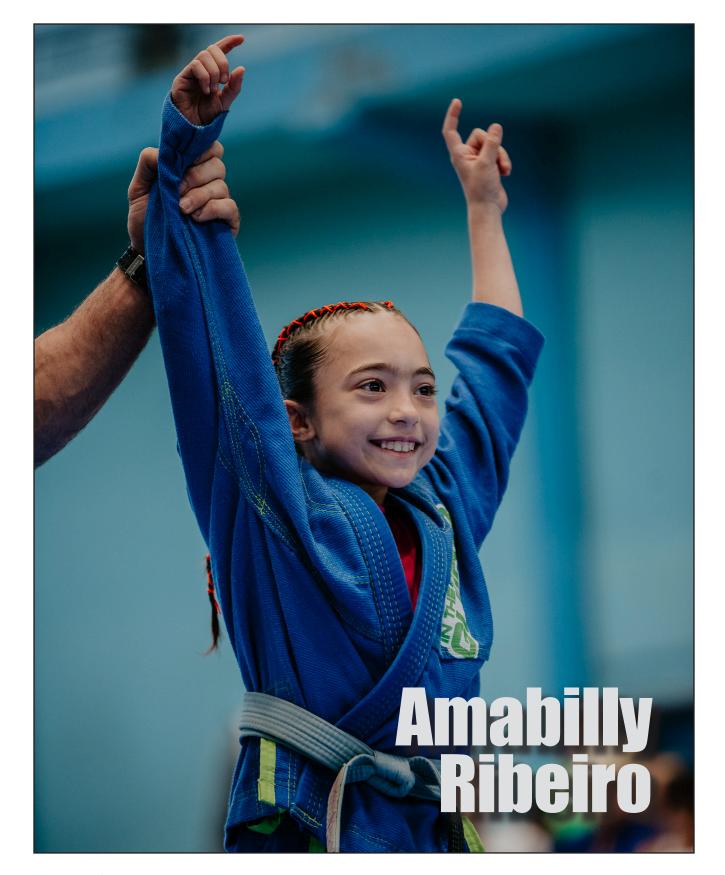
am into the sports. My dream is to win a gold medal for my state. I have won few golds but at a very layman level. I am still happy because every small step









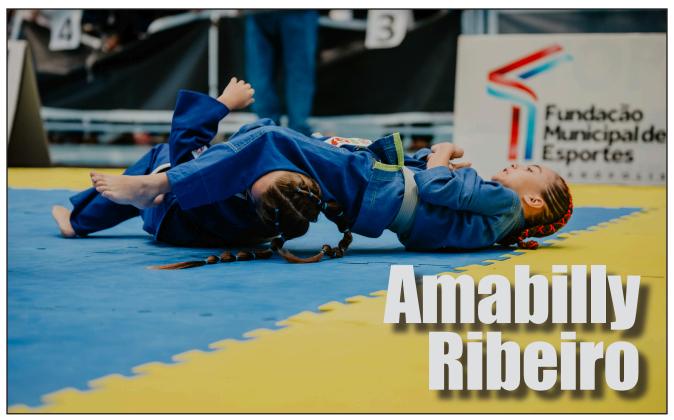




Meu nome é Amabilly Ribeiro tenho 9 anos e treino jiu jitsu há 2 anos. Represento a equipe SPARTA JIU JITSU do mestre ÉRICO LEOPOLDO DE FARIAS, na cidade de Palhoça, Santa Catarina, Brasil. Treino 6x por semana, e foco o máximo que

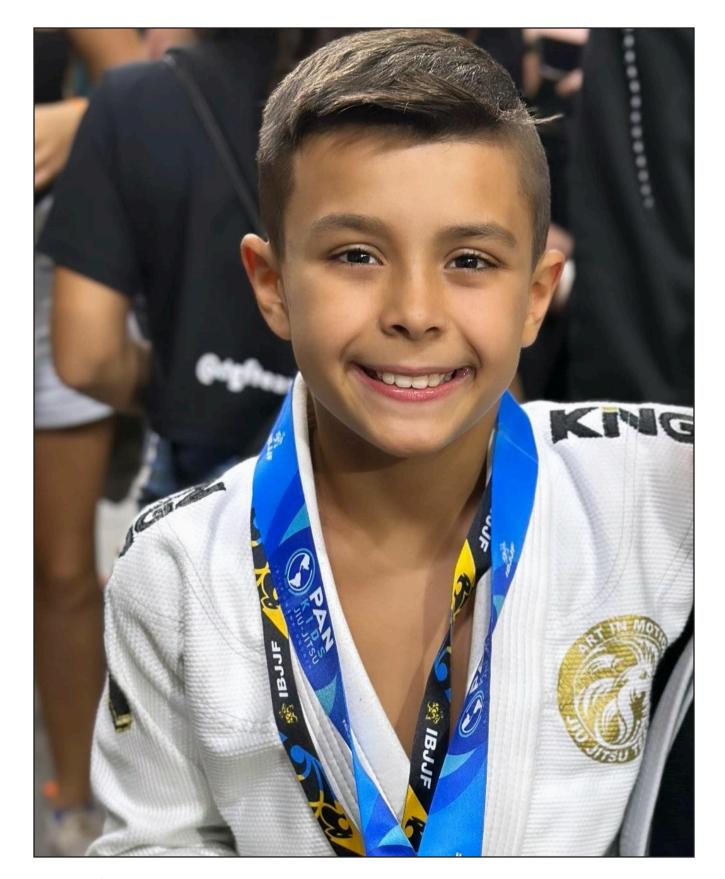
posso na minha evolução com a ajuda de muitos dentro da academia. Já participei de vários campeonatos e atualmente sou faixa cinza. Tenho o sonho ser campeã mundial e levar o nome da minha equipe e meu mestre pelo mundo.









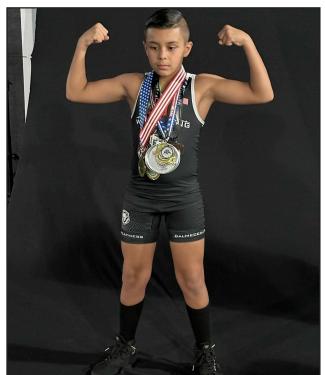


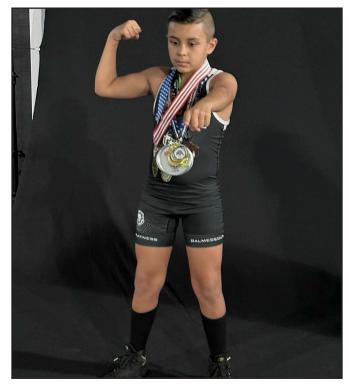


My name is Caden. I am 12 years old. i am happy to share that I have been given a medal for my amazing performance in jiu jitsu during wrestling media day. I just want to be myself and focus on my game. I am okay with losing but I don't want to fail. I want to keep my attitude right and sail

through the difficult times. I am able to do it because of my supportive friends and coach. A big thanks to them as well. I don't mind if I am short someday against some great competitor but I just want to learn from it and not repeat my mistakes.



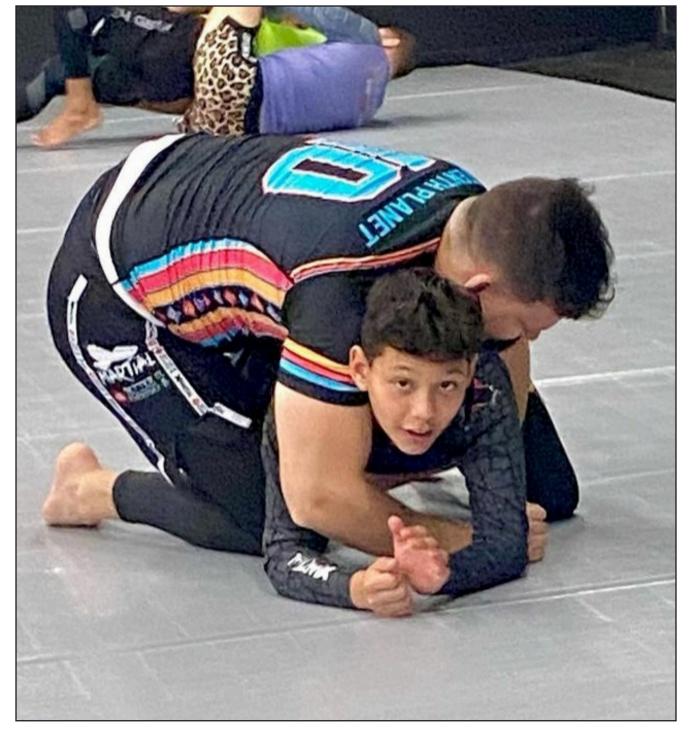






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My name is Cam Benitez. My hunger for gold medals motivate me a lot to aim for the best. However if there is a learning experience, I am happy with a silver also. It only adda fuel to my fire. I being a dedicated practitioner of jiu jitsu believe in pushing myself to be the best version

of myself both inside and outside the gym. Through hard work, discipline and never give up attitude, I want to achieve my dreams in life. Thank you for giving me an opportunity to showcase my journey and hope people would be with me during my entire journey.

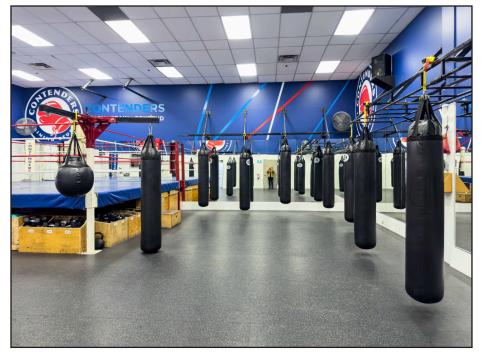
















What began as a boxing gym in 2004 under the name 'Contenders Boxing Studio' expanded to be Contenders Athletic Club in 2023 – bringing the addition of squash & racquetball, and a cardio and weight centre.

Spearheaded by Kevin Reynolds a former professional boxer, Contenders built itself as a centre for community by running group classes and hosting regular events for our members to mingle. Kevin is as involved in the business as can be and teaches classes everyday, plays on our squash box league, and trains clients.

We cater to a wide variety of including individuals competitive families. athletes, a corporate crowd, retirees, and college students to name a few. Our expansive offerings include teams you can join for competition, technique based classes, specialized training camp classes geared to those looking for boot camp style workouts, and personal training options available 1 on 1 or for groups up to 25.

Since the beginning, Contenders has actively been involved with charity and has many events with proceeds going to charity. In the past 2 years donations have been made to the BCSPCA, the Dugout Dropin and Unya Youth.

Website: https://contendersathleticclub.ca/

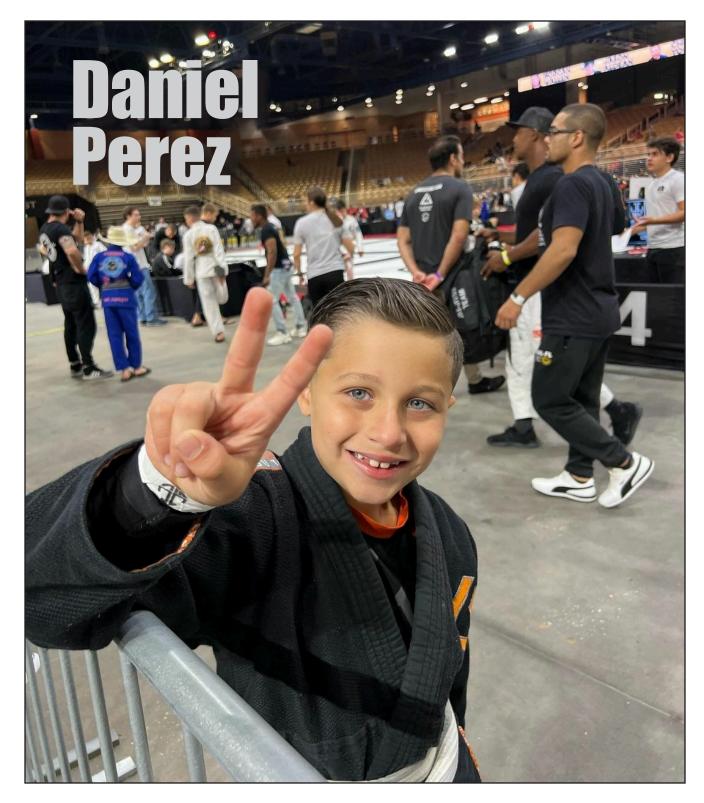








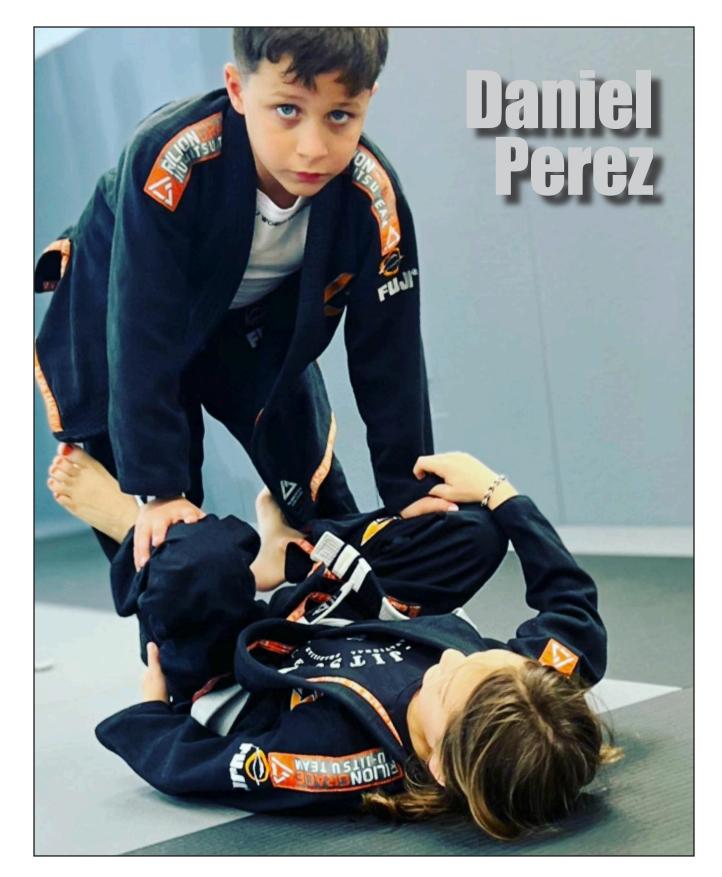




My name is Daniel Perez. I have recently been given the second strip. Hailing from Miami, I am leading my fathers dream of representing my





















My name is John lanctot. I live in Kenosha, Wisconsin with my twin sister Giselle who also does jiu jitsu, and my mom and dad. Since I was four I fell in love with the sport of Brazilian jiu jitsu. My dream for jiu jitsu is to be a a red belt. Id like to give a shout out to my two professors, Gil

Rosales, and Kevin Fitz for making me better at jiu jitsu and pushing me to my goals. Thank you Gil and Kevin for the fun memories.

Photos Credits: John lanctot, and Ericka Lanctot











My name is Jonathan Fortin, my teammates call me the road warrior! I've been doing Brazilian jiu-jitsus since I'm 5 years old, bjj as thought me discipline, it's given me an incredible sense of leadership and confidence, I've made many friends and valuable memories. I train 3 to 6 times a week whit sensei Dallas OReagan at DOBJJ in Cochrane Alberta in Canada,

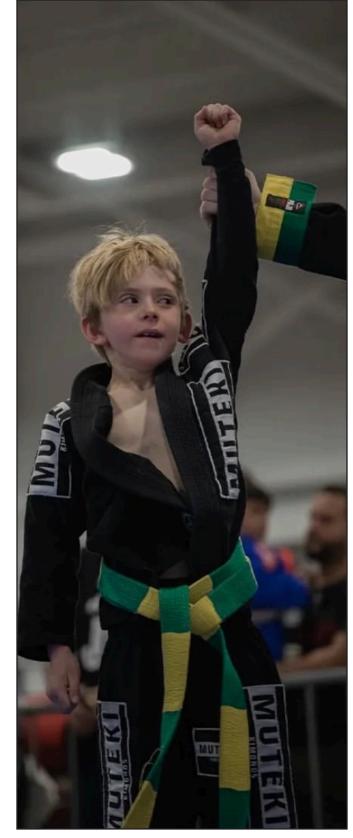
my team and I compete a lot, we survive against the worlds very almost always win top 3 kids team. I can proudly say that I've done over 100 tournament fights since I started competing 2 years ago, the more I fight with different kids the more I learn and get better at my art, next year I have a goal of trying out the pan kids in Florida, my goal out there wouldn't be to win but OSS rather see how long I can

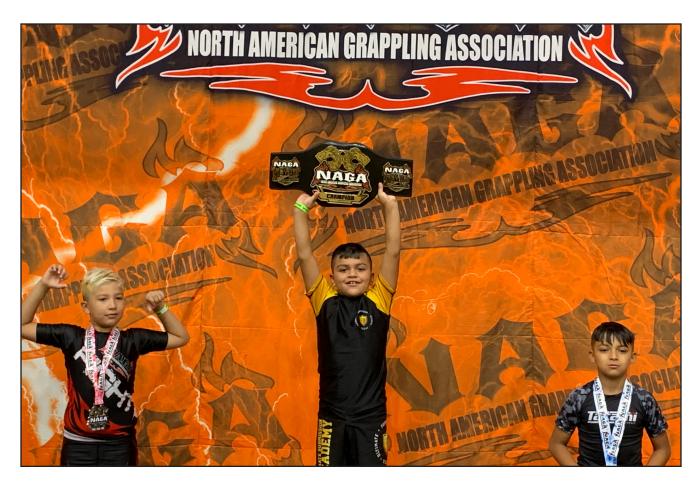
best. When I get bored of training at the bjj gym I switch it up to other hard sports that helps make me stronger like rock climbing, parcours or swimming. I am very happy to have the art of Brazilian jiu-jitsu as a part of my life style.



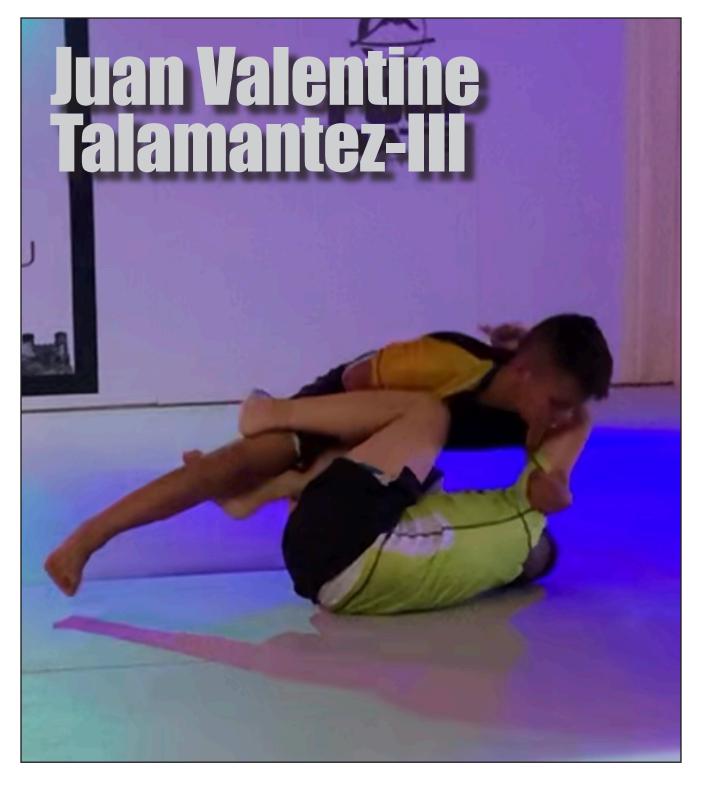












Hi my name is Juan Valentine Talamantez III, I am 8 years old. I've been training jujitsu 2 years in February, I'm a Grey belt.

I love jujitsu, because it helps me defend myself and keeps me in shape. I also play other sports like football. My dream is to become a Professional Wrestler.



Meu nome é Samuel Calixto, tenho 6 anos.

Comecei a treinar jiu-jitsu com 2 anos de idade. Lembro que foi onde aprendi a dar minhas primeiras cambalhotas.

Meus pais me colocaram para que pudesse gastar minhas energias, que não são poucas. Mas logo nas primeiras aulas, fui gostando e aprendendo coisas novas, habilidades, disciplica, coordenação motora.

Gostei tanto que já se passaram 4 anos. E de lá para cá, venho me dedicando e aprendendo mais e mais. De 2 anos para cá, comecei a competir.

Começamos em pequenos campeonatos internos, entre academias. Foi muito bom demonstrar o que eu tinha aprendido com outros atletas que eu não conhecia.

Entre acertos e erros, conseguimos algumas medalhas e troféus. E 2 cinturões também.

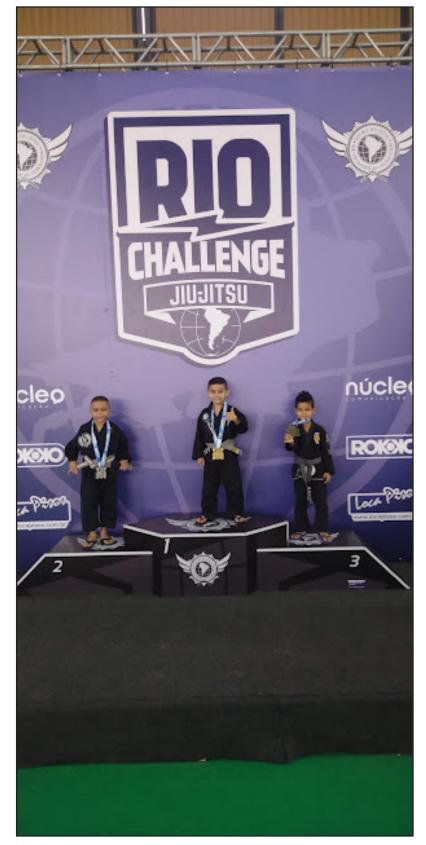
Esse ano de 2023, foi uma nova etapa, eu e meu mestre Felipe Manhães decidimos me testar em campeonatos grandes. SJJSAF.

Disputei o Pan Americano, o Rio Challenge e o Mundial. Graças a Deus tive um bom desempenho e consegui nas finais 2 finalizações e no último depois de um empate de 2 a 2 fomos para o golden score onde consegui me consagrar campeão.

Minha meta é aprender cada vez mais e evoluir para poder chegar a disputar as competições internacionais, USA, abu dhabi etc.

Sempre evoluindo e aprendendo. OSS

Photos Credits: Rcb Calixto Rj

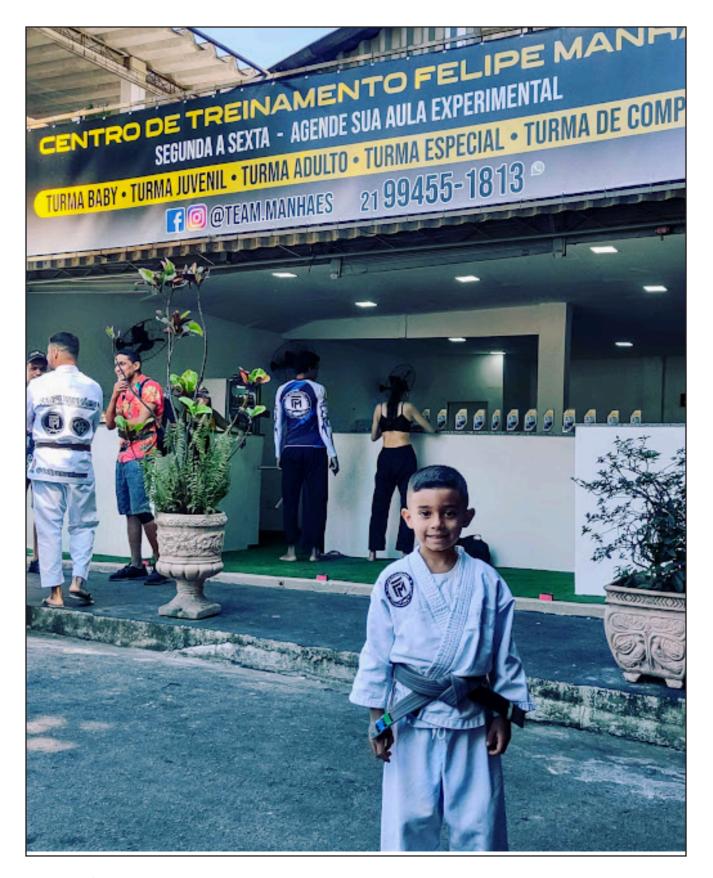


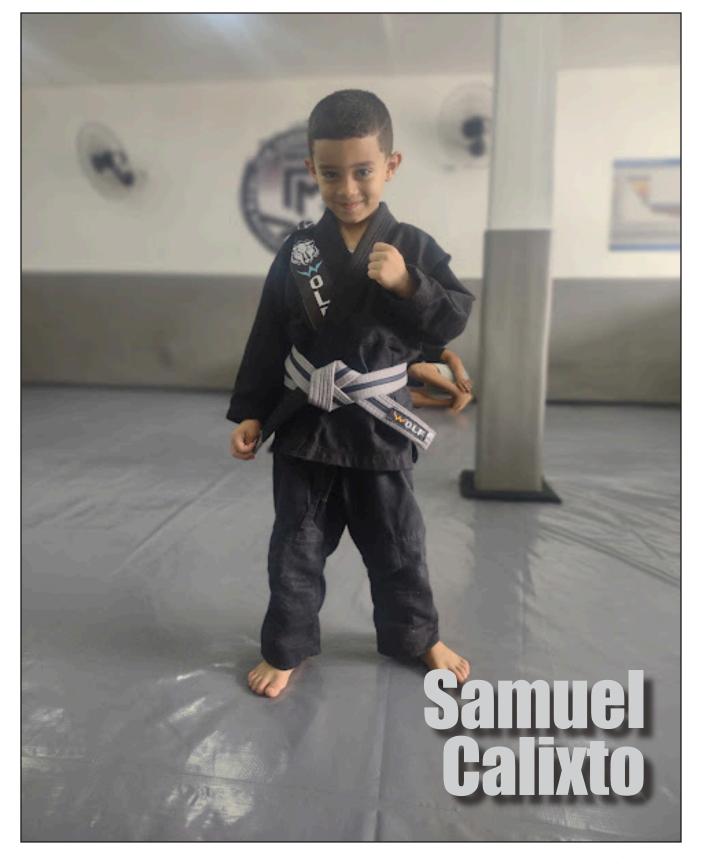


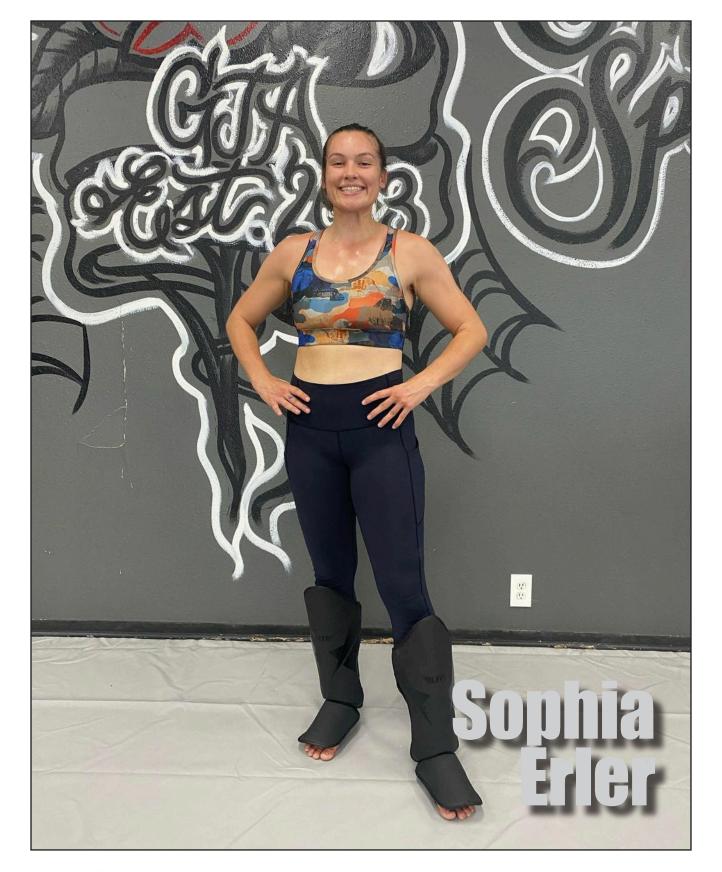














My name is Sophia Erler. I started with jiu jitsu around 4 years back. And that is the finest decision I have ever taken. I can't resist myself to witness the weekends because thats what I like to do - train myself. its good to be so senior in team,

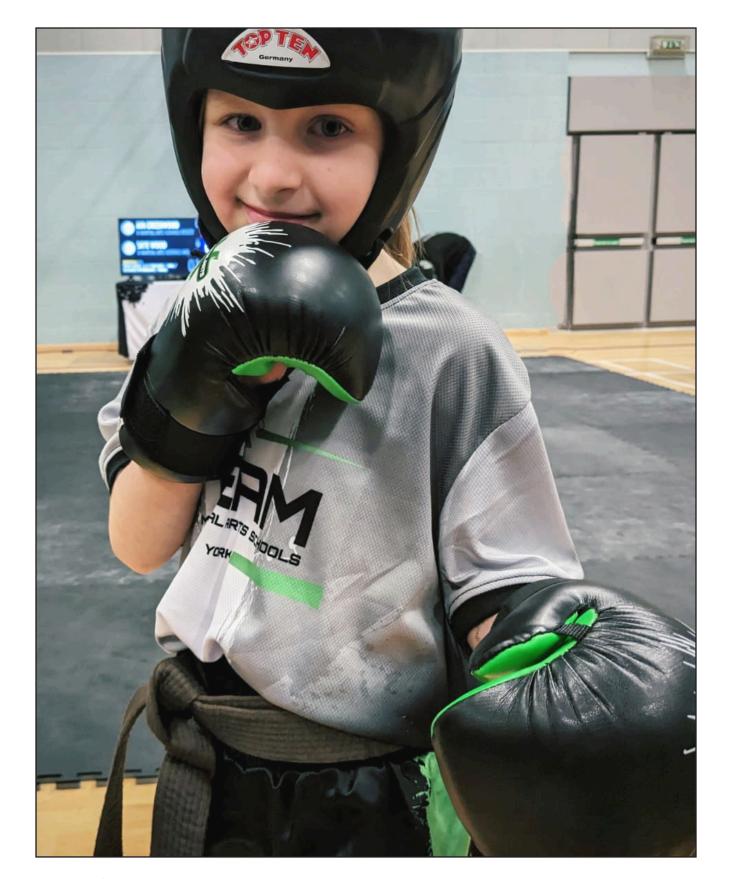
everyone respects you. At the same time, I am obsessed with new stuffs be it shinguard Or jersey or shoes. I also keep on dumping pictures with my friends and families so that they are also with me in the journey.







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My name is Tillie bancroft, I am 8 years old I've been training at martial arts (kickboxing) since I was 4 and next year I will be testing for black belt.

My goal is to become a world champion at the WKKC world nationals representing team England and compete in as many other tournaments as possible and when I become older enough to be a instructor to inspire and teach what i have learnt to others and spread positivity around the world.

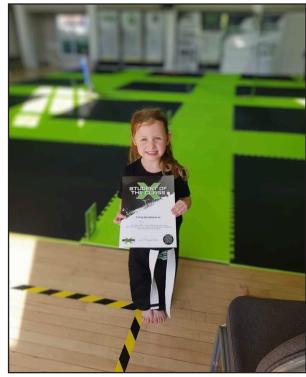
I am a 2 time champion in sport terminator karate (points) in the first 2 competitions I have attended.

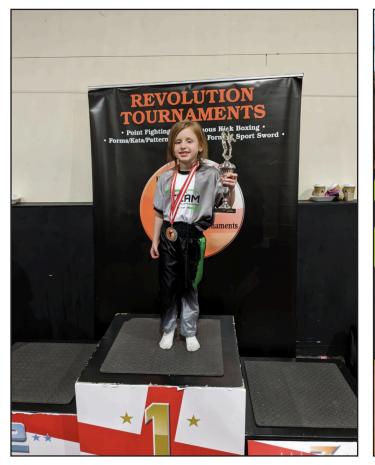
There will be lots of challenges along to way but that's what keeps me going and always thrive to be better at what I do in and out of martial arts.

Photos Credits: Tillie the terminator

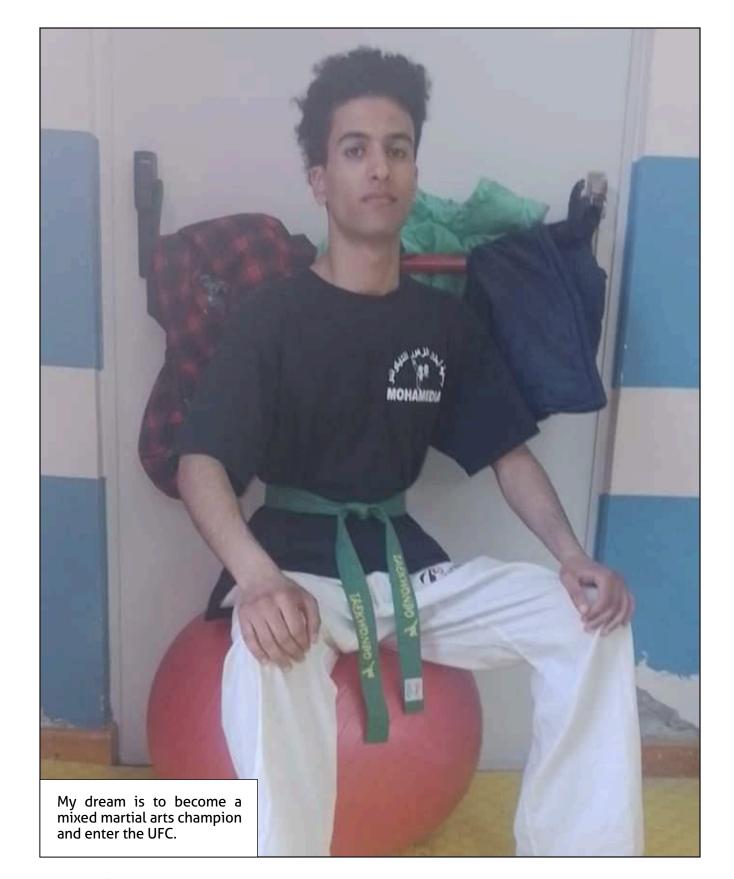










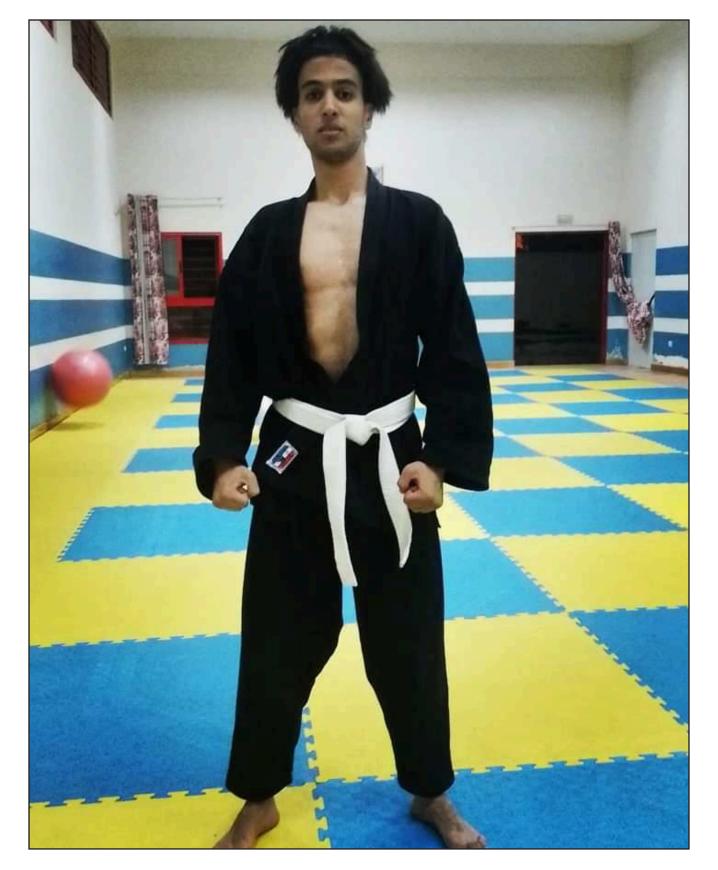












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